



Coronavirus Code of Conduct

In order to ensure the safety of its members, Hackney Aquatics Club swimmers and parents/carers are required to adhere to this code of conduct which incorporates guidance issued by the Government and Swim England.

Hackney Aquatics has appointed a Covid Lead and Covid Liaison Officers who will be present poolside for the duration of training sessions in order to ensure Government and Swim England guidelines are followed. In addition, they will act as liaison between the Club and swimmers or parents/carers for swimmers who are aged under 18.

- Swimmers must maintain a **social distance of >2 metres** or >1m when using face masks (or distance specified by Government guidelines) at all times.
- Swimmers, members and staff >11 years old without exemptions must **wear face masks** to cover their nose and mouth on arrival at centres, while passing through/leaving centres. These are not required once on deck.
- Swimmers must arrive at the pool at least five minutes prior to the start of their training session but no earlier than 15 minutes early.
- Swimmers will be required to queue outside the pool building before training commences and will enter the building under the guidance of a GLL marshal and/or a HAC Covid Liaison Officer(s)
- Swimmers will be required to follow a set procedure when entering and exiting the pool which will be communicated by coaches and Covid Liaison Officers. Failure to adhere to the procedure may result in the swimmer being unable to swim.
- Swimmers arriving more than 10 minutes late will unfortunately not be able to swim.
- Lane capacities will be in accordance with Swim England guidance.
- Drink bottles must be clearly labelled and brought to every training session.
- Swimmers must only bring equipment required for that session and must not share any equipment. Please ensure all equipment is labelled.
- Spectators will not be allowed.
- Parents and carers must drop off and collect swimmers outside of the facility remaining nearby and contactable by mobile throughout the sessions
- Changing rooms will not be available on arrival. Swimmers must arrive at training sessions with their swimming costumes beneath their clothing.
- Showers will not be available for use after training sessions and centre hairdryers should not be used.
- If you have a **fever, new, persistent, dry cough, shortness of breath, loss of taste or smell, diarrhoea or vomiting, muscle aches not related to sport/training** you will be unable to train. You must also self-isolate and seek medical support (NHS 111 or www.nhs.uk/conditions/coronavirus-covid-19/).
- If you have had a known exposure to anyone with confirmed or suspected Covid-19 in the last two weeks or asked to self-isolate (i.e. return from travel, confirmed case in school) you will be unable to train until fourteen full days have passed.
- If you have an underlying medical condition or are medically vulnerable to COVID-19 you will be unable to swim at this time/please contact Covid Lead/Welfare Officer to discuss
- If you live with or will knowingly come in to close contact with someone who is currently 'shielding' or otherwise medically vulnerable if you return to the training environment then you are unable to swim.
- Please note that as guidance changes we may adapt our plans and request you regularly check communications from the Club.

By booking and attending sessions you indicate that you have read and understand the information provided above, agree to adhere to this code of conduct and accept the risks associated with returning to the training environment in relation to the Covid-19 pandemic. Unfortunately, swimmers not agreeing to this Code of Conduct will not be able to swim.