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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Tues 25th** | | **Wed 26th** | | **Thurs 27th** | | **Fri 28th** | | **Sat 29th** | |
| M 400 free |  | W 100 back | Immi | W MC 100 free |  | M 200 br/s | Pravin  Matt | W 400 free |  |
| W MC 200 free |  | M 200 fly |  | M MC 100 free |  | W 100 free |  | M 200 IM |  |
| M MC 200 free |  | W MC 100 back |  | W 200 fly |  | M MC 200 IM |  | W MC 100 fly |  |
| W 200 free |  | M MC 100 back |  | M 100 free | Tom | W MC 200 IM |  | M MC 100 fly |  |
| M 100 br/s | Pravin  Matt | W 200 br/s |  | W MC 100 br/s |  | M 100 fly |  | W 200 IM |  |
| W MC 400 free |  | M 100 back |  | M MC 100 br/s |  | W 200 back | Immi | M 50 free | Tom |
| M MC 400 free |  | W 50 fly | Lex  Immi | W 50 free | Immi | M MC 50m free |  | W 50 back | Immi |
| W 400 IM |  | M 50 br/s |  | M 400 IM |  | W MC 50 free |  | M MC 50 back |  |
| M 50 back |  | W MC 50 fly |  | W MC 50 br/s |  | M 4x200 free |  | W MC 50 back |  |
| W 50 br/s |  | M MC 50 fly |  | M MC 50 br/s |  |  |  | M 4x100 free |  |
| M MC 150 IM |  | W 800 free |  | W 4x200 free |  |  |  | W 4x100 free |  |
| W MC 150 IM |  |  |  | M 1500 free | Joe |  |  |  |  |