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| **Wed 2nd**  | **Thurs 3rd** | **Fri 4th** | **Sat 5th** | **Sun 6th** |
| M MC 100 free |  | M MC 200 IM |  | M 100 free | James | M 200 fly |  | M 200 back |  |
| W MC 100 free |  | W MC 200 IM |  | W 400 free | Tam | W 200 fly |  | W 200 back |  |
| M 100 br/s  |   | M 50 free | James | M MC 400 free |  | M MC 200 free |  | M MC 100 back |  |
| W 100 br/s | Liz | W 50 free | Emma | W MC 400 free |  | W MC 200 free |  | W MC 100 back |  |
| M MC 50 br/s |  | M MC 50 free |  | M 50 back | Tom | M 50 br/s | PravinMatt | M 50 fly | Felix |
| W MC 50 br/s |  | W MC 50 free |  | W 50 back | Lex | W 50 br/s | Liz, AbbyImmi, Ellen | W 50 fly | AnnabelTam |
| M 200 free | Tom | M 100 fly |  | M MC 50 back |  | M MC 100 fly |  | M MC 50 fly |  |
| W 200 free | Tam | W 100 fly | Annabel, LexTam, Immi | W MC 50 back |  | W MC 100 fly |  | W MC 50 fly |  |
| M MC 100 br/s |  | M 200 br/s |  | M 200 IM |  | M 100 back |  | W 800 free | Tam |
| W MC 100 br/s |  | W 200 br/s | Liz | W 200 IM  |  | W 100 back |  |  |  |
| M 400 IM | Matt | M MC 150 IM |  |  |  | M 400 free | Joe |  |  |
| W 400 IM | Tam | W MC 150 IM |  |  |  | W 100 free | Immi |  |  |