



## KINGSTON ROYALS SWIMMING CLUB

### THE ROYALS AUTUMN OPEN MEET 2019

**LEVEL 3 – LICENCE NO: 3LR192487**

At Elmbridge Xcel Leisure Complex  
Waterside Drive, Walton-on-Thames, Surrey KT12 2JG  
On 16<sup>th</sup> and 17<sup>th</sup> November 2019

#### PROGRAMME OF EVENTS

Saturday, 16 <sup>th</sup> November	Sunday, 17 <sup>th</sup> November
<b>Session 1</b> <b>Doors Open: 12.00 Midday</b> <b>Warm Up: 12.30 p.m. (45 mins)</b> <b>Start Time: 1.20 p.m.</b> <b>Estimated Finish Time: 4.30 p.m.</b>	<b>Session 3</b> <b>Doors Open: 11.00 a.m.</b> <b>Warm Up: 11.30 a.m. (45 mins)</b> <b>Start Time: 12.20 p.m.</b> <b>Estimated Finish Time: 3.35 p.m.</b>
1 Girls 9 & Over 200m IM	15 Boys 9 & Over 200m IM
2 Boys 9 & Over 50m Freestyle	16 Girls 9 & Over 50m Freestyle
3 Girls 9 & Over 100m Freestyle	17 Boys 9 & Over 100m Freestyle
4 Boys 9 & Over 200m Breaststroke	18 Girls 9 & Over 200m Breaststroke
5 Girls 9 & Over 50m Breaststroke	19 Boys 9 & Over 50m Breaststroke
6 Boys 9 & Over 100m Backstroke	20 Girls 9 & Over 100m Backstroke
7 Girls 9 & Over 200m Butterfly	21 Boys 9 & Over 200m Butterfly
<b>Session 2</b> <b>Warm Up: 4.40 p.m. (45 mins)</b> <b>Start Time: 5.30 p.m.</b> <b>Estimated Finish Time: 8.30 p.m.</b>	<b>Session 4</b> <b>Warm Up: 3.40 p.m. (45 mins)</b> <b>Start Time: 4.30 p.m.</b> <b>Estimated Finish Time: 7.45 p.m.</b>
8 Boys 9 & Over 200m Freestyle	22 Girls 9 & Over 200m Freestyle
9 Girls 9 & Over 100m IM	23 Boys 9 & Over 100m IM
10 Boys 9 & Over 100m Breaststroke	24 Girls 9 & Over 100m Breaststroke
11 Girls 9 & Over 200m Backstroke	25 Boys 9 & Over 200m Backstroke
12 Boys 9 & Over 50m Backstroke	26 Girls 9 & Over 50m Backstroke
13 Girls 9 & Over 100m Butterfly	27 Boys 9 & Over 100m Butterfly
14 Boys 9 & Over 50m Butterfly	28 Girls 9 & Over 50 Butterfly