



KINGSTON ROYALS SWIMMING CLUB

THE ROYALS NEW YEAR MEET 2020

LEVEL 3 – LICENCE NO: 3LR200112

At Elmbridge Xcel Leisure Complex
Waterside Drive, Walton-on-Thames, Surrey KT12 2JG
On 4th & 5th January 2020

QUALIFYING TIMES

BOYS – LOWER LIMIT

	9	10	11	12	13	14	15	16 & Over
50m Free	58.01	53.35	49.40	45.38	41.64	40.07	38.80	37.50
100 Free	1:50.00	1:44.30	1:40.00	1:27.00	1:19.87	1:14.59	1:12.30	1:09.20
200m Free	4:30.00	4:00.00	3:35.00	3:15.00	3:00.00	2:42.00	2:38.00	2:24.40
400m Free		6:45.00	6:30.00	5:47.50	5:35.00	5:15.00	5:05.00	4:50.00
50m Breast	1:10.46	1:04.84	59.79	54.98	50.12	48.10	46.41	44.70
100 Breast	2:15.10	2:10.90	2:02.00	1:47.34	1:38.05	1:31.70	1:29.10	1:28.90
200m Breast	5:15.00	4:49.00	4:21.00	3:56.00	3:36.00	3:16.00	3:14.00	3:06.70
50m Fly	1:03.20	57.71	53.03	49.01	44.78	42.97	41.36	39.70
100m Fly	2:03.50	1:59.30	1:51.35	1:35.69	1:27.60	1:22.00	1:19.30	1:16.30
200m Fly	5:13.00	4:33.00	4:00.00	3:41.00	3:24.00	3:04.00	2:55.00	2:39.30
50m Back	1:04.24	58.94	54.55	50.44	45.98	44.40	42.80	40.50
100m Back	2:02.90	1:57.10	1:51.22	1:36.22	1:28.21	1:22.50	1:20.20	1:15.80
200m Back	4:40.00	4:20.00	3:52.00	3:29.00	3:15.00	2:55.00	2:53.00	2:45.70
100m IM	2:12.10	1:59.68	1:49.56	1:43.20	1:37.15	1:28.95	1:24.40	1:16.22
200m IM	4:18.30	4:01.78	3:38.07	3:17.53	3:07.95	2:58.69	2:52.48	2:42.10
400m IM		7:05.00	7:00.00	6:50.00	6:27.50	6:12.00	5:55.00	5:45.00

GIRLS – LOWER LIMIT

	9	10	11	12	13	14	15	16 & Over
50m Free	58.51	53.91	49.40	46.19	43.00	42.30	41.80	40.50
100m Free	1:51.00	1:47.00	1:37.46	1:28.18	1:22.56	1:19.50	1:18.04	1:16.10
200m Free	4:18.00	3:55.00	3:30.00	3:14.00	3:01.00	2:50.00	2:49.00	2:39.00
400m Free		6:45.00	6:30.00	6:00.00	5:40.00	5:27.50	5:22.50	5:18.00
50m Breast	1:11.37	1:05.22	1:00.02	55.39	51.50	50.30	49.36	48.50
100m Breast	2:14.10	2:09.00	1:53.40	1:48.05	1:40.61	1:35.60	1:34.80	1:34.60
200m Breast	5:18.00	4:45.00	4:15.00	3:56.00	3:40.00	3:28.00	3:27.00	3:19.00
50m Fly	1:07.70	57.77	53.49	49.40	46.00	44.90	44.40	43.50
100m Fly	2:02.50	1:58.00	1:46.75	1:36.25	1:30.03	1:26.00	1:25.50	1:23.80
200m Fly	5:17.00	4:30.00	4:00.00	3:36.00	3:27.00	3:11.00	3:06.00	2:55.10
50m Back	1:04.61	59.17	54.74	50.70	47.40	46.50	45.90	44.00
100m Back	2:01.30	1:56.00	1:46.68	1:36.54	1:30.18	1:26.80	1:25.20	1:23.70
200m Back	4:45.00	4:18.00	3:46.00	3:30.00	3:17.00	3:05.00	3:04.00	3:02.90
100m IM	2:13.68	1:58.53	1:49.82	1:45.40	1:39.16	1:33.20	1:30.30	1:23.40
200m IM	4:20.35	4:02.13	3:38.42	3:17.97	3:11.43	3:06.57	3:03.55	2:56.30
400m IM		7:05.00	7:00.00	6:52.00	6:38.00	6:25.00	6:01.00	5:48.50

Entry times submitted must be Short Course times. Converted Long Course times will be accepted.



KINGSTON ROYALS SWIMMING CLUB

THE ROYALS NEW YEAR OPEN MEET 2020

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Waterside Drive, Walton-on-Thames, Surrey KT12 2JG
On 4th & 5th January 2020

QUALIFYING TIMES

BOYS – UPPER LIMIT

	9	10	11	12	13	14	15	16 & Over
50m Free	32.90	31.00	28.00	27.00	26.00	25.00	24.00	23.00
100 Free	1.12.70	1.10.00	1.05.00	1.00.00	54.00	53.00	52.00	51.00
200m Free	2.43.40	2.30.00	2.20.00	2.10.00	2.05.00	2.00.00	1.55.00	1.52.00
400m Free		5.30.00	5.20.00	5.00.00	4.45.50	4.30.00	4.17.50	4.08.00
50m Breast	45.80	44.00	40.00	35.00	33.00	31.00	29.00	29.00
100 Breast	1.38.40	1.30.00	1.20.00	1.15.00	1.10.00	1.05.00	1.02.00	1.02.00
200m Breast	3.20.00	3.10.00	2.55.00	2.40.00	2.30.00	2.20.00	2.15.00	2.15.00
50m Fly	38.10	34.00	30.00	28.00	27.00	26.00	25.00	25.00
100m Fly	1.25.00	1.20.00	1.15.00	1.10.00	1.05.00	59.00	56.00	56.00
200m Fly	3.00.00	2.50.00	2.30.00	2.20.00	2.15.00	2.10.00	2.00.00	2.00.00
50m Back	39.60	34.00	30.00	29.00	28.00	27.00	26.00	26.00
100m Back	1.23.40	1.20.00	1.15.00	1.10.00	1.05.00	59.00	56.00	56.00
200m Back	3.00.00	2.50.00	2.30.00	2.20.00	2.15.00	2.10.00	2.00.00	2.00.00
100m IM	1:25.00	1:22.00	1:17.50	1:12.50	1:09.50	1:06.50	1:03.50	58.50
200m IM	3.04.90	3.04.90	2.40.00	2.30.00	2.20.00	2.10.00	2.00.00	2.00.00
400m IM		6.12.50	6.00.00	5.45.00	5.30.00	5.10.00	5.00.00	4:45.00

GIRLS – UPPER LIMIT

	9	10	11	12	13	14	15	16 & Over
50m Free	33.00	31.00	30.00	29.00	28.00	27.00	26.00	26.00
100m Free	1.14.50	1.10.00	1.05.00	1.02.00	1.01.00	1.00.00	58.00	58.00
200m Free	2.43.30	2.30.00	2.20.00	2.15.00	2.10.00	2.05.00	2.00.00	2.00.00
400m Free		5.30.00	5.15.00	5.05.00	4.50.00	4.40.80	4.35.00	4.25.00
50m Breast	44.60	44.00	40.00	36.00	35.00	34.00	33.00	33.00
100m Breast	1.38.70	1.30.00	1.20.00	1.17.00	1.12.00	1.07.00	1.04.00	1.04.00
200m Breast	3.20.00	3.10.00	2.55.00	2.45.00	2.35.00	2.25.00	2.20.00	2.20.00
50m Fly	35.20	34.00	31.00	30.00	29.00	28.00	27.00	27.00
100m Fly	1.21.00	1.20.00	1.15.00	1.12.00	1.07.00	1.02.00	1.00.00	1.00.00
200m Fly	3.00.00	2.50.00	2.30.00	2.25.00	2.20.00	2.15.00	2.10.00	2.10.00
50m Back	38.90	34.00	32.00	31.00	30.00	29.00	28.00	28.00
100m Back	1.24.10	1.20.00	1.15.00	1.10.00	1.05.00	1.02.00	1.00.00	1.00.00
200m Back	3.00.00	2.50.00	2.35.00	2.25.00	2.15.00	2.10.00	2.05.00	2.05.00
100m IM	1:25.00	1:22.00	1:17.50	1:13.50	1:10.50	1:07.50	1:05.00	1:01.50
200m IM	3.15.00	3.05.00	2.40.00	2.35.00	2.25.00	2.15.00	2.10.00	2.10.00
400m IM		6:12.50	6.00.00	5.45.00	5.30.00	5.17.50	5.10.00	4.50.00

Entry times submitted must be Short Course times. Converted Long Course times will be accepted.