



KINGSTON ROYALS SWIMMING CLUB

THE ROYALS AUTUMN OPEN MEET 2019

LEVEL 3 – LICENCE NO: 3LR192487

At Elmbridge Xcel Leisure Complex
Waterside Drive, Walton-on-Thames, Surrey KT12 2JG
On 16th and 17th November 2019

QUALIFYING TIMES

BOYS – LOWER LIMIT

	9	10	11	12	13	14	15	16 & Over
50m Free	58.01	53.35	49.40	45.38	41.64	40.07	38.80	37.50
100 Free	1:50.00	1:44.30	1:40.00	1:27.00	1:19.87	1:14.59	1:12.30	1:09.20
200m Free	4:30.00	4:00.00	3:35.00	3:15.00	3:00.00	2:42.00	2:38.00	2:24.40
50m Breast	1:10.46	1:04.84	59.79	54.98	50.12	48.10	46.41	44.70
100 Breast	2:15.10	2:10.90	2:02.00	1:47.34	1:38.05	1:31.70	1:29.10	1:28.90
200m Breast	5:15.00	4:49.00	4:21.00	3:56.00	3:36.00	3:16.00	3:14.00	3:06.70
50m Fly	1:03.20	57.71	53.03	49.01	44.78	42.97	41.36	39.70
100m Fly	2:03.50	1:59.30	1:51.35	1:35.69	1:27.60	1:22.00	1:19.30	1:16.30
200m Fly	5:13.00	4:33.00	4:00.00	3:41.00	3:24.00	3:04.00	2:55.00	2:39.30
50m Back	1:04.24	58.94	54.55	50.44	45.98	44.40	42.80	40.50
100m Back	2:02.90	1:57.10	1:51.22	1:36.22	1:28.21	1:22.50	1:20.20	1:15.80
200m Back	4:40.00	4:20.00	3:52.00	3:29.00	3:15.00	2:55.00	2:53.00	2:45.70
100m IM	2:12.10	1:59.68	1:49.56	1:43.20	1:37.15	1:28.95	1:24.40	1:16.22
200m IM	4:18.30	4:01.78	3:38.07	3:17.53	3:07.95	2:58.69	2:52.48	2:42.10

GIRLS – LOWER LIMIT

	9	10	11	12	13	14	15	16 & Over
50m Free	58.51	53.91	49.40	46.19	43.00	42.30	41.80	40.50
100m Free	1:51.00	1:47.00	1:37.46	1:28.18	1:22.56	1:19.50	1:18.04	1:16.10
200m Free	4:18.00	3:55.00	3:30.00	3:14.00	3:01.00	2:50.00	2:49.00	2:39.00
50m Breast	1:11.37	1:05.22	1:00.02	55.39	51.50	50.30	49.36	48.50
100m Breast	2:14.10	2:09.00	1:53.40	1:48.05	1:40.61	1:35.60	1:34.80	1:34.60
200m Breast	5:18.00	4:45.00	4:15.00	3:56.00	3:40.00	3:28.00	3:27.00	3:19.00
50m Fly	1:07.70	57.77	53.49	49.40	46.00	44.90	44.40	43.50
100m Fly	2:02.50	1:58.00	1:46.75	1:36.25	1:30.03	1:26.00	1:25.50	1:23.80
200m Fly	5:17.00	4:30.00	4:00.00	3:36.00	3:27.00	3:11.00	3:06.00	2:55.10
50m Back	1:04.61	59.17	54.74	50.70	47.40	46.50	45.90	44.00
100m Back	2:01.30	1:56.00	1:46.68	1:36.54	1:30.18	1:26.80	1:25.20	1:23.70
200m Back	4:45.00	4:18.00	3:46.00	3:30.00	3:17.00	3:05.00	3:04.00	3:02.90
100m IM	2:13.68	1:58.53	1:49.82	1:45.40	1:39.16	1:33.20	1:30.30	1:23.40
200m IM	4:20.35	4:02.13	3:38.42	3:17.97	3:11.43	3:06.57	3:03.55	2:56.30

Entry times submitted must be Short Course times. Converted Long Course times will be accepted.



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At Elmbridge Excel Leisure Complex
Waterside Drive, Walton-on-Thames, Surrey KT12 2JG
On 16th and 17th November 2019

QUALIFYING TIMES

BOYS – UPPER LIMIT

	9	10	11	12	13	14	15	16 & Over
50m Free	32.90	31.00	28.00	27.00	26.00	25.00	24.00	24.00
100 Free	1:12.70	1:10.00	1:05.00	1:00.00	54.00	53.00	52.00	52.00
200m Free	2:43.40	2:30.00	2:20.00	2:10.00	2:05.00	2:00.00	1:55.00	1:55.00
50m Breast	45.80	44.00	40.00	35.00	33.00	31.00	29.00	29.00
100 Breast	1:38.40	1:30.00	1:20.00	1:15.00	1:10.00	1:05.00	1:02.00	1:02.00
200m Breast	3:20.00	3:10.00	2:55.00	2:40.00	2:30.00	2:20.00	2:15.00	2:15.00
50m Fly	38.10	34.00	30.00	28.00	27.00	26.00	25.00	25.00
100m Fly	1:25.00	1:20.00	1:15.00	1:10.00	1:05.00	59.00	56.00	56.00
200m Fly	3:00.00	2:50.00	2:30.00	2:20.00	2:15.00	2:10.00	2:00.00	2:00.00
50m Back	39.60	34.00	30.00	29.00	28.00	27.00	26.00	26.00
100m Back	1:23.40	1:20.00	1:15.00	1:10.00	1:05.00	59.00	56.00	56.00
200m Back	3:00.00	2:50.00	2:30.00	2:20.00	2:15.00	2:10.00	2:00.00	2:00.00
100m IM	1:25.00	1:25.00	1:22.00	1:17.50	1:12.50	1:10.50	1:09.50	1:05.00
200m IM	3:04.90	3:04.90	2:40.00	2:30.00	2:20.00	2:10.00	2:00.00	2:00.00

GIRLS – UPPER LIMIT

	9	10	11	12	13	14	15	16 & Over
50m Free	33.00	31.00	30.00	29.00	28.00	27.00	26.00	26.00
100m Free	1:14.50	1:10.00	1:05.00	1:02.00	1:01.00	1:00.00	58.00	58.00
200m Free	2:43.30	2:30.00	2:20.00	2:15.00	2:10.00	2:05.00	2:00.00	2:00.00
50m Breast	44.60	44.00	40.00	36.00	35.00	34.00	33.00	33.00
100m Breast	1:38.70	1:30.00	1:20.00	1:17.00	1:12.00	1:07.00	1:04.00	1:04.00
200m Breast	3:20.00	3:10.00	2:55.00	2:45.00	2:35.00	2:25.00	2:20.00	2:20.00
50m Fly	35.20	34.00	31.00	30.00	29.00	28.00	27.00	27.00
100m Fly	1:21.00	1:20.00	1:15.00	1:12.00	1:07.00	1:02.00	1:00.00	1:00.00
200m Fly	3:00.00	2:50.00	2:30.00	2:25.00	2:20.00	2:15.00	2:10.00	2:10.00
50m Back	38.90	34.00	32.00	31.00	30.00	29.00	28.00	28.00
100m Back	1:24.10	1:20.00	1:15.00	1:10.00	1:05.00	1:02.00	1:00.00	1:00.00
200m Back	3:00.00	2:50.00	2:35.00	2:25.00	2:15.00	2:10.00	2:05.00	2:05.00
100m IM	1:25.00	1:25.00	1:22.00	1:17.50	1:12.50	1:10.50	1:09.50	1:07.00
200m IM	3:15.00	3:05.00	2:40.00	2:35.00	2:25.00	2:15.00	2:10.00	2:10.00

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