

NEWMARKET DISTRICT SWIMMING CLUB - DECEMBER OPEN MEET

4th and 5th DECEMBER 2021

Level 3 Licence No. 3ER211264

BOYS ENTRY TIME UPPER LIMITS

Distance/Stroke	9	10	11	12	13	14	15	16+
50m Freestyle	32.40	30.10	29.90	28.80	26.70	25.60	24.00	23.00
100m Freestyle	1.13.00	1.09.90	1.06.20	1.02.20	57.00	55.70	53.40	51.10
200m Freestyle	2.30.20	2.20.50	2.09.60	2.16.50	2.11.50	2.07.00	2.01.00	1.59.60
50m Backstroke	36.30	35.60	34.10	33.60	31.00	30.20	29.20	28.10
100m Backstroke	1.21.00	1.18.90	1.12.10	1.11.20	1.07.20	1.05.20	1.00.20	58.80
200m Backstroke	2.46.80	2.40.20	2.30.30	2.25.40	2.22.90	2.19.80	2.14.30	2.12.40
50m Breaststroke	42.50	39.40	35.50	34.00	32.50	31.90	31.20	30.00
100m Breaststroke	1.30.00	1.26.50	1.22.40	1.17.30	1.13.30	1.10.10	1.08.50	1.08.00
200m Breaststroke	3.30.90	3.20.80	3.03.50	2.54.10	2.47.50	2.38.30	2.31.60	2.28.40
50m Butterfly	34.00	32.00	30.90	29.80	28.70	27.60	26.10	25.60
100m Butterfly	1.23.00	1.19.00	1.13.60	1.10.50	1.06.00	1.03.60	1.00.50	57.30
200m Butterfly	3.20.50	3.02.90	2.47.30	2.34.10	2.26.70	2.16.50	2.11.90	2.08.90
100m Ind Medley	1.25.00	1.20.50	1.15.80	1.12.30	1.08.20	1.06.10	1.03.30	59.10
200m Ind Medley	3.00.00	2.56.40	2.38.10	2.35.60	2.28.60	2.23.30	2.19.90	2.14.10

Notes: Times submitted should be for the events entered and be personal best times achieved most recently prior to submitting the entry forms.

Times submitted for events should be no faster than the limits shown in the table above.

Acceptance criteria is first come first served.

Age is as at 5th December 2021.