



September Sprint Open 2022

Important Information for Swimmers, Spectators, Parents and Coaches

Session	Warm Up	Start	Est. Finish
1	8.35am	9.30am	11.00am
2*	11.30am	12.30pm	2.00pm
*subject to change on the day			

Thank you all for supporting it. Please read the following information carefully:

1. All clubs/swimmers will be based in the Mian Hall.
2. Please ensure that swimmers bring appropriate clothing to wear between races. Swimmers must wear appropriate clothing and footwear at all times
3. Swimmers must not climb through the poolside barrier into the spectator area directly from the pool at any time. The Leisure Centre staff will have the authority to eject anyone from the pool who does this. To access the spectator area swimmers must return through the changing areas and reception.
4. We will be operating a withdrawal system where it is the coaches or swimmers responsibility to advise of any withdrawals. These must be submitted at the announcers table no later than 15 minutes after warm up has started using the withdrawal slips provided. Withdrawal slips will be sent to each club by email, are in the coaches packs and are available from the announcers table.
5. Entry Fees for Spectators will £5 per Session
6. Photography will not be permitted on pool side but will be allowed from the seating area, note that there will be a signing in book for photography in line with the published conditions.
7. Car parking restrictions have been lifted for the day so please ignore the car park signage.
8. The Leisure Centre has a café which will be serving cold and hot food and cold and hot drinks. **Only food and drinks purchased from the café/bar should be eaten in the café/bar and the external seating area.**
9. The changing area is a village style area, swimmers must use the cubicles provided for changing. There are lockers these accept a £1 coin or trolley token which is refunded. Any bags, clothing, personnel items left in the changing areas and on poolside will not be the responsibility of Newmarket Swimming and District Swimming Club or the Leisure Centre. It should be noted that there will be other members of the public using the Leisure Centre and they may have access to the changing area (but not the pool areas).
10. Results for each event will be posted at the pool during the day to allow swimmers to check times and collect medals. Top Boy, Top Girl and Top Visiting Team awards will be advised after completion of all events and the results determined.