

NEWMARKET DISTRICT SWIMMING CLUB - SEPTEMBER SPRINT MEET

25th September 2022

Level 3 Licence No. 3ER221121

ENTRY TIME UPPER LIMITS

GIRLS ENTRY TIMES (NO FASTER THAN)								
Distance/Stroke	9	10	11	12	13	14	15	16+
50m Freestyle	31.00	30.00	29.30	28.60	27.50	27.00	26.50	26.00
50m Backstroke	36.40	35.40	33.60	32.40	31.60	31.00	30.40	30.30
50m Breaststroke	39.50	38.50	37.50	36.30	35.10	34.50	33.90	32.40
50m Butterfly	37.30	35.30	33.00	31.60	30.30	29.80	29.30	28.60
100m Ind Medley	1.24.00	1.20.00	1.16.00	1.12.00	1.10.50	1.08.00	1.06.00	1.04.10

BOYS ENTRY TIMES (NO FASTER THAN)								
Distance/Stroke	9	10	11	12	13	14	15	16+
50m Freestyle	31.00	30.10	29.30	27.80	26.50	25.20	24.20	22.00
50m Backstroke	37.50	35.80	33.90	32.30	30.40	29.80	28.30	27.40
50m Breaststroke	41.50	39.20	35.50	34.00	32.50	31.90	31.20	30.80
50m Butterfly	34.00	32.00	30.90	29.80	28.70	27.60	26.80	25.10
100m Ind Medley	1.24.00	1.19.50	1.13.20	1.09.50	1.06.10	1.02.70	1.00.70	59.50

Notes: Times submitted should be for the events entered and be personal best times achieved most recently prior to submitting the entry forms.

Acceptance criteria is first come first served.

Age is as at 25th September 2022