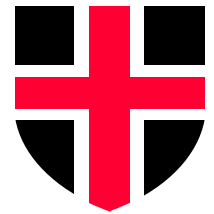


# ***Durham City***



## **AMATEUR SWIMMING AND WATER POLO CLUB**

### **Role Description:- Club Captain**

#### **Role of the Club Captains**

The Club Captains are the link between the administration of the club and the swimmers. The Club Captains represent the views of the swimmers within the club, and contribute to the development of the club through providing advice and guidance from a swimmers' perspective. They are role models within the Club and are actively involved in all Club events and activities.

#### **Skills and qualities required**

- To be an excellent communicator
- To have a knowledge of the club and swimmers
- To be able to seek and represent the views of others
- To be approachable to all swimmers

#### **A good Club Captain is a person that:-**

- all swimmers can contact and talk to about any comments they may have
- represents the views of swimmers and communicates them to the Committee
- is a positive role model for all members of the club
- communicates with fellow team members, and provides support and advice where needed
- encourages club members to be involved in social and voluntary activities

#### **Main duties**

The Club Captain will be seen as a role model at all times, and someone that other swimmers in the club may look up to. It may involve:-

- Offering to help and support others e.g. helping other volunteers at events.
- Finding time to speak and hear the views of others at the club e.g. attending a squad session of younger swimmers to let them know who you are and find out what their needs are at the club.
- Being positive and constructive in your views and in raising ideas and suggestions to the club committee
- Supporting younger less experienced swimmers at Galas including supporting swimmers at Junior League whenever possible