

Level 3 Summer Meet 2019
Dunston Leisure Centre, Dunston Bank, Gateshead, NE11 9PY
12th - 14th July 2019

Promoters Conditions and Competition Rules Page 1 of 4

This meet is being run under ASA laws and ASA technical rules together with the conditions and rules described in this document ("Conditions").

This event is aimed at Club Swimmers in accordance with A.S.A. Open Meet Licensing Guidelines Level 3. Any surplus funds raised by the event will be used by the Club in furtherance of its Objectives.

Age Groups

Age groups are 9/10yrs 11/12yrs 13/14yrs 15 over

Ages are as at 14th July 2019

Swimmers must be, or have applied for registration with the A.S.A. and may only enter events in their own age group.

As per the Meet Licensing Guidelines 1 March 2015

PLEASE NOTE: Listed below are events the 9/10-year-old age groups are not permitted to enter:

- **9 Years old 400IM/400/800/1500m Freestyle**
- **10 Years old 800/1500m Freestyle**

Events

Heats will be run with all ages seeded together based on entry times and the slowest swimmers first.

The promoter reserves the right to amend the Programme of Events in order to ensure the smooth running of the meet.

When called for an event, all swimmers must report to the Competition Marshalls before the start of each event they are competing in.

It is the responsibility of the individual to report to the marshalling area in sufficient time for each event.

The Promoters will not be held responsible for a swimmer missing the start of their particular heat.

Starts will be "over the top" where possible, at the Referees discretion, to ensure that the events run to time in each session.

Entry times must be no faster than the accompanying QTs and must be from Rankings or a training time – "YES" times will be rejected.

Skins

The six fastest swimmers from the heats of the 200IM events shall qualify for the Skins Events

Skins Events will be 9-12yrs and 13yrs+

Awards

All Events are HDW, event awards will be made to the first 3 in each of the following age groups:

9yrs, 10yrs, 11/12yrs, 13/14yrs, 15 over

Entries

The Closing date for entries is 1st June 2019

Entries must include date of birth and ASA registration number details; the names and club for each swimmer must be the same as that registered with the ASA.

Club entries *must* be made in an electronic format using the Sports System Entry Manager software. The entry file set will be available from the meet manager Debbie Cummings (Debbie.cummings@gawswim.org.uk). No manual entries will be accepted.

Individual entries will not be accepted. Individuals should either enter with their club entry or, if they are the only swimmer entering from a club, submit an entry for their club with only one swimmer.

The Promoters reserve the right to restrict entries to meet the allocated pool time, or on the grounds of health and safety.

Please note that depending upon the volume of entries received, it may be necessary to reject some entries. If necessary, the fastest swimmers in each age group will be rejected first in all events.

Any entry not accepted will be refunded in full; no other monies will be refunded. Funds for any entries not accepted will be available for collection in the coach's packs at the start of the meet.

The submission of entries will indicate acceptance of these Conditions.

Charges

Entry Fees: £5.50 per event (to include the regional levy per event)

If you wish to pay by Bank Transfer contact

Details are:

Barclays, Account number – 00721980 Sort code - 20-33-51

Otherwise payment should be made to: Gateshead & Whickham ASC

Return summary of entries and cheque to:

Gateshead & Whickham ASC

54 Chesmond Drive

Blaydon

Tyne and Wear

NE21 4BL

Entry: £4.50 per session or £8.00 per day. Weekend pass £15.00

Programmes: £2.00

Coach Passes: £15.00 each. This includes entry to poolside, start sheets, lunch and a full copy of the results. Only competing swimmers and swimming coaches/Team Managers displaying the appropriate pass (max 3 per club, at Promoters discretion) will be allowed on poolside for Health/Safety Insurance reasons.

To help this competition run smoothly could all competing clubs please provide a minimum of 1 official. Clubs providing an official covering every session will be entitled to 1 free poolside pass.

Facilities

This gala will take place at **Dunston Leisure Centre, Dunston, Gateshead NE11 9PY** which offers a six lane 25m pool with anti-wave lane ropes and automated officiating equipment.

Please note a secondary strobe will not be available.

Warm Up

The pool will be available for warm up at the start of each session. Timings will be as indicated in the Schedule of Events and the Programme.

Coaches must supervise their swimmers during this period so as not to endanger themselves or others whilst in the water.

Diving is not permitted during warm up except when designated by the warm up official announcer.

General

The changing rooms are unisex and are to be patrolled during the Meet to ensure the safety of all the swimmers.

Car parking

Car parking is limited at Dunston Leisure Centre and alternative parking will be available at Watergate Park (approx. 0.6mile from the venue – directions and map available from www.gawswim.org.uk).

To ensure maximum space on poolside all bags must be located in lockers

Possessions and articles must not be left unattended, as neither the swimming club nor the leisure centre will accept any liability for any loss or damage that may occur during the meet.

The Teaching pool will be used for cool down after events.

Swimmers must wear suitable clothing and footwear on poolside. No wet clothing is allowed in the spectator seating area.

Clubs should be aware that the recommended ratio of adults to swimmers on poolside is 1:10.

The Promoter reserves the right to refuse admission to any spectator, swimmer or coach.

Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. By submitting an entry, participants agree to be bound by any decisions made by the Promoter.

The Promoter reserves the right to amend these Conditions, without prior notice, to ensure the smooth running of the Meet.

Health and Safety

All participants must observe the safety precautions in operation at Dunston Leisure Centre.

Swimmers and coaches must ensure that they take no action that could potentially endanger themselves or others.

Supervision and behaviour of the swimmers is the responsibility of their swimming clubs at all times.

Prior to leaving the pool area, swimmers must dry off and put on appropriate clothing and footwear.

It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are competent to the standard of the A.S.A Competitive Start Award. Competitors may start from the side or in the water.

Photography

The use of any photographic equipment during the meet must be in accordance with governing body recommendations.

Data Protection

Entries for this meet will be held and processed on a computer. By submitting entries, consent is deemed to have been given, as required by the 1984 Data Protection Act, to the holding and processing of personal information on a computer. Personal data, including submitted and recorded times, will be publicly available and accessible via the Internet before, during and after the meet.

Contact Details

The meet is promoted by Gateshead and Whickham Swimming Club.

For any information regarding the meet please see <http://www.gawswim.org.uk> in the first instance.

For queries and submission of electronic entry files please email Debbie Cummings (Debbie.cummings@gawswim.org.uk).

For queries about the meet and conditions please email lead Referee Tracy Donnelly (donnelly.777@zen.co.uk)

Upper Qualifying times

Swimmers must not have achieved faster times than listed below

Male					EVENT	Female					
9	10	11/12	13/14	OPEN	EVENT	9	10	11/12	13/14	OPEN	
32.00	30.00	28.00	25.00	23.00	50 Free	33.00	32.00	29.00	27.00	25.00	
1.16.00	1.11.00	1.01.00	54.00	50.00	100 Free	1.16.00	1.06.00	1.03.00	1.00.00	55.00	
2.40.00	2.29.00	2.14.00	2.00.00	1.48.00	200 Free	2.40.00	2.30.00	2.15.00	2.05.00	1.59.00	
		9:50.00	9:20.00	9:00.00	800 Free			9:50.00	9:20.00	9:00.00	
		19:15.00	18:00.00	16:30.00	1500 Free			19:15.00	18:00.00	16:30.00	
36.00	35.00	31.50	28.00	24.00	50 Back	36.00	35.00	32.00	30.00	28.00	
1.18.00	1.14.00	1.08.00	1.00.00	53.00	100 Back	1.18.00	1.19.00	1.09.00	1.05.00	1.00.00	
2.57.00	2.47.00	2.28.00	2.10.00	1.59.00	200 Back	2.57.00	2.55.00	2.28.00	2.19.00	2.15.00	
42.00	41.00	36.00	31.00	29.00	50 Breast	42.00	41.00	36.00	33.00	31.00	
1.40.00	1.34.00	1.20.00	1.10.00	1.03.00	100 Breast	1.40.00	1.35.00	1.18.00	1.14.00	1.08.00	
3.30.00	3.13.00	2.55.00	2.29.00	2.15.00	200 Breast	3.30.00	3.20.00	2.49.00	2.38.00	2.28.00	
35.00	34.00	30.00	27.00	25.50	50 Butterfly	36.00	34.00	30.50	28.50	27.00	
1.40.00	1.23.00	1.08.00	58.00	53.00	100 Butterfly	1.40.00	1.25.00	1.07.00	1.01.00	59.00	
3.05.00	3.00.00	2.28.00	2.10.00	2.05.00	200 Butterfly	3.15.00	3.10.00	2.28.00	2.10.00	2.08.00	
3.00.00	2.52.00	2.28.00	2.15.00	2.03.00	200 IM	3.00.00	2.55.00	2.30.00	2.19.00	2.10.00	
		5:52.00	5:15.00	4:55.00	400m IM			5:55.00	5:18.00	5:04.00	4:53.00

Events List

Event	Gender	Age	Distance	Stroke
Session 1 –Friday pm.				
1	BOY/GIRL	11-Open	800	Freestyle
2	BOY/GIRL	11-Open	1500	Freestyle

Event	Gender	Age	Distance	Stroke	Event	Gender	Age	Distance	Stroke
Session 2 –Saturday a.m.					Session 4 -Sunday a.m.				
3	BOY	10-Open	400	Individual Medley	19	GIRL	10-Open	400	Individual Medley
4	GIRL	9-Open	200	Individual Medley	20	BOY	9-Open	200	Individual Medley
5	BOY	9-Open	50	Butterfly	21	GIRL	9-Open	50	Breaststroke
6	GIRL	9-Open	50	Freestyle	22	BOY	9-Open	50	Backstroke
7	BOY	9-Open	200	Freestyle	23	GIRL	9-Open	200	Butterfly
8	GIRL	9-Open	200	Breaststroke	24	BOY	9-Open	200	Backstroke
9	BOY	9-Open	100	Breaststroke	25	GIRL	9-Open	100	Freestyle
10	GIRL	9-Open	100	Backstroke	26	BOY	9-Open	100	Butterfly
Session 3 - Saturday p.m.					Session 5- Sunday p.m.				
11	GIRL	9-12		Skins	27	BOY	9-12		Skins
12	GIRL	13-Open		Skins	28	BOY	13-Open		Skins
13	GIRL	9-Open	50	Butterfly	29	BOY	9-Open	50	Breaststroke
14	BOY	9-Open	50	Freestyle	30	GIRL	9-Open	50	Backstroke
15	GIRL	9-Open	200	Freestyle	31	BOY	9-Open	200	Butterfly
16	BOY	9-Open	200	Breaststroke	32	GIRL	9-Open	200	Backstroke
17	GIRL	9-Open	100	Breaststroke	33	BOY	9-Open	100	Freestyle
18	BOY	9-Open	100	Backstroke	34	GIRL	9-Open	100	Butterfly