## **OXFORDSHIRE & NORTH BUCKINGHAMSHIRE COUNTIES ASA**

Minutes of Executive Meeting held at Bicester Community College on Tuesday 19<sup>th</sup> May 2015

Present: H.Patrick, P.Shaw, I.Powell, A.Evans, S-A Clavaud, J.Murphy, M.Fuller, W.Patrick and representatives from Abingdon Vale, Aylesbury, Bicester, Newport Pagnell, Witney & Witney Synchroswimming clubs. Also present Helen Mack (Regional Club Development Officer).

Apologies: A.Minihan , K.Phillips , E.House , and Maxwell , City of Oxford , Thame and Didcot Barramundi Swimming Clubs.

- 55.0 Minutes of the Executive Meeting held on Tuesday 17th March were approved and signed
- 56.0 Matters arising from Item 55:- None

### 57.0 Correspondence

- 1. New Secretary at Oxford University SC......Matilda Ansell ( matilda.ansell@wadh.ox.ac.uk )
- 2. ASA's Manifesto for Aquatics 2015 received from HQ in Loughborough.

### 58.0 President's Report

Heather Patrick presented her Report which is attached.

### 59.0 Treasurer's Report

Ian Powell presented his Report which is attached.

### 60.0 Disciplines

- 1. Swimming:- Ian Powell presented his Report which is attached.
- 2. Fixtures :- Jo Murphy presented her Report which is attached.
- 3. Records:- Peter Shaw presented 18 LC Record Claims which are attached.
- 4. Synchro:- Mandy Fuller presented her Report which is attached.
- 5. Masters:- No Report received.
- 6. Disability:- PS presented Liz House's Report which is attached.
- 7. Masters Records:- No Claims received.
- 8. Facilities:- Nothing to Report
- 9. Officials:- Alun Evans presented his Report which is attached.

### 61.0 County Championships De-Brief.

The minutes of the De-Brief held on the 22<sup>nd</sup> April were discussed at length and all the major changes proposed to allow for the introduction of 200m Championship Finals were accepted , albeit in some cases (demise of Skins) reluctantly. IP had hoped to have the closing date slightly earlier this year as Xmas immediately after makes it very difficult to get the LD programme to the printer before shutdown. Due to the significant qualifying events in early to mid December it was agreed that Monday 14<sup>th</sup> December was the only option.

JM asked about the number of Junior swimmers who would be competing in the 100IM (fastest 24 entries only from 2016) and therefore able to attempt to get a QT for British Champs in Dec 16. IP checked the 2015 entries and 9/24 fastest entries were 16 or under so acceptable.

With regard to the serious incident that occurred this year at Aqua Vale PS proposed that we look at providing full time uniformed security in the changing rooms at AV at the 2016 Champs. This will avoid using up our valuable CRB checked volunteers to monitor the Changing areas. The cost of it will be covered by an increase in the entry fee that has remained at £5 for several years. It could be £5.50 or £6 depending. This presumes permission from AV at this stage. PS to investigate.

### 62.0 Funding Applications

Didcot Barramundi requested funding for HyTek Meet Manager at a total cost of \$269.25. This was agreed.

63.0 Appointments:- None

### 64.0 ASA South East

- 1. As reported in the 17<sup>th</sup> March Executive minutes an answer was awaited from the ASA South East Region regarding the Referees Seminar held in early February . At the time of this Executive Meeting 2 months later an answer promised by the Chairman of the ASA SER was still not forthcoming. Subsequently the Chairman has responded to me ( 23<sup>rd</sup> May ) and answered part of the question. The element relating to the provision of briefings from the Seminar which was not answered has been overcome by our Officials Secretary who has obtained the information from another source. This is not surprising but it is disappointing.
- 2. Hampshire ASA have asked all the County Associations ( Sub Regions ) to comment on and support their proposal to amend the constituent members of the SER Management Board so that 6 are elected as now and 6 are representatives of each Sub Region ( 1 per ). This has been proposed and if adopted at the SER Annual Council Meeting in September will hopefully improve the communications between the SER and the Sub Regions. The Meeting unanimously agreed to support Hampshire ASA's proposed amendment.
- 3. Helen Mack was welcomed to the meeting after too long an absence and her comprehensive report is attached.

### 65.0 AOB

PS offered congratulations to City of Oxford on reaching the National Arena league B Final at Cardiff on the 25<sup>th</sup> April and achieving a spectacular 4<sup>th</sup> place finish. This is the first time in the current format and certainly the first time this century that an ONB Club has reached a National Final.

Meeting closed at 8.20pm

Next Meetings: AGM on Tuesday July 14th at Bicester Community College Cafe area at 7pm

Executive Meeting immediately after the AGM

### ONB President's report May 2015

During April I attended a county dinner hosted by Sussex ASA including county ASA Presidents from within the South East region and the current ASA President Ray Hedger. Anthony Gimson, President of Sussex ASA provided an entertaining presentation of his life in swimming.

Following on from the high level of swimming witnessed at the Oxon and North Bucks County Championships earlier this year, some 144 swimmers representing 13 clubs across the county are competing at the South East Regional Championships this month. Last weekend it was the turn of our age group swimmers and the county was further represented in finals of which the following deserve special mention for achieving placing in the top three in their relevant final:

Abingdon: Emily Ford Girls 13 yrs 1st 50m Backstroke, 1st 50m Butterfly, 3rd 100m Freestyle

Maximillian Bolcato Boys 13 yrs 3<sup>rd</sup> 100m Butterfly, 2<sup>nd</sup> 200m Butterfly

Yasmin Tajalli Girls 14 yrs 1<sup>st</sup> 50m & 3<sup>rd</sup> 100m Freestyle, 1<sup>st</sup> 50m Butterfly

Aylesbury: Thomas Selby Boys 13 yrs 3<sup>rd</sup> 50m Freestyle

<u>Bicester</u>: Lottie Wynne –Jones Girls 11/12yr 1<sup>st</sup> 100m & 200m Freestyle, 1<sup>st</sup> 50m,100m & 200m Backstroke, 1<sup>st</sup> 200m IM, 1<sup>st</sup> 50m,100m & 200m Butterfly

Madeline Powell Girls 11/12yr 2<sup>nd</sup> 200m Freestyle, 2<sup>nd</sup> 200m Butterfly,

Tabitha Watkins Girls 13 yrs 2<sup>nd</sup> 50m Breaststroke , 3<sup>rd</sup> 200m Breaststroke, 3<sup>rd</sup> 200m Backstroke

<u>City of Milton Keynes</u>: Helen Odams Girls 14 yrs 3<sup>rd</sup> 200m Backstroke

Newport Pagnell: Ashley Frost Boys 13yrs 3<sup>rd</sup> 200m Backstroke

<u>City of Oxford</u>: Billy Wotton Boys 11/12yrs 1<sup>st</sup> 50m, 100m & 200m Breaststroke

Natasha Fenton Girls 13 yrs 1<sup>st</sup> 50m, 100m and 200m Breaststroke,

Delphine Little Girls 11/12 yrs 3<sup>rd</sup> 50m Backstroke, 2<sup>nd</sup> 100m Backstroke, 2<sup>nd</sup> 50m & 100m Freestyle, 2<sup>nd</sup> 200m IM, 3<sup>rd</sup> 100m Butterfly

Daniel Jenkins Boys 14yrs 2<sup>nd</sup> 200m Freestyle,

Chiara De Vita Girls 14yrs 3<sup>rd</sup> 200m Breaststroke,

Witney: Georgia Duff Girls 13yr 3<sup>rd</sup> 200m IM

Congratulations to all our swimmers and coaching staff for their excellent achievements.

Good Luck to all our swimmers competing in the longer distance events at South East Region Championships next weekend and to our youth swimmers competing during the weekend of 30<sup>th</sup> & 31<sup>st</sup> May.

Heather Patrick May 2015

# **Income & Expense since last meeting**

**Exec Income and Spending** Between 17/03/2015 and 19/05/2015

## **Income Categories**

Championships Income

**Photos Commission** £66.00 **Total Income Categories** £66.00

### **Expense Categories**

Championsl	nips
Catering	

Catering	£340.00
Entry Refunds	£83.00
Hire Charges - Dance Studio	£423.37
Hire Charges - Pool	£1,212.30
Funding Athlete Development	£137.00
Funding IT Equipment	£27.82
Funding Training-Coaches	-£1,834.80
Hire Charges	
Room Hire	£60.00

Room Hire ΙT

Software

£65.87

**Total Expense Categories** 

£514.56

**Grand Total** 

-£448.56

# **Networth**

**Exec Net Worth** As of 19/05/2015

### **Bank and Cash Accounts**

Cash - Competition A/C	£20.07
Cash - General A/C	£153.20
Competition Account	£15,122.45
Creditors Account	-£2,297.67
Debtors Account	£0.00
General Account	£534.17
High Interest Business Account	£28,601.08

**Net Worth** £42,133.30 The above details the Net worth &income & expenditure since the last meeting, I have written back £1834.80 for Funding that is older than 2 years, namely for CMK & Didcot.

The accounts are being prepared for audit and will be passed to the auditor by the  $1^{\rm st}$  week of June.

Ian Powell Treasurer, Oxon & North Bucks ASA

# **Swimming Secretary Report 19/05/2015**

County Championships debrief meeting was held on the 22<sup>nd</sup> April at Littlebury Hotel. The points raised will be discussed later on in the meeting.

All the pools have been provisionally booked and also a copy on the Championship Income & Expense for this years championships.

Ian Powell

Swimming Secretary
Oxon & North Bucks County ASA

# **Championship Income & Expenditure**

AGM Comp Income and Spending Between 01/04/2014 and 31/03/2015

Subcategory	Total
Income Categories	
Championships Income	
Admission Entries	£8,587.56
Age Group Entries-Individual	£27,260.00
Age Group Entries-Relays	£2,295.00
Age Groups Coaches Passes	£1,400.00
Photos Commission	£66.00
Sundry	£55.00
Other Income	
Other Income - Unassigned	£0.00
Total Income Categories	£39,663.56
Expense Categories	
Championships	
Catering	£4,308.94
Entry Refunds	£11,723.00
Expenses	£299.59
Hire Charges - Dance Studio	£423.37
Hire Charges - Pool	£6,982.71
Printing-Copying	£2,159.00
Skins Prize Money	£220.00
Stationary	£737.95
Sundry	£57.84
Trophies	£4,957.18
Hire Charges	
Room Hire	£30.00
IT	
Equipment	£6.42
Total Expense Categories	£31,906.00
Grand Total	£7,757.56

## Fixtures Secretary Report, May 19<sup>th</sup>, 2015

### Masters Inter Counties - SER Champs, 2016

On behalf of ONB, I fed back to the SER Masters management group, that we would be happy to host this event in the 2016. If it were acceptable to them I would try and book the Leys in preference to Bletchley. However, it was felt that Oxford may still be to too far but that they would get back to us after discussing it. The high cost of Bletchley was also queried. I could only confirm that the Leys would be a similar price.

I have not heard of their decision to date.

# Inter Counties, Sheffield, October 18th 2015

The only update for this event is that I have enquired and had it confirmed, the team selection will now be based on Age as at end of the Year rather than Age on day. So for some swimmers, this will be their last chance for selection rather than their penultimate.

Jo Murphy

# Record Claims 19th May 2015

# **LONG COURSE**

٨	1	I	=	٨	ı
	//			W	,

	1IO			

800 Free	Max Murphy	CMK	8.33.50	10/05/15	Lignano(Italy)
1500 Free	Max Murphy	CMK	16.08.69	10/05/15	Lignano(Italy)
4 x 50 Free	City of Oxford ( Ewa	an Springett ,	1.43.15 Zach Bischoff , l		Cardiff e , Chris Wood )

# **JUNIOR**

400 Free	Kieran Bird	Bicester	4.00.82	14/04/15	Stratford
4 x 50 Medley	•	an Springett	1.55.83 , Callum Smart ,	25/04/15 , Lewis Pearce ,	Cardiff , Chris Wood )

# OPEN

400 Free	Tom Flaherty	CMK	3.58.38	03/05/15	Manchester

# *FEMALE*

# **JUNIOR & OPEN**

50 Fly	Ellie Millington	City of Oxford	28.42	12/04/15	Bristol	
4 x 50 Free	City of Oxford ( El	llie Millington , Em	1.50.33 ily Nisbet , 0	25/04/15 Olivia Webster	Cardiff , Amy Coombs )	)
ILINIIOD						

### **JUNIOR**

100 Breast	Emily Wood	City of Oxford	1.13.07	25/04/15	Cardiff
200 Breast	Emily Wood	City of Oxford	2.34.74	15/04/15	Stratford
200 Fly	Emily Nisbet	City of Oxford	2.18.22	01/04/15	Aberdeen

4 x 50 Medley City of Oxford 2.01.88 25/04/15 Cardiff (Annie Sharp , Emily Wood , Ellie Millington , Amy Coombs )

# **OPEN**

4 x 50 Medley City of Oxford 2.00.36 25/04/15 Cardiff (Shannon Motha, Emily Wood, Ellie Millington, Eleanor McNally)

### **COUNTY SYNCHRO REPORT**

### May 2015

Since the last report there have been several competitions for the Clubs in the county.

The National Synchro Championships were held over the weekend of the 2<sup>nd</sup> & 3<sup>rd</sup> May at Gloucester. This event replaces the British Synchro Championships as we are no longer able to hold a British event. Henley Synchro competed in the Combination Routine section and were placed twelfth.

On the Sunday Witney Synchro travelled to Hucknall to compete in the Robin Hood Routines Competition. Witney entered seven out of the eight sections and were placed first in five of the seven and placed second in the remaining two.

Meanwhile in Japan two swimmers from ONB, (Genevieve Randall and Emma Critchley), formed part of the GB Duet competing at senior level.

The weekend of 9<sup>th</sup> May saw a Skills assessment day at Reading - seven Witney swimmers attended and 3 passed. There was also a basic judge's course the same day in Reading which was run by Witney Coach Steve Fuller.

This past weekend saw Witney Synchro travel to Walsall to compete in the Birmingham Novices figure and Routines competition. Twenty seven Witney swimmers competed in the figures competitions with successes in most sections. Witney competed in seven routine sections and either won or were placed in five of the sections. This competition was the first routine competition for the majority of this 12 & under team and they swam well to be placed 4<sup>th</sup>. In total there were 200 competitors – great for the popularity of the sport.

There is a short breather now before the Reading competition on June 6<sup>th</sup> and the Crooked Spire Competition in Chesterfield on 13<sup>th</sup> June where swimmers from ONB will take part.

Over the half term holiday the SE Development squad will travel to Spain for a camp –two of the 12 & under swimmers are from Witney – Maddie Squire and Phoebe Muir.

As you can see it is a very busy time of year for the synchro clubs at present and by the next meeting three competitions involving ONB swimmer will take place. Full results of the mentioned competitions are included.

Mandy Fuller

Synchro Secretary.

#### **Results**

### National Championships Combo: 12th Henley synchro

Amelia Edwards, Catherine Shearman, Charlotte Patrick, Charlotte Young, Chelsea Holliday, Courtney Moorhouse, Elizabeth Livesay, Poppy Gray, Stephanie Ridge, Verity Campbell.

**Robin Hood Competition: Witney Synchro** 

12 & under Duet 1st Phoebe Muir & Maddie Squire

13/14 Duet: 1st Sophie Gray & Fern Larsen

15-17 Duet: 2nd Olivia Hunt & Josephine Marinho

Open Duet: 1st Laura Perry & Josephine Marinho

12 & under Combo Team 1st:

Rowan Bisp, Emma Johns, Ria Larsen, Phoebe Muir, Daisy O'Keefe, Maddie Squire, Laura Turberville.

13/14 Combo Team 2nd :

Sophie Gray, Caitlin Johns, Fern Larsen, Katie O'Brien, Vicki Spits, Alice Travis.

Open Combo Team 1st:

Eloise Archer, Olivia Hunt, Hannah Lonsdale, Josephine Marinho, Annie Mclean, Laura Perry, Millie Perry.

**Birmingham Novices** 

Figures: Skill 0 8-10 Years: 18<sup>th</sup> Kata Soros, 32<sup>nd</sup> Eleanor Bisp.

Figures: Skill 0 11/12 Years 4th Flora Kershaw, 6th Emily Whitear, 11th Eve Ray, 13th Beatrice Dendy, 18th Issy Booth, 33rd Kasia Gibson

Figures: Skill 0 13/14years: 14th Eryn Morgan –Hughes

Figures: Skill 1 11/12 Years: 1st Rowan Bisp, 2nd Ria Larsen, 4th Emma Johns, 6th Katherine Stevenson

Figures: Skill 1 13/14 Years: 1st Fern Larsen, 5th Libby Shaw, 7th Sophie Gray, 9th Katie O'Brien 14th Alice Travis, 18th Vicki Spits.

Figures: Skill 2 11/12 years: 2nd Laura Turberville

Figures: Skill 2 13/14 years: 3rd Caitlin Johns

Figures Skill 2 15-19 years: 3rd Millie Perry, 6th Josephine Marinho, 10th Laura Perry, 11th Eloise Archer.

12 & under duet 2<sup>nd</sup> - Rowan Bisp & Laura Turberville

13/14 Duet 5th – Sophie Gray & Fern Larsen

15-17 Duet 3rd - Eloise archer & Millie Perry

Open Duet 1st - Josephine Marinho & Laura Perry

**12 & under Combo** -4<sup>th</sup> Issy Booth, Beatrice Dendy, Kasia Gibson, Flora Kershaw, Eve Ray, Kata Soros, Katherine Stevenson, Emily Whitear. Reserve Eleanor Bisp.

13/14 years Combo 3rd: Sophie Gray, Caitlin Johns, Fern Larsen, Eryn Morgan-Hughes, Katie O'Brien, Libby Shaw, Vicki Spits, Alice Travis.

<u>Open Combo Team</u>: 1st Eloise Archer, Olivia Hunt, Josephine Marinho, Laura Perry, Millie Perry

### Oxon & N Buck Counties ASA

## <u>Disability Officer's Report – 19<sup>th</sup> May 2015</u>

The ASA and The National Children's Deaf Society (NCDS) have been working together for some time to promote swimming. The IOS run online deaf- friendly swimming courses and the NCDS is now running free one day courses to help swimming teachers and coaches support deaf children and young people. These courses are about visual communication which can be used with all swimmers and not just those with hearing difficulties. The next course is on Sunday 7<sup>th</sup> June at Downham Leisure Centre, Bromley. Further details can be found on the British Swimming website.

Liz House.

### Oxon & North Bucks ASA

# Officials' Secretary Report to the Executive 19th May 2015

#### Courses

The Timekeeper element of the J1 course was run at Bourne End on 12<sup>th</sup> April. It was well attended and I'm pleased that many of the attendees have already passed their first assessment.

There is a demand for more courses and these will be advertised in the near future

The J2 course for new starters at Kidlington on the morning of the 12<sup>th</sup> April attracted two attendees whilst the J2S follow up attracted seven attendees on the same day. I am pleased to see these trainee starters gaining experience at local open meets. It is probably the most difficult area to be mentored as you clearly have only one starter in operation at any one time.

Further courses are advertised on the web site.

### Mentoring

The ASA has reinforced its guidance on mentoring at events run under its jurisdiction in England. It particularly applies to Level 1 and 2 meets. I quote

'Following the circulation of a document via the ASA Regional Officials Co-ordinators earlier this year *(which I never received!!)*, it appears that confusion has arisen in some quarters. These criteria do not prohibit the training of officials at ASA Level 1 and 2 Licensed Meets.

Given that Officials are required to be both qualified and licensed in the role which they are performing, trainee officials shall be permitted to attend and observe all aspects of officiating at meets licensed at levels 1 and 2, in order that they can gain valuable experience of meets at these levels and how they are run.

Mentoring must be to a level of one to one and should an infringement be observed it will be the qualified official who completes and submits both the verbal and written disqualification report to the referee. (Though clearly, the trainee will be afforded the opportunity to practice/experience both the delivery of the verbal report and the compilation of the written disqualification report).

J2(S) trainees will not be permitted to "start" at meets Licensed at levels 1 and 2. However they shall be permitted to shadow the qualified starter, practice/be mentored in voice projection/clarity and use the starting equipment and start (with no swimmers).

Trainee Referees can undertake practical training at Level 1 and 2 meets subject to the same criteria i.e. 1 to 1 mentoring with all decisions being the ultimate responsibility of the qualified and licensed Referee who is mentoring them. However, Referee candidates are reminded of point 1 on their record of poolside duties form: (1. Your Mentor (who shall be appointed by your Course Leader prior to the event) shall sign to indicate that duties were carried out successfully - no other referee may sign off the "duty")'

Please note that the sentence highlighted in red should apply to all licenced meets. It is the licenced official who reports.

### Newly qualified officials

We have a large number of officials who have successfully completed their assessments over the last two months. Congratulations to them and a big thank you to the referees who have overseen the process. Up to the end of April, the ASA have been notified of the following:

J2S - Sue Ratcliffe

J2 – Christine McLintock, Melanie Cumberland, Andy Trueman

J1 – Sam Dyson, Paula Bracher,, Felicity Govan, Mark Govan, Sharon Kemp, Becky Saunders, Tina O'Sullivan, Henry Staines, Duncan Moore, Peter Rolfe, Iona Stretton

Timekeepers – Renate Ashley-Sparks, Liz Hazlehurst, Peter James, Tim Haveron-Jones, Duncan Griffin, Andy Dean, Jonothan Moss, Claire Dawkins, Karen Moore, Sarah Haveron-Jones, Nigel Smith, Jenny Walkden, Jo Wilby, Clive Jarvis

Alun Evans
Officials' Secretary

### Oxon & North Bucks County Meeting – 19th May 2015

SER Development Programme flyers were distributed to attendees.

The Region has recently appointed a new part time Regional Club Development Officer, Kristie Jarrett. Kristie's main work areas are the coaches forum, coach development workshops, Regional Talent Camps, Team Managers Forum.

Helen Mack's main work areas are swim 21, Young Volunteers, Volunteer training, Monthly communications including SER club update, volunteer training calendar.

Rosa Gallop – ASA Club Development Officer in the South East Region main work areas are networks, Beacon Programmes.

### **Swim 21**

Currently the Region has 90 accredited clubs, hopefully this will increase to 92 clubs following the May Regional/June National Panel meetings. 4 Shires SC are seeking swim 21 club Essential accreditation at this coming panel and produced an excellent submission – well done.

SER currently has 2 swim 21 accredited networks, one of these is Milton Keynes, which involves City of Milton Keynes SC, Newport Pagnell SC and Bletchley & District SC.

### Young Volunteers Programme - Leading the Lane

The SER successfully delivered the 2014/2015 Young Volunteer Programme in Hampshire & Kent. 28 young people completed the programme which consisted of attending 2 development days incorporating the ASA Young Aquatic Helper Certificate, ASA Timekeeper, scUK Safeguarding for Young Volunteers, Team Manager Module 1, in addition to undertaking 10 hours voluntary work within their club and completing 2 online training courses.

HM would like to deliver a programme in ONB in 2015/2016. At present looking to set up the programme at Stoke Mandeville, Aylesbury, but if anyone has other recommendations, please contact Helen. Further details will be available after a meeting on 11<sup>th</sup> June.

#### **SER Education Bursaries**

Bursaries are still available to swim 21 accredited clubs, the new application forms for 2015/2016 are now available on the SER website.

#### **Coach Education**

The IOS are now offering closed courses for Level 1 & Level 2 Certificates in Coaching at reduced cost to candidates. If any clubs are interested in this opportunity, please contact Rosa Gallop – <a href="mailto:rose.gallop@swimmng.org">rose.gallop@swimmng.org</a>

#### Time to Listen

SER ensure 1 Time to Listen course is delivered per county every 12 months. Details and booking for these courses are available from Bryony Gibbs, <a href="mailto:bryony.gibbs@swimming.org">bryony.gibbs@swimming.org</a> Courses are also promoted on the website and via the SER club update.

### **Team Manager Training**

HM and Alison Powell deliver courses in ONB on request from clubs. HM is happy to arrange 2 Team Manager training days per year which offer both TM 1 and TM2 if required.

### **Team Manager Forum**

Currently arranging an annual team manager forum for September 2015. The forum will provide an opportunity for qualified team managers to share good practice. This will also be an opportunity to recruit team managers to support the Regions development work.

### **Coach Development Workshops**

Successfully delivered 3 England Programme Officer led coach education workshops in January / February 2015 in Portsmouth, Aylesbury and Gatwick. In total 47 coaches attended the workshops. Excellent feedback was received from Andrew Willis at Aylesbury which suggested improvements and topics for further workshops. Following the comments, we are currently planning a England Programmes coach education workshop in November which will allow for more question and answer sessions / discussion topics.

Two weekends of coach education workshops for SER coaches planned for June 2015

13<sup>th</sup> June – Stoke Mandeville Stadium, Aylebury / 14<sup>th</sup> June – Cranleigh School, Cranleigh - These workshops will cover effective communication, a practical pool session on stroke analysis and dry land training including corrective exercises.

20<sup>th</sup> June – Tonbridge School, Tonbridge / 21<sup>st</sup> June – Charterhouse School, Godalming – These workshops will cover a pool session on the fundamentals of effective starts and turns, strategies for an inclusive training environment and details of developing a performance swimming environment.

### **Volunteer Training Calendar**

Continue to produce the volunteer training calendar on a monthly basis, which identifies courses for the coming 3 months. The calendar includes all volunteer courses, such as child safeguarding, team managers, time to listen etc, delivered within the South East Region. Information is collated from all partners, including County Sports Partnerships, scUK, IOS to ensure clubs have all the information required.

### **Monthly Club Update**

Currently produce a monthly club update which is distributed to clubs at the end of each month and available on the SER website. The update includes information from both the SER and ASA in addition to details of all ASA courses delivered by ASA approved centres.

### **SER Funding Guide**

In response to feedback from the 2014 Club survey, recently produced a Funding Guide which provides details of funding opportunities for clubs. The document will be publicised in the June 2015 club update and placed on the Regional website, in addition to a Club Sponsorship Toolkit.

Moving forward, Kristie and Helen are looking to support the SER discipline groups to deliver their development plans.