



Oxfordshire & North Buckinghamshire Counties ASA

President: Mandy Fuller

Chairman: Mr Peter Shaw

EXECUTIVE MEETING

Venue: Bicester Leisure Centre

Date: 15th May 2018

Start Time: 1900hrs

Present:

P Shaw	C Rennie	M Fuller (Witney Synchro)	S Wrenn (CMK)
K Weetman (4Shires)	D Wheatley (AVSC)	S Barber (ADSC)	D Smit (COSC)
N Baum (Didcot)	O Stockland		

1) Apologies:

I Powell	C Jones	A Brewer (Maxwell)	J Murphy (COSC)
H Mack	W Patrick (NPSC)	S Bunyard (Wantage)	H Patrick (NPSC)

2) Minutes of Executive Meeting held on Tuesday 13th March, 2018.

Chairman asked if all those attending had read the minutes and if they were a true record of the meeting held on Tuesday 13th March, 2018. It was then agreed they were and the minutes were signed by the Chairman to confirm as such.

3) Matters arising from item 2 – there were none.

4) Correspondence:

- a) GDPR – A notification has been received from Swim England South East regarding the new GDPR regulations. These have been circulated to all clubs.
- b) Swim England South East have sent a letter from Jane Nickerson, Chief Executive Officer of Swim England regarding Youth Sport Nutrition with a warning regarding club involvement with companies offering protein shakes or similar and its implications. All clubs have been sent this letter. Please ensure all read.

5) Chairman's Report – Peter Shaw presented his report which is duly attached.

6) Treasurer's Report – Ian Powell sent his apologies and Peter Shaw presented the report on his behalf. It is duly attached.

7) Disciplines:

a). Swimming Championships

O Stockland reported on the recent debrief and discussed the pertinent points from the meeting. These included the following items amended/added within the Promoters Conditions for the 2019 Championships:
18. Heats will be sum fully integrated and in descending order. All heats and finals will be in spearhead formations
21. Age Groups are Girls/Boys (1500m) – 12 Years and over; Girls/Boys (800m) – 12 Years and over
The fastest 32 Girls and fastest 32 Boys entries will be

accepted for the combined 1500m Freestyle and the fastest 64 Girls and 64 Boys entries will be accepted for the combined 800m Freestyle. Should the full quota of boys or girls not be met the promoter reserves the right to make good the shortfall with the next fastest entries from either boys or girls entry pool.

Awards will be made to those placed 1st, 2nd and 3rd in both the girls and boys championship and the junior championship.

Backstroke Ledges will be used in the main championships subject to availability and at the lead referee discretion

22. Relays and Heat Declared Winner

Age Group Relays will be 4x50m Freestyle and 4x50m Medley – Age Groups are: Boys – 10/11/12 Years and 13/14 Years;; Girls – 10/11/12 Years and 13/14 Years

24. The order of the Warm Up where it states the sex that starts the gala warming up first has been removed due to the 1500m and 800m being mixed sexes.

37. Anyone wishing to carry out video, zoom or close range photography must be in accordance with ASA Wavepoer 2016-19 <http://www.swimming.org/asa/clubs-and-members/safeguarding-children/>. These conditions also apply to swimmers on poolside.

38. States the amended age groups for relays to read 10/11/12

40. This point has been removed to allow the ASA rules to be applied.

41 Enforces that swim downs are NOT permitted

46. New wording regarding misconduct and unacceptable behaviour.

Oliver also discussed the new dates for the distances which are:

Saturday 5th January, 2019: Gala 1, 1500m 1400 to approx 1724hrs; Gala 2, Relays 1740 to 1915hrs

Saturday 12th January, 2019: Gala 3, 800m 1500 to 1700hrs

These times will be confirmed once programme is in place and Licence obtained.

Due to the increase costs in pool hire and the extra session to satisfy the requirements to run 800m and 1500m events for both sexes, consideration has been made on entry costs and admission costs. The changes were discussed and agreed by attendees:

Relay entry fee will rise from £6 to £8 per team

Entry Fees will rise from £6 to £7 per event

Coaches passes will rise from £25 to £30

Admission Entry Fees: Full day of 2 sessions for 400m's from £3 to £4, Relays and Long Distance single session £3 each; Main Championships £4 per session or £8 all

day – concessions remain the same as 2018.
Programmes will be £1 for Distances and £2 at Main Championships.

Paperless entry is still to be considered with further investigations being made using Hytek and other databases – will notify as soon as verified by the Promoter.

A brief discussion was had regarding volunteers and the allocation of them across the Championships – as discussed at the Debrief, this year the Promoter will endeavour to make this fairer by using the accepted 2019 entry to base volunteer allocation.

Also, a discussion on the number of timekeepers to be on poolside was discussed due to the circumstance of there being no time recorded for a race and a coaches time used – the attendees made it clear that Chris Jones should be informed of the desire to have an extra timekeeper on each lane for the 2019 Championships.

b). Fixtures

Vacant – No report – Still actively seeking a volunteer for this role, however Peter Shaw informed everyone that there would be no Autumn Camps for 11-14 Year olds due to the lack of someone to organise them – accepted by all attendees. Going forward Peter also discussed attending the Swim England Programme of camps. This would cost £2000 to run instead of our own camps which cost £480, would need more official volunteers to run as well as 6 coaches – this would however get our ONB Coaches recognised to progress their experience at other events – all agreed to this.

Long Distance training has also had to be cancelled for this year.

Also Donna Wheatley has volunteered to do all of the administration to allow an ONB Team to attend the Intercounties, however this will now be an early start on the Sunday with a bus trip to Sheffield for the event and no Saturday training as previous years. Jo Murphy will liaise with Donna.

c). County Records

P Shaw presented the new records which are duly attached.

d). Synchronised Swimming

M Fuller presented her report which is duly attached.

e). Masters

Vacant – No report – still actively seeking a volunteer for this role.

f). Disability

K Weetman present – No report to be made.

g). Masters Records

D Hall sent the Masters Records, which were presented by Peter Shaw and are duly attached.

h). Facilities

Vacant – S Barber informed everyone of the situation with Stoke Mandeville Pool, where the new operator has changed training times since the 1st April, 2018 without consultation with ASDC which will have a major affect on the swimming club – ASDC have tried to reason with them to no avail, so the club went to the press – since then a meeting has been arranged for Friday 18th May to

- discuss – await results of the meeting.
- i). Officials Secretary
C Jones was not present, however Chris sent an email to say all training courses were progressing as usual. There were a number of individuals at the meeting who were struggling to obtain a response from Chris regarding Training Requirements and Courses. Sandra Wrenn is going to endeavour to pursue these requests via Chris Jones.
 - j). Coach Education Officer
A Brewer was not present but Peter Shaw read her short email to say – The level 1 course held in April has 16 new qualified candidates as a result. Ally will look to organise the proposed level 2 course in September/October.

- 8) Funding Applications –
 - a) Funding for an underwater camera at the cost of £594 has been received from Didcot Baramundi – in previous years this item has been purchased for Thame SC and Maxwell SC, on this basis the funding was unanimously agreed by all attendees.
- 9) Swim England South East Region– Helen Mack. Helen was not present but her report is duly attached. Helen asked that the Safeguarding Course being held at Witney within her report was highlighted.
- 10) Any Other Business:
Swim England have put in a requirement for all parents of 11 Year Olds who attend the County Championships are offered a pre-written and agreed talk during the championships. This caused a discussion on availability of a room at each venue and the practicality of holding this – to be followed up by Oliver Stockland.

The next Meeting to be held at Bicester Leisure Centre starting at 1900 hrs will be on Tuesday 10th July, 2018 at 2000hrs directly after the AGM to start at 1900hrs.

Meeting closed at 2023hrs

Chairman's Report 15th May 2018

First of all I have to congratulate City of Oxford on their performance at the Arena National Swimming League A Final last month where they repeated their outstanding performance from 2017 and finished in 6th position.

To continue the theme from previous reports of a lack of volunteers coming forward to assist at County level, we will this evening confirm that we will NOT be able to run the very successful Development Camps for 11-14 yr olds in the Autumn, as we do not have anyone to organise them.

We will also NOT be organising Long Course Training for National Qualifiers at our Clubs next month. This is partly due to financial expediency, partly due to lack of an organiser and partly due to the fact that most Clubs do it themselves because the number of qualifiers has increased so much over the past 10 years.

We may have someone who is prepared to do the administration and organising of the County Team for the National Inter Counties in October. We would though NOT be travelling to Loughborough for a training session en route on the Saturday or staying overnight in Sheffield. We would revert to an early departure by coach on Sunday morning.

On a positive note I had a lengthy meeting with Swim England yesterday regarding the adoption of their Pathway programme in 2019. This relates not only to swimmers but also a pathway for our Coaches. It covers Development Camps for 11 year olds only and there would be 3 Camps per year in April , July and October. The only issue will be of course finding the personnel to Lead , organise and staff the camps!

Peter Shaw

Treasurer's Report

Please accept my apologies for not attending. Below is a statement of the accounts as at 15th May 2018.

Exec Income and Spending

Between 01/04/2018 and 15/05/2018

<u>Expense Categories</u>	<u>Total</u>
Funding Training-Coaches	£750.00
Hire Charges	
Room Hire	£38.00
Total Hire Charges	£38.00
IT	
Software	£70.19
Total IT	£70.19
Total Expense Categories	£858.19
Grand Total =	<u>-£858.19</u>

Exec Net Worth

As of 15/05/2018

<u>Bank and Cash Accounts</u>	<u>Total</u>
Cash - Competition A/C	£0.00
Cash - General A/C	£0.00
Competition Account	£9,480.34
Creditors Account	-£3,131.32
Debtors Account	£0.00
General Account	£989.41
High Interest Business Account	£22,846.80

Net Worth = £30,185.23

The accounts are being prepared for audit in June and I am also in the process of producing a Budget ready for the AGM.

Ian Powell

Treasurer, Oxon & North Bucks County ASA

ALL LONG COURSE

WOMEN

Junior & Open

50 Back	Mimi Morley Iszatt	City of Oxford	29.85	24/03/18	Sheffield
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Junior

1500 Free	Megan Smit	City of Oxford	18.09.41	04/05/18	Wycombe
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Open

1500 Free	Nicole Ryan	City of Oxford	17.18.13	04/05/18	Wycombe
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MEN

Open

100 Breast	David Murphy	City of Oxford	1.01.22	25/03/18	Sheffield
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4 x 50 Medley Relay	City of Oxford	1.48.68	22/04/18	Cardiff	
(David Jenkins , Callum Smart , David Murphy , Chris Wood)					

County Synchro Report

May 2018

Since my last report we have started our competition season.

April saw the British Synchro Championships held in Nottingham with Steve Fuller as Referee.

Witney Synchro attended this event for the first time with a Solo swimmer – Laura Turberville and a free Combination team which comprised of 5 Witney swimmers and 2 swimmers from Cheltenham Synchro as their first club. One of the Witney swimmers was Coach -Louise Fuller who donned her noseclip again after 4 years to join with the Team.

Over the bank holiday Witney swimmers attended the Robin Hood Novice Competition –again in Nottingham – entering a 15-18 Duet and a 13-18 Free Combination.

This past Saturday saw Witney swimmers attend Walsall for a novice competition – Swimmers entered figure sections and Witney also sent a 12& under Combination Team. For many swimmers this was their first competition and all did well. Special mention to Bethany Howell who came first in the 13-15 figures at her first ever competition.

Over the end of May the South East Region Squad are holding a camp in Spain – two Witney swimmers Kata Soros and Rowan Bisp qualified for this Squad and camp and Witney Coach Louise Fuller was invited to attend as a young upcoming coach in the region.

June/July sees 4 competitions over 4 weekends and so coaches and swimmers will have a heavy workload and lots of travel for different squads.

Witney Synchro passed their SwimMark health check.

Results of the competitions are attached.

Mandy Fuller

County Synchro Secretary



Oxfordshire & North Bucks County ASA Meeting – May 2018

SwimMark (previously swim 21)

The following clubs are due to submit their annual health check evidence for the June panel meeting, 4 Shires SC, Abingdon Vale SC, City of Oxford SC, Henley Synchronised SC, Maxwell SC and Thame SC. The submission deadline is Friday 18th May.

SwimMark

Please visit <https://www.southeastswimming.org/wp-content/uploads/2018/04/Update-for-SwimMark-clubs-April-2018.pdf> to view the latest April 2018 SwimMark update

Safeguarding course date

[Witney & District SC are hosting a UK Coaching Safeguarding workshop on](#)

[Wednesday 30th May, 7.00pm – 10.00pm](#)

Madley Park Hall, Northfield Farm Lane, Witney, Oxfordshire, OX28 1UE

[There are a few spaces available on this course, if anyone would like to attend, please contact Helen Mack, \[helen.mack@southeastswimming.org\]\(mailto:helen.mack@southeastswimming.org\)](#)

Time to Listen course

Due to the cancellation of the Time to Listen course on 3rd March, due to adverse weather conditions, the TTL course has been rescheduled for Sunday 20th May, 9.00am – 12.00 noon at The Leys Pool & Leisure Centre

To book a space please contact Bryony Gibbs – bryony.gibbs@southeastswimming.org

Regional Team Manager Conference - All Disciplines

Sunday 10th June 2018 Leatherhead Leisure Centre 10am – 2.45pm

Team Managers will participate in workshops on;

- Effective Recovery for Multi – Day Competitions
- Team Manager Behavioural Philosophies
- Understanding Emotional Intelligence/ Emotional Responses and their IMPACT
- What If Scenarios?

Please see here for further information and a booking form; <https://www.southeastswimming.org/swimming/swimming-coach-development-opportunities-2/>

Swimming Regional Coaches Conference

Sunday 10th June 2018

Leatherhead Leisure Centre

10am – 4.15pm

The content of this conference organised in conjunction with the Swim England Talent Team will be aimed at level 2 coaches, other coaches are welcome to attend. All coaches involved in the regional 12 year old camps will be required to attend this camp.

The conference will cover;

- Head for Talent part 2 – Healthy minds and mind set/ developing resilience and Grit
- Understanding Emotional Intelligence/ Emotional responses and their IMPACT
- Further Planning Considerations

Planning the transition for Age to Youth Swimming

Progressing Female Swimmers

Adaptable Coaching Philosophy

Advancing the Swimmer through PHV

Land Work Considerations

Please see here for a booking form; <https://www.southeastswimming.org/swimming/swimming-coach-development-opportunities-2/>

Regional Swimming Pathway Camps 2018 - Coach Development Opportunity

We will be delivering the regional pathway camps for 12 year olds in conjunction with the England Talent Team on;

Saturday 30th June

Saturday 1st September

Saturday 24th November

All camps will be based at ACS International School, Cobham, Surrey

We are inviting coaches from around the region to come and observe both the practical sessions and workshops. Full and half days are available. Please see the link for a booking form and the camp timetables

<https://www.southeastswimming.org/swimming/swimming-coach-development-opportunities-3/>

Regional Open Water Camp

Sunday 17th June

Elmbridge Excel Leisure Centre, Walton on Thames and Shepperton Lake.

12- 16 year olds

8.45am – 3.30pm

Selection criteria will be available soon, any coaches interested in attending this camp should complete the application form; <https://www.southeastswimming.org/clubs/regional-swimming-camps-2018-skills-coaches-required/>

Coaching and Teaching Statement & Guidance

It is vital for the future of our sport that participants are confident in the quality of activities offered by Swim England affiliated organisations. It is also very important that clubs, administrators, coaches and teachers have the peace of mind that they are covered by appropriate insurance.

Swim England have put together **Coaching and Teaching statement and guidance** which covers Swim England's expectations of clubs in relation to the level of coaching and teaching in all disciplines in the club environment. This is also the standard that is required by Swim England's insurers in relation to a club's liability insurance.

Please visit <https://www.southeastswimming.org/wp-content/uploads/2018/04/Coaching-and-Teaching-Statement-0118-doc.pdf> to view the document.

