

Reports for ONB AGM on 12th July 2022

Please find detailed below the reports for the ONB AGM

Agenda Item	
5	Financial Report - see attached report.
6a	Swimming Sec – see attached reports.
6b	Fixtures Sec - nothing received.
6c	Artistic Swimming Sec - see attached report.
6d	Masters Sec - see attached report.
6e	Disability Sec Report - see attached report.
6f	Officials Coordinator - see attached report.
6g	County Team Coach - see attached report.
6h	County Swim Mark Coord – The next SwimMark group ZOOM meeting is on Thursday 14 th July.
7	Chair's Remarks - see attached report.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England South East

AGM Treasurers Report 12/07/22

The current set of accounts is for the 12-month period 01/04/21 to 31/03/22 and have been audited of which a signed copy is available in the accounts folder should anybody wish to see them.

Opening Balances as at 31/03/2021

<u>Bank and Cash Accounts</u>	Total
Cash - Competition A/C	£0.00
Cash - General A/C	£0.00
Competition Account	£9,533.95
Creditors Account	-£3,346.79
Creditors Account_Comp AC	£0.00
Debtors Account	£0.00
General Account	£344.52
High Interest Business Account	£31,729.50
Net Worth =	£38,261.18

ONB Income

General Account Income

	2021-22	2020-21	Difference
Income Categories			
Athlete Development	£0.00	£0.00	£0.00
Affiliation Fees	£0.00	£0.00	£0.00
County Gala	£0.00	£0.00	£0.00
Bank Interest	£0.00	£0.00	£0.00
County Gala	£0.00	£0.00	£0.00
Gala Transport	£0.00	£0.00	£0.00
Swimwear	£0.00	£0.00	£0.00
			£0.00
			£0.00
Total Income Categories	£0.00	£0.00	£0.00

There was no income on the general account.



Oxfordshire & North Buckinghamshire Counties ASA
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Competition Account Income

	2021-22	2020-21	Difference
<u>Income Categories</u>			
Championships Income			
Admission Entries	£1,479.14	£0.00	£1,479.14
Age Group Entries- Individual	£31,743.00	£0.00	£31,743.00
Age Group Entries-Relays	£1,600.00	£0.00	£1,600.00
Age Groups Coaches Passes	£1,710.00	£0.00	£1,710.00
Charity Donation_Finals Program Sales	£0.00	£0.00	£0.00
Charity Donation_Memorabilia Sales Profit	£0.00	£0.00	£0.00
Clothing Sales	£0.00	£0.00	£0.00
Fines	£80.00	£0.00	£80.00
Memorabilia Sales	£1,484.00	£0.00	£1,484.00
CHAMPIONSHIPS INCOME - Unassigned	£0.00	£0.00	£0.00
Masters Entries			£0.00
Sponsorship	£0.00	£0.00	£0.00
Sundry			£0.00
			£0.00
Total Income Categories	£38,096.14	£0.00	£38,096.14

Business Account Income

	2021-22	2020-21	Difference
<u>Income Categories</u>			
Bank Interest	£2.93	£12.87	-£9.94
			£0.00
			£0.00
			£0.00
Total Income Categories	£2.93	£12.87	-£9.94



Oxfordshire & North Buckinghamshire Counties ASA
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ONB Expense

General Account Expense

Expense Categories	2020-21	2020-21	Difference
Active Sports			
Athlete Development	£2,564.20	£431.08	£2,133.12
Audit Fee/Gift	£50.00	£0.00	£50.00
County Gala's			£0.00
District Handbooks			£0.00
Donations			£0.00
Funding	-£1,126.89	£1,417.00	-£2,543.89
Engraving			£0.00
Gifts			£0.00
Hire Charges			£0.00
Hire Charges - Pool			£0.00
Insurance	£460.49	£460.49	£0.00
IT	£113.11	£191.96	-£78.85
Memorial (Donation)			£0.00
Miscellaneous			£0.00
Officials	£545.50	£200.00	£345.50
PA Equipment Repair			£0.00
Refreshments			£0.00
Room Hire	£197.63	£154.43	£43.20
Sports Gear Purchases			£0.00
Stationary/Postage			£0.00
Sundry	£131.40	£240.42	-£109.02
Transport			£0.00
			£0.00
Total Expense Categories	£2,935.44	£3,095.38	-£159.94

This year general expenditure was roughly similar to last years.

We rerun a pathway camp free of charge to swimmers which is listed under the Athlete Development heading. The inter-counties was cancelled last year so there was no expense there.

The funding has seen a write back of £1126.89, break down is given below:

Funding Athlete Development -£ -294.87
 Funding Training/Coaches -£ -308.56
 Funding unassigned -£ -523.46 (This figure was unreconciled amount when I went through the account, so was written back. It is in our favour as it was money supposed to have been allocated, but was probably down to error when



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different amounts were claimed and I didn't correct it. The figure we have now is correct and trackable).

Sundry break down is shown below:

Engraving	£ 12.00
Miscellaneous	£119.40 (OFCOM radio license)

The general account has an excess of expenditure over income as detailed below:

	<u>2020-21</u>	<u>2020-21</u>	<u>Difference</u>
Income over Spending	<u>-£2,935.44</u>	<u>-£3,095.38</u>	<u>£159.94</u>

Competition Account Expense

<u>Expense Categories</u>	<u>2020-21</u>	<u>2020-21</u>	<u>Difference</u>
Championships			
Catering	£1,603.37	£0.00	£1,603.37
Clothing & Kit_Cost	£0.00	£0.00	£0.00
Computer			
Software/Equipment	£759.58	£0.00	£759.58
Expenses_Non Volunteers	£0.00	£0.00	£0.00
Expenses_Volunteers	£188.52	£0.00	£188.52
Expenses_Officials	£184.50	£0.00	£184.50
Hire Charges - Dance Studio	£4,160.00	£0.00	£4,160.00
Hire Charges - Furniture			£0.00
Hire Charges - Pool	£14,430.00	£0.00	£14,430.00
Memorabilia	£1,107.00	£0.00	£1,107.00
Printing-Copying	£0.00	£0.00	£0.00
Refunds_Coaches Pass	£0.00	£0.00	£0.00
Refunds_Entries	£8,850.00	£0.00	£8,850.00
Refunds_Medical	£434.00	£0.00	£434.00
Stationary	£963.84	£0.00	£963.84
Trophies	£6,681.38	£0.00	£6,681.38
Total CHAMPIONSHIPS	£0.00	£0.00	£0.00
Charitable Donations	£0.00	£0.00	£0.00
Total Expense Categories	<i>£39,362.19</i>	<i>£0.00</i>	<i>£39,362.19</i>

This year we finally managed to host a County Championships.

The Competition account had an excess of expenditure over income which was substantially less than we expected, which is a credit to Oliver. As detailed below:



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	2020-21	2020-21	Difference
<i>Total Income Categories</i>	<i>£38,096.14</i>	<i>£0.00</i>	£38,096.14
<i>Total Expense Categories</i>	<i>£39,362.19</i>	<i>£0.00</i>	£39,362.19
<i>Income over expenditure</i>	<i><u>£-1,266.05</u></i>	<i><u>£0.00</u></i>	<i><u>£-1,266.05</u></i>



Oxfordshire & North Buckinghamshire Counties ASA
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Creditors Account

Opening Balance as of 01/04/2021					£3,346.79
Expense Categories					
FUNDING					
Funding Club Athlete Development					
26/08/2021	Write Back	Ref Funding 003_17/18	FUNDING : Funding Club Athlete Development	£294.87	£3,051.92
				£294.87	
Funding Training-Coaches					
26/08/2021	Write Back	Ref Funding_002_13/14 - 2*L1 Coaches & 1*L2 Assessment (Irena)	FUNDING : Funding Training-Coaches	£308.56	£2,743.36
				£308.56	
FUNDING - Unassigned					
26/08/2021	Write Back	Ref unknown error	FUNDING	£523.46	£2,219.90
				£523.46	
Total FUNDING				£1,126.89	
I.T.					
Software					



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31/03/2022	Fasthosts	Ref xxx_XX/XX - ONB Domain name renewal	I.T. : Software	£25.18	£2,245.08
				£25.18	
Total I.T.				£25.18	
OFFICIALS					
Room Hire - Officials Courses					
26/08/2021	Write Back	ref 14/6/2015 Parkwood Community Leisure	OFFICIALS : Room Hire - Officials Courses	£154.00	£2,091.08
26/08/2021	Write Back	Ref 13/9/2015 Parkwood Community Leisure	OFFICIALS : Room Hire - Officials Courses	£154.00	£1,937.08
26/08/2021	Write Back	ref 01/11/2015 Parkwood Community Leisure	OFFICIALS : Room Hire - Officials Courses	£154.00	£1,783.08
26/08/2021	Write Back	ref 26/4/2016 Abingdon	OFFICIALS : Room Hire - Officials Courses	£70.00	£1,713.08
26/08/2021	Write Back	ref 20/05/2016	OFFICIALS : Room Hire - Officials Courses	£62.50	£1,650.58
26/08/2021	Write Back	Ref 11/03/2016 Ref GA_0_16/17 - Referee Course Officials course 11/3/17	OFFICIALS : Room Hire - Officials Courses	£60.00	£1,590.58
				£654.50	
Total OFFICIALS				£654.50	
Total Expense Categories				£1,756.21	
Transfers					
General Account					



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28/06/2021	CMKSC	Ref GA003_21/22 - Ref Funding 003_19/20 - Specialised Swimming Hearing equipment	Transfer From : General Account	£188.00	£1,402.58
06/12/2021	Newport Pagnell SC	Ref GA022_21/22 - Ref Funding 005_19/20 - Hy tek Meet Manager	Transfer From : General Account	£180.00	£1,222.58
Total General Account				£368.00	
Total Transfers				£368.00	
Grand Total				£2,124.21	£1,222.58



Oxfordshire & North Buckinghamshire Counties ASA
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Creditors Account_Competition account

Between 01/04/2021 and 31/03/2022

Subcategory	Total
Expense Categories	
CHAMPIONSHIPS	
Refunds_Entries	£91.00
Total CHAMPIONSHIPS	£91.00
Total Expense Categories	£91.00
Transfers	
Competition Account	£91.00
Total Transfers	£91.00
Grand Total	£0.00



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Debtors Account Income & Expenditure

There was no transaction for this account.

Closing Balance as at 31/03/2022

The net fund available to the county is:

Bank and Cash Accounts	Total
Cash - Competition A/C	£0.00
Cash - General A/C	£0.00
Competition Account	£8,267.90
Creditors Account	-£1,222.58
Creditors Account_Comp AC	£0.00
Debtors Account	£0.00
General Account	£484.87
High Interest Business Account	£26,532.43
Net Worth =	£34,062.62

ONB had an excess of expenditure over income as detailed below:

	2021-22	2020-21	Difference
Income over spending	£34,062.62	£38,261.18	£4,198.56

BUDGET 2022 - 2027

I will be working with the new County Treasure to produce a budget projection for the next 5 years.

As we still have healthy reserves, I recommend that affiliation fees for 2023 are not levied, but to be reviewed for future years.

I would like to thank Alison Chunga Castillo for auditing the county accounts.

Finally, I would like to wish Christine my replacement every success in her new role and I am here to help out as needed.

Bank mandate is about 50% completed. I am waiting for confirmation that the new Competition secretary has online banking facility and then we can get the new treasurer added to the mandate and get all the correspondences contact details changed.



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I would also like to thank the numerous people who have supported me over the years I have done this role, it has been an honour to support the county and give back something as had many people done before when my daughter was swimming.

Ian Powell
Treasurer
Oxon & North Bucks County



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to ASA South East Region

12 Months Accounts Summary

<u>Bank and Cash Accounts</u>	Total
Cash - Competition A/C	£0.00
Cash - General A/C	£0.00
Competition Account	£8,267.90
Creditors Account	-£1,222.58
Creditors Account_Comp AC	£0.00
Debtors Account	£0.00
General Account	£484.87
High Interest Business Account	£26,532.43
Net Worth =	£34,062.62

I have examined the records presented to me and can confirm that these accurately reflect the results for the year to 31st March 2022.

Sign

Date

Mrs A Chunga Castillo



Oxfordshire & North Buckinghamshire Counties ASA
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General Account Income & Expenditure

	2021-22	2020-21	2019-20
Income Categories			
Athlete Development	£0.00	£0.00	£75.00
Affiliation Fees	£0.00	£0.00	
County Gala	£0.00	£0.00	
Bank Interest	£0.00	£0.00	
County Gala	£0.00	£0.00	
Gala Transport	£0.00	£0.00	
Swimwear	£0.00	£0.00	£0.00
Total Income Categories	£0.00	£0.00	£75.00
Expense Categories			
Active Sports			
Athlete Development	£2,564.20	£431.08	£4,745.40
Audit Fee/Gift	£50.00	£0.00	£55.00
County Gala's			
District Handbooks			
Donations			
Funding	-£1,126.89	£1,417.00	£6,966.40
Engraving			
Gifts			
Hire Charges			
Hire Charges - Pool			
Insurance	£460.49	£460.49	£460.49
IT	£113.11	£191.96	£2,009.17
Memorial (Donation)			
Miscellaneous			
Officials	£545.50	£200.00	£980.00
PA Equipment Repair			
Refreshments			
Room Hire	£197.63	£154.43	£195.00
Sports Gear Purchases			
Stationary/Postage			
Sundry	£131.40	£240.42	£20.90
Transport			
Total Expense Categories	£2,935.44	£3,095.38	£15,432.36
	2020-21	2020-21	2019-20
Income over Spending	-£2,935.44	-£3,095.38	-£15,357.36



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to ASA South East Region

Competition Account Income & Expenditure

	2021-22	2020-21	2019-20
<u>Income Categories</u>			
Championships Income			
Admission Entries	£1,479.14	£0.00	£10,580.68
Age Group Entries-Individual	£31,743.00	£0.00	£25,711.00
Age Group Entries-Relays	£1,600.00	£0.00	£2,504.00
Age Groups Coaches Passes	£1,710.00	£0.00	£1,590.00
Charity Donation_Finals			
Program Sales	£0.00	£0.00	£172.32
Charity			
Donation_Memorabilia	£0.00	£0.00	£350.00
Sales Profit			
Clothing Sales	£0.00	£0.00	£452.50
Fines	£80.00	£0.00	£100.00
Memorabilia Sales	£1,484.00	£0.00	£850.00
CHAMPIONSHIPS INCOME - Unassigned	£0.00	£0.00	£2.50
Masters Entries			
Sponsorship	£0.00	£0.00	£0.00
Sundry			
Total Income Categories	£38,096.14	£0.00	£42,313.00

	2020-21	2020-21	2019-20
<u>Expense Categories</u>			
Championships			
Catering	£1,603.37	£0.00	£4,377.59
Clothing & Kit_Cost	£0.00	£0.00	£712.50
Computer			
Software/Equipment	£759.58	£0.00	£81.92
Expenses_Non Volunteers	£0.00	£0.00	£750.00
Expenses_Volunteers	£188.52	£0.00	
Expenses_Officials	£184.50	£0.00	£392.85
Hire Charges - Dance Studio	£4,160.00	£0.00	£1,892.50
Hire Charges - Furniture			
Hire Charges - Pool	£14,430.00	£0.00	£12,812.50
Memorabilia	£1,107.00	£0.00	£773.34
Printing-Copying	£0.00	£0.00	£817.50
Refunds_Coaches Pass	£0.00	£0.00	£30.00
Refunds_Entries	£8,850.00	£0.00	£2,331.00
Refunds_Medical	£434.00	£0.00	£259.00
Stationary	£963.84	£0.00	£624.00



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Trophies	£6,681.38	£0.00	£4,880.65
Total CHAMPIONSHIPS	£0.00	£0.00	£30,735.35
Charitable Donations	£0.00	£0.00	£522.32
Total Expense Categories	£39,362.19	£0.00	£31,257.67

	2020-21	2020-21	2019-20
Total Income Categories	£38,096.14	£0.00	£42,313.00
Total Expense Categories	£39,362.19	£0.00	£31,257.67

Income over expenditure	<u>-£1,266.05</u>	<u>£0.00</u>	<u>£11,055.33</u>
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Business Account Income & Expenditure

	2021-22	2020-21	2019-20
Income Categories			
Bank Interest	£2.93	£12.87	£71.99

Total Income Categories	£2.93	£12.87	£71.99
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Transfers			
Competition Account	-£5,200.00	£8,000.00	-£7,351.00
General Account	£0.00	-£4,722.00	-£11,330.00
Total Transfers	-£5,200.00	£3,278.00	-£18,681.00
Grand Total	-£5,197.07	£3,290.87	-£18,609.01



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to ASA South East Region

Creditors Account Income & Expenditure

AGM Creditor Account In & Exp

Creditors Account

Between 01/04/2021 and 31/03/2022

Num	Date	Payee	Memo	Category	Amount	Running Balance
			Opening Balance as of 01/04/2021			£3,346.79
			Expense Categories			
			FUNDING			
			Funding Club Athlete Development			
	26/08/2021	Write Back	Ref Funding 003_17/18	FUNDING : Funding Club Athlete Development	£294.87	£3,051.92
					£294.87	
			Funding Training-Coaches			
	26/08/2021	Write Back	Ref Funding_002_13/14 - 2*L1 Coaches & 1*L2 Assessment (Irena)	FUNDING : Funding Training-Coaches	£308.56	£2,743.36
					£308.56	



Oxfordshire & North Buckinghamshire Counties ASA
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FUNDING - Unassigned

26/08/2021	Write Back	Ref unknown error	FUNDING	£523.46	£2,219.90
				£523.46	
Total FUNDING				£1,126.89	

I.T.

Software

31/03/2022	Fasthosts	Ref xxx_XX/XX - ONB Domain name renewal	I.T. : Software	£25.18	£2,245.08
				£25.18	
Total I.T.				£25.18	

OFFICIALS

Room Hire - Officials Courses

26/08/2021	Write Back	ref 14/6/2015 Parkwood Community Leisure	OFFICIALS : Room Hire - Officials Courses	£154.00	£2,091.08
26/08/2021	Write Back	Ref 13/9/2015 Parkwood Community Leisure	OFFICIALS : Room Hire - Officials Courses	£154.00	£1,937.08
26/08/2021	Write Back	ref 01/11/2015 Parkwood Community Leisure	OFFICIALS : Room Hire - Officials Courses	£154.00	£1,783.08
26/08/2021	Write Back	ref 26/4/2016 Abingdon	OFFICIALS : Room Hire - Officials Courses	£70.00	£1,713.08
26/08/2021	Write Back	ref 20/05/2016	OFFICIALS : Room Hire - Officials Courses	£62.50	£1,650.58
26/08/2021	Write Back	Ref 11/03/2016 Ref GA_0_16/17 - Referee Course Officials course 11/3/17	OFFICIALS : Room Hire - Officials Courses	£60.00	£1,590.58



Oxfordshire & North Buckinghamshire Counties ASA
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					£654.50	
Total OFFICIALS					£654.50	
Total Expense Categories					£1,756.21	
Transfers						
General Account						
28/06/2021	CMKSC	Ref GA003_21/22 - Ref Funding 003_19/20 - Specialised Swimming Hearing equipment	Transfer From : General Account	£188.00		£1,402.58
06/12/2021	Newport Pagnell SC	Ref GA022_21/22 - Ref Funding 005_19/20 - Hy tek Meet Manager	Transfer From : General Account	£180.00		£1,222.58
Total General Account				£368.00		
Total Transfers				£368.00		
Grand Total					£2,124.21	£1,222.58



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to ASA South East Region

Creditors Account Competition Account Income & Expenditure

AGM Creditor Account In & Exp Comp AC

Between 01/04/2021 and 31/03/2022

Subcategory	Total
Expense Categories	
CHAMPIONSHIPS	
Refunds_Entries	£91.00
Total CHAMPIONSHIPS	£91.00
Total Expense Categories	£91.00
Transfers	
Competition Account	£91.00
Total Transfers	£91.00
Grand Total	£0.00

Debtors Account

No transaction recorded



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to ASA South East Region

12 Months Accounts Summary

<u>Bank and Cash Accounts</u>	<u>Total</u>
Cash - Competition A/C	£0.00
Cash - General A/C	£0.00
Competition Account	£8,267.90
Creditors Account	-£1,222.58
Creditors Account_Comp AC	£0.00
Debtors Account	£0.00
General Account	£484.87
High Interest Business Account	£26,532.43
Net Worth =	£34,062.62

I have examined the records presented to me and can confirm that these accurately reflect the results for the year to 31st March 2022.

Sign

Date

14 June 2022

Mrs A Chunga Castillo



OXFORDSHIRE & NORTH BUCKINGHAMSHIRE COUNTIES ASA

SWIMMING SECRETARY REPORT - 2022 AGM

I was pleased with the manner and spirit in which the 2022 Oxfordshire and North Buckinghamshire County championships were held. The overwhelming sentiment of the feedback was upbeat despite the numerous Covid-19 mitigation measures.

The championships made a slight loss in 2022 due to the loss of spectator revenues and increased pool hire costs; this was, however, much better than our initial projections. There is no reason to doubt the championships will not return to their usual profit-making position in 2023.

There were some fantastic swims, despite the considerable interruption in training schedules in the preceding year; this is testament to the dedication of the swimmers and their coaches.

I would again like to extend my heartfelt thanks to the numerous volunteers who gave up their time to support the running of this year's championships, without whom the championships would not be possible. It is incredible that every year volunteers who don't have swimmers competing give up their time freely to support the Championships. However, one of the biggest threats to the continued success of the meet is the lack of volunteers.

Looking forward to next year's championships and after very constructive post championship feedback, several changes are planned once again for 2023; the change in the payment mechanism from pre to post-entry payment being one.

In the months post the championship, Sharon MacNab & I have met to continue the handover process. In doing so, we've conducted a comprehensive review of the championships' qualifying time criteria. (More on this to come from Sharon in the coming weeks).

Finally, as I step down as Swimming Secretary, I would like to thank the ONB Executive Committee for their support over the past five or so years and extend my best wishes to Sharon, who I am sure will continue to move the championships forward in the future.

Oliver Stockland
Swimming Secretary
Oxford & North Buckinghamshire Counties ASA

Swim Sec Report

The preparations for the 2023 Oxfordshire and North Buckinghamshire County championships are well underway.

Having met with Oliver, provisional qualification times have been put together and are currently being reviewed by some coaches in the County. The initial thoughts are that the accepted times are suitable, but they feel that the considered times may be too fast. The general consensus is that they would rather swimmers be able to qualify and be rejected. They also feel the times to achieve are faster than the 2020 championships and feel that with the result of covid this could have an impact on numbers. I am waiting for full feedback before moving this on further and may have more information at our meeting next week.

Dates for the 2023 championships have been confirmed with Aqua Vale and provisionally with Leys Pool. I am currently awaiting on costings from both pools.

The meet condition and supporting documentation are ready to be sent to licensing and this will be sent off as soon as the qualification times are agreed.

Sharon MacNab

O&NB County Artistic Swimming Annual Report

July 2022

The last year has slowly seen the re-emergence of Artistic Swimming as it should be, with close contact patterns and acrobatic moves once again allowed. Face to face competitions have cautiously returned, with the domestic season ending this past weekend. Ninety-Seven Combination Teams attended the National Combination Routine Competition at the London Aquatic Centre. Athletes and Officials were glad to experience the atmosphere once again although were quickly remembering what a full day of competition felt like!

The SE Region was the first to re-introduce face-to face competitions on November 6th at K2. It was lovely to see swimmers and officials enjoying the experience of being together (but socially distanced) and doing what they are trained to do. Other regions quickly followed suit drawing on experiences with Covid management learnt by Clubs attending the first competition.

With the restart of competitions coaches have found themselves faced with differing challenges. Not only in building up stamina and training athletes on how to be close to each other again but the increased support needed for the mental health of many athletes. Many report difficulties dealing with large numbers of people in one space and spectators watching them.

Unfortunately, there has been a large decrease in officials in our sport due to those calling time after the pandemic and the diminished numbers of courses during the two years. Hopefully those new to the sport can be encouraged and supported to take on roles and boost the dwindling numbers. However, the new FINA changes for Artistic Swimming may also see more experienced officials and coaches leaving the sport.

Athletes and officials from Oxford & Witney Artistic swimming Club took part in several competitions over the last year and the results are attached. These competitions ranged from those for Novice athletes (those new to the sport in the last 12 months) up to the British Championships.

The SE Regional Artistic Swimming Squad competed in the Inter Regional Games coming 3rd overall narrowly missing 2nd place. The Head Coach for the Squad was Louise Fuller from Oxford & Witney and three athletes from Oxford & Witney successfully gained places on the squad.

Oxfordshire athlete Laura Tuberville recently competed for GB in the World Championships in Budapest. This was the first time GB have entered the Team events at the World Championships since 2013. On her return home and during a week's break from centralised training in Bristol, she couldn't stay away from the water and got back in the pool at Witney to help coach younger Club swimmers.

Annette Probert from In-Synch Milton Keynes reports that they are trying to regrow the club by trying to recruit younger athletes and talent spotting but that things are extremely difficult for them at present.

At Oxford & Witney we are finding new challenges resulting from the economy and increased heating and petrol prices with some athletes having to make difficult choices about attending sessions /competitions due to the cost of travel- and having to train athletes in colder pools!

Hopefully by this time next year we will be able to report an increase in athlete and officials' numbers, decreased petrol costs and maybe even a decrease in pool costs.

Mandy Fuller – ONB Artistic Swimming Secretary

Competition Results – All Oxford and Witney Artistic Swimming Club

SE Region Novice Figure Competition

Ungraded: 12y& Under: 9th Meredith Frost

Grade 1 : 12y& Under: 8th Gabriela Del Campo

Grade 1 : 13y& Over: 9th Abi Barnett, 10th Dara Jones

SE Region Age Group Competition

13-15 years: 6th Olivia Eaves, 8th Eve Nelson, 11th Freya Parker, 15th Sophie Ball.

15 years & Over: 7th Katherine Stevenson, 10th Kata Soros, 20th Bethany Howell

National Age Groups

12& under figures - 23rd Millie Parker

13–15-year figures - 39th Olivia Eaves , 41st Eve Nelson, 54th Freya Parker

National Championships

Technical Solo - Overall 15th /Junior's 9th - Katherine Stevenson

Technical Duet - Overall 8th/Junior's 4th - Katherine Stevenson, Kata Soros

South East Region Combo Team Competition

13-18 years Division 2 : 1st: Sophie Ball, Iris Bennett, Olivia Eaves, Bethany Howell, Carys Mead, Eve Nelson, Freya Parker, Charlotte Rothery, Isabel Simpkins, Kata Soros.

Kent County Invitational Competition

Figures: Novice: 8-10 yrs.: 3rd Ava Hill, **11-12yrs:** 1st OWASC , 11th Ava Milhofer, 13th Rosie Weldon.

13-18 yrs.: 2nd Kamilla Borovics, 4th Olivia Watson-Parris

Grade 1 : 12& under: 5th Meredith Frost **13-18yrs :** 5th Gabriela Del Campo ,

Grade 2: 12& under: 1st Millie Parker **13-18 yrs.:** 2nd Flora Lukacs , 5th Megan Thomas, 10th Isabella Turnbull, 11th Dara Jones, 12th Abi Barnett

15& under Combo Division 1 : 3rd : Abi Barnett, Kamilla Borovics, Meredith Frost ,Dara Jones, Flora Lukacs, Millie Parker, Isabella Turnbull.

Warwickshire Invitational Competition

Figures 13-15 years : 6th Eve Nelson, 9th Olivia Eaves, 12th Freya Parker **15-18 years:** 12th Kata Soros

13-18 years Division 2 : 2nd Oxford & Witney : Sophie Ball, Iris Bennett, Olivia Eaves, Eve Nelson, Freya Parker, Charlotte Rothery, Kata Soros.

National Combo Cup Competition

15& Under Div 1 : 14th : Abi Barnett, Kamilla Borovics, Anna Davis , Gabriela Del Campo, Meredith Frost , Millie Parker, Isabella Turnbull.

13-18 years : Div 2 : 12th : Sophie Ball, Iris Bennett, Olivia Eaves, Bethany Howell, Carys Mead, Eve Nelson, Freya Parker, Charlotte Rothery, Isabel Simpkins, Kata Soros.

ONB Masters Report July 2022

This will be my last report as masters rep as I am stepping down due to health reasons. I hope that someone from the masters community will step forward to continue the work we have done and put together a team for the inter counties in November.

There have been a number of competitions since the last meeting including the Masters British Championships held up in Aberdeen. There was good representation from ONB with a number of medals won and, I believe, a number of records obtained. Well done to all who took part.

The South East region has its annual short course competition taking place on the 1st October at the K2. There is a 2 phase entry with SER clubs able to enter first and open entry (if space) being opened up on 16th August - make sure you have your entry in by the 15th August! More details can be found on:

<https://www.southeastswimming.org/masters/masters-competitions/>

There is also the opportunity for clubs to take part in a relay competition also on the 1st October with warm up at 5pm. Again, this is 2 phase entry and has the standard age groups. This should be a fun addition to the programme and includes mens, womens and mixed relays.

Please see below news of a Masters Swimming Podcast:

A new, independent podcast for the masters swimming community has just launched, called The Masters Swimming Podcast.

Episode one is now live, and you can listen to it here: <https://podcasts.apple.com/gb/podcast/the-masters-swimming-podcast-episode-one/id1633227274?i=1000568992891>

The podcast is hosted by masters swimmer, Joe Malone, and each week he will be joined by guests from different masters clubs. The aim of the podcast is to discuss all things topical in masters swimming, and make it your go-to place for swimming content outside of the pool. It's available to listen to on Apple Podcasts, Spotify and Google Podcasts.

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There is also a new Facebook group for the podcast, which you can join to contribute your ideas on topics you'd like to hear be discussed. You can also get involved if you'd like. You can find the Facebook page here: <https://www.facebook.com/groups/317231347281491/?ref=share>

Please support the podcast by listening and spreading the word!

*Joe Malone
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Amanda Readhead
Masters Secretary

ONB Disability Report July 2022

The latest south east region para training session is due to take place on July 10th - if anyone is looking to be classified then they need to have their skills signed off at one of these events. This is also open to coaches looking to increase their skills with respect to para swimmers.

Registration may still be open, please try the booking page

<https://www.southeastswimming.org/uncategorized/south-east-region-para-swimming-training-day-sunday10th-july/>

The next big competitions involving the para swimmers are the summer home nations and British Championships. ONB has one para representative at the British Championships, the Maxwell swimmer has been invited to swim in 50fc, 100fc and 200IM proving both age and disability are no barrier!

The South West and the South East Region are working together to put on Para Swimming Championships which will also include a number of opportunities for athletes that are already on the classification waiting list to get classified.

Time: 3pm

Date: Sunday 25th September 2022 .

Location: Horfield Pool, Bristol.

Further information: <https://www.swimwest.org.uk/news/article/se-south-west-and-south-east-para-swimming-championships>

Amanda Readhead
Disability Secretary



The Oxfordshire and North Buckinghamshire (ONB) Amateur Swimming Association

Officials' Report

Over the past year we have seen the end of the 'old style' J1 training, anyone who hasn't completed their training now will have to start again under the new system.

We were able accommodate a number of trainees at the County Championships enabling many to gain valuable experience at a Level 2 gala.

Currently face to face training has not yet recommenced but sessions over zoom appear to be well received.

There is a lack of officials' availability, I saw it at regional level and have been aware of local meets recently where clubs have struggled to ensure that they have enough officials to run a full 8 lane programme. I wonder if all parents realise that none of us are paid and meets can only happen due to the hard work of volunteers.

I would like to pass on congratulations to Stephen Wynne-Jones who has passed his very delayed referee's written exam; only the practical to be arranged now and have absolute faith he will pass that with flying colours.

Karen Underwood

Officials' Coordinator

July 2022

ONB County Team Coach AGM Report July 2022

I'd like to begin by thanking Nicky and her incredible support and guidance during my time as County Coach and particularly Ste W.J. who has been nothing but supportive, open and beautifully supportive of myself both personally and professionally.

Myself and Nicky are organising the 2 x zoom 90 minute presentations at the earliest possible moment with a face-to-face camp in September (I can be around to make that as I have offered to stay on an extra month to help Maxwell out while they search for a Buckingham coach).

The zoom will invite all 11 year county qualifiers from 2022 championships and a maximum of 24 invited swimmers for the face-to-face day.

I'd like to propose Hannah Wilson for County Team Coach. She's very knowledgeable, greatly received and respected and I feel the enthusiasm would show.

I'd also like to point out that numerous coaches have approached myself and the powers that be to change the schedule for the 2024 champs. It's long, it's tough and the length of the champs actually takes away from the kids competing, the 1500s kick in too early from a winter nationals/end of county qualifying window, the lower age finals and representation is scarily under-represented and we must remember that this is a county champs, not regionals or nationals. This potentially is the highlight of 60-70% of the counties swimming population. If they don't have a positive experience here at the right age their season is cut short.

My proposition would be to run the following:

- (End of January) Weekend 1 - 400 events + Senior/Junior/Age Group relays
- (First weekend of February) Weekend 2 - Friday to Sunday normal weekend programme plus 800 on the Friday PM. Age group finals 50/100, HDW winner for 200+ events.
- (third weekend of February) Weekend 3 - Friday to Sunday normal weekend programme plus 1500 on the Friday PM. Age group finals 50/100, HDW winner for 200+ events.

It minimises the stress, the time out from training and will encourage the ability potentially not have volunteers reluctant to help and sell 5 of their free weekends away so early into the new year (you just remember, after counties is the national qualifying window at the beginning of March, then regionals) these kids are literally at it and competing from the first weekend of January to the May Day bank holiday. It's mind numbing and draining and if the county can adapt and evolve to suit the current swimming world they will only reap the benefits as opposed to the usual reply I've had of 'well this is always the way we've done it'.

This format was around when the swimmers had national qualifying times to achieve (which would have made counties a key meet to attend to attain these), when there wasn't a slew of meets to come March-May, when less pressure was applied at schools and swimmers are now having to choose their sport or their schooling.

County Champs has dropped down the priority list for most swimmers and will either skip it altogether to attend a long course meet to qualify for trials or do a reduced programme so they

don't have to do 5 weekends of competing (this was highly evident in the distance events in the area).

Please please please do consider changes as it will only benefit the swimmers and that's what everyone is here for?

Anyway, enough of a rant! Cheers and thank you all for your support and love during my time down in the ONB Team Coach. It's been a blast!

Noel Horton
County Team Coach



The Oxfordshire and North Buckinghamshire (ONB) Amateur Swimming Association

Chair's Report

It has certainly been a year of challenges for the swimming community.

It was wonderful to be back to a stage where we were able to run County Championships; Oliver and his team deserve much credit for ensuring that the loss was much smaller than predicted. However unfortunately it was another year where there was no Inter Counties, I hope that it returns next year as it has always been a highlight for the swimmers.

As ever, thanks must be given to the to the tireless band of volunteers who have helped ONB over the last 12 months with particular mention to those who are standing down from their Executive positions:

Ian Powell - Treasurer

Oliver Stockland – Swimming Secretary

Noel Horton – County Coach

Amanda Readhead – Master's Secretary

This does highlight the struggle that we face to recruit volunteers to fill vacancies within ONB so that we can ensure our continued support to the whole aquatic community and athletes. Already we are seeing the difficulty impacting on our ability to stage a full programme of swimming development camps.

I would welcome any suggestions on how we can improve engagement not only for the County but also at a club level as this reluctance to become involved is also a significant issue for our clubs.

Wishing all our athletes much success in all levels of competitions as we come to the end of the season and especially those off to British Summer Championships and the respective Home Nation Summer Meets

Karen Underwood

July 2022