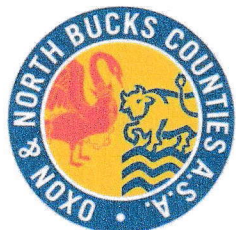


Reports for ONB AGM 11th July 2023

Please find detailed below the reports for the ONB AGM

Agenda Item	
5	Treasurer's Report - see attached reports: AGM Accounts; Treasurer's Report July 2023; Final Budget 2023-24*; Proposal on the Legal Status on ONB ASA
6a	Swimming Sec - see attached report.
6b	Artistic Swimming Sec - see attached report.
6c	Officials Sec - see attached report.
6d	Masters Sec - see attached report.
6e	Disability Officer Report - see attached report.
6f	County Team Coach - see attached report.
6g	Welfare Officer Report - see attached report.
6h	Swim Mark Coord – Noted that Swim Mark Panel sits on Thursday 13 th July.
7	Chair's Remarks - see attached report.

*Note includes updated Final Budget 2023-24 as at 21 Jul 23.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

AGM accounts for the financial year 2022-2023

Summary narrative

I would first like to thank Ian Powell for all of his time and support in ensuring a smooth handover of the Treasurer role to me.

The 2022-23 accounts on the following pages are in more detail but the overarching summary as of 31 March 2023 is below.

Bank and cash accounts	Total
Cash - Competition account	£0.00
Cash - General account	£0.00
Competition account	£16,458.03
Creditors account	-£406.67
Creditors account – Competitions	-£1,250.96
Debtors account	£0.00
General account	£1,433.55
High interest business account	£19,580.73
Net worth	£35,814.68

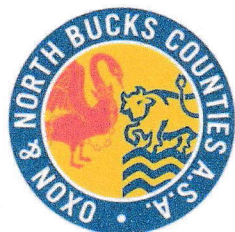
Within the general account, there is £1,040.00 of income which came in during 2022-23 but is allocated to the April and September 2023 Development Camps.

Comparing our net worth to 2021-22:

2022-23	2021-22	Difference
£35,814.68	£34,062.62	£1,752.06

The profit made by the Counties 2023 has significantly helped our financial position. I would like to thank Sharon MacNab for continuously communicating with me about competition finances.

	2022-23	2021-22	Difference
General account income	£2,284.00	£0.00	£2,284.00
General account expenditure	£8,335.32	£2,935.44	£5,399.88
Difference	-£6,051.32	-£2,935.44	-£3,115.88
Competitions account income	£38,060.21	£38,096.14	-£35.93
Competitions account expenditure	£29,870.08	£39,362.19	-£9,492.11
Difference	£8,190.13	-£1,266.05	£9,456.18



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

AGM accounts for the financial year 2022-2023

During 2022-23, we fully or partially funded:

- a starting block at Stantonbury Campus Pool for Central Milton Keynes Swimming Club (£750).
- a starting block at Witney Leisure Centre for Witney & District Swimming Club (£750).
- a microphone for the Leys Pool for the City of Oxford Swimming Club (£152.40).
- a Level 1 coaching course (£166.67) and a Level 2 coaching course (£206.67) for Bicester Bluefins Swimming Club.
- a Level 1 coaching course for Bletchley & District Swimming Club (£166.67).
- 29 J1 online theory courses (£580).

We have experienced significant issues with Barclays Bank this year and so following agreement with the ONB Executive, we are in the process of moving to Metro Bank. It is hoped that this will be fully operational by July 2023.

In order to facilitate the ONB Executive's further ensuring of our financial viability as a County, I have from May 2023 included a 12-month cashflow report within my bi-monthly Treasurer's Report. I will be presenting a 2023-24 budget to the AGM as well which will be monitored bi-monthly.

Christine McLintock
Treasurer
June 2023



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

AGM accounts for the financial year 2022-2023

12 months account summary

Bank and cash accounts	Total
Cash - Competition account	£0.00
Cash - General account	£0.00
Competition account	£16,458.03
Creditors account	-£406.67
Creditors account – Competitions	-£1,250.96
Debtors account	£0.00
General account	£1,433.55
High interest business account	£19,580.73
Net worth	<u>£35,814.68</u>

I have examined the records presented to me and can confirm that these accurately reflect the results for the year to 31 March 2023.

Signed:

Name:

TREVOR WALKER B A (HONS) ECONOMICS & ACCOUNTING: A&S

Occupation:

MANAGEMENT CONSULTANT

Date:

3 JULY 2023



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

AGM accounts for the financial year 2022-2023

General account income, expenditure and creditors

Income categories	2022-23	2021-22	Difference
Athlete development	£1,940.00	£0.00	£1,940.00
ICT refund	£219.00	£0.00	£219.00
Donation	£125.00	£0.00	£125.00
Total income	£2,284.00	£0.00	£2,284.00

Expenditure categories	2022-23	2021-22	Difference
Athlete development	£4,403.72	£1,437.31	£2,966.41
Funding	£2,142.41	£1,126.89	£1,015.52
Room hire	£57.50	£197.63	-£140.13
ICT	£233.88	£113.11	£120.77
Officials	£880.00	£545.50	£334.50
Audit fee	£50.00	£50.00	£0.00
Expenses	£63.24	£0.00	£63.24
Insurance	£504.57	£460.49	£44.08
Sundry	£0.00	£131.40	-£131.40
Total expenditure	£8,335.32	£4,062.33	£4,272.99

The £125 donation was from Barclays Bank as compensation for the poor service we had received.

Creditors	Item	Amount
Oxford University Water Polo Club	L2 coaching course	£206.67
Witney & District Artistic Swimming Club	Head stools	£200.00
Total		£406.67

The above are funding applications which have been agreed at the Executive Meeting but have yet to be paid either due to the course not yet completed or the items still to be purchased by the club and then reimbursement sought.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

AGM accounts for the financial year 2022-2023

Competition account income, expenditure and creditors

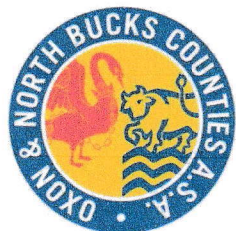
Income categories	2022-23	2021-22	Difference
Public admission fee	£8,751.93	£1,479.14	£7,272.79
Individual entries	£21,616.00	£31,743.00	-£10,127.00
Relay entries	£2,830.00	£1,600.00	£1,230.00
Coaches passes	£1,590.00	£1,710.00	-£120.00
Fines	£80.00	£80.00	£0.00
Memorabilia sales	£2,600.00	£1,484.00	£1,116.00
Surcharge levy	£467.28	£0.00	£467.28
Donation	£125.00	£0.00	£125.00
Total income	£38,060.21	£38,096.14	-£35.93

The £125 donation was from Barclays Bank as compensation for the poor service we had received. This was in addition to the £125 donation mentioned above in the General Account section of this report.

Expenditure categories	2022-23	2021-22	Difference
Catering	£1,578.31	£1,603.37	-£25.06
Computer software & hardware	£647.68	£759.58	-£111.90
Officials' expenses	£426.44	£184.50	£241.94
Volunteers' expenses	£0.00	£188.52	-£188.52
Hire charges – non pool	£2,800	£4,160.00	-£1,360.00
Hire charges – pool	£13,650.00	£14,430.00	-£780.00
Memorabilia	£2,059.80	£1,107.00	£952.80
Surcharge levy refunds	£354.32	£0.00	£354.32
Entries refunds	£783.00	£8,850.00	-£8,067.00
Medical refunds	£248.00	£434.00	-£186.00
Stationary	£274.28	£963.84	-£689.56
Trophies	£7,048.25	£6,681.38	£366.87
Total expenditure	£29,870.08	£39,362.19	-£9,492.11

Creditors	Item	Amount
Witney & District Swimming Club	Counties refund	£53.76
Abingdon Vale Swimming Club	Counties refund	£97.20
Leys Pool	Pool/room hire	£1100.00
Total		£1,250.96

These credit refunds and invoices were not paid before 31/03/2023.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

AGM accounts for the financial year 2022-2023

Business account income and expenditure

Income categories	2022-23	2021-22	Difference
Interest	£48.30	£2.93	£45.37
Transfer from general account	£4,000.00	£0.00	£4,000.00
Total income	£4,048.30	£2.93	£4,045.37
Expenditure categories	2022-23	2021-22	Difference
Transfer to general account	£11,000.00	£5,200.00	£5,800.00
Total expenditure	£11,000.00	£5,200.00	£5,800.00

Summary income versus expenditure

	2022-23	2021-22	Difference
General account income	£2,284.00	£0.00	£2,284.00
General account expenditure	£8,335.32	£2,935.44	£5,399.88
Difference	-£6,051.32	-£2,935.44	-£3,115.88
Competitions account income	£38,060.21	£38,096.14	-£35.93
Competitions account expenditure	£29,870.08	£39,362.19	-£9,492.11
Difference	£8,190.13	-£1,266.05	£9,456.18

Net worth comparison (in terms of cash)

2022-23	2021-22	Difference
£35,814.68	£34,062.62	£1,752.06



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

AGM accounts for the financial year 2022-2023

Asset register

ONB Counties ASA Asset Register		
FIXED ASSETS		
Asset	Date of purchase	Cost (£)
Computer Equipment		
Radio Walkie talkie 1	01/01/2016	124.80
Radio Walkie talkie 2	01/01/2016	124.80
Radio Walkie talkie 3	01/01/2016	124.80
Radio Walkie talkie 4	01/01/2016	124.80
Radio Walkie talkie 5	01/01/2016	124.80
Radio Walkie talkie 6	01/01/2016	124.80
Radio Walkie talkie 7	01/01/2016	124.80
Radio Walkie talkie 8	01/01/2016	124.80
Charger 1	01/01/2016	267.43
Laptop	01/02/2019	599.99
Printer	01/10/2019	289.99
Laptop	01/10/2019	479.96
Radio Walkie talkie 9	01/01/2020	142.80
Radio Walkie talkie 10	01/01/2020	142.80
Radio Walkie talkie 11	01/01/2020	142.80
Charger 2	01/01/2020	354.30
Laser printer	01/02/2022	395.50
Printer	01/02/2022	189.00
		4,002.97
Furniture & Fittings		
Strobe light	01/10/2017	1,650.00
		1,650.00
		5,652.97

In addition, we have:

- 10 sets of lap cards whose purchase value and date are unknown.
- At least 79 trophies whose purchase values and dates are unknown.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Treasurer's Report July 2023

Banking

The issues with Barclays are currently resolved. We have now started the process of moving to Metro Bank. It is my hope that the new accounts will be in operation by the end of July.

Microsoft 365 for non-profit organisations

Clubs may be interested to know that Microsoft offer 365 for free to non-profit organisations.

<https://www.microsoft.com/en-gb/microsoft-365/nonprofit/plans-and-pricing?activetab=tab%3aprimar1>

Thank you to Iain Rennie for providing this information.

Bank balances as of 30/06/2023

	As of 30/06/2023	As of 30/04/2023	As of 01/04/2023 (Beginning of financial year)
Competition A/C	£16,000.00	£16,307.07	£16,458.03
General A/C	£118.07	£889.05	£1,433.55
Creditors - General A/C	-£440.67	-£406.67	-£406.67
Creditors – Competition A/C	£0.00	-£962.50	-£1,250.96
High Interest Business A/C	£18,986.10	£19,600.73	£19,580.73



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Treasurer's Report July 2023

Net worth (cash)

As of 30/06/2023	As of 30/04/2023	As of 01/04/2023
£34,663.50	£35,437.68 (£36,390.18 was quoted in my previous report but I had not included the creditors for the Competitions Account)	£35,814.68

High interest Business Account from 01/05/2023 to 30/06/2023

£655.43 has been transferred in total from this account via the General Account to the Competitions Account during this time period in preparation for the move to Metro Bank. £40.80 interest has been added.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Treasurer's Report July 2023

Income and expenditure General Account from 01/05/2023 to 30/06/2023

Income Categories	
Transfer from High Interest Business Account	£655.43
Total Income	£655.43
Expense Categories	
Athlete Development	
Apr 23 pool hire	£255.00
Apr 23 Room hire	£308.00
Funding	
Club equipment	£71.98
Sundry	
Executive meeting room hire	£136.00
Transfer to Competitions Account	£655.43
Total Expenditure	£1,426.41

Swim Development Camps April and September 2023

The final income and expenditure for these Development Swim Camps will be in the October report.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Treasurer's Report July 2023

Income and expenditure Competitions Account from 01/10/2022 to 30/06/2023 (figures relate to 2023 Championships unless otherwise stated)

Income Categories	
Coaches Passes for 2022 Championships (WWHSC)	£90.00
Memorabilia sales for 2022 Championships (Bourne End)	£48.00
Individual entries	£21,400.00
Individual entries overpayment (OU)	£216.00
Relay entries	£2,830.00
Coaches passes	£1,500.00
2% surcharge	£467.28
Memorabilia sales	£2,552.00
Admission fees	£8,751.93
Donation from Barclays	£125.00
Fines	£90.00
Total Income	£38,070.21
Expense Categories	
Refunds entries for 2022 Championships (WWHSC)	£567.00
Refunds entries overpayment (OU)	£216.00
Trophies and medals	£7,048.25
Catering	£1,578.31
ICT software and equipment	£647.68
Officials' expenses	£426.44



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Treasurer's Report July 2023

Hire charges - non pool	£2,800.00
Hire charges - pool	£14,612.50
Stationary	£274.28
Memorabilia	£2,059.80
Refund -2% surcharge levy	£467.28
Refunds - medical	£296.00
Total Expenditure	£30,993.54

Outstanding approved funding requests as of 30/06/2023

£71.98 has been paid to Oxford & Witney Artistic Synchronised Swimming Club for the 2 headstand stools approved in July 2022. £200 had been approved by the Executive but it was not all needed.

Outstanding funding approvals			
Date approved	Club	Item	Amount
09/05/2023	Bourne End Swimming Club	Meet Manager and Team Manager	£234 grant to be repaid by 31/03/2024
14/03/2023	Oxford University Water Polo Club	33% funding of Level 2 coaching course	£206.67
		Total	£440.67



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Treasurer's Report July 2023

Cashflow

	May 23	Jun 23	Jul 23	Aug 23	Sept 23	Oct 23	Nov 23	Dec 23	Jan 24	Feb 24	Mar 24	Apr 24
Cash at beginning of month	£36,796.85	£35,135.35	£35,104.17	£18,864.17	£18,823.67	£18,227.67	£8,920.67	£2,653.67	£31,501.67	£33,987.67	£42,434.67	£17,885.67
1 year fixed deposit account				£16,000.00	£16,046.00	£16,092.00	£16,138.00	£16,184.00	£16,231.00	£16,278.00	£16,325.00	£16,372.00
Total Expenditure	£1,661.50	£71.98	£1,550.00	£50.50	£706.00	£9,313.00	£6,769.00	£880.00	£212.00	£1,680.00	£24,901.00	£726.00
Total Income	£0.00	£40.80	£1,310.00	£10.00	£110.00	£6.00	£502.00	£29,728.00	£2,698.00	£10,127.00	£352.00	£8.00
Interest deposit account				£46.00	£46.00	£46.00	£46.00	£47.00	£47.00	£47.00	£47.00	£47.00



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Budget 2023-24

The Treasurer and Swim Secretary have factored in increased costs (based on 2022-23 figures) where appropriate. Any future agreed funding applications are not included in this budget but will be included in the cash flow reports to the ONB Executive.

Income	Amount
Swim Development Camps	£1,170
InterCounties	£1,700
Counties	£41,502
Bank interest	£515
Refunds	£434
Total income	£45,321
Expenditure	
Swim Development Camps	£2,526
InterCounties	£6,700
Counties	£37,044
Institute of Swimming	£800
Insurance	£530
ICT Software	£510
Expenses/Miscellaneous	£90
Meetings - room hire	£272
Professional fees	£1050
Funding applications (already agreed)	£513
Total expenditure	£50,035.44
Income over expenditure	-£4,714



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Budget 2023-24



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Proposal on the legal status of ONB ASA
June 2023

I have included hyperlinks where relevant for more information.

At present, ONB ASA is an [Unincorporated Association](#). Given that ONB does not own property, and is not an employer nor takes out loans or contracts, this status is relevant. However as an unincorporated association does not have a separate legal status, it is the individual members who can be held personally responsible for the association's obligations and debts.

ONB ASA does have insurance through Swim England. However, we should not be comfortable relying on insurance, in case the insurance company refused cover, because we were in breach of its policy terms, or the activity wasn't covered or the amount being sued for was in excess of the agreed insurance level. If ONB ASA were to be sued for negligence which our insurers declined to cover or we got into debt then it is the individuals named in the constitution (Chair, Treasurer and Secretary) who would be personally liable and could potentially lose their homes.

Many sports clubs are now incorporated which makes the club a separate legal identity and protects its members. There are different types of [incorporation](#). As ONB ASA turnover is over £5000 per annum, any charitable incorporation would have to be through registration with the Charity Commission.

Swim England does not require County Associations to be incorporated and most are not at present. However, more County Associations are considering incorporation to protect members.

HMRC is requiring unincorporated sports clubs/organisations to register with the Trust Registration Service (TRS) and for them to appoint trustees to hold the assets on behalf of the members of the club/organisation. It should be noted that being registered with the TRS means that the club/organisation is still unincorporated.

To protect the members of the ONB ASA, I am proposing that we incorporate and become a [Company Limited by Guarantee \(CLG\)](#). The CLG "members" would be each of the ONB ASA clubs. The "Board of Directors" would be the Chair, Treasurer, Secretary and any other posts that were agreed on setting up of the CLG. It should be noted that there are [rules as to who can be a company director](#) and any director's home address will be publicly available on the Companies House website. Directors of a company can still be personally liable for corporate manslaughter, consented or connived in illegal activity, neglect of their duties or breach of their duty of care. There would be a setting up fee of £40 then an annual fee of £40.



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Proposal on the legal status of ONB ASA
June 2023

We would have to create a [Memorandum of Association](#) and new [Articles](#) as required by Companies House. The Articles would replace our current constitution.

A CLG has to keep its details correct at Companies House and file annual accounts with HMRC so there will be ongoing work linked to being a CLG.

One of the implications of becoming a CLG is that ONB ASA would be required to pay corporation tax on any profits (the Counties do generate a profit).

However, the income/expenditure from the Counties may be classed as [mutual trading](#) in which case it would not be classed as profit to take into account for corporation tax.

I am proposing that in addition we apply, **in the future**, to become a [Community Amateur Sports Club \(CASC\)](#). [Gov.uk information on CASC](#). This registration would exempt ONB ASA from corporation tax (providing turnover is under £50,000) and would allow us to be eligible for Gift Aid. We would need to amend the Articles to include the required [CASC clauses](#). There is no cost to setting up a CASC.

I have proposed that we become a CASC in the future and not now as our budget 2023-24 turnover is £49,000 which is very close to the £50,000 limit. The 2024 budget is showing an overall spend of £3,802 over income and so corporation tax will not be applicable. However, we could include the relevant CASC clauses in the new Articles as they are written in preparation for any possible future CASC application.

Incorporation to a CLG is a considerable piece of work but I am prepared to do this given the implications of not doing so. If agreed that this was the right way forward, it would be very useful to have a small working party to work with me.

Proposal

1. ONB ASA incorporates to become a Company Limited by Guarantee.
2. ONB ASA applies possibly to become a Community Amateur Sports Club in the future but adds the relevant clauses in now to the Articles.
3. ONB ASA takes professional advice to explore whether the Counties class as mutual trading and if so, add in the relevant clauses to the Articles. The Treasurer will amend the 2023-24 budget to include an appropriate provision for professional fees.
4. The Treasurer is appointed as the lead person for this project.
5. A working party of the Treasurer, Chair and 3 other people is set up to:
 - a. Draft the Memorandum of Association
 - b. Propose the composition of the Board of Directors
 - c. Draft the Articles



Oxfordshire & North Buckinghamshire Counties ASA
Affiliated to Swim England Southeast

Proposal on the legal status of ONB ASA
June 2023

6. A special meeting of the Executive is set for the middle of August to agree the Memorandum of Association, Board of Directors and Articles which are then submitted.
7. Incorporation starts from 1 October 2023 which is just before we start with expenditure linked to the 2024 Counties.
8. Any ONB ASA club that wishes to become a CLG can “shadow” us to learn about what is required as we move to incorporated status.

SWIMMING SECRETARY REPORT - 2023 AGM

I am really pleased with how the 2023 Oxfordshire and North Buckinghamshire County Championships went. The feedback has been positive and despite a significant increase in pool hire costs we still managed to make a good profit. It was great to see spectators in the grandstand. There were some fantastic swims, this is testament to the dedication of the swimmers and their coaches. I would again like to thank the numerous volunteers who gave up their time to support the running of this year's championships, without you all the championships would not be possible. It is incredible that every year volunteers who do not have swimmers competing give up their time freely to support the Championships. There were new volunteers taking on new posts and they did a fantastic job.

However, we did struggle to get enough volunteers over the championships so to ensure the continued success of the meet we really do need volunteers to come forward to assist us over the whole championships.

I am looking forward to next year's championships and after very constructive post championship feedback, several changes are planned once again for 2024 - this includes a change in programme to include mixed relays. I am currently in the process of conducting a comprehensive review of the championships' qualifying time criteria. More on this to come from me in the coming weeks.

Sharon MacNab

Swimming Secretary
Oxford & North Buckinghamshire Counties ASA

O&NB County Artistic Swimming Annual Report

July 2023

This last year has seen Artistic Swimming undergo the most significant changes in its history.

There have been extensive changes throughout every aspect of the sport with a new scoring system that will be more scientifically and mathematically based. Routines now have a set number of *Elements* (technical required elements, free hybrids, and acrobatics) and doing more or anything different than what is required in Routines will lead to penalties.

Coaches and Judges (or “Technical officials”) have vast swathes of rules changes and new terms to get to grips with (the Acrobatic manual is 198 pages alone!) while supporting athletes through the changes with minimum disruption to training. All current judges must undergo compulsory training days over the next few months to continue in the sport.

A well-attended and lively National Judges and Coaches Conference took place in December 2022 where changes were explained in detail. Competitions in the 2022/2023 season have taken on some of the new changes with completion of all new rules to be realised 2023/2024.

Unfortunately, no regional competitions have been held in the SE Region for the 2022/2023 season. Dates for 2023/2024 have now been proffered and athletes and coaches are looking forward to being able to restart Regional Level competitions.

A Regional trials day was held in December 2022 for athletes looking to represent the SE Region at the Inter Regional Games held in May 2023. This competition comprises of 3 disciplines for artistic swimming – land work, figures, and speed swimming. One athlete from OWASC, Freya Parker, trialled and was successful in gaining a place on the squad for a second year. The squad competed well and for a second year running came 3rd at the inter-regional games. (OWASC coach Louise Fuller was appointed as one of the lead coaches for the SE Squad).

At the National Age Groups in March, Freya was also the only athlete from ONB to qualify and attend the Championships where she came a creditable 25th out of 69 athletes. Congratulations Freya.

For OWASC athletes there have been limited competition opportunities and their results are shown below -where successful swims and medals were achieved by everyone that entered.

Athletes have successfully attended grade Days and entered for 38 grades of which 38 were passed.

Mandy Fuller continues in the role of National Artistic Swimming Competition Licensing Officer, Judges from OWASC have officiated at the National Age Groups, British Championships, Inter - Regional Games, National Combo Cup and Steve Fuller was Referee at the British Masters Championships.

Interest in Artistic swimming is still growing as it enters an exciting new phase, which also sees the inclusion of male athletes at the Paris Olympics. Recent medals at the European Games in both the Duet and Mixed Duet Categories will hopefully continue to stimulate increased interest.

Mandy Fuller

ONB Artistic swimming Sec

Competition Results – All Oxford and Witney Artistic Swimming Club

National Age Groups

13–15-year figures -25th/69 Freya Parker

National Inter- Regional Games – Figures: 39th /127 Freya Parker / Southeast Region 3^d

Kent County Invitational Competition

Figures: Novice: 12& Under: 17th Tabitha Kinch, 18th Kassandra Jasinskaite.

13-18 yrs.: 3rd Sasha Jasinskaite, 5th Rubyann Dimmick.

Grade 0: 12& Under: 3rd Vivien Findlay-Ashfield, 20th Rosie Watson.

13-18 years: 10th Rowena Findlay Ashfield, 11th OWASC.

Grade 1: 13-18yrs: 4th Kamilla Borovics.

Grade 3: 13-18 years: 1st Megan Thomas, 6th Flora Lukacs, 7th Abi Barnett, 10th Dara Jones.

Grade 4: 13-18 years: 2nd Carys Mead

Grade 5: 15-18 years: 10th Bethany Howell

Grade 4+ Duet: 4th Bethany Howell & Carys Mead

13-18 years Combo Division 1: 4th: Abi Barnett, Kamilla Borovics, Dara Jones, Flora Lukacs, Megan Thomas.

Warwickshire Invitational Competition

Figures 13-15 years: 36th Isabella Turnbull, 41st Flora Lukacs, 44th Dara Jones.

13-18 years Combo, Division 1: 1st Oxford & Witney: Kamilla Borovics, Anna Davis, Dara Jones, Flora Lukacs, Alice Mehnane, Isabel Simpkins, Megan Thomas, Isabella Turnbull.



The Oxfordshire and North Buckinghamshire (ONB) Amateur Swimming Association

Officials' Report July 2023

Thanks to Felicity Govan for her support with all things administration and also thanks to my fellow referees Gary Blissett, Mark Govan and Oliver Stockland for their assistance with the new World Aquatic Rules' update sessions.

In ONB we held 8 open zoom sessions covering the rules update plus some smaller updates when required before meets. ALL licenced officials must take this update before 31st August or their licence with lapse. The final session will be held on 13th July 7pm on zoom and any official who hasn't signed up and needs to attend should contact us for the invite details.

Once again, we were able to accommodate a number of trainees at the County Championships enabling many to gain valuable experience at a Level 2 gala. However, I note that there is still generally a lack of volunteers at meets both locally and regionally. The lack of technical officials for some sessions at Regional Championships very nearly meant that the licence conditions would not be met. Although most of the time we manage to scrounge together enough officials this does put yet more work and stress on those responsible.

Thank you to everyone who has worked (unpaid) as an official over the last year, your time is much appreciated and I hope you have found the experience rewarding and enjoyable.

Karen Underwood

Officials' Coordinator

July 2023

ONB Masters Secretary Report – July 2023

Masters' swimmers from across the county competed at the National Masters Long Course championships in Sheffield at the beginning of June.

Medal winners from **Kidlington** were:

9xGold

Ian Surrage, 35-39 50BR, 100BR

Chris Aust, 40-44 50FR, 50FLY

Simon Joyce, 45-49 800FR, 200BA

Elizabeth Oliver, 25-29 400FR

Men's 160+ 4x50 Medley team: Jon Dedrick, Ian Surrage, Johny Richards, Chris Aust

Men's 160+ 4x100 Medley team: Jon Dedrick, Ian Surrage, Johny Richards, Simon Joyce

7xSilver

Natasha Lane, 35-39 50BA

Jon Dedrick, 40-44 100BA

Peter Williams, 40-44 50BR, 100BR

Simon Joyce, 45-49 1500FR, 100BA

Mixed 120+ 4x50 Free team: Chris Aust, Joe Walker, Natasha Lane, Elizabeth Oliver

5xBronze

Jason Beckett 30-34 800FR

Natasha Lane 35-39 50FR

Neil Morton 45-49 100BR, 200BR

Simon Joyce 45-49 400FR

From **Witney**

David Hall 80-84

Silver - 100 fly, 800 FR, 1500 FR

Bronze - 50 fly, 50 BA, 400 FR

From **Didcot**

Lindsay Kelly Onay 55-59

Gold - 200 fly

Silver - 100 BA, 200 FR, 800 FR

Bronze - 50 FR

There were also medal winners from the **Aylesbury** Masters' team.

Going forward, Lindsay Kelly-Onay will be stepping down from the role as Master's Secretary and Simon Joyce, Kidlington & Gosford Swimming Club has volunteered to take over this role.

Glen Isaacs (SER Masters Manager) has been in contact with ONB regarding the holding date for the Masters Intercounties Competition; the holding date is **12th November** at the London Aquatics Centre.

ONB are requested to provide 2 officials who are willing to support Masters at this LAC Intercounties competition. Interested members should contact the Master's Secretary at onbmasters@gmail.com

In previous years ONB have provided ONB County hats for Masters and this is again requested.

ONB Disabilities Report July 2023

Since the last meeting there has not been a great deal taking place in para swimming in the county. I attended the national para swimming engagement session on the 30th May run over zoom, once again this was a well run and informative session. When the next day is released I will send out details.

By the time the meeting takes place on Tuesday I will have attended the regional para training session at Cobham. I am hoping that some more swimmers from ONB will be joining me there to have their skills assessed ready to be placed onto the classification waiting list. Currently, South East Region have not put out a confirmed date for a regional para meet which would be the most likely opportunity for swimmers to go through classification. As soon as I am aware of any competition I will pass this information on. Please remember to go onto the waiting list the swimmer must have attended regional training to have their skills signed off.

I have had one further South East Region record confirmed for the Womens S8 200fc (short course) swum in a very hot Maxwell June meet!

The next set of competitions involving para swimmers are British and English Summer Championships. I will be swimming in both, if there are any other ONB para swimmers competing at these championships please let me know.

Amanda Readhead
Disabilities Rep

County Coach Report on the Pathway Camp 2022/2023

So far for the ONB I have done 4 development camps. All camps have been successful. We have an upcoming camp scheduled for 3rd September 2023.

Camps have been structured to help Swimmers to develop their basic skills, training knowledge, and basic nutrition. At each camp we have around 20-30 swimmers. Swimmers who attended, Club are:

- CMK
- Bicester
- Maxwell
- Wantage
- Banbury
- Kidlington
- Didcot
- Witney
- Abingdon
- Newport
- Oxford

For each camp we've had to do a stroke analysis for Swim England, this is looking at all 4 strokes breaking it down into four sections:

- Head and body
- Arm
- Leg
- Timing

This data is shared with Swim England with the aim of analysing the data to help improve swimmers and coaching.

I have had great support through organizing all camps with Chantel, who is our lead TM.

I have had support from, Wantage Coach's, CMK Coaches, and Witney coaches on the day.

This is a timetable from our last camp:

Time	Session	Notes
10.30 – 10.45am	Registration *	Reception Area
10.45-11am	Welcome Meeting and meet coaches	Upstairs studio
11.00 – 11:30am	Good health – Nutrition	Upstairs studio
11.30- 12am	Pre pool and change for session1	Upstairs studio

12 – 2pm	Swim Session 1	Competition Pool
2 – 2.20pm	change and post-pool	Poolside, changing room and upstairs studio
2.20 – 2.45pm	Lunch	Upstairs studio
2.45 – 3pm	ONB Head Coach talk – Debrief session 1	Upstairs studio
3– 3.45pm	Land training	Upstairs studio
3.45– 4pm	Change and pre pool	Upstairs studio, changing rooms & pool
4 – 5.30pm	Swim Session 2	Competition Pool
5.30- 5.45pm	change and post pool	Poolside, changing room
5.45 – 6pm	Close Meeting – Athlete Pack	Upstairs studio
6pm	Parents collect and sign out with ONB TM	Reception area

Regards

Hannah

County Welfare Officer Report July 2023

Since my last report, two clubs have contacted me regarding a few welfare issues that have arisen. I have provided the advice and where necessary spoken to the Safeguarding Team at Swim England to assist in any referral process that was needed.

The content of the referrals are obviously not things to discuss but I mention this as I have found this an encouraging indication that the clubs within ONB hold safeguarding and welfare as important as the techniques and skills the coaches show their members. It also reassured me that the CWO know who I am and how to contact me.

Again, I am happy for my number to be shared within the clubs for support on any matters that may come up, even if small.

With summer holidays approaching, hopefully I will be able to arrange the online meeting with the WOs as people will have a little more spare time.

Lucie Clarke

County Welfare Officer



The Oxfordshire and North Buckinghamshire (ONB) Amateur Swimming Association

Chair's Report July 2023

Thanks, must be given to the to the tireless band of volunteers who have helped ONB over the last 12 months with mention to Nicky Mellings who has served as the Secretary since 2018 but who will be standing down at the AGM.

The next year looks like it will be bringing some changes within Swim England, and I look forward to their session before our AGM regarding their County Governance plans. Our treasurer is also going to present a paper regarding the status of ONB and whether going forward this needs to change.

I would like to think that any change is only going to be for the good of the ONB and more importantly further assist us to support the athletes within our County,

As we come to the end of the season I would like to wish our athletes much success in all levels of competitions and especially those off to British Summer Championships and the respective Home Nation Summer Meets. Internationally. we wish Harry Wynne-Jones, who is currently competing in European Junior Championships and will then be off to the Commonwealth Youth Games, the very best of luck too.

Karen Underwood

Chair