

OXFORDSHIRE & NORTH BUCKINGHAMSHIRE COUNTIES ASA

Affiliated to the Swim England South East Region

County Championship and Age Group Competitions 2020

GIRSLS ACCEPETED SHORT COURSE TIMES

	10/11 Years	12 Years	13 Years	14 Years	15 Years	16 Year	17 Years & Over				
Age Band	С	D	E	F	G	Н	1				
50m Freestyle	35.2	33.1	31.1	30.0	29.0	28.3	28.2				
100m Freestyle	01:17.1	01:12.1	01:08.6	01:05.3	01:03.5	01:01.7	01:01.5				
200m Freestyle	02:46.2	02:35.1	02:27.5	02:20.6	02:16.3	02:13.0	02:11.7				
400m Freestyle	05:56.4	05:33.0	05:17.3	05:06.2	04:57.0	04:51.0	04:48.5				
800m Freestyle		Fastest 64 Entries									
1500m Freestyle		<u>Fastest 32 Entries</u>									
50m Breaststroke	45.1	42.0	39.4	37.7	36.4	35.7	35.2				
100m Breaststroke	01:38.2	01:31.6	01:26.2	01:21.3	01:19.1	01:17.6	01:16.5				
200m Breaststroke	03:30.6	03:16.3	03:05.1	02:55.5	02:50.7	02:47.1	02:45.8				
50m Butterfly	38.7	36.2	34.0	32.6	31.5	30.8	30.5				
100m Butterfly	01:26.2	01:19.9	01:15.8	01:11.7	01:09.8	01:08.2	01:07.4				
200m Butterfly	03:10.0	02:55.3	02:45.7	02:36.7	02:31.6	02:28.3	02:26.6				
50m Backstroke	40.0	37.5	35.2	33.8	32.8	31.9	31.6				
100m Backstroke	01:26.3	01:20.2	01:16.0	01:12.4	01:10.0	01:08.4	01:08.1				
200m Backstroke	03:02.6	02:51.0	02:42.8	02:34.9	02:29.8	02:26.0	02:24.6				
200m Individual Medley	03:07.6	02:54.7	02:46.8	02:38.6	02:33.9	02:30.3	02:29.0				
400m Individual Medley		06:19.9	06:00.3	05:46.7	05:36.9	05:28.9	05:27.0				

GIRLS CONSIDERED SHORT COURSE TIMES

	10/11 Years	12 Years	13 Years	14 Years	15 Years	16 Year	17 Years & Over			
Age Band	С	D	E	F	G	н	1			
50m Freestyle	37.7	35.5	33.3	32.1	31.0	30.3	30.1			
100m Freestyle	01:22.5	01:17.1	01:13.4	01:09.9	01:08.0	01:06.1	01:05.9			
200m Freestyle	03:02.8	02:50.6	02:42.2	02:34.7	02:30.0	02:26.3	02:24.9			
400m Freestyle	06:28.5	06:03.0	05:45.9	05:33.8	05:23.7	05:17.2	05:14.4			
800m Freestyle		<u>Fastest 64 Entries</u>								
1500m Freestyle		<u>Fastest 32 Entries</u>								
50m Breaststroke	48.7	45.4	42.5	40.8	39.3	38.5	38.0			
100m Breaststroke	01:46.1	01:38.9	01:33.1	01:27.8	01:25.5	01:23.8	01:22.6			
200m Breaststroke	03:51.7	03:36.0	03:23.6	03:13.0	03:07.7	03:03.8	03:02.4			
50m Butterfly	41.8	39.1	36.8	35.2	34.0	33.2	33.0			
100m Butterfly	01:33.1	01:26.3	01:21.9	01:17.5	01:15.4	01:13.6	01:12.8			
200m Butterfly	03:29.0	03:12.8	03:02.3	02:52.4	02:46.7	02:43.1	02:41.2			
50m Backstroke	43.1	40.5	38.1	36.5	35.5	34.5	34.1			
100m Backstroke	01:33.2	01:26.6	01:22.1	01:18.2	01:15.6	01:13.9	01:13.5			
200m Backstroke	03:20.8	03:08.1	02:59.1	02:50.4	02:44.8	02:40.6	02:39.1			
200m Individual Medley	03:26.3	03:12.1	03:03.5	02:54.4	02:49.3	02:45.4	02:43.9			
400m Individual Medley		06:54.1	06:32.7	06:17.9	06:07.2	05:58.5	05:56.4			