



PNSC Level 1 Easter Meet 2023 Program of Events

Thursday 7th to Sunday 9th April 2023

Thursday 6th April			
Session 1	Warm up 4pm start 5pm		
Event 1	Mixed Girls & Boys 1500 Freestyle		
Event 2	Mixed Girls & Boys 800 Freestyle		
Friday 7 th April			
Session 2	am. warm up TBC	Session 3	pm. warm up TBC
Event 3	Girls 100m Butterfly	Event 8	Boys 200m IM
Event 4	Boys 50m Butterfly	Event 9	Girls 100m Freestyle
Event 5	Girls 100m Backstroke	Event 10	Boys 50 Breaststroke
Event 6	Boys 100m Breaststroke	Event 11	Girls 200m Backstroke
Event 7	Girls 400m Freestyle	Event 12	Boys 200m Butterfly
Session 2 will have a 15-20 min break between heats & finals and Session 3 will have a 20-30min break between heats & finals			
Finals for Events 3-6		Finals for Events 8-12	
Saturday 8 th April			
Session 4	am. warm up TBC	Session 5	pm. warm up TBC
Event 13	Girls 200 Freestyle	Event 18	Boys 100m Butterfly
Event 14	Boys 200m Breaststroke	Event 19	Girls 50m Butterfly
Event 15	Girls 50m Freestyle	Event 20	Boys 100m Backstroke
Event 16	Boys 50m Backstroke	Event 21	Girls 100m Breaststroke
Event 17	Girls 400m IM	Event 22	Boys 400m freestyle
There will be a 15- 20 min break between heats & finals			
Finals for Events 13-16		Finals for Events 18-21	
Sunday 9 th April			
Session 6	am. warm up TBC	Session 7	pm. warm up TBC
Event 23	Girls 200m IM	Event 28	Boys 200m Freestyle
Event 24	Boys 100m Freestyle	Event 29	Girls 200 breaststroke
Event 25	Girls 50m Breaststroke	Event 30	Boys 50m Freestyle
Event 26	Boys 200m Backstroke	Event 31	Girls 50 Backstroke
Event 27	Girls 200m Butterfly	Event 32	Boys 400m IM
Session 6 will have a 20-30 min break between heats & finals and Session7 will have a 15-20 min break between heats & finals			
Finals for Event 23 to 27		Finals for Event 28 to 31	