



Portsmouth Northsea Easter Meet 2023 Qualifying Times
Long Course Level 1 Meet - Thursday 6th to Sunday 9th April 2023
License number 1SE230029

For the 800m & 1500m the 11&12 age group is combined and all 11yr need to achieve the 12 year old qualifying times. 10 year old can't enter the 400s, 800s or 1500s

Times must be entered as long courses times - Short course conversions can be used								
BOYS								
EVENT	10	11	12	13	14	15	16	17+OVER
50m Freestyle	39.0	37.0	34.9	33.0	31.3	29.7	28.7	27.4
100m Freestyle	1.25.7	1.18.8	1.13.7	1.09.8	1.06.9	1.04.4	1.02.6	1.00.5
200 Freestyle	3.03.6	2.51.3	2.40.8	2.32.6	2.25.6	2.20.7	2.16.3	2.13.7
400m Freestyle		5.56.0	5.38.1	5.21.8	5.07.0	4.57.6	4.49.1	4.43.4
800m freestyle		11.30.00	11.30.00	10.58.00	10.24.00	9.56.00	9.48.00	9.35.00
1500m Freestyle		22.20.50	22.20.50	21.16.6	20.19.00	19.37.10	19.07.70	18.43.30
50m Breastroke	51.6	48.2	44.6	41.8	39.7	37.8	36.8	34.9
100m Breastroke	1.50.2	1.41.5	1.34.7	1.28.8	1.24.6	1.21.4	1.18.9	1.15.8
200M Breastroke	3.57.2	3.39.1	3.25.2	3.12.5	3.02.5	2.55.4	2.51.6	2.43.9
50m Butterfly	43.5	40.8	38.1	35.9	34	32.2	31.4	29.7
100m Butterfly	1.36.9	1.27.7	1.21.5	1.16.8	1.12.8	1.09.8	1.07.8	1.05.0
200m Butterfly	3.32.3	3.12.5	2.59.9	2.49.9	2.40.9	2.34.4	2.30.4	2.24.7
50m Backstroke	46.0	43.2	40.5	38.2	36.1	34.5	33.5	31.7
100m Backstroke	1.37.4	1.29.8	1.24.1	1.19.2	1.15.0	1.12.2	1.10.3	1.07.5
200m Backstroke	3.25.8	3.12.0	3.00.7	2.50.3	2.42.3	2.36.0	2.31.4	2.26.7
200m IM	3.29.6	3.14.3	3.02.8	2.52.7	2.44.8	2.38.4	2.33.9	2.29.2
400m IM		6.50.8	6.26.7	6.06.4	5.49.3	5.36.2	5.27.6	5.17.2
GIRLS								
EVENT	10	11	12	13	14	15	16	17+OVER
50m Freestyle	39.8	37.3	35.4	34.0	32.9	32.2	31.9	30.5
100m Freestyle	1.26.2	1.19.3	1.15.2	1.12.7	1.10.7	1.09.6	1.08.8	1.07.3
200m Freestyle	3.04.4	2.51.3	2.42.5	2.36.2	2.32.1	2.29.1	2.27.5	2.25.8
400m Freestyle		5.56.4	5.38.8	5.26.3	5.18.0	5.12.08	5.09.2	5.06.3
800m Freestyle		11.39.00	11.39.00	11.10.80	10.56.0	10.45.5	10.36.0	10.28.3
1500m Freestyle		22.30.00	22.30.00	21.45.00	21.03.00	20.38.00	20.15.00	19.45.00
50m Breastroke	51.2	47.8	45.0	43.1	41.5	40.6	40.1	38.6
100m Breastroke	1.50.3	1.41.6	1.35.2	1.30.8	1.28.5	1.27.5	1.26.1	1.23.6
200m Breastroke	3.55.5	3.36.6	3.24.9	3.15.5	3.09.5	3.06.7	3.05.8	2.59.8
50m Butterfly	44.0	40.7	38.6	36.7	35.7	34.8	34.2	32.6
100m Butterfly	1.37.1	1.27.9	1.22.6	1.19.1	1.17.2	1.15.5	1.14.8	1.12.1
200m Butterfly	3.34.6	3.12.6	3.01.7	2.53.5	2.48.0	2.45.7	2.43.3	2.38.3
50m Backstroke	46.0	43.1	40.9	39.4	38.0	37.0	36.6	35.3
100m Backstroke	1.37.5	1.29.9	1.24.5	1.21.7	1.19.6	1.17.9	1.17.1	1.14.6
200m Backstroke	3.26.3	3.11.0	3.00.6	2.54.3	2.49.8	2.45.8	2.43.9	2.39.9
200m IM	3.29.6	3.14.3	3.03.3	2.56.8	2.52.3	2.48.9	2.46.9	2.43.7
400m IM		6.47.3	6.24.9	6.10.6	6.02.0	5.55.2	5.50.8	5.43.9