



**Portsmouth Northsea Learn to Swim
Toilet and Changing Room Policies
St Edmunds School**

We recommend that all children arrive “swim ready” (wearing their swimming costume underneath their clothes) and to go to the toilet prior the lessons, at home or in the changing rooms as per our policy. These measures helps us safeguard our swimmers and our members of staff.

Toilet Policy

Children unable to go to the toilet on their own during lessons

- **Parents must stay for the duration of the lesson within the waiting area.**
- When the child informs the teacher, the LTS co-ordinator or a teacher will ask the parents to come and collect their child to take them to the toilet situated in the poolside area.
- Under no circumstance must any PNSC staff member or other adult assist a child to go to the toilet or get changed (if a nappy is required). Only the swimmer’s parents/ carers will be allowed to supervise them whilst using the toilet.
- If a parent fails to be there, the Club will take the following measures:
 - A member of staff will assist the child while being accompanied by a second adult.
 - If this circumstance happens more than once for the same family within a 6 months period, the club will review the incidents, which ultimately could lead to cancellation of their membership.

Children able to go to the toilet on their own during lessons

- When the child informs the teacher, the teacher will indicate to the child to go to the single toilet by the poolside on their own.
- The child must close the door behind them, but leave the door unlocked.
- Under no circumstance must any PNSC staff member, or other adult, assist a child to go to the toilet.

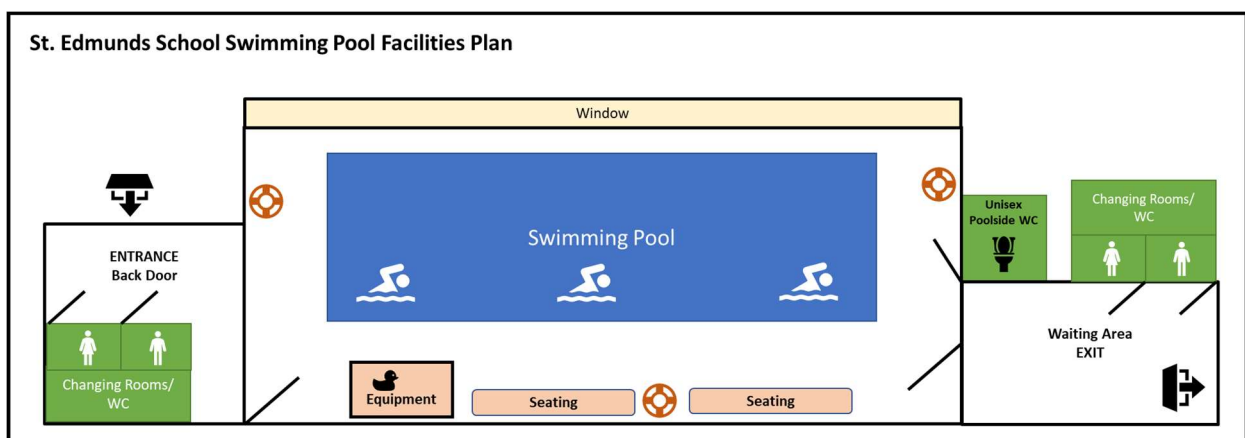
- If the child fails to return within a reasonable time, or appears to be upset upon leaving the poolside, the teacher should request a suitable staff member to check on them by knocking on the door of the toilet to make sure that the child is OK.
- At no point any PNSC staff member will go to check on a swimmer using the toilet on their own, they should keep the door open so they can be seen by another member of staff or another adult. It is best practice for two persons to look for the member (the second person could be a senior member or a parent/guardian).

Changing Room Policy

- Changing rooms and toilets are located by the entrance and exit of St Edmunds School pool, separately for males and females – to be used prior entering the lesson and after the lesson is concluded.
- Parents/guardians need to be aware that they should not be alone in the changing room whilst children are changing, unless their child is of an age where help is required from parents/guardians or if the child requires additional specific assistance. In such circumstances, the parent/guardian must be the same gender as the child. Children are expected to be able to change themselves by 8 years of age.
- Children must be in their own sex changing rooms from 8 years old.
- The parents of children with a disability who may require additional help, must discuss any specific requirements in advance of starting lessons with the PNSC Coordinator.

The behaviour of members (including parents and swimmers) in changing rooms and toilets is part of the member's Code of Conduct and any infractions will be subject to the disciplinary process.

Swim England does not advise that adults supervise changing facilities as that places them and the children at risk of harm and allegation.



References:

Swim England Wavepower 2020-23

PNSC Codes of Conduct – swimmers, parents, coaches and teacher