**PNSC Level 1 Easter Meet 2022 Programme of Events – V3**

**Thursday 14th to Sunday 17th April 2022**

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| **Thursday 14th April** |
| **Session 1** | **Entry 14:30** **Mixed Warm up 15:05 to 15:45** **Session starts 16:00** |
| Event 1 | Mixed Girls & Boys 1500 Freestyle |
| Event 2 | Mixed Girls & Boys 800 Freestyle |
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| **Friday 15th April** |
| **Session 2** | **Entry 07:30** **Warm up****Girls 08:00-08:25****Boys 08:25-08:50****Session Starts 09:00** | **Session 3** | **Entry 12:30** **Warm up****Boys 13:00-13:25****Girls 13:25-13:50****Session Starts 14:00** |
| Event 3 | Girls 100m Butterfly | Event 8 | Boys 200m IM |
| Event 4 | Boys 50m Butterfly | Event 9 | Girls 100m Freestyle |
| Event 5 | Girls 100m Backstroke | Event 10 | Boys 50 Breaststroke |
| Event 6 | Boys 100m Breaststroke | Event 11 | Girls 200m Backstroke |
| Event 7 | Girls 400m Freestyle | Event 12 | Boys 200m Butterfly |
| Session 2 will have a 15-20 min break between heats & finals and session 3 will have a 20-30min break between heats & finals |
| Finals for Events 3-6; est. start 11:30 | Finals for Events 8-12; est. start 16:50 |
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| **Saturday 16th April** |
| **Session 4** | **Entry 07:30** **Warm up****Girls 08:00-08:25****Boys 08:25-08:50****Session Start 09:00** | **Session 5** | **Entry 13:00** **Warm up****Boys 13:30-13:55****Girls 13:55-14:20****Session start 14:30** |
| Event 13 | Girls 200 Freestyle | Event 18 | Boys 100m Butterfly |
| Event 14 | Boys 200m Breaststroke | Event 19 | Girls 50m Butterfly |
| Event 15 | Girls 50m Freestyle | Event 20 | Boys 100m Backstroke |
| Event 16 | Boys 50m Backstroke | Event 21 | Girls 100m Breaststroke |
| Event 17  | Girls 400m IM | Event 22 | Boys 400m freestyle |
| There will be a 15- 20 min break between heats & finals  |
| Finals for Events 13-16; est. start 12:00 | Finals for Events 18-22; est. start 17:00 |
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| **Sunday 17th April** |
| **Session 6** | **Entry 07:30** **Warm up****Girls 08:00-08:25****Boys 08:25-08:50****Session Start 09:00** | **Session 7** | **Entry 12:30** **Warm up****Boys 13:00-13:25****Girls 13:25-13:50****Session Starts 14:00** |
| Event 23 | Girls 200m IM | Event 28 | Boys 200m Freestyle |
| Event 24 | Boys 100m Freestyle | Event 29 | Girls 200 breaststroke |
| Event 25 | Girls 50m Breaststroke | Event 30  | Boys 50m Freestyle |
| Event 26 | Boys 200m Backstroke | Event 31  | Girls 50 Backstroke |
| Event 27 | Girls 200m Butterfly | Event 32 | Boys 400m IM |
| Session 6 will have a 20-30 min break between heats & finals and session7 will have a 15-20min break between heats & finals |
| Finals for Event 23 to 27; est. start 11:10 | Finals for Event 28 to 31; est. start 16:10 |