

Portsmouth Northsea Swimming Club
Mountbatten Sports Centre, Alexandra Park,
Portsmouth, Hampshire PO2 9QA
Tel: 02392 650242



PORTSMOUTH END OF SEASON MEET 16th & 17th July JULY 2022

SESSION 1	WARM UP TBC	START TBC	SATURDAY 16TH JULY
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EVENT 1	GIRLS	200 FREESTYLE
EVENT 2	BOYS	50 BUTTERFLY
EVENT 3	GIRLS	50 BACKSTROKE
EVENT 4	BOYS	200 BREASTSTROKE
EVENT 5	GIRLS	100 BREASTSTROKE
EVENT 6	BOYS	100 BUTTERFLY
EVENT 7	GIRLS	400 INDIVIDUAL MEDLEY

SESSION 2	WARM UP TBC	START TBC	SATURDAY 16TH JULY
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EVENT 8	BOYS	400 FREESTYLE
EVENT 9	GIRLS	200 BUTTERFLY
EVENT 10	BOYS	50 BREASTSTROKE
EVENT 11	GIRLS	50 FREESTYLE
EVENT 12	BOYS	200 BACKSTROKE
EVENT 13	GIRLS	100 BACKSTROKE
EVENT 14	BOYS	100 FREESTYLE
EVENT 15	GIRLS	200 INDIVIDUAL MEDLEY

SESSION 3	WARM UP TBC	START TBC	SUNDAY 17TH JULY
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EVENT 16	BOYS	200 FREESTYLE
EVENT 17	GIRLS	50 BUTTERFLY
EVENT 18	BOYS	50 BACKSTROKE
EVENT 19	GIRLS	200 BREASTSTROKE
EVENT 20	BOYS	100 BREASTSTROKE
EVENT 21	GIRLS	100 BUTTERFLY
EVENT 22	BOYS	400 INDIVIDUAL MEDLEY

SESSION 4	WARM UP TBC	START TBC	SUNDAY 17TH JULY
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EVENT 23	GIRLS	400 FREESTYLE
EVENT 24	BOYS	200 BUTTERFLY
EVENT 25	GIRLS	50 BREASTSTROKE
EVENT 26	BOYS	50 FREESTYLE
EVENT 27	GIRLS	200 BACKSTROKE
EVENT 28	BOYS	100 BACKSTROKE
EVENT 29	GIRLS	100 FREESTYLE
EVENT 30	BOYS	200 INDIVIDUAL MEDLEY