



## PORTSMOUTH NORTHSEA July 2021 LEVEL 4 Meet

### PROMOTER'S CONDITIONS

Friday 2<sup>nd</sup> July & Sunday 4<sup>th</sup> July 2021  
Friday 9<sup>th</sup> July & Sunday 11<sup>th</sup> July 2021

<b>Promoter:</b>	Portsmouth Northsea Swimming Club
<b>Venue:</b>	The Mountbatten Centre, Alexandra Park, Portsmouth PO2 9QA
<b>Pool:</b>	8 Lane 25 metre pool, with electronic timing and anti-turbulence lane ropes
<b>Age Groups:</b>	Boys/Girls under 9, 10, 11, 12, 13, 14, 15 and over
<b>Age up date</b>	Age as 31st December 2021
<b>Programme:</b>	Programme of events to vary for each time trial and to be determined by coaches
<b>Qualifying Standards</b>	There are no qualifying times (either upper or lower). Programme of events will be determined by coaches to meet training needs
<b>Entries:</b>	Electronically through Team Unify only. No paper forms will be accepted due to CV-19 restrictions.  Open Date for Entries: 1000 hours Tuesday 8 <sup>th</sup> June 2021. Closing Date: 1800 hours Friday 25 <sup>th</sup> June 2021 NO LATE ENTRIES WILL BE ACCEPTED AFTER CLOSING DATE
<b>Entry fee:</b>	The entry fee is £6.50 for all 50s, 100s 200s & 400s. £8 for 800s and 1500s

1. All events will be swun under Swim England's laws and technical rules.
2. All swimmers will be registered Category 1 or 2 with Swim England.
3. This is a first come, first served meet. The promoter reserves the right to limit entries if the meet is over subscribed.
4. Anyone submitting an entry on Team Unify agrees to these Meet Conditions.
5. Only entries through Team Unify and electronic payments will be accepted. No paper forms and/or cash will be accepted.
6. No entries will be accepted unless a Return to Competition Health Declaration Form has been filled in electronically on the PNSC website by the closing date.
7. Under no circumstances can a swimmer who has been instructed to self isolate by a health care practitioner or PHE can participate at this meet. If an individual is symptomatic and/or living in a household with possible Covid-19 infection they should remain at home and follow Government guidance. In addition, any participants who have been asked to isolate by NHS Test and Trace because they are contact of a known Covid-19 case, must not attend this meet.



8. All swimmers are strongly advised to comply with public health restrictions and avoid high risk behaviour outside the sports setting to reduce the risk to their fellow participants when they do attend.
9. Should participants have had Covid-19 prior to this meet, a clear period of self-isolation and appropriate training time to allow for safe competition needs to have been completed following the latest Government and Swim England's guidelines.
10. Once accepted entries have been posted on the PNSC website, it will be the responsibility of the individual representative to check entries, inform all swimmers of their entries and notify the meet secretary immediately of any errors. Once entry times have been accepted no changes will be made unless with agreement of the meet secretary.
11. Entries and withdrawals will only be accepted online in advance of competition. No entries will be taken on the day of competition to safeguard against breaching capacity restrictions, face-to-face interaction and wider impact on competition operations.
12. There will be no refunds for a swimmer who did not take part in the Level 4 meet. Swimmers' entry fees will only be refunded if they are unable to attend due to a Government imposed lockdown or due to a medical condition (a medical certificate will be requested).
13. Any swimmers with pre-existing medical conditions, which may result in them requiring further support, should notify the Meets manager (meets@pns.org.uk) in advance of the competition. If necessary a care plan or Risk Assessment will be conducted in advance of the competition.
14. Chaperones will be allowed if swimmers require assistance in the changing rooms or to enter / exit the swimming pool. The chaperone has to have Swim England membership (or equivalent national swimming organization) & valid DBS. If a swimmer requires additional assistance on poolside please contact the meet organisers in advance.
15. Entries will be held on a computer solely for the purposes of this competition. Consent, as required by the General Data Protection Regulation (GDPR), to the holding of personal information on a computer will be deemed to have been given by the submission of the entry. These data will be held for at least 1 year. Data and results will be shared with British Swimming for rankings and the competitors own swimming clubs. Results will be posted on Team Unify and on the PNSC website.
16. All events will be heat declared winners (HDW). There will be no finals. Results will not be announced but will be posted electronically on the PNSC website as soon as they are available. Note: no results will be posted around the pool due to CV-19 restrictions.
17. Reasons for disqualifications will be notified to your coach.
18. If your child has been entered you will be expected to help out. Jobs will be allocated after the closing date and volunteers list will be emailed out on the website and notice boards. If you cannot help for any reason you need to let us know as soon as possible.
19. Electronic timing will be in use. Swimmers must not leave the pool by climbing over the time pads.
20. A secondary strobe light and backstroke ledges will be available at this meet. These items will be cleaned and sanitised after each individual use.
21. The meet will run without entry cards. The meet will be seeded in advance. In the event a swimmer does not attend the meet we will run an empty lane.



22. All 50m, 100m, 200m, 800m and 1500m events will start at the timing board end of the pool from the starting blocks using a racing dive. Swimmers may start in the water provided they or their coach have indicated this to the referee.
23. Over the top starts will be used at the discretion of the referee.
24. Please note there will be no diving during warm up periods.
25. No spectators will be allowed as the balcony area will be used by the swimmers to stay within their allocated bubbles.
26. Coaches will only provide feedback to their swimmers during a training session after the meet.
27. Awards will be made to the top 3 in each event on a heat declared basis. Medals can be collected from the medal table located outside the Mountbatten Centre. Heat results will not be announced but results of each event and details of winners will be posted on Meet Mobile as soon as they are available.
28. All meet participants must observe the PNSC CV-19 protocols and safety precautions in operation at the Mountbatten Centre and must have footwear when leaving the poolside. Swimmers must be fully clothed and wear shoes when using common areas of the Mountbatten Centre.
29. Swimmers must wear a face mask and adhere to social distancing rules at all times whilst inside the Mountbatten Centre, except when they are in the pool or entering/exiting the race.
30. All officials and volunteers must wear a face mask and adhere to social distancing rules at all times whilst inside the Mountbatten Centre.
31. Swimmers must arrive changed and ready to swim wherever practical.
32. Swimmers should bring their own water bottle, equipment, medicines including hand sanitiser, all clearly marked with their name. They must not share these with anyone else. Should it be necessary for swimmers to have snacks on the poolside, for medical reasons or otherwise they must not be shared with other swimmers. Preferably there should be no snacks taken onto the poolside.
33. Competitors must report to the Competitor Stewards when they are called. Any competitor not reporting in time may be excluded from that race.
34. Swimmers should arrive at the marshalling area race-ready, wearing a face mask, racing / swimming costume, t-shirt and flip-flops or non-slip footwear only. Swimmers will only be allowed to carry their water bottle, hat, goggles and relevant medical equipment items in a small bag. Swimmers will be requested to put their t-shirt and mask inside the small bag prior racing.
35. Swimmers should collect their own belongings / small bag at the conclusion of a race and walk to the warm-down pool or dedicated seating area.
36. Due to limited space poolside, swimmers will only be allowed to bring small bags to the meet (maximum size allowed 50x40cm). Lockers will not be available for swimmers.
37. Pools A and B will be used for warm-ups. Swimmers must use their dedicated squad lanes for warm-ups and warm-downs.
38. A warm down facility will be provided in Pool A for swimmers to use directly after their event for a limited time only.
39. Squads should remain within their designated zone/area and should not mix with other squads where possible



40. Swimmers must ask their allocated CV-19 officer if they need to use the toilets or the changing room. The CV-19 officer will ensure that changing facilities are used in line with the operator's safety procedures, allowing for social distancing, limited time access, avoiding congestion and maintaining safe hygiene standards to prevent transmission.
41. The club reserves the right to withdraw/remove from the competition any swimmers or volunteers that refuse to follow social distancing and/or the operators' CV-19 and safety procedures. There will be no refunds for any swimmer that is removed from the competition for not complying with the promoter's conditions.
42. Social Distancing and PPE Guidance must be followed by all attending the meet. Swimmers and volunteers must follow the Mountbatten Centre's signage.
43. Parents are asked to ensure their child/children know how to maintain good hygiene and hand washing.
44. Young children may struggle to maintain social distancing, so parents are asked to help their children to recognise the need for this.
45. Swimmers will be allocated entry and exit points into the Mountbatten Centre. Swimmers will only be allowed entry through their allocated entry point. The Mountbatten Center will have official NHS QR code posters at all the entry points (reception, side door entry, emergency door entry) so that all participants, aged 16 or over, can 'check-in' upon arrival at the premises.
46. Parents are asked to follow social distancing whilst dropping off/ collecting their children from the Mountbatten Centre.
47. Swimmers will be briefed on how to exit the pool at the conclusion of their swim, collect equipment and leave the poolside in a socially distanced manner. Swimmers will be encouraged to dry themselves in their changing station, and change back into their clothes after competition, away from the venue.
48. **IMPORTANT NOTE (Safeguarding):** At the end of the session, any swimmers removing their swimming costume whilst changing by pool side are requested to cover themselves with a changing robe/towel or a large towel, so accidental inappropriate displays are avoided.
49. In the scenario where electronic timing fails and cannot be repaired in a reasonable time, the competition will be postponed to an alternative time.
50. In the event of local lockdowns, PNSC will follow Government guidelines according to the specific implications for a swimming competition in the Portsmouth area.
51. Any point not covered in these rules is at the discretion of the organisers. In extenuating circumstances and due to situations out of the clubs control during the competition the promoter reserves the right to make changes to the running of the meet.