



PNSC Level 1 Easter Meet 2023 Program of Events

Thursday 6th to Sunday 9th April 2023

| Thursday 6th April | | | |
|---|--------------------------------------|---------------------------|----------------------------------|
| Session 1 | Warm up 4pm start 5pm | | |
| Event 1 | Mixed Girls & Boys 1500 Freestyle | | |
| Event 2 | Mixed Girls & Boys 800 Freestyle | | |
| Friday 7 th April | | | |
| Session 2 | Warm up 08:00 Start 09:00 | Session 3 | Warm up TBC Start TBC |
| Event 3 | Girls 100m Butterfly | Event 8 | Boys 200m IM |
| Event 4 | Boys 50m Butterfly | Event 9 | Girls 100m Freestyle |
| Event 5 | Girls 100m Backstroke | Event 10 | Boys 50 Breaststroke |
| Event 6 | Boys 100m Breaststroke | Event 11 | Girls 200m Backstroke |
| Event 7 | Girls 400m Freestyle | Event 12 | Boys 200m Butterfly |
| Session 2 will have a 15-20 min break between heats & finals and Session 3 will have a 20-30min break between heats & finals | | | |
| Finals for Events 3-6 | | Finals for Events 8-12 | |
| Saturday 8 th April | | | |
| Session 4 | Warm up 08:00 Start 09:00 | Session 5 | Warm up TBC Start TBC |
| Event 13 | Girls 200 Freestyle | Event 18 | Boys 100m Butterfly |
| Event 14 | Boys 200m Breaststroke | Event 19 | Girls 50m Butterfly |
| Event 15 | Girls 50m Freestyle | Event 20 | Boys 100m Backstroke |
| Event 16 | Boys 50m Backstroke | Event 21 | Girls 100m Breaststroke |
| Event 17 | Girls 400m IM | Event 22 | Boys 400m freestyle |
| There will be a 15- 20 min break between heats & finals | | | |
| Finals for Events 13-16 | | Finals for Events 18-21 | |
| Sunday 9 th April | | | |
| Session 6 | Warm up 08:00 Start 09:00 | Session 7 | Warm up TBC Start TBC |
| Event 23 | Girls 200m IM | Event 28 | Boys 200m Freestyle |
| Event 24 | Boys 100m Freestyle | Event 29 | Girls 200 breaststroke |
| Event 25 | Girls 50m Breaststroke | Event 30 | Boys 50m Freestyle |
| Event 26 | Boys 200m Backstroke | Event 31 | Girls 50 Backstroke |
| Event 27 | Girls 200m Butterfly | Event 32 | Boys 400m IM |
| Session 6 will have a 20-30 min break between heats & finals and Session7 will have a 15-20 min break between heats & finals | | | |
| Finals for Event 23 to 27 | | Finals for Event 28 to 31 | |

