

**PNSC Level 4 - July 21 - 11/07/2021****Results - Session 6****Event 9 Girls 11 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Poole, Isla	11	Portsmouth Northsea Swimming C-SE	42.90	42.15	

**Event 9 Girls 12 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Hodgson, Violet	12	Portsmouth Northsea Swimming C-SE	42.66	42.84	
2 Nicholson, Ella Rose	12	Portsmouth Northsea Swimming C-SE	50.29	47.13	

**Event 9 Girls 13 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Sawle, Jemima	13	Portsmouth Northsea Swimming C-SE	36.29	35.33	
2 Aris, Charlotte	13	Portsmouth Northsea Swimming C-SE	34.88	35.34	
3 Roostaei, Olya	13	Portsmouth Northsea Swimming C-SE	38.04	37.59	
4 Lee, Ruby	13	Portsmouth Northsea Swimming C-SE	43.57	43.08	
5 Seaton, Isabelle	13	Portsmouth Northsea Swimming C-SE	45.47	44.26	
6 Bland, Amelie	13	Portsmouth Northsea Swimming C-SE	47.38	44.63	

**Event 9 Girls 14 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Mavrikakis, Abby	14	Portsmouth Northsea Swimming C-SE	34.47	34.22	
2 Hickman-Hall, Lily	14	Portsmouth Northsea Swimming C-SE	37.58	36.85	
3 Wicks, Rebecca	14	Portsmouth Northsea Swimming C-SE	38.03	37.68	
4 Collins, Lilly-Lou	14	Portsmouth Northsea Swimming C-SE	34.69	38.26	
5 Coles, Jessica	14	Portsmouth Northsea Swimming C-SE	40.06	39.95	
6 Cox, Faith	14	Portsmouth Northsea Swimming C-SE	40.43	42.21	
7 Tencheva, Victoria	14	Portsmouth Northsea Swimming C-SE	42.69	42.92	

**Event 9 Women 15 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Likely, Amber	15	Portsmouth Northsea Swimming C-SE	32.41	32.72	
2 Clinton, Olivia	15	Portsmouth Northsea Swimming C-SE	34.65	33.97	
3 Rowsell, Alice	15	Portsmouth Northsea Swimming C-SE	34.55	34.28	
4 Young, Poppy	15	Portsmouth Northsea Swimming C-SE	40.71	40.94	
5 O'Mara, Lacey	15	Portsmouth Northsea Swimming C-SE	49.03	46.44	

**Event 9 Women 16 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Boyes, Amelia	16	Portsmouth Northsea Swimming C-SE	32.65	32.14	
2 Nash, Gabriella	16	Portsmouth Northsea Swimming C-SE	34.43	34.09	

**Event 9 Women 17 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Ellis, Lucy	17	Portsmouth Northsea Swimming C-SE	31.78	31.83	
2 Rowsell, Evelyn	17	Portsmouth Northsea Swimming C-SE	32.07	32.80	
3 McCauley-Wright, Freya	17	Portsmouth Northsea Swimming C-SE	33.86	33.07	

**Event 9 Women 18 & Over 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Toy, Hannah	22	Portsmouth Northsea Swimming C-SE	33.94	33.90	
2 Medlow, Holly	18	Portsmouth Northsea Swimming C-SE	38.30	37.42	

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## Results - Session 6

**Event 10 Boys 12 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Shanahan, Ashley	12	Portsmouth Northsea Swimming C-SE	37.46	37.92	
2 Brown, Soren	12	Portsmouth Northsea Swimming C-SE	45.54	43.35	
3 Mack, Harry	12	Portsmouth Northsea Swimming C-SE	43.23	44.08	
4 Wiseman, Ryan	12	Portsmouth Northsea Swimming C-SE	NT	47.20	

**Event 10 Boys 13 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Clinton, Austin	13	Portsmouth Northsea Swimming C-SE	41.62	39.63	
2 Clarke, Lloyd	13	Portsmouth Northsea Swimming C-SE	48.12	47.98	
--- Ginther, Aaron	13	Portsmouth Northsea Swimming C-SE	40.93	DQ	

**Event 10 Boys 14 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Kelly, Jacob	14	Portsmouth Northsea Swimming C-SE	30.04	29.84	
2 McCauley-Wright, Adam	14	Portsmouth Northsea Swimming C-SE	34.32	33.76	
3 Blastique, Shane	14	Portsmouth Northsea Swimming C-SE	40.19	33.90	
4 Scriven, Luke	14	Portsmouth Northsea Swimming C-SE	36.04	37.10	

**Event 10 Men 15 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Valentine, Nathan	15	Portsmouth Northsea Swimming C-SE	34.07	33.01	
2 Rainbird, Kyle	15	Portsmouth Northsea Swimming C-SE	43.38	43.88	

**Event 10 Men 16 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Spencer, Thomas	16	Portsmouth Northsea Swimming C-SE	26.53	25.99	
2 Winter, Logan	16	Portsmouth Northsea Swimming C-SE	28.06	27.72	
3 Holyer, Charlie X	16	Portsmouth Northsea Swimming C-SE	28.20	29.29	
4 Clarke, Jack	16	Portsmouth Northsea Swimming C-SE	35.03	34.53	

**Event 10 Men 17 Year Olds 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Roostaei, Malek	17	Portsmouth Northsea Swimming C-SE	36.56	34.70	
2 Scriven, Adam	17	Portsmouth Northsea Swimming C-SE	39.49	39.35	

**Event 10 Men 18 & Over 50 SC Meter Backstroke**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Andrews, Michael A	26	Portsmouth Northsea Swimming C-SE	28.58	29.01	
2 Edge, Alexander	20	Portsmouth Northsea Swimming C-SE	29.22	29.31	
3 Clark, Tom	21	Portsmouth Northsea Swimming C-SE	31.46	31.19	

**PNSC Level 4 - July 21 - 11/07/2021****Results - Session 6****Event 11 Girls 13 Year Olds 200 SC Meter Butterfly**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Aris, Charlotte	13	Portsmouth Northsea Swimming C-SE	2:44.94	2:47.65	
	34.42 1:15.71 2:01.63 2:47.65					
2	Quinton, Esme	13	Portsmouth Northsea Swimming C-SE	NT	4:06.34	
	52.25 1:59.02 3:05.54 4:06.34					

**Event 11 Girls 14 Year Olds 200 SC Meter Butterfly**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Wicks, Rebecca	14	Portsmouth Northsea Swimming C-SE	3:02.75	3:00.52	
	38.00 1:23.13 2:11.47 3:00.52					

**Event 11 Women 17 Year Olds 200 SC Meter Butterfly**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Ayling, Amelia	17	Portsmouth Northsea Swimming C-SE	2:29.89	2:33.26	
	33.59 1:11.91 1:52.01 2:33.26					

**PNSC Level 4 - July 21 - 11/07/2021****Results - Session 6****Event 11 Men 18 & Over 200 SC Meter Butterfly**

	<u>Name</u>		<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Scullion, Marcus		18	Portsmouth Northsea Swimming C-SE	2:05.26	2:12.21	
	29.08	1:02.69	1:36.97	2:12.21			

## PNSC Level 4 - July 21 - 11/07/2021

## Results - Session 6

**Event 13 Girls 11 Year Olds 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Poole, Isla 49.92 1:45.33	11	Portsmouth Northsea Swimming C-SE	1:50.74	1:45.33	

**Event 13 Girls 12 Year Olds 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Jenkins, Eva 51.50 1:47.41	12	Portsmouth Northsea Swimming C-SE	1:47.19	1:47.41	
2 Hodgson, Violet 52.00 1:47.42	12	Portsmouth Northsea Swimming C-SE	1:45.68	1:47.42	
3 Nicholson, Ella Rose 53.97 1:53.38	12	Portsmouth Northsea Swimming C-SE	1:48.84	1:53.38	

**Event 13 Girls 13 Year Olds 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Roostaei, Olya 41.97 1:28.84	13	Portsmouth Northsea Swimming C-SE	1:28.19	1:28.84	
2 Sawle, Jemima 44.82 1:33.97	13	Portsmouth Northsea Swimming C-SE	1:35.00	1:33.97	
3 Bland, Amelie 53.71 1:46.06	13	Portsmouth Northsea Swimming C-SE	1:54.25	1:46.06	
4 Lee, Ruby 53.61 1:55.41	13	Portsmouth Northsea Swimming C-SE	2:04.41	1:55.41	

**Event 13 Girls 14 Year Olds 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Hickman-Hall, Lily 42.11 1:29.48	14	Portsmouth Northsea Swimming C-SE	1:31.94	1:29.48	
2 Collins, Lilly-Lou 44.45 1:33.24	14	Portsmouth Northsea Swimming C-SE	1:34.61	1:33.24	

**Event 13 Women 15 Year Olds 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Robinson, Naomi 39.59 1:24.49	15	Portsmouth Northsea Swimming C-SE	1:21.92	1:24.49	
2 Young, Poppy 41.40 1:29.25	15	Portsmouth Northsea Swimming C-SE	1:27.51	1:29.25	
3 O'Mara, Lacey 49.06 1:42.63	15	Portsmouth Northsea Swimming C-SE	1:45.77	1:42.63	

**Event 13 Women 16 Year Olds 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 Nash, Gabriella 39.45 1:23.16	16	Portsmouth Northsea Swimming C-SE	1:23.44	1:23.16	

**Event 13 Women 17 Year Olds 100 SC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time	Points
1 McCauley-Wright, Freya 38.49 1:21.98	17	Portsmouth Northsea Swimming C-SE	1:23.43	1:21.98	

**PNSC Level 4 - July 21 - 11/07/2021****Results - Session 6****Event 14 Boys 12 Year Olds 100 SC Meter Breaststroke**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Mack, Harry 49.33 1:45.91	12	Portsmouth Northsea Swimming C-SE	1:50.60	1:45.91	

**Event 14 Boys 13 Year Olds 100 SC Meter Breaststroke**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Ginther, Aaron 42.37 1:31.29	13	Portsmouth Northsea Swimming C-SE	1:38.68	1:31.29	
2 Clarke, Lloyd 52.40 1:52.66	13	Portsmouth Northsea Swimming C-SE	2:13.53	1:52.66	

**Event 14 Boys 14 Year Olds 100 SC Meter Breaststroke**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Dollamore, Joseph A 34.36 1:13.19	14	Portsmouth Northsea Swimming C-SE	1:13.04	1:13.19	
2 Kelly, Jacob 37.58 1:20.41	14	Portsmouth Northsea Swimming C-SE	1:22.48	1:20.41	
3 Blastique, Shane 39.91 1:25.71	14	Portsmouth Northsea Swimming C-SE	1:39.02	1:25.71	
4 Scriven, Luke 41.01 1:26.74	14	Portsmouth Northsea Swimming C-SE	1:33.32	1:26.74	

**Event 14 Men 15 Year Olds 100 SC Meter Breaststroke**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Wilson, Daniel 33.94 1:13.27	15	Portsmouth Northsea Swimming C-SE	1:12.46	1:13.27	
2 Lunn, Chase 34.58 1:14.81	15	Portsmouth Northsea Swimming C-SE	1:18.16	1:14.81	
3 Valentine, Nathan 39.97 1:27.07	15	Portsmouth Northsea Swimming C-SE	1:28.71	1:27.07	
4 Stefanuti, Lucas 41.91 1:28.96	15	Portsmouth Northsea Swimming C-SE	1:30.99	1:28.96	
5 Rainbird, Kyle 49.67 1:46.13	15	Portsmouth Northsea Swimming C-SE	1:51.57	1:46.13	

**Event 14 Men 16 Year Olds 100 SC Meter Breaststroke**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Clarke, Jack 39.37 1:25.60	16	Portsmouth Northsea Swimming C-SE	1:26.48	1:25.60	
2 Green, Joe 43.71 1:33.37	16	Portsmouth Northsea Swimming C-SE	1:37.63	1:33.37	

**Event 14 Men 17 Year Olds 100 SC Meter Breaststroke**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Kettle, Ollie 30.43 1:03.75	17	Portsmouth Northsea Swimming C-SE	1:03.37	1:03.75	
2 Scribbans, Alex 35.23 1:15.89	17	Portsmouth Northsea Swimming C-SE	1:14.75	1:15.89	
3 Roostaei, Malek 35.36 1:16.74	17	Portsmouth Northsea Swimming C-SE	1:19.84	1:16.74	
4 Scriven, Adam 45.16 1:37.99	17	Portsmouth Northsea Swimming C-SE	1:39.21	1:37.99	

**Event 14 Men 18 & Over 100 SC Meter Breaststroke**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Redman, Neil 30.32 1:04.50	27	Portsmouth Northsea Swimming C-SE	1:00.75	1:04.50	
2 Marquis, Clive 33.11 1:11.26	23	Portsmouth Northsea Swimming C-SE	1:13.57	1:11.26	

**PNSC Level 4 - July 21 - 11/07/2021****Results - Session 6****(Event 14 Men 18 & Over 100 SC Meter Breaststroke)**

<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
3 Godwin, Dylan 33.57 1:13.01	20	Portsmouth Northsea Swimming C-SE	NT	1:13.01	

## PNSC Level 4 - July 21 - 11/07/2021

## Results - Session 6

## Event 15 Girls 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Jenkins, Eva	12	Portsmouth Northsea Swimming C-SE	6:23.67	6:23.77	
42.27 1:31.77 2:20.83 3:10.93 4:00.84 4:50.29 5:38.62 6:23.77					
2 Hodgson, Violet	12	Portsmouth Northsea Swimming C-SE	6:32.76	6:39.21	
45.00 1:36.02 2:27.59 3:18.55 4:10.70 5:02.25 5:52.12 6:39.21					
3 Nicholson, Ella Rose	12	Portsmouth Northsea Swimming C-SE	7:04.65	6:54.78	
46.29 1:38.96 2:32.72 3:25.38 4:19.68 5:12.51 6:05.93 6:54.78					

## Event 15 Girls 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Sawle, Jemima	13	Portsmouth Northsea Swimming C-SE	5:12.91	5:01.27	
33.55 1:11.39 1:50.78 2:30.30 3:09.06 3:47.25 4:25.48 5:01.27					
2 Aris, Charlotte	13	Portsmouth Northsea Swimming C-SE	5:02.22	5:05.22	
33.38 1:10.62 1:49.96 2:29.80 3:08.94 3:47.82 4:26.96 5:05.22					
3 Quinton, Esme	13	Portsmouth Northsea Swimming C-SE	NT	6:26.75	
42.36 1:31.55 2:21.90 3:12.94 4:02.78 4:53.36 5:41.79 6:26.75					
4 Seaton, Isabelle	13	Portsmouth Northsea Swimming C-SE	7:41.03	6:26.77	
44.77 1:33.96 2:24.66 3:14.82 4:03.67 4:53.26 5:40.83 6:26.77					

## Event 15 Girls 14 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Mavrikakis, Abby	14	Portsmouth Northsea Swimming C-SE	5:19.38	5:15.54	
33.91 1:14.09 1:55.51 2:35.07 3:14.92 3:56.34 4:37.23 5:15.54					
2 Collins, Lilly-Lou	14	Portsmouth Northsea Swimming C-SE	5:43.81	5:32.15	
37.67 1:19.71 2:02.29 2:45.58 3:27.68 4:10.13 4:52.27 5:32.15					
3 Hickman-Hall, Lily	14	Portsmouth Northsea Swimming C-SE	5:32.55	5:36.15	
36.89 1:19.11 2:01.95 2:45.45 3:28.72 4:12.08 4:55.53 5:36.15					

## Event 15 Women 15 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Skelton, Emma	15	Portsmouth Northsea Swimming C-SE	4:44.41	4:40.42	
30.29 1:04.48 1:39.96 2:15.49 2:51.49 3:27.85 4:04.54 4:40.42					
2 Rowsell, Alice	15	Portsmouth Northsea Swimming C-SE	4:53.64	4:45.25	
33.40 1:09.17 1:45.93 2:22.08 2:58.35 3:34.88 4:11.12 4:45.25					
3 Likely, Amber	15	Portsmouth Northsea Swimming C-SE	5:00.56	5:00.04	
32.19 1:08.47 1:46.31 2:24.69 3:03.51 3:42.99 4:22.81 5:00.04					

## Event 15 Women 17 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Rowsell, Evelyn	17	Portsmouth Northsea Swimming C-SE	4:34.26	4:34.63	
30.98 1:04.93 1:39.45 2:14.72 2:49.94 3:24.85 4:00.01 4:34.63					
2 Ayling, Amelia	17	Portsmouth Northsea Swimming C-SE	4:36.84	4:44.72	
32.10 1:07.06 1:42.89 2:19.26 2:56.09 3:33.13 4:09.52 4:44.72					

## Event 15 Women 18 &amp; Over 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Medlow, Holly	18	Portsmouth Northsea Swimming C-SE	5:30.09	5:32.13	
35.67 1:16.74 2:00.97 2:44.59 3:27.67 4:10.44 4:53.01 5:32.13					



## PNSC Level 4 - July 21 - 11/07/2021

## Results - Session 6

## Event 16 Boys 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Shanahan, Ashley	12	Portsmouth Northsea Swimming C-SE	5:13.07	5:02.01	
	34.99	1:13.60	1:51.65	2:29.49	3:07.73
				3:45.52	4:24.56
				5:02.01	
2 Brown, Soren	12	Portsmouth Northsea Swimming C-SE	NT	6:19.34	
	42.86	1:31.47	2:19.65	3:07.15	3:56.32
				4:47.86	5:35.42
				6:19.34	

## Event 16 Boys 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Clinton, Austin	13	Portsmouth Northsea Swimming C-SE	NT	5:29.76	
	37.04	1:18.32	2:00.85	2:42.96	3:24.74
				4:05.89	4:49.07
				5:29.76	

## Event 16 Boys 14 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Dollamore, Joseph A	14	Portsmouth Northsea Swimming C-SE	4:37.56	4:37.83	
	30.32	1:03.87	1:38.91	2:14.46	2:50.63
				3:26.98	4:03.11
				4:37.83	
2 McCauley-Wright, Adam	14	Portsmouth Northsea Swimming C-SE	4:59.92	4:49.79	
	32.08	1:09.16	1:46.16	2:23.34	3:00.96
				3:38.16	4:14.95
				4:49.79	
3 Woodage, Sam	14	Portsmouth Northsea Swimming C-SE	5:16.25	5:03.87	
	33.24	1:10.18	1:48.34	2:27.66	3:07.53
				3:46.58	4:26.02
				5:03.87	

## Event 16 Men 15 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Stefanuti, Lucas	15	Portsmouth Northsea Swimming C-SE	5:09.94	5:00.24	
	32.02	1:08.14	1:45.92	2:24.61	3:04.74
				3:43.98	4:22.97
				5:00.24	
2 Valentine, Nathan	15	Portsmouth Northsea Swimming C-SE	5:24.18	5:19.19	
	32.15	1:09.13	1:49.00	2:30.94	3:13.26
				3:55.44	4:38.59
				5:19.19	

## Event 16 Men 16 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Cummings-Candal, James	16	Portsmouth Northsea Swimming C-SE	4:19.23	4:12.95	
	28.42	59.35	1:31.47	2:03.61	2:35.55
				3:08.50	3:40.81
				4:12.95	
2 Holyer, Charlie X	16	Portsmouth Northsea Swimming C-SE	4:14.78	4:23.98	
	29.11	1:00.81	1:33.27	2:06.57	2:40.41
				3:14.57	3:49.57
				4:23.98	
3 Mavrikakis, Lewis	16	Portsmouth Northsea Swimming C-SE	4:39.74	4:42.05	
	30.56	1:05.10	1:41.02	2:17.50	2:54.38
				3:31.20	4:07.63
				4:42.05	

## Event 16 Men 17 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Roostaei, Malek	17	Portsmouth Northsea Swimming C-SE	4:57.21	4:50.96	
	29.97	1:04.82	1:41.52	2:19.42	2:57.24
				3:35.85	4:14.28
				4:50.96	

## Event 16 Men 18 &amp; Over 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Scullion, Marcus	18	Portsmouth Northsea Swimming C-SE	4:10.90	4:19.56	
	29.55	1:01.89	1:34.60	2:07.24	2:39.17
				3:12.42	3:46.31
				4:19.56	