



Swim England Bedfordshire

Bedfordshire County Championships 2024

Licensed by Swim England at Level 1 under No. 1ER240169, 1ER240170, 1ER240171

Saturday 20 January 2024

Friday 26, Saturday 27 & Sunday 28 January 2024

Saturday 3 & Sunday 4 February 2024

Venue	Inspire: Luton Sports Village, Hitchin Road, Luton, LU2 8DD
Pool	8 Lane, 50m Pool, Electronic Timing
Individual Events	50m, 100m & 200m All Strokes 400m Freestyle, 200m & 400m IM 800m Freestyle and 1500m Freestyle (Mixed)
Age Groups	10/11, 12, 13, 14, 15, 16, 17/over Ages as at 31 December 2024 10/11 year olds may not enter 800m/1500m Freestyle and 400IM
Relay Team Events	4 x 50m Free and 4 x 50m Medley Relays for age groups 10/11, 12/13, 14/15, Open (Female, Open/Male & Mixed) 4 x 100m Free and 4 x 100m Medley Relays for Open age group (Female & Open/Male)
Fees	Race Entry Fee: £7.50 per individual event (800m/1500m at £14) Relay Teams Entry Fee: £14.00 per team Spectator Entry: £5.00 per heat session or £8.00 All Day
Entries To	Lindsay Wright, Promotor county_championships_secretary@bedscountyasa.com
Closing Date for Entries	12.00 Noon on Friday 22 December 2023

Any amendments to our Meet Conditions will be communicated via email and on our website as soon as we learn of them.

You can enter the championships in confidence – should we have to cancel or reduce swimmer numbers at a later date then we guarantee a full refund of any payment for rejected entries.



Swim England Bedfordshire

(Affiliated to Swim England East Region)



The Bedfordshire County Championships (50m) 2024

(Under Swim England Regulations and Technical Rules)

Licensed Meet Nos. 1ER240169/1ER240170/1ER240171

1. The 2024 Championships will be held at Inspire: Luton Sports Village and licensed by Swim England at Level 1. The meet will be run in accordance with Swim England Laws and Technical Rules and the rules and conditions of this competition.
2. Ages are as at 31 December 2024 and swimmers shall be at least 10 years old as at the 31 December 2024.
3. The County Junior (**under 16 years**) and Senior Championship titles shall be decided from the fastest times recorded in the finals, if swum, otherwise from HDW. When an event has no final, the fastest times recorded in the heats will be used to determine the Junior and Senior Champions. Junior swimmers are eligible for senior titles.
4. All events in these Championships will be held as long course (50m). The facility will have both primary and secondary starting strobes available. Over the top starts will be used at the referee's discretion.

5. General Entry Conditions

- 5.1 For Individual events every swimmer's Swim England membership record must display a **Club Compete** membership in addition to membership of the Swim England Bedfordshire club in whose name they are entered at the time of entry.
- 5.2 Entry will only be considered where achievement of the Minimum Qualification Standard is attained after 1 January 2023 and is recorded in the British Swimming Rankings Database at the time of entry. Long Course converted times can be used. The Minimum Qualification Standard will NOT apply to swimmers whose Swim England membership record includes a Para-swimmer Sport Class, swimmers in possession of a Swim England Certificate of Exception or any Team event; however, entry times are required and must have been attained after 1 January 2023.
- 5.3 Dependent on the number of entries, the Promotor reserves the right to reject entries to achieve what is believed to be the best compromise between events. If necessary to reject entries the slowest entries within each age group may be rejected.
- 5.4 For relay team events, each club may enter one team per age group per relay event. Team entries must be made using the electronic entry system and be based on an accurate accumulation of individual times. The names of swimmers who are only competing in relay teams should not be included in the electronic entry file.
- 5.5 Relay Team Declaration Forms, stating the names of each relay team swimmer, must be submitted to the Promotor (county_championships_secretary@bedscountyasa.com) by 6pm on the Thursday preceding the corresponding weekend, ie. By the 25 January for Weekend One and 1 February for Weekend Two of the championships.
- 5.6 By these dates, each Relay Team swimmers Swim England membership record must display a **CLUB COMPETE** membership in addition to membership of the Swim England Bedfordshire club in whose name they are entered.
- 5.7 For all events, entries must be made via SPORTSYSTEMS Entry Manager through a single club contact and emailed to county_championships_secretary@bedscountyasa.com. It should be noted entrants are still bound by the conditions of entry even though a form is not signed. The Entry Manager software may be downloaded free of charge from the SPORTSYSTEMS website <http://www.sportsys.co.uk/entry/index.php> and the required Entry File Set for this competition will be available on the Swim England Bedfordshire website.
- 5.8 Following the launch of the Swim England Transgender and Non-binary Competition Policy on 1 September 2023, the Female category is restricted to birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the Female category, or by competing as a female in a relay team, a swimmer confirms that their birth sex is female. The category Male is referenced as Open/Male



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- 5.9 The Data Protection Act requires us to provide you with certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers have been passed to us by a swim club rather than by the individuals themselves, we rely on the swim club to ensure that consent has been obtained. If required, the swim club should be able to provide evidence to us that such consent has been given.
- 5.10 Results will be supplied to British Swimming for loading to Rankings.
- 5.11 Any matters concerning the Meet not covered in these rules will be dealt with according to the laws of the Sport and at the discretion of the Promoter in consultation with the Lead Referee.
- 5.12 The Promoter of this Meet is Lindsay Wright on behalf of Swim England Bedfordshire, e-mail county_championships_secretary@bedscountyasa.com. Information regarding this meet can also be obtained from Swim England Bedfordshire website.

6. Session Dates and Times

Dates and daily start times are as indicated on the schedule of events, where 'tba' is shown, the times will be notified shortly after the accepted entry listings are published.

7. Warm Up Procedure

A controlled warm up system will be operated with a specified lane allocated to each club. The pool will be available for one hour before the start of each session. Details of the warm up procedures will be published on the Swim England Bedfordshire website at least one week before the first session. At least one club coach must be on the pool deck, at the end of their appointed lane, at all times during the warmup. There will be a short swim down facility available after the 800 and 1500 events.

8. Withdrawals

- 8.1 Every accepted entry is expected to swim unless the competitor withdraws. Notice of any withdrawals shall be reported to the Promotor (county_championships_secretary@bedscountyasa.com) by 6pm the day before the event. Withdrawals after this deadline may only be made on medical grounds and must be notified by the club to the promotor by email and in person. Failure to comply with these conditions may result in a £10 penalty which shall be paid before the swimmer competes again in the Championships. The club in whose name the competitor has been entered will be responsible for any penalties outstanding at the end of the Championships.
- 8.2 Withdrawals from FINALS must be notified within 15 minutes of the announcement of the finalists. There will be no reserve swimmers for a final.
- 8.3 Requests to refund entry fees will only be considered when a swimmer medically withdraws from the entire Championships or all events during an entire weekend. Notification of any such withdrawal must be received by the Promotor (county_championships_secretary@bedscountyasa.com) by 6pm on the Thursday evening preceding the corresponding weekend. Medical evidence must be sent to the Promotor before any refund will be considered.



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9. Safeguarding

- 9.1 All swimmers must be under the supervision of the club Coach or a designated Team Manager at all times during the warm up, competition and in the vicinity of the pool.
- 9.2 In order to ensure the safety of competitors, only Inspire staff, swimmers and accredited coaches, team managers, officials and helpers will be allowed access to the Changing Village. Parents must not enter the Changing Village and will be asked to leave if they do so.
- 9.3 To keep the pool deck area clear and to assist with ventilation, swimmers are requested to use the lockers provided in the changing village for clothes, valuables and other personal belongings. Swim England Bedfordshire accepts no responsibility for loss of any personal belongings or equipment.
- 9.4 No cameras, video or digital capturing devices (including mobile phones) may be used in the changing area. This policy will be vigorously enforced and any person found to be contravening this policy will be asked to leave the championships without a refund.
- 9.5 Swimmers, spectators and coaches are requested to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Child Safeguarding Policy and Procedures, Wavepower 2020-23 | Child safeguarding for Swim England clubs (swimming.org) provides guidance on the use of social networking and guidance on photography.
- 9.6 For the avoidance of doubt the photography guidance applies to all images and recordings taken on any camera, mobile phone or other recording device. The social media guidance will apply if those images or recordings are being shared through any social media platform whether that sharing is happening instantaneously through live streaming or whether the material is being stored for sharing at a later time.
- 9.7 Parents and carers who do not wish their child to be photographed must inform Swim England Bedfordshire Welfare Officer (welfare@bedscountyasa.com) in writing prior to the Championships.

10. Awards

- 10.1 The results of all events shall be determined by finals, if finals are swum. When an event has no final, the fastest times recorded in the heats shall be used (Timed Finals). Gold, Silver and Bronze medals will be awarded to 1st, 2nd and 3rd places in each of the seven age groups, 10/11, 12, 13, 14, 15, 16, 17&Over and may be collected from a medal table as soon as the official results are published. Junior and Senior Champions will receive a Trophy and a unique Swim England Bedfordshire Gold Medal, Silver and Bronze medals will be presented to 2nd and 3rd places. Podium presentations will not take place but there will be an opportunity to take photos elsewhere within the facility.
- 10.2 All trophies will be engraved before being given to the winners and returned to clubs for distribution. All Trophies are the property of Swim England Bedfordshire, and must be kept in good order and previous years winners returned no later than 13 January 2024. The Trophy policy can be viewed on the Swim England Bedfordshire website.
- 10.3 In the following five age groups, 10, 11, 12, 13 and 14 years, top open/male and female awards will be presented. Awards will be determined by the use of FINA Points Tables. FINA Points will be calculated using the official results for each event swum and the highest scoring event, within each stroke group, will contribute towards the overall score to determine the category winner. Swimmers may enter as many or as few of the available Category events they have qualified for as they like. To maximise your overall scoring ability, you should enter at least one event in each group. i.e., Sprint, 100, Form, Distance and Medley (see table)

Winners receive a Trophy and a unique Swim England Bedfordshire Gold medal, Silver and Bronze medals will be presented to 2nd and 3rd places.



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Age Group	Stroke Group	Open/Male	Female
10/11 Years	Sprint	Best 50m	Best 50m
	100's	Best 100m	Best 100m
	Form*	Best 200m	Best 200m
	Distance	Best 200/400m Freestyle	Best 200/400m Freestyle
	Ind Medley	Best 200/400 IM	Best 200/400 IM
11, 12, 13 & 14 Years	Sprint	Best 50m	Best 50m
	100's	Best 100m	Best 100m
	Form*	Best 200m	Best 200m
	Distance	Best 200/400/800/1500m Freestyle	Best 200/400/800/1500m Freestyle
	Ind Medley	Best 200/400 IM	Best 200/400 IM
*Form stroke is defined as being Backstroke, Breaststroke or Butterfly			

Closing date for all entries is 12 Noon - Friday 22 December 2023

Received Entries will be published on the website any omissions or errors should be resolved with the Promotor (county_championships_secretary@bedscountyasa.com) by 4 January 2024 and final Accepted Entries will be published shortly after.

Please note that all information included in the entry pack, and supplementary information published by Swim England Bedfordshire, form the conditions of the Championships. For any queries, please contact the Promotor.



Swim England Bedfordshire

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Schedule of Events



Session One

Saturday 20 January – W/U 18:00 Start 18:30

Mixed	1500m	Freestyle	TF
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Session Two

Friday 26 January – W/U 18:00 Start 18:30

Mixed	800m	Freestyle	TF
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Session Three

Saturday 27 January – W/U 08:25 Start 09:30

Men's	200m	Freestyle	TF
Female	100m	Backstroke	Heats
Open/Male	50m	Breaststroke	Heats
Female	200m	Butterfly	TF
Open/Male	400m	Individual Med	TF

Female	100m	Backstroke	Finals
Open/Male	50m	Breaststroke	Finals

Session Four

Saturday 27 January- W/U tba Start tba

Female	100m	Butterfly	Heats
Open/Male	50m	Freestyle	Heats
Female	200m	Individual Med	TF

Relay Swimmers Only W/U Start tba

Open/Male	50m	Freestyle	Finals
Female	100m	Butterfly	Finals

Open/Male 10&11	4x50m Med Team	TF
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Female 10&11	4x50m Med Team	TF
Open/Male 12&13	4x50m Med Team	TF
Female 12&13	4x50m Med Team	TF
Open/Male 14&15	4x50m Med Team	TF
Female 14&15	4x50m Med Team	TF
Open/Male Open	4x50m Med Team	TF
Female Open	4x50m Med Team	TF

Session Five

Sunday 28 January - W/U 08:25 Start 09:30

Female	400m	Freestyle	TF
Open/Male	50m	Backstroke	Heats
Female	100m	Breaststroke	Heats
Open/Male	200m	Breaststroke	TF

Relay Swimmers Only W/U Start tba

Female	100m	Breaststroke	Finals
Open/Male	50m	Backstroke	Finals

Mixed 10&11	4x50m Free Team	TF
Mixed 12&13	4x50m Free Team	TF
Mixed 14&15	4x50m Free Team	TF
Mixed Open	4x50m Free Team	TF

Session Six

Sunday 28 January – W/U tba Start tba

Open/Male	50m	Butterfly	Heats
Female	100m	Freestyle	Heats
Open/Male	200m	Backstroke	TF

Relay Swimmers Only W/U start tba

Female	100m	Freestyle	Finals
Open/Male	50m	Butterfly	Finals

Female Open	4x100 Med Team	TF
Open/Male Open	4x100 Med Team	TF

Session Seven

Saturday 3 February – W/U 08:25 Start 09:30

Female	200m	Freestyle	TF
Open/Male	100m	Backstroke	Heats
Female	50m	Butterfly	Heats
Open/Male	200m	Butterfly	TF
Female	400m	Individual Med	TF

Open/Male	100m	Backstroke	Finals
Female	50m	Butterfly	Finals

Session Eight

Saturday 3 February - W/U tba Start tba

Open/Male	100m	Butterfly	Heats
Female	50m	Breaststroke	Heats
Open/Male	200m	Individual Med	TF

Relay Swimmers Only W/U Start tba

Female	50m	Breaststroke	Finals
Open/Male	100m	Butterfly	Finals

Female 10&11	4x50m Free Team	TF
Open/Male 10&11	4x50m Free Team	TF
Female 12&13	4x50m Free Team	TF
Open/Male 12&13	4x50m Free Team	TF
Female 14&15	4x50m Free Team	TF
Open/Male 14&15	4x50m Free Team	TF
Female Open	4x50m Free Team	TF
Open/Male Open	4x50m Free Team	TF

Session Nine

Sunday 4 February – W/U 08:25 Start 09:30

Open/Male	400m	Freestyle	TF
Female	50m	Backstroke	Heats
Open/Male	100m	Breaststroke	Heats
Female	200m	Breaststroke	TF

Relay Swimmers Only W/U Start tba

Open/Male	100m	Breaststroke	Finals
Female	50m	Backstroke	Finals

Mixed 10&11	4x50m Med Team	TF
Mixed 12&13	4x50m Med Team	TF
Mixed 14&15	4x50m Med Team	TF
Mixed Open	4x50m Med Team	TF

Session Ten

Sunday 4 February - W/U tba Start tba

Female	50m	Freestyle	Heats
Open/Male	100m	Freestyle	Heats
Female	200m	Backstroke	TF

Relay Swimmers Only W/U Start tba

Open/Male	100m	Freestyle	Finals
Female	50m	Freestyle	Finals

Open/Male Open	4x100m Free Team	TF
Female Open	4x100m Free Team	TF

Warm up Sessions will last one hour unless stated otherwise

800 Free and 1500 Free Warm Up will be 25 Minutes

Relay Swimmers Warm Up will be no earlier than time given and will be for 15 minutes

TF = Timed Final



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Licensed Meet Nos. 1ERxxxxxx/1ERxxxxxx/1ERxxxxxx

ENTRY STANDARDS (25m)

Times to be achieved after 1 January 2023 and recorded in GB rankings

OPEN/MALE							<u>E V E N T</u>	FEMALE						
10/11[†] Years	12[†] Years	13[†] Years	14[†] Years	15[†] Years	16 Years[†]	17Years &Over[†]		10/11[†] Years	12[†] Years	13[†] Years	14[†] Years	15[†] Years	16 Years[†]	17Years &Over[†]
44.8	40.8	35.5	30.4	29.9	29.4	27.8	50m Freestyle	43.6	37.0	33.2	33.1	32.70	31.8	30.9
1.51.0	1.37.0	1.18.0	1.13.5	1.08.3	1.05.2	59.9	100m Freestyle	1.57.4	1.23.9	1.13.9	1.13.8	1.10.5	1.09.4	1.08.8
4.35.4	3.38.5	3.10.9	2.40.0	2.27.7	2.22.4	2.16.5	200m Freestyle	3.36.8	3.14.3	2.52.8	2.37.7	2.29.0	2.28.0	2.25.5
6.30.0	6.10.0	5.55.5	5.32.5	5.15.7	5.00.5	4.55.5	400m Freestyle	6.30.0	6.15.5	5.42.8	5.41.1	5.36.3	5.20.5	5.17.0
-	12.45.0	11.30.0	11.00.0	10.33.0	10.10.0	10.00.0	800m Freestyle	-	12.52.0	11.51.1	11.22.1	11.19.5	10.55.0	10.35.1
-	26.11.0	23.11.6	21.01.1	20.10.4	19.35.0	19.27.0	1500m Freestyle	-	23.30.3	22.10.1	21.13.3	20.59.9	20.12.9	20.00.0
1.04.7	49.8	45.2	43.5	41.6	40.2	36.6	50m Breaststroke	1.00.0	49.8	45.5	43.2	42.2	41.5	39.2
3.02.7	1.51.2	1.47.5	1.38.5	1.32.2	1.30.0	1.24.5	100m Breaststroke	2.21.1	1.48.5	1.40.5	1.36.7	1.36.6	1.34.9	1.32.0
4.13.5	4.02.9	3.46.7	3.25.0	3.18.0	3.10.8	2.57.5	200m Breaststroke	4.08.5	3.50.5	3.35.0	3.28.2	3.20.0	3.16.5	3.10.4
52.2	44.1	43.5	38.5	35.1	33.5	29.8	50m Butterfly	48.0	43.5	38.7	37.5	35.2	34.9	32.9
2.30.0	2.10.3	1.45.2	1.30.2	1.30.8	1.16.4	1.12.2	100m Butterfly	2.19.8	1.55.5	1.35.0	1.25.1	1.23.4	1.21.0	1.19.0
4.00.0	3.55.5	3.50.0	3.28.0	2.59.1	2.44.4	2.32.2	200m Butterfly	3.50.0	3.40.0	3.20.0	3.10.9	2.58.2	2.56.3	2.56.3
52.7	42.4	42.1	38.1	36.0	34.4	32.7	50m Backstroke	49.6	41.1	38.7	38.6	38.0	37.5	35.5
2.27.5	1.34.4	1.29.5	1.22.0	1.18.5	1.15.9	1.09.3	100m Backstroke	2.00.1	1.33.3	1.28.6	1.25.3	1.23.3	1.22.8	1.20.9
3.39.0	3.15.8	3.12.6	3.06.6	2.51.1	2.46.1	2.40.4	200m Backstroke	3.41.2	3.18.2	3.10.6	3.06.3	3.01.1	2.56.5	2.50.0
4.56.4	3.56.1	3.46.6	3.04.2	2.48.5	2.42.7	2.38.2	200m I.M.	4.29.3	3.40.9	3.13.4	3.01.9	2.58.6	2.54.6	2.50.5
-	7.45.0	6.22.2	6.05.5	5.59.3	5.56.7	5.50.8	400m I.M.	-	7.30.0	7.00.0	6.45.7	6.39.9	6.01.2	6.00.0

[†] Ages as at 31st December 2024

Issue 1