



Putteridge Swimming Club End Of Season Summer Short Course Open 2023

License Number: 2ER230160

Saturday 1st and Sunday 2nd July 2023

Inspire Luton Sports Village, Butterfield Road, Luton, LU2 8DD



Putteridge Swimming Club

End OF Season Short Course Open 2023

L2 Winter Regional & National Qualifier 2023

(License Number: 2ER230160)

Saturday 1st and Sunday 2nd July 2023

Under Swim England Laws & Technical Rules: Affiliated to the East Region

Venue: Inspire, Luton Sports Village, Butterfield Green Road, Luton, LU2 8DD

Pool: 8 Lane, 25m Pool, Electronic Timing, Olympic standard blocks,

Age Groups: 10, 11, 12, 13, 14, 15, 16/ over
Ages as of 31st December 2023.

Awards: Medals awarded to top three in each age group

Events: 50m, 100m and 200m all strokes,
400m freestyle, 100 & 200m IM

Fees: Race Entry Fee: £8.00 per event
Coaches Pass: One day pass £20, two days pass £35
Parking is charged by the center for stays over 4 hours

Entries to: Gala Promoter, c/o Putteridge Swimming Club,
galapromoter@putteridgesc.co.uk

Closing Date: 12.00 Midnight on Friday 9th June 2023

Enquiries can be e-mailed to galapromoter@putteridgesc.co.uk

MEET PROGRAMME

(License Number: 2ER230160)

Saturday 1st July 2023

Session 1

Start 0900

Boys	All Ages	200m Ind Medley
Girls	All Ages	100m Breaststroke
Boys	All Ages	50m Butterfly
Girls	All Ages	400m Freestyle
Boys	All Ages	200m Freestyle

Sunday 2nd July 2023

Session 4

Start 0900

Girls	All Ages	200m Ind Medley
Boys	All Ages	100m Breaststroke
Girls	All Ages	50m Butterfly
Boys	All Ages	400m Freestyle
Girls	All Ages	200m Freestyle

Warm-up (TBC)

Session 2

Start TBA

Girls	All Ages	200m Butterfly
Boys	All Ages	200m Backstroke
Girls	All Ages	100m Backstroke
Boys	All Ages	100m Freestyle
Girls	All Ages	50m Breaststroke

Session 5

Start TBA

Boys	All Ages	200m Butterfly
Girls	All Ages	200m Backstroke
Boys	All Ages	100m Backstroke
Girls	All Ages	100m Freestyle
Boys	All Ages	50m Breaststroke

Warm-up (TBC)

Session 3

Start TBA

Girls	All Ages	100m Ind Medley
Boys	All Ages	100m Butterfly
Girls	All Ages	200m Breaststroke
Boys	All Ages	50m Backstroke
Girls	All Ages	50m Freestyle

Session 6

Start TBA

Boys	All Ages	100m Ind Medley
Girls	All Ages	100m Butterfly
Boys	All Ages	200m Breaststroke
Girls	All Ages	50m Backstroke
Boys	All Ages	50m Freestyle

Meet Conditions and Information

(License Number: 2ER230160)

1. This meet will take place at Inspire, Luton Sports Village, Luton on Saturday 1st and Sunday 2nd July 2023. It is licensed by the Swim England at Level 2 2ER230160 for entry into Swim England Regional Winter Championship and Swim England Winter Nationals 2023 and will be held under Swim England Laws and Technical Rules.
2. Entrants must be Swim England Registered Cat 2, belong to an affiliated club and enter in the name of one club only.
3. The pool length is 25m, 8 lanes with anti-wave ropes and electronic timing, the depth of the pool is 2.0m at the shallow end and 2.0m at the deep end. A secondary strobe will be in use if it is available.
4. A separate 25m pool will be available for warm up and swim down protocols, for which each club is responsible for its swimmers and must be supervised at all times.
5. All club entries of three or more swimmers must be made electronically via SPORT SYSTEMS Entry Manager file together with entry fees and should reach the promoter by **midnight Friday 9th June 2023**. The entry fee per event is £8.00. Sport Systems entry files are available on request by e-mail galapromoter@putteridgesc.co.uk or from the club website at www.putteridgesc.co.uk. Please note, entries will not be considered/ accepted until full payment has been received.
6. The promoter reserves the right to limit entries and the number of heats in any event to maintain a balanced program.
7. Valid entry times (which must include payment) must have been achieved since 1st January 2022, be on the British Swimming Rankings and should be short course times; times converted using Sportsystems will be accepted. Entries must be equal to or faster than the minimum standard published qualifying times.
8. Entry will be accepted based on quickest times by age group and event. In the event that entries are rejected, fees will be refunded by a single Bacs payment made payable to the club in question.
9. The promoter reserves the right to close the event prior to the closing date due to the meet being full.
10. Acceptance will be made in each event rather than by club to ensure the smooth running of the competition. Events chosen for restrictions will be at the Gala Promoters' discretion.
11. Complete entries for each club are required together with a single Bacs payment. Individual entries will only be accepted at the promoter's discretion and will carry an additional £3 (per completed entry) admin fee. Late entries, day of meet entries, time trials and day of meet alterations will not be accepted, unless due to administrative error.
12. The list of accepted entries will be published on the club website (www.putteridgesc.co.uk) within 2 weeks of the closing date. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any mistakes or changes that are required.
13. This event will be an age at the end of the year (31st December 2023).
14. All events will be swum on a heat declared winner basis.
15. Medals will be awarded to the top three in each age group in each event. Age groups as follows 10, 11, 12, 13, 14, 15, 16/ Over.
16. Swimmers **must** withdraw from events that they no longer wish to swim. All swimmers informed of having accepted entries will be deemed as competing unless they have informed the promoter that they do not wish to swim, no refunds will be permitted for withdrawals after this point.
17. Withdrawals should be made via e-mail to galapromoter@putteridgesc.co.uk, or by using the provided withdrawal link, by midnight on Friday 30th June 2023 stating the event number, full name, date of birth, entry time and club.
18. Any on the day withdrawals **must** be made by coaches or the club representative prior to the start of the first event in each session.
19. Competitors must report to the marshalling area in a timely manner.
20. Refunds are not available for withdrawals once the swim has been accepted and published, except where a doctor's note is provided for physical injury.
21. All events will be seeded on submitted times and heats.
22. Coach Passes are available at £20 per day or £35 for both days.
23. Coaches and Team Managers must be club trained personnel and clubs are asked to maintain the recommended ratio of 1:20 helpers/swimmers. Untrained parents without a DBS check are not allowed poolside.
24. Over the top starts may be used at the referee's discretion.
25. The promoters do not accept responsibility for any property.

Meet Conditions and Information

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26. For Health and Safety reasons only small rucksack bags will be allowed poolside. No foldable chairs will be allowed poolside.
27. No person will be allowed on poolside without a pass.
28. There will be no glass items allowed on poolside.
29. The promoters reserve the right to refuse admission to any competitor, participant, coach, or spectator.
30. In accordance with the Swim England Child Safety Procedures and Policies all parents or guardians of swimmers under the age of 18 who wish to take photographic, or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms. Should you have any concerns about photography or filming at this event then please bring them to the attention of the Meet Promoter.
31. Warm up protocol: A warm-up procedure and warm-up times will be published on the PSC website before the event. Coaches should manage the lanes their swimmers are using during the warm-up sessions. Guidance will be given by the meet announcer and Warm Up Marshalls.
32. Results will be provided live at www.putteridgesc.co.uk, and will be supplied to British Swimming for entry into the national rankings database.
33. The General Data Protection Regulation (GDPR) 2018, requires Putteridge Swimming Club to provide you with certain information and to obtain your consent before processing data about you. Processing includes obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purpose of making entries to the competition, managing the meet, and the submission of results to rankings. The information provided by you will be processed in accordance with GDPR (2018). Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/ team manager has been passed to us by a third party such as a club rather than by the individual themselves, we rely on the third party to make sure that consent has been obtained. For more information please use this link: [psc-privacy-notice-meets](#)
34. Car parking is free for the first 4 hours of your stay. After which, there is a fee of £1 for every hour up to a maximum of £5, this is charged by and paid to the facility provider, Active Luton.
35. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws, Regulations and the Swim England Technical Rules of Racing.
36. The promoter of this meet is Mr. Lawrence Palmer for and on behalf of Putteridge Swimming Club, email galapromoter@putteridgesc.co.uk.

Para Swimming Conditions and Information

(License Number: 2ER230160)

The conditions outlined above shall apply to all para swimmers except where varied by any of the following conditions.

Eligibility:

1. Swimmers with S1- S15 classifications will be accepted.
2. All para swimmers must have an internationally authorised classification.
3. Competitors must be registered members of Swim England.
4. The meet does not have disability consideration times; however, the organisers reserve the right to reject swimmers after the closing date if demand exceeds the time available in the galas.

Personal Care Attendants:

1. Personal care attendants will be permitted for swimmers in all disability classes.
2. A swimmer may have both a coach and a personal care attendant present.

Competition Format:

1. The competition format will be based on disability inclusion within the able-bodied programme. Swimmers will be integrated on a time-banded basis in all events.
2. Positions will be determined by each swimmer's times relative to the world record in their own classification.
3. Para swimmers will be included but not placed within the results for the appropriate age group in the able-bodied competition unless their entry times meet the qualifying times for the able-bodied competition. They will also be included in the multi-class results and placed within those results according to their equivalent times.
4. Winners of all events will be heat declared.
5. Competition to be run following IPC Swimming swim rules.

Medals:

1. Medals shall be awarded on a multi-class basis to 1st, 2nd and 3rd place in each event.



PSC End of Season Short Course Open 2023

(Licensed by Swim England for entry into regional and national winter championships as Level 2 under No. 2ER230160)

Individual Swimmer Entry Form

ENTRY DEADLINE: MIDNIGHT ON FRIDAY 9th June 2023

<https://swim-meet.com/Entry/Putteridge/>

Coach/Team Manager Application Form

All Coach and TM applications are to be made via the below online form:

<https://form.jotform.com/231272304968357>

Please note: the named person(s) is (are) authorised to hold a hold valid DBS and safeguarding certificate.

Coach Passes will not be available on the day. There will be no access to poolside without a pass, and passes must be worn at all times.

Coach Passes are £20 per single day for Saturday/ Sunday or £35 for both days. Please specify which day you require if it is a single day pass.

This link will be available on Putteridge swimming Club's website under the heading "Events".

Officials Request Form

This year we are collating all data for officials via the officials online form.

Please complete this below form using the following link:

<https://www.swim-meet.com/OfficialsSignup/Putteridge/>

This link will also be available on Putteridge swimming Club's website under the heading "Events".

End of Season Summer Short Course 2023

(Licensed by Swim England for entry into Winter Regional and Winter National events as Level 2 under No. 2ER230160)

Saturday 1st and Sunday 2nd July 2023

Minimum Qualifying Time Standard (25m)

(No slower than)

Ages as at 31st December 2023

BOYS							EVENT	GIRLS						
10	11	12	13	14	15	16/ Ov.	Age	10	11	12	13	14	15	16/ Ov.
39.00	36.60	34.20	32.90	31.80	29.90	28.80	50 Freestyle	42.10	40.00	38.20	35.00	33.40	32.60	31.70
1:30.50	1:26.50	1:20.00	1:13.50	1:08.80	1:05.60	1:03.60	100 Freestyle	1:35.50	1:29.90	1:25.80	1:21.60	1:16.20	1:12.00	1:08.70
3:10.20	3:00.90	2:48.70	2:39.00	2:31.20	2:24.90	2:19.90	200 Freestyle	3:18.00	3:02.00	2:50.10	2:45.00	2:35.00	2:30.20	2:28.50
6:25.00	6:05.50	5:41.00	5:24.40	5:05.00	5:00.00	4:50.90	400 Freestyle	6:27.80	6:07.60	5:43.80	5:29.20	5:19.40	5:14.50	5:11.00
56.30	51.00	46.60	43.80	42.90	39.60	36.40	50 Breaststroke	58.0	54.0	48.9	44.5	42.0	41.2	40.3
2:08.80	1:53.00	1:42.30	1:36.00	1:32.70	1:29.30	1:26.1	100 Breaststroke	2:02.00	1:52.00	1:45.50	1:35.50	1:29.90	1:27.60	1:26.00
3:59.30	3:42.40	3:31.80	3:15.50	3:07.0	3:02.00	2:55.90	200 Breaststroke	3:59.00	3:45.40	3:37.70	3:25.0	3:19.40	3:13.50	3:07.90
51.20	47.80	41.90	39.00	35.10	33.50	32.50	50 Butterfly	58.00	49.50	45.90	42.50	37.50	35.00	34.70
1:46.00	1:38.00	1:32.00	1:26.60	1:16.00	1:13.10	1:09.90	100 Butterfly	1:54.0	1:41.8	1:37.0	1:30.0	1:22.1	1:17.8	1:15.8
3:46.90	3:31.10	3:18.10	3:11.70	2:59.30	2:46.70	2:42.30	200 Butterfly	3:48.80	3:38.20	3:24.90	3:14.40	3:06.80	2:57.60	2:51.40
46.50	43.00	41.50	38.20	35.90	34.00	32.80	50 Backstroke	48.80	45.50	42.50	41.00	38.70	37.40	36.70
1:45.00	1:35.60	1:25.30	1:21.00	1:16.00	1:13.90	1:11.70	100 Backstroke	1:49.00	1:39.80	1:28.00	1:25.10	1:18.10	1:15.90	1:14.90
3:30.50	3:21.00	3:04.20	2:50.00	2:41.80	2:34.00	2:29.30	200 Backstroke	3:31.00	3:24.80	3:05.00	2:55.50	2:49.00	2:45.00	2:42.10
2:08.00	1:50.50	1:42.00	1:29.90	1:22.20	1:16.80	1:10.40	100 Ind. Medley	2:10.0	1:55.5	1:45.0	1:33.0	1:25.0	1:21.0	1:17.0
3:33.30	3:12.20	3:02.90	2:53.00	2:48.20	2:39.00	2:32.30	200 Ind. Medley	3:35.0	3:25.0	3:06.0	3:02.5	2:54.8	2:47.5	2:42.8