



Putteridge SC Spring Long Course National Qualifier 2022

Swimmer & Coach Information

Parking:

- The venue provider will monitor traffic in and out of the car park, and marshals will guide competition attendees to appropriate parking spaces.
- Parking is free for the first 4 hours of stay. There is then a fee charged by the venue provider of £1 for every hour over this up to a maximum of £5.
- Signs are located around the car park to help with payment.
- Please note, if you leave the car park and return before the 4 hours is up in the hope you will get another 4 hours free parking, your 4 hours of free parking does not start again. It is a rolling process.
- There will 300 spaces allocated to the open meet with the remaining allocated for public facility users. Where possible, to ease numbers, the venue provider has recommended lift sharing, and if within walking distance i.e., The Hilton Hotel, to walk.

Entry and Exit Point:

- Entry and exit into/ from the building will be via the main entrance to the building. PSC and the venue provider ask for all to be mindful of public facility users and to not congregate in the foyer area.
- Entrance into the building will be allowed from 07.30am for swimmers. Facility staff do need to perform their usual health and safety checks, i.e., pool alarms, so please be mindful of this.
- Hand sanitisation will be available.

Cafeteria:

(The following protocols have been created and set in place by the venue provider)

- The cafeteria will be open from 08.00am – 14.00pm, and competition attendees will be able to purchase food and drink.
- There are 72 seats available. Once these are full, customers can continue to buy products but must then leave the cafeteria area to consumer their items.
- Only Food and drinks purchased from the café, at Inspire, shall be consumed in the cafeteria seating area.
- Customers not purchasing food or drink from the cafeteria at Inspire should not use the cafeteria seating area.
- Customers are encouraged to wear a face covering when queueing and purchasing products.

Poolside & Viewing Gallery:

- We have reserved seats in the viewing gallery for specific clubs and swimmers to help ease congestion on poolside. A list of these clubs will be posted in due course.
- We do ask for those swimmers who finish their race and have no other swims in a session to clear poolside to ease numbers on poolside.
- To keep as much seating space available as possible, please limit the number of objects bought onto poolside, and where possible place all bags under the benches.



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Changing rooms:

- There will be a section of the changing rooms shut off for the public to ensure there is not mixing between public facility users, and competition users. Please respect these boundaries.
- Group change will be open and available for use.

Additional Warm-Up:

- We have extended the time of warm-up in session 1 & 4 from 50 minutes to 60 minutes, with a time change from 08.15am to 08.00am. Start time remains the same, 09.15am.
- Due to the number of swimmers attending the event in the 50m events specifically, we have taken the decision to include a separate 20-minute mixed warm-up in session 1 and 4 after the Boys 100m Butterfly in session 1, and the Girls 100m Butterfly in session 4. This warm-up is designed for those additional swimmers specifically attending for the 50m events in the session and will commence no sooner than 11.30am on both days.

Sports Hall:

- The sports hall will be accessible for all swimmers from 12pm on Saturday 12th, and from 8am on Sunday 13th. The usage of the sports hall is for pre- and post-pool modalities, extra space for swimmers who wish to get of poolside and may also be used to gather swimmers for 50m event heats on both days, the later will be confirmed in good time.
- Usage of the hall does need to be manned by a member of your individual club's poolside team.
- Due to the number of coaches passes purchased, lunch for coaches will be serve in the sports hall no later than 13.30pm both Saturday and Sunday.
- PSC nor the venue provider take responsibility for the use of individual equipment.

Community Pool:

- For session 3 & 6 there will be the availability of the community pool from 17.00-18.00pm on Saturday 12th, and from 17.15-18.15pm Sunday 13th, as an additional warm up space for those who wish to use it.
- We appreciate this may not be the biggest pool, however, it is still an option to be used.
- There is no diving in this pool.
- Swimmers will need at least one club officer present.

Trafficking Around the Facility:

- It is advised when moving around the building that attendees wear a face covering.
- Please also be mindful and respectful of public facility users.
- There is to be no congregating in the foyer area due to this blocking and restricting flow through the reception area.