

Head coach report 2015 Camden Swiss Cottage Swimming club

When I first came to the club I made a decision to not make any early changes and to stabilise the programme. My aim was to get to know more about the club and watch how it currently was operating. I also wanted to get to know the swimmers and the staff.

All changes were to be made in September of 2015 ready for the 2015/16 season.

As the changes were being made we also launched a new logo and new team kit, again to be ready for the start of the new season.

We also employed a new full time Assistant Coach to support the head coach and take ownership of the sags squad.

I feel these new changes have made a very positive impact on the club already with the team kit standing out on poolside and bringing the team together to seeing the numbers improve at competitions to attending more training sessions.

The first four month window of opportunity is almost up with myself and the coaching team reviewing this week. Some changes may be made and criteria looked at.

The aim is not to make too many changes and make sure communication is clear and open through out the next few weeks.

Camden has had a very positive year in and out of the water this season.
Within the pool the success has been,

County championships 2015

This was my first competition with the club.

It was a great meet to start my role off. It was great to meet so many swimmers.

The club had many personal best times achieved with many finalists and medalists.

This gave me a great opportunity to meet the staff and watch Camden swimmers.

Summer regionals

Camden had over 30 swimmers qualify for this event

Again it was a positive competition with swimmers setting seasons best to improve ranking status for qualification for Nationals.

Camden during the regionals had many finalists and medalists.

The relays had a successful championships with 4 teams being invited to swim in the nationals in July/ August.

International meet Germany

Again Camden alongside Chelsea and Westminster traveled to Germany to compete in the 3 day out door open meet.

The team under the name "Team London" had a great competition again setting some personal best times and also winning some money.

This away trip worked really well with building team spirit.

Junior league

Camden a junior swimmers had a great season.

The team headed up by Michelle won the M11 league qualifying them for the National south League final. This was the first time the team has ever won this league so we have set a high standard for next season!

The team finished 5th in the national south final just missing out on qualifying for the National final.

The team had great team spirit through out each round and got faster each round as well.

Nationals

Like every team in the country we saw a new type of nationals this season.

We saw the British nationals followed by the English nationals.

Camden had 4 swimmers qualify for British Nationals and 8 swimmers for the English with 4 relays.

The swimmers had a great nationals with personal best times achieved from all.

Swimmers making finals were,

Izzy Moffatt 50m Butterfly (British Nationals)

Alex Panteli 200m Butterfly (English Nationals)

Natalia Kaczmarczyk 100m Freestyle (English Nationals)

Alex Borisov had a great English Nationals winning medals in,

50m Breaststroke bronze

100m Breaststroke silver

A great nationals for Camden.

Arena league 2015

The team has once again progressed to the A regional final making the top 8.

Team spirit has been fantastic and thank you to the parents for all their support.

Training camp

Camden traveled to Spain this year for its warm weather camp. The team had 30 swimmers with 3 staff. The squad worked very hard and showed great progression from the start to the finish.

We will be looking to go abroad next year again.

Winter regionals

Camden had the most swimmers entered to this meet in London with 42 individual swimmers.

Camden has a great champs with swimmers gaining personal best times making finals and winning medals.

We won 4 championship titles this year compared to one title last year.

Was great to see the swimmers supporting through the meet.

Development squads

These squads have moved forward with skills and the amount of swimmers now competing.

The staff and I are very happy with the shape of these squads and look forward to moving them on over the season ahead.

Club squad

These squads have seen a big improvement since September when Tom and Marc took over the role of heading up the squad.

I feel that the attitude has improved and standard of swimming is improving.

It's also been great to see swimmers from these squads entering open meets. Again I'm looking forward to seeing this squad grow and improve.

Masters

This part of the club is continually growing with members. The numbers had started to raise for competitions.

Camden's masters had a great nationals with swimmers gaining medals in several events.

We saw the largest amount recently compete at the Barnet meet.

Camden hoping to see its swimmers gain qualification for the master Europeans held at the aquatic pool in London next year.

Learn to swim

Currently we have 3,500 children and adults learning to swim over 6 sites.

We have the Swim 21 award again this year. This ensures we are operating at a recognised high standard of governance.

The lessons average 86% occupancy this ensures a financially sustainable programme.

The lesson path way gave us our first talent ID session with over 50 swimmers being identified for the next stages of competitive swimming.

For me this has been a very exciting start to my role as head coach and I'm very much looking forward to the season's ahead.

I would like to thank, past, current and future committee members for all their help and support.

A big thank you to the members and parents for making me feel welcome and supporting the changes that have been put in place.

I also want to congratulate all the swimmers that have taken part within the last year and wish them continued success in the pool.

Matt Heathcock
Head Coach
Camden Swiss sc