



- You fully understand the information presented in joining training during (and beyond) the COVID-19 pandemic and accept the risks associated with returning to the training environment in relation to the COVID-19 pandemic.
- By ticking this agreement at the point of registration you agree and confirm the following:
- I confirm that I/mychild am/is free from any symptoms related to the Covid-19 virus, I understand the main symptoms include:
  - a high temperature – this means you feel hot to touch on your chest or back
  - a new, continuous cough – this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
  - a loss or change to your sense of smell or taste.

I am also confirming all in my household remain symptom free, and anyone taking me to or from training and attending my training session with me is also symptom free from the virus.

By agreeing this declaration, I confirm that for any future training sessions I/my child will only attend in the full knowledge that I/my child am/is free from any Covid-19 symptoms. In addition, but conversely confirm by signing this declaration that if I/my child do/does display any symptoms I/my child will not attend training for a period of at least 10 days and follow government guidance to self-isolate – or as the current government guidance recommends. I agree to inform Camden Swiss Cottage Swimming Club should I/my child be instructed to self isolate or should I/they have a positive COVID-19 test.

I am also confirming all in my household will follow the government guidance on testing, quarantine and self-isolation, including following any travel abroad.

I/My child return(s) to training knowing that participation cannot be without risk, I am therefore aware of these risks associated with the Covid-19 virus, but I still wish/I still wish my child to participate in club training.

I understand the processes and protocols of Camden Swiss Cottage Swimming Club have put in place in order to reduce risks and I/my child will adhere to these in order to protect my/my child's health and the health of other members, staff and other users of the facility.

I also understand that the club will have to be flexible and responsive due to the evolving government advice around Covid-19, and the fact that circumstances will change.