
Individual Meet Results
Castlebar A Gala 09-Oct-16 SC Meters**Location: Castlebar Swimming Club****LONGFORD SC [LONG] Coach: Ronan Mc Nevin**

Time	F/P/S	Event	Place	Points	Improv
Bartram, Nia (12) F					
1:27.47S	F # 2B	Female 12-13 100 Back	35	---	-0.17
1:32.82S	F # 6B	Female 12-13 100 Breast	15	---	-11.31
Deeley, Ava (11) F					
1:36.22S	F # 2A	Female 11 & Under 100 Back	14	---	3.17
6:12.26S	F # 4A	Female 11 & Under 400 Free	7	---	---
Donohue, Grainne (12) F					
1:32.32S	F # 2B	Female 12-13 100 Back	47	---	-1.12
6:23.60S	F # 4B	Female 12-13 400 Free	47	---	---
NS	F # 6B	Female 12-13 100 Breast	---	---	---
Faherty, Christopher (13) M					
5:38.47S	F # 1B	Male 12-13 400 Free	20	---	-10.75
1:39.46S	F # 5B	Male 12-13 100 Breast	19	---	-0.63
Hagan, Kate (11) F					
1:29.49S	F # 2A	Female 11 & Under 100 Back	9	---	0.10
6:24.81S	F # 4A	Female 11 & Under 400 Free	10	---	---
Mc Cormack, Rionagh (9) F					
6:27.03S	F # 4A	Female 11 & Under 400 Free	12	---	-17.15
1:48.59S	F # 6A	Female 11 & Under 100 Breast	9	---	6.31
McCormack, Cian (11) M					
5:46.85S	F # 1A	Male 11 & Under 400 Free	4	---	---
1:29.00S	F # 3A	Male 11 & Under 100 Back	5	---	1.42
1:37.80S	F # 5A	Male 11 & Under 100 Breast	4	---	-0.12
Mroz, Kamil (12) M					
1:27.50S	F # 3B	Male 12-13 100 Back	25	---	-2.92
1:41.56S	F # 5B	Male 12-13 100 Breast	20	---	0.87
Quinn, Gerry (18) M					
4:03.87S	F # 1D	Male 16 & Over 400 Free	1	---	-3.26