

LONGFORD SWIMMING CLUB - CLUB RECORDS
SHORT COURSE
SC Meters-Girls

9 & U	50	Free	34.28	3-Dec-05	LONG	Ciara McNevin at IRISH SCHOOLS
	50	Back	40.01	12-Dec-08	LONG	Sinead McWeeney at Irish Schools
	50	Breast	49.95	8-Oct-06	LONG	SARAH O'BOYLE at SLIGO GALA 06
	50	Fly	39.25	9-Dec-06	LONG	SARAH O'BOYLE at IRISH SCHOOLS

10-11	50	Free	32.90	07-Dec-07	LONG	Ciara Mc Nevin at IRISH SCHOOLS DEC 2007
	100	Free	1:07.32	22-Jun-08	LONG	Ciara Mc Nevin at INTERPROVENTICAL MEET 2008
	200	Free	2:30.51	18-Jul-08	LONG	Ciara Mc Nevin at IRISH AGE GROUP CHAMPIONSHIPS
	400	Free	5:13.02	10-May-08	LONG	Ciara Mc Nevin at CONNACHT AGE GROUPS MAY 2008
	800	Free	10:53.43	20-Dec-08	LONG	SARAH O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2008
	1500	Free	30:00.00	1-Jan-01		temp
	50	Back	35.88	13-Dec-08	LONG	SARAH O'BOYLE at IRISH SCHOOLS 2008
	100	Back	1:15.99	4-Dec-04	LONG	KATE O'BOYLE at CLAREMORRIS GALA 2004
	200	Back	02:48.5	10-May-08	LONG	Ciara Mc Nevin at CONNACHT AGE GROUPS MAY 2008
	50	Breast	40.89	8-Oct-05	LONG	LORNA GOLDRICK at SLIGO GALA 05
	100	Breast	1:27.79	4-Dec-04	LONG	KATE O'BOYLE at CLAREMORRIS GALA 2004
	200	Breast	3:11.13	18-Dec-05	LONG	LORNA GOLDRICK at CONNACHT CHAMPIONSHIPS DEC 05
	50	Fly	36.01	14-Nov-03	LONG	KATE O'BOYLE at IRISH SCHOOLS 2008
	100	Fly	1:18.18	06-Nov-04	LONG	KATE O'BOYLE at TUAM GALA
	200	Fly	3:05.66	8-Jul-05	LONG	Leia Valentine at Irish Age Group/ Youth Championships
	100	IM	1:29.54	14-Nov-10	CMEL	Sinead Mc Weeney at CONNACHT MINOR SCHOOLS 2010
	200	IM	2:53.22	20-Dec-08	LONG	SARAH O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2008
	400	IM	6:28.44	6-Nov-10	LONG	Dearbhaile Madden at LONGFORD GALA NOV 2010

12-13	100	Free	1:03.62	27-Feb-10	LONG	Ciara Mc Nevin at ATHLONE GALA 2010
	200	Free	2:15.32	14-Mar-10	LONG	Ciara Mc Nevin at CLAREMORRIS GALA 2010
	400	Free	4:47.47	24-Jan-10	LONG	Ciara Mc Nevin at TUAM GALA JAN 2010
	800	Free	10:02.44	19-Dec-09	LONG	Ciara Mc Nevin at CONNACHT CHAMPIONSHIPS 2009
	1500	Free	30:00.00	1-Jan-01		Temp
	100	Back	1:10.56	8-Jul-05	LONG	KATE O'BOYLE at Irish Age Group/ Youth Championships
	200	Back	2:30.66	8-Jul-05	LONG	KATE O'BOYLE at Irish Age Group/ Youth Championships
	100	Breast	1:21.05	6-Jan-08	LONG	AINE O'REILLY at CONNACHT SENIOR SCHOOLS CHAMPIONSHIPS 2008
	200	Breast	2:54.41	15-Dec-07	LONG	AINE O'REILLY at CONNACHT CHAMPIONSHIPS DEC 2007
	100	Fly	1:14.65	08-Jul-05	LONG	KATE O'BOYLE at Irish Age Group/ Youth Championships
	200	Fly	2:59.88	12-May-07	LONG	Leia Valentine at CONNACHT AGE GROUPS 07
	100	IM	1:17.29	13-Dec-08	LONG	Ciara Mc Nevin at Irish Minor Schools08
	200	IM	2:35.52	26-Nov-05	LONG	KATE O'BOYLE at CLAREMORRIS GALA 2005
	400	IM	5:24.49	18-Dec-05	LONG	KATE O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 05

14-15	100	Free	1:01.39	18-Nov-10	LONG	Ciara Mc Nevin at Irish SC Championships
	200	Free	2:13.69	18-Nov-10	LONG	Ciara Mc Nevin at Irish SC Championships
	400	Free	4:37.18	18-Nov-10	LONG	Ciara Mc Nevin at Irish SC Championships
	800	Free	11:13.28	22-Jun-12	LONG	LAURA KENNY at IAG Div 2
	1500	Free	30:00.00	1-Jan-01		Temp
	100	Back	1:09.44	22-Oct-06	LONG	KATE O'BOYLE at Castlebar Gala 22nd October 2006
	200	Back	2:26.38	16-Dec-06	LONG	KATE O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2006
	100	Breast	1:19.02	6-Feb-09	LONG	Leia Valentine at IRISH SCHOOLS FEB 09
	200	Breast	2:49.58	20-Dec-08	LONG	Leia Valentine at CONNACHT CHAMPIONSHIPS DEC 2008
	100	Fly	1:10.84	18-Apr-10	LONG	Leia Valentine at CONNACHT AGE GROUPS DIV 2 2010
	200	Fly	2:33.99	19-Dec-09	LONG	Leia Valentine at CONNACHT CHAMPIONSHIPS 2009
	100	IM	1:12.79	21-Jan-06	LONG	KATE O'BOYLE at Jimmy Cranny Memorial 2006
	200	IM	2:31.54	3-Feb-06	LONG	KATE O'BOYLE at Irish Senior Schools
	400	IM	04:59.6	01-Jul-99	LONG	Soibhan McNally Irish Open

OPEN	100	Free	58.86	5-Jan-14	CSMLF	Ciara Mc Nevin at CONNACHT SCHOOLS CHAMPIONSHIPS JAN 2014
	200	Free	2:06.71	29-Nov-13	LONG	Ciara Mc Nevin at Irish SC Championships
	400	Free	4:30.63	29-Nov-13	LONG	Ciara Mc Nevin at Irish SC Championships
	800	Free	9:51.88	25-May-14	LONG	Ciara Mc Nevin at CONNACHT A AND REGIONAL GRADED GALA 2014
	1500	Free	30:00.00	1-Jan-01		Temp
	100	Back	1:08.08	29-Nov-13	LONG	Ciara Mc Nevin at Irish SC Championships
	200	Back	2:26.38	16-Dec-06	LONG	KATE O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2006
	100	Breast	1:19.02	6-Feb-09	LONG	Leia Valentine at IRISH SCHOOLS FEB 09
	200	Breast	2:49.58	20-Dec-08	LONG	Leia Valentine at CONNACHT CHAMPIONSHIPS DEC 2008
	100	Fly	1:08.89	6-Feb-09	LONG	KATE O'BOYLE at IRISH SCHOOLS FEB 09
	200	Fly	2:33.99	19-Dec-09	LONG	Leia Valentine at CONNACHT CHAMPIONSHIPS 2009
	100	IM	1:08.18	29-Nov-13	LONG	Ciara Mc Nevin at Irish SC Championships
	200	IM	2:26.13	5-Jan-14	CSMLF	Ciara Mc Nevin at CONNACHT SCHOOLS CHAMPIONSHIPS JAN 2014
	400	IM	04:59.6	01-Jul-99	LONG	Soibhan McNally Irish Open

SC Meters-Boys

9 & U	50	Free	35.66	1-Jan-13	LONG	Duilleach Ryan at Irish Schools
	50	Back	38.22	3-Dec-05	LONG	Brian O'Boyle at IRISH SCHOOLS
	50	Breast	49.28	7-Oct-07	LONG	GERRY QUINN at SLIGO GALA 2007
	50	Fly	38.17	8-Dec-07	LONG	Gerry Quinn at IRISH SCHOOLS

10-11	50	Free	31.39	10-May-14	LONG	Seadhna Ryan at Midlands Lightning Cup
	100	Free	1:09.75	26-Jun-14	LONG	Duilleach Ryan at IAG Div 2
	200	Free	2:27.93	25-May-14	LONG	Seadhna Ryan at CONNACHT A AND REGIONAL GRADED GALA 2014

	400	Free	5:11.58	15-Dec-07	LONG	BRIAN O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2007
	800	Free	10:37.83	25-May-14	LONG	Seadhna Ryan at CONNACHT A AND REGIONAL GRADED GALA 2014
	1500	Free	20:56.90	14-Dec-13	LONG	Seadhna Ryan at CONNACHT CHAMPIONSHIPS 2013
	50	Back	36.41	19-Dec-09	LONG	GERRY QUINN at CONNACHT CHAMPIONSHIPS 2009
	100	Back	1:17.77	12-May-07	LONG	BRIAN O'BOYLE at CONNACHT AGE GROUPS 07
	200	Back	2:46.28	12-May-07	LONG	BRIAN O'BOYLE at CONNACHT AGE GROUPS 07
	50	Breast	39.78	9-Dec-06	LONG	GERRY QUINN at IRISH SCHOOLS
	100	Breast	1:27.12	23-Jun-06	LONG	KEVIN QUINN at IRISH AGE GROUPS DIV 2
	200	Breast	3:07.14	18-Dec-05	LONG	DANIEL MIMNAGH at CONNACHT CHAMPIONSHIPS DEC 05
	50	Fly	33.79	13-Dec-09	LONG	Gerry Quinn at IRISH SCHOOLS
	100	Fly	1:17.15	08-Nov-09	LONG	GERRY QUINN at LONGFORD GALA NOV 2009
	200	Fly	2:50.99	19-Dec-09	LONG	GERRY QUINN at CONNACHT CHAMPIONSHIPS 2009
	100	IM	1:18.53	15-Nov-09	LONG	Gerry Quinn at IRISH SCHOOLS
	200	IM	2:48.07	25-May-14	LONG	Seadhna Ryan at CONNACHT A AND REGIONAL GRADED GALA 2014
	400	IM	5:59.05	15-Dec-07	LONG	BRIAN O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2007

12-13	100	Free	59.90	26-Nov-05	LONG	Adrian Sheridan at CLAREMORIS GALA 2005
	200	Free	2:21.08	20-Dec-08	LONG	BRIAN O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2008
	400	Free	4:50.47	27-Feb-05	LONG	Adrian Sheridan at Castlebar Annual Gala 27th Feb
	800	Free	10:03.54	20-Dec-08	LONG	BRIAN O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2008
	1500	Free	19:28.73	20-Dec-08	LONG	BRIAN O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2008
	100	Back	1:12.04	28-Feb-09	LONG	BRIAN O'BOYLE at ATHLONE GALA 2009
	200	Back	2:35.51	20-Dec-08	LONG	BRIAN O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2008
	100	Breast	1:16.30	26-Nov-05	LONG	Adrian Sheridan at CLAREMORIS GALA 2005
	200	Breast	2:50.51	27-Feb-05	LONG	Adrian Sheridan at Castlebar Annual Gala 27th Feb
	100	Fly	1:12.60	6-Nov-10	LONG	GERRY QUINN at LONGFORD GALA NOV 2010
	200	Fly	2:49.92	2-Nov-14	LONG	Seadhna Ryan at CLAREMORRIS GALA NOV 2014
	100	IM	1:19.11	15-Nov-09	CSTON	GERRY QUINN at CONNACHT MINOR SCHOOLS2009
	200	IM	2:28.90	26-Nov-05	LONG	Adrian Sheridan at CLAREMORIS GALA 2005
	400	IM	5:38.60	20-Dec-08	LONG	BRIAN O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2008

14-15	100	Free	52.37	29-Nov-13	LONG	GERRY QUINN at Irish SC Championships
	200	Free	1:54.88	29-Nov-13	LONG	GERRY QUINN at Irish SC Championships
	400	Free	4:07.13	14-Dec-13	LONG	GERRY QUINN at CONNACHT CHAMPIONSHIPS 2013
	800	Free	30:00.00	1-Jan-01		Temp
	1500	Free	18:44.71	16-Dec-06	LONG	Adrian Sheridan at CONNACHT CHAMPIONSHIPS DEC 2006
	100	Back	1:00.39	29-Nov-13	LONG	GERRY QUINN at Irish SC Championships
	200	Back	2:14.04	14-May-12	LONG	GERRY QUINN at CONNACHT AGE GEROUPS 2012
	100	Breast	1:12.95	22-Jun-08	LONG	DANIEL MIMNAGH at INTERPROVINCIAL MEET 2008
	200	Breast	2:31.84	27-Oct-12	LONG	GERRY QUINN at Cranny Halloween Swim Meet 2012
	100	Fly	59.85	11-Nov-12	LONG	GERRY QUINN at LONGFORD GALA 2012
	200	Fly	2:22.70	18-Dec-04	LONG	PATRICK MCNALLY at CONNACHT CHAMPIONSHIPS 2004
	100	IM	1:00.53	29-Nov-13	LONG	GERRY QUINN at Irish SC Championships
	200	IM	2:11.27	14-Dec-13	LONG	GERRY QUINN at CONNACHT CHAMPIONSHIPS 2013
	400	IM	4:44.49	11-Nov-12	LONG	GERRY QUINN at LONGFORD GALA 2012

16-17	100	Free	51.77	8-Nov-14	LONG	Gerry Quinn at LONGFORD GALA NOV 2014
	200	Free	2:00.44	8-Jul-05	LONG	PATRICK MCNALLY at Irish Age Group/ Youth Championships
	400	Free	4:19.30	8-Jul-05	LONG	PATRICK MCNALLY at Irish Age Group/ Youth Championships
	800	Free	11:37.36	25-May-14	LONG	PATRICK FLANAGAN at CONNACHT A AND REGIONAL GRADED GALA 2014
	1500	Free	30:00.00	1-Jan-01		Temp
	100	Back	59.07	8-Jul-05	LONG	PATRICK MCNALLY at Irish Age Group/ Youth Championships
	200	Back	2:10.33	8-Jul-05	LONG	PATRICK MCNALLY at Irish Age Group/ Youth Championships
	100	Breast	1:10.65	10-May-08	LONG	Adrian Sheridan at CONNACHT AGE GROUPS 2008
	200	Breast	2:28.44	27-Oct-12	LONG	DARRAGH GREENE at Cranny Halloween Swim Meet 2012
	100	Fly	57.01	8-Nov-14	LONG	Gerry Quinn at LONGFORD GALA NOV 2014
	200	Fly	2:11.80	8-Jul-05	LONG	PATRICK MCNALLY at Irish Age Group/ Youth Championships
	100	IM	58.51	8-Nov-14	LONG	Gerry Quinn at LONGFORD GALA NOV 2014
	200	IM	2:13.36	8-Jul-05	LONG	PATRICK MCNALLY at Irish Age Group/ Youth Championships
	400	IM	4:39.67	8-Nov-14	LONG	Gerry Quinn at LONGFORD GALA NOV 2014

OPEN	100	Free	51.77	8-Nov-14	LONG	Gerry Quinn at LONGFORD GALA NOV 2014
	200	Free	1:54.88	29-Nov-13	LONG	GERRY QUINN at Irish SC Championships
	400	Free	4:07.13	14-Dec-13	LONG	GERRY QUINN at CONNACHT CHAMPIONSHIPS 2013
	800	Free	10:03.54	20-Dec-08	LONG	BRIAN O'BOYLE at CONNACHT CHAMPIONSHIPS DEC 2008
	1500	Free	18:44.71	16-Dec-06	LONG	Adrian Sheridan at CONNACHT CHAMPIONSHIPS DEC 2006
	100	Back	59.07	8-Jul-05	LONG	PATRICK MCNALLY at Irish Age Group/ Youth Championships
	200	Back	2:10.33	8-Jul-05	LONG	PATRICK MCNALLY at Irish Age Group/ Youth Championships
	100	Breast	1:05.18	29-Nov-13	LONG	DARRAGH GREENE at Irish SC Championships
	200	Breast	2:21.28	29-Nov-13	LONG	DARRAGH GREENE at Irish SC Championships
	100	Fly	57.01	8-Nov-14	LONG	Gerry Quinn at LONGFORD GALA NOV 2014
	200	Fly	2:11.80	8-Jul-05	LONG	PATRICK MCNALLY at Irish Age Group/ Youth Championships
	100	IM	58.51	8-Nov-14	LONG	Gerry Quinn at LONGFORD GALA NOV 2014
	200	IM	2:11.27	14-Dec-13	LONG	GERRY QUINN at CONNACHT CHAMPIONSHIPS 2013
	400	IM	4:39.67	8-Nov-14	LONG	Gerry Quinn at LONGFORD GALA NOV 2014