



## Aquae Sulis Network Committee Meeting Minutes



### Network Members:

Bath Dolphins, Bradford on Avon, Calne Alpha Four, Chippenham, Corsham, Frome, Keynsham, Melksham, Norton Radstock, Trowbridge, Warminster, Westbury

**Monday 14<sup>th</sup> November 2016 at 6.30pm in the Lecture Theatre, STV ,Bath University**

### Action

Welcome, Introductions & Housekeeping:

AS welcomed the Network and gave an overview of the success of AS swimmers since the last meeting. Performance and achievement going well. Attended 2 Level 2 meets and achieved top visiting club at both meets. Many club records have been broken.

We are losing around £5000 per month as we do not have enough swimmers especially in the regional squad approx 22 short. Model is not sustainable beyond the second quarter if support from Network does not improve, As we have financial issues we cannot afford Lawrie to go out to clubs he is needed to coach therefore we laid on tonights 'meet the coach' only 2 clubs attending. Did not replace Liam when he left & we have fewer volunteer coaches from the Network Attendance from the Network Clubs at Open Meets is not good.

If the November meet goes ahead the profit will be down.

We need the Network Clubs to engage and contribute to AS becoming a success not only in the pool.

**1. Present:** Adrian Sharman(Chair), Sue Criddle (Sec), Lindsay Dunn (ASA) Dave Wordly, Karen Bowen(AS), Matt Lawman(AS), Kay Wilcox(NR) Jim Durrant(Welfare/Trow) John Warren(Keyn) Paul Sartain(Bath Dol) Lynn Chappell( Chipp) Sally Fowler(Trow/AS) Rebecca Smith(BoA) Barry Heywood(Westbury) Stephen Pyne(Westbury) Julia Barton(Treasurer) Chris Metcalfe(Keyn) Nicholas Bown(Comp Sec AS) Nicky Vause(NR) Dave Jones(Corsham) Lawrie Thomson(Head Coach AS)

**Apologies for Absence:** Keith Withers(BoA), Dave Beament, Andrew Turner, Richie & Chrissie Lamb(Calne) Frome Asc Melksham Asc Wendy Hood(AS).

**2. Minutes of Previous Network Meeting :** agreed and signed as true and correct record-Agreed

SC to put on website

**3. Matters arising from Previous Minutes -not covered by agenda items-nil**

**4. Presentation from Lindsay Dunn-Attached  
ASA vision in this area .**

AS and Network clubs to consider options

Network clubs need to support AS with swimmer referrals and officials at meets and enter and support meets.

Options : (1) Maintain AS as it is-cannot be sustained long term with its current model financially.

(2) Consider a relationship with Bath Uni- not preferred by ASA

(3) Consider relationship with Bath Dolphin Asc

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(4) AS becomes a club in its own right.

(5) Super Club' formed of more than one club?

Clubs need to decide whether they will support AS fully as at present the clubs are not fully supporting AS.

**5. Swim 21:** MOU to be signed by all clubs to remain part of Network.

KB and Emily

Safeguarding course. Coaches course dates Level 1(Coaching) 3<sup>rd</sup>/4<sup>th</sup> March 2017

Level 2(Coaching) June date tbc

Team manager 1 & 2

AS to advise

Officials course-advice from Chris Metcalfe

Network on date

These are all available to Network clubs please try and fill the courses.

Training needs: some clubs still need to contact Karen.

for next meeting

Swim 21 -need to meet in January before submission date- all clubs need to attend.

in January

See info below given to club reps and attached AS training analysis.

**6. Constitution changes:** agreed by Network that the Constitution proposed and circulated to all clubs will not work and allow AS to work on a day to day basis.

AS/Sec/Chair/

Mainly because all clubs do not communicate or return requests for comment.

Emily/Alan

This is acknowledged as difficult as we are all volunteers but some decisions will need to be taken quickly for the smooth running of the club and for the swimmers who are members. As to maintain communication and advise Network on any changes.

Withers

Amended constitution to be sent to Alan Withers for advice and approval before it can be voted on at the AGM.

**7. Recruitment** into AS: to date only 1 swimmer from Trowbridge. Lindsay asked why this was as there were swimmers who should be recommended. Keynsham said most preferred COB because of distance and accessibility. Note from Keynsham:

- 'At the present time we have no swimmers, who are not already swimming at ASPSC or COB, ready to progress to Performance swimming we continue to support both COB and AS.

BoA no swimmers , Bath Dolphins would only support the Elite pro gramme no other squads.

Lawrie at Lindsay's suggestion to go through ASA rankings and see if there are potential swimmers who should be referred by Network Club.

Lawrie(Head

Coach)

Network Clubs

**8. Open Meets:** November meet we need more officials and not well attended by Network clubs-main reason being the qualification times being more difficult.

Licensing of future meets dependent on this being a success.

Level 1 in March tbc, Level 3 in April tbc.

**9. Update from the Network Clubs**

AS to liaise on

Norton Radstock have been nominated as ASA 'Club of the Year'AS extended their congratulations. They will support AS with officials when they can. Interested in

cost



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taking up lanes offered.

Bath Dolphin lacking in volunteers as were all clubs.

Westbury no swimmers to recommend at present as most swimmers use WWF5 and then move to a larger club.

**10. AOB:** Keynsham proposal for competition policy. Chris Metcalf explained that the COB policy was taken from the AS policy. AS explained that this was when we had 3 squads and is now under review because of the qualification times that have changed and there may be more Level 3 meets entered as AS. It is a large diverse Network to try and coordinate a competition calander but this will be posted soon and circulated to all Network Clubs. Decision defered until next meeting. Clubs to consult their committees.

Network Clubs  
and AS

### **11. Date & Time of Next Network Committee Meeting :**

Request from AS to have meeting in January 2017

Date TBC after the AGM



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# Aquae Sulis Network Development Plan 2016-2020

## Key Objective 1

Work to develop and improve the quality of Coaching at Home Clubs by;

- The provision of Network Club Coaches workshops and training events
- Setting up a network coach mentoring scheme for level 1 and level 2 coaches
- Visiting all the Network Clubs to review their programme of coaching and provide feedback and support

### **Specific targets**

Run: 2 X Coaches Meetings per annum.-agreed to run 2 coaches meetings per annum to coincide with the network meeting

Promote regional workshops and educational opportunities

Visit each Network Club at least once per season.

Additional visits as requested by Hub club.

### **Who will be responsible?**

1. Head Coach supported by Training & Development Manager & network coaches
2. Network clubs

### **Actions:**

## Key Objective 2

Provide workshops and training events for Network Club officials and Committee Members.

### **Specific Targets**

Conduct an annual network Training Needs Analysis and decide what workshops need to be delivered. This will be reviewed twice a year.

### **Who will be responsible?**

Network clubs with the support of the ASPSC workforce officer and the ASA Club Development Officer.

### **Actions:**



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### **Key Objective 3**

Review Network Competition Calendar

#### **Specific Targets**

Review annually competition calendar for the network clubs to ensure everyone is working towards the same goals.

ASPSC and network clubs on appropriate swimming competitions for all their swimmers from those that need their first taste of competitions to those entering nationals.

#### **Who will be responsible?**

Head Coach and network coaches- ASAP and ongoing.

#### **Actions**

### **Key Objective 4**

Create a clear and structured pathway with defined parameters for swimmers to progress into ASPSC and exit back into home clubs.

#### **Specific Targets**

Head Coach to produce programme report outlining LTAD progress & future development

Squad Meetings to be held

Increased Coaching Team

#### **Who will be responsible?**

AS Head Coach with the support of the ASA Talent Office and network coaches.

#### **Actions Ongoing**

### **Key Objective 5**

Regular network meetings

#### **Specific Targets**



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Regular network meetings that enable all network clubs to contribute to and deliver on this network development plan.

### **Who will be responsible?**

Network clubs with the support of the ASA CDO and English Programmes officer

**Actions** Network committee meeting run on quarterly basis.

## **Key Objective 6**

Maintain SWIM21 network accreditation

### **Specific Targets**

All elements to be completed, with information from all clubs within the network.

### **Who will be responsible?**

SWIM21 coordinator, ASPSC committee with Head Coach, All network clubs

**Actions** To have all information for approval by Feb 2017



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### **Aquae Sulis Network Training Requirements Time Table**

#### **Safeguarding and Protecting Children Course 3<sup>rd</sup> December 2016**

9am to 12pm Cost £30 at the Lecture Room Sports Training Village, University of Bath

#### **Club Matters Evenings- Free through Wesport**

- **Tuesday 6<sup>th</sup> December 2016, 7 - 9pm at the Kingswood School Sports Pavilion, Bath**
- **Wednesday 7<sup>th</sup> December 2016, 7 – 9pm at The Campus, Weston-Super-Mare**

**Coaching Swimming Courses** through blended learning as a closed network course to reduce costs. The face to face sessions and classroom work will be done at the lecture room, STV, University of Bath. The pool sessions will be ASPSC pooltime and swimmers on Saturday and hopefully Soundwell pooltime and swimmers on Sunday. Tutor Wend Dalton will be taking the courses.

Awaiting confirmation from Soundwell and IOS

**Face to face dates are 3<sup>rd</sup> and 4<sup>th</sup> March 2017 for Level 1 Coaching Swimming**

**Face to face dates are 10<sup>th</sup> and 11<sup>th</sup> June 2017 plus 17<sup>th</sup> and 18<sup>th</sup> June for Level 2 Coaching Swimming.**

**Team Manager 1 Module and Team Manager 2 Module to be organised before March 2017. This was in the development plan for the AS network funding. However we will need to look at the numbers and tutors available.**



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## Safeguarding and Protecting Children Course

**This course will be provided for us by SportcoachUK, tutor Kevin West. It will be a closed course for Swimming Club members at a reduced costs compared to those provided by the County Sports Partnerships.**

**Date:** Saturday 3<sup>rd</sup> December 2016

**Time:** 9am to 12pm (3 hours)

**Venue:** Lecture Room, Sports Training Village

**Address:** University of Bath, Claverton Down, Bath BA2 7AY

### Who is it for?

The following volunteers need to attend this workshop if they haven't got this qualification:

3. Team Managers (holding the Team Manager module 1 qualification or planning to do their team manager course shortly).
4. Committee members including: Chairman, Treasurer, Secretary, Welfare officer, Communications Manager, Membership Secretary
5. Coaching staff and poolside helpers who have not done a Safeguarding course before.

**The price per candidate £30** payable upon booking a place by your home club.. The qualification last for 3 years. I will need the following details please.

Name

Contact number

ASA number (if they have one)

Role in their club

You can arrange for a payment to be made by either method.

- Directly into the ASPSC bank account

Account number: 27704483, Sort Code: 56-00-34

- Cheque made out to ASPSC





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The address for cheques is 269 Englishcombe Lane, Bath BA2 2ET

Please put as a ref SPC plus your surname or club and email me confirmation. There will be no refunds for cancellations.

**We only have 20 places available so please contact me as soon as possible with bookings as places will be allocated on a first come first served basis.** For bookings or if you have any queries please contact Karen at [workforce@aquaesulisswimming.org.uk](mailto:workforce@aquaesulisswimming.org.uk)

Thank you. Karen, ASPSC volunteer



# Aquae Sulis Performance Swimming Club

Lindsay Dunn, ASA England Programmes & Pathway Lead

# ASA Vision

- To get more people swimming - provide opportunities for people to swim at all levels
- Responsibility is to our **members** – hence the need to provide opportunities, limit the ‘lottery postcode effect’
- **Club team**: aim to develop sustainable club structures that offer competitive opportunities at all levels
- **Talent team**: aim to ensure that there are clear ‘performance’ pathways for swimmers with the aspirations and capabilities ; squads are a dying breed!

# Competitive Swimmers

- 1) Those who aspire and have the capability  
**Performance Pathway**
- 2) Those who aspire but perhaps lack the capability  
**Club Pathway - Performance Pathway?** – **Club Pathway** may make performance standards in earlier years, then revert back into club programmes which need to cater for their ongoing aspirations
- 3) Those who lack the aspiration but have the capability  
**Club Pathway – Performance Pathway?**, there is an obvious need to keep the performance pathway option 'on the table' as aspirations often change with maturity/ development  
Need to ensure that club programmes can continue to progress the athlete to enable them to transition into the performance pathway at a later stage if desired

# The Facts!

- We need a performance programme to support the 'talent' pathway in Bath and the surrounding area
- The programme has historically contributed a number of swimmers to the England and GBR Junior and Senior International teams:
  - Siobhan Marie – O'Connor
  - Stacey Tadd
- None of our local 'network' clubs have the current capacity to deliver a national youth programme ... (16 hours water time)
- Aquae Sulis, in it's current format is not sustainable!

# Options ...

- **Maintain the status quo**
  - + ve: retain control over the programme and retain it's identity
  - ve: tarnished reputation and complete reliance on buy in from network clubs and income from open meets
- **Consider a relationship with Bath University**
  - + ve: funded fully/ partially by the University, more sustainable
  - ve: would need assurances long term
- **Consider a relationship with a local club/ clubs**
  - + ve: underpinning club structures could sustain the performance end of the programme and a possible 'complete' swimmer pathway in Bath
  - ve: ????