

Patrons: Sharron Davies MBE, Stephanie Millward MBE

## Team Bath AS Academy Criteria 2019-2020

This document contains the criteria for the Academy squads within Team Bath AS and includes the following groups: FINISH squad, TURN squad and START squad.

All groups within the squad will focus on developing the technical skills, body position and stroke techniques needed to learn to train for competition. Swimmers at this level will learn how to train in groups in a positive, safe and friendly environment.

The Lead Coach of the Academy has the discretion to accept a swimmer and move swimmers based on skills, attitude to training, achievements in competitions, attendance, readiness to develop plus whether the focus is on swimming for fitness or competitive swimming.

The Head Coach and Academy Lead Coach may select swimmers for trials with the transition squad at agreed points during the season.

All swimmers must be able to confidently swim freestyle, breaststroke and backstroke for 50m and butterfly for 25m to be considered for the Academy. The swimmers will be between age 8 and 13 years old.

Swimmers must adhere to the [Code of Conduct for Swimmers](#).

Swimmer's achievements will be reviewed at the various points during the season.

All squads have a maximum number of places available, which can affect squad moves and entry into the Academy.

**Attendance** within all Academy squads: The sessions available are the basic expectation for squad members & they should consider this before making a commitment

Somerset County Championship qualification times will be posted on the Team Bath AS website.

**FINISH SQUAD:** Swimmers competing in licenced meets, County Championships and finals with the aim of progressing to transition squad through commitment to training and focus on the program.

**The main criteria for selection will be the 200m+ strokes and distances.**

**3 SESSIONS ARE AVAILABLE TO SWIMMERS**

**TURN SQUAD:** Swimmers competing at licenced meets and aiming for multiple County qualifying times. Swimming events will focus on a range of distances and strokes, particularly 200m+, not just the sprint events.

**2 SESSIONS ARE AVAILABLE FOR SWIMMERS**

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**START SQUAD:** Swimmers that are learning to train and are new to a club environment. The target competitions will be unlicensed meets or development galas to improve their race skills and experience.

**TWO SESSIONS ARE AVAILABLE FOR SWIMMERS AT £55.00 PER MONTH, SWIMMERS OPTING FOR ONE SESSION PER WEEK AT £40.00 PER MONTH WILL HAVE THEIR ONE SESSION AT CULVERHAY FROM 3PM TO 4PM.**

### Academy Timetable and Monthly Fees

ACADEMY SQUAD	NUMBER OF SESSIONS PER WEEK	MONTHLY FEE	LOCATION	SESSION TIMES
FINISH	3	£65.00	University of Bath, 50m pool	Saturday 12pm to 1pm
			Bath Sport and Leisure Centre	Monday 8pm to 9pm
			Culverhay Leisure Centre	Wednesday 8pm to 9pm
TURN	2	£55.00	University of Bath, 50m pool	Saturday 1pm to 2pm
			Culverhay Leisure Centre	Sunday 2pm to 3pm
START	2	£55.00	University of Bath, 50m pool	Saturday 2pm to 3pm
			Culverhay Leisure Centre	Sunday 3pm to 4pm

Please note that this is the general pattern of training and there may be occasions when we have to change the training times due to availability of the pools.

- Pre- pool exercises start 20 minutes before the indicated swim training time above and swimmers are expected to be changed and ready to start these on time.