



Covid-19 Return to swimming guidance for Beckenham Swimming Club Bromley High School Pool

A guide for parents, swimmers & coaches

- Do NOT come to training if you or someone in your household is unwell or displaying symptoms of Covid 19
- Complete the Return to training Declaration form and Health survey, these need to be signed printed off and handed to Jo Wilson, Sharon McSpadden , squad rep or Covid Officer before entering the pool.
- All swimmers need to have their swim wear on.
- Arrive at the school's car park (Blackbrook Lane, Bromley BR1 2TW) please do not gather in groups
- Swimmers at all time should avoid coming within two meters of other swimmers who are not in their household
- Parents are NOT permitted to enter the pool, only the Covid Officer
- Swimmers and coach to enter the pool via the spectators entrance without using the changing rooms
- We expect the swimmers to calmly and quietly enter the pool
- Swimmers on arrival are NOT permitted to use the changing rooms and will be directed directly to the pool.
- Please bring only the necessary training equipment and one water bottle
- Before entering the pool the coach will give a briefing to the swimmers. Please listen carefully and ask if there is something that you do not understand

- Once the session has finished swimmers will be able to use the changing rooms but will NOT have access to the showers. Swimmers will leave via the changing rooms. Social distancing must again apply.