

# CWSC Health and Safety Policy

This code applies to all persons who are members, parents/guardians of members, coaches/teachers, helpers or participants acting on behalf of Chelsea and Westminster S.C.

## General

1. Swimmers will swim because they enjoy swimming and not to please anybody else. Parents/guardian, coaches/helpers/teachers and other participants will encourage my child to swim but will not exert any undue influence on him/her.
2. Swimmers will be well behaved and work hard to improve their own personal swimming ability.
3. Members, parents/guardians of members, coaches/teachers, helpers and participants acting on behalf of Chelsea and Westminster S.C. will co-operate fully with one another
4. Members, parents/guardians of members coaches/teachers, helpers and participants acting on behalf of Chelsea and Westminster S.C. will appreciate the efforts put in by others and will show them due consideration and respect.
5. Any cause for concern relating to incidents that occur in the changing facilities or poolside will be raised with the coach/poolside staff in the first instance. If the issue is not resolved satisfactorily then the matter will then be brought to the attention of the committee via the Chairman, Welfare Officer or other officer of the club.

## Behaviours

6. All persons will refrain from using offensive language, physical or verbal abuse of others and shall respect the property of others.
7. Bullying in any form will not be tolerated. The Committee or a panel appointed by them will act upon any report of bullying without delay. A victim or concerned party may refer the matter as a complaint direct to the: Chelsea and Westminster S.C. Welfare Officer; ASA (01509 618700); or contact the NSPCC confidential Child Helpline (Swimline) on 0808 100 4001 (24 hours).
8. Members, parents/guardians, coaches/helpers/teachers and other participants will not use any photographic equipment, including a mobile phone with camera facilities, at any training, competition or event involving Chelsea and Westminster S.C. unless provisions to register their use formally exist and have been complied with.

9. Members, parents/guardians, coaches/helpers/teachers and other participants will behave in an appropriate manner and refrain from any activity likely to bring the Chelsea and Westminster S.C. into disrepute. They shall respect the rights of others to participate and refrain from any act or omission likely to cause, damage, loss or disruption.
10. Smoking or the consumption of alcohol by swimmers during club swimming/training activities or whilst on club organised transport is not permitted.
11. Drugs and/or other substances abuse will not be tolerated at any level. Any members suspecting substance misuse should report the matter immediately.

## Health and Safety/Child Protection

12. Coaches/teachers/helpers will do everything possible to ensure a safe environment for swimming activities. They shall respect the rules governing the sport and any guidelines issued by the pool owner/operator. Health and Safety Laws and any relevant by-laws or rules of the club shall be complied with.
13. All persons are responsible for their own health and safety and shall refrain from any act likely to compromise the health and safety of themselves or of others.
14. Swimmers will not swim if they do not have the necessary medication (e.g. inhalers) with them.
15. Any adult person having contact with children on poolside whilst acting for Chelsea and Westminster S.C. is required to register with the ASA.
16. For the health and safety of swimmers, adult members and those swimmers not involved in the training session should refrain from accessing the poolside and distracting coaching staff, unless in an emergency. Non-intrusive access to the poolside (e.g. for providing training equipment/water bottles) is acceptable if absolutely necessary. Coaching staff may be available for consultation at the end of each training session or by arrangement via the swimmer.
17. No person is permitted to be on poolside unless they have the permission of the pool and/or coaching staff.

## Attending Training Sessions

18. A swimmer should normally attend a complete training sessions. Where possible, coaches/teachers/helpers should be notified if a swimmer will be leaving early or arriving late, before the session starts. Swimmers should be sure to be ready to swim, on poolside, by or before the start time of each session.

19. Swimmers will have the necessary swim gear or equipment, such as goggles (a spare pair is also recommended), float, pull buoy, flippers, water bottle and drink etc.
20. If a swimmer is unable to complete a swim training session they will remain on poolside suitably clothed until a responsible adult takes charge of them.

## Competitive Squad and Club Representation

20. Swimmers should be available for team selection. They should notify the team selector as soon as possible if they are unable to attend an event for which they have been selected. Repeated unavailability may result in non-selection for future teams and/or a change of squad. This should take account of an individual's needs and requirements and will be re-assessed in light of changing circumstances.
21. The coaches should agree goals with their swimmers. These should take account of an individual's needs and requirements and will be continually reassessed. All goals should be challenging, realistic, achievable, and meaningful.
22. The Head Coach in consultation with other coaches/teachers/helpers will decide on recommendations for squad changes. Swimmers will be given reasonable notice of any proposed change.
23. Whilst travelling to/from venues on transport arranged or provided by Chelsea and Westminster S.C. all persons will be under the supervision of designated adult member(s) of Chelsea and Westminster S.C. and should abide by the safety instructions of the transport company and their representatives, including the use of seatbelts. Chelsea and Westminster S.C. will ensure seatbelts are provided for the duration of the journey.

## Exclusion and Warnings

24. Coaches/teachers/helpers have the right to temporarily exclude a member if their behaviour is deemed inappropriate. This exclusion will cover all or part of a session and will be reported to a member of the committee. A swimmer under the age of 18, who is excluded, must remain on poolside until a responsible parent/guardian takes charge of them. If the coach/teacher/guardian seeks a longer exclusion, the matter will be brought to the attention of the Committee who will decide on the course of action to be taken within the ASA and/or Chelsea and Westminster S.C.
25. Chelsea and Westminster S.C. has the right to, in writing, formally warn a members parent of member, coach, teacher, helper or participants acting on behalf of Chelsea and Westminster S.C. in relation to matters covered by this code.