



Marina Pollara

Performance Coach

Marina has been involved in swimming from a very early age, competing at the Italian National Championships, International Meets and Pre-Olympic trials and, as a master swimmer, at the National and European Championships. She began her coaching career in Rome before taking a long break to bring up her three children. After a brief coaching spell in Japan, on her return to the UK, she joined Wandsworth Swimming Club, first as Assistant Head Coach and then Head Coach. In that role, over many years, she achieved consistent results at County and Regional Level, and taking scores of swimmers to the Nationals, with two podiums (gold and silver) at the Age Group and finalists at the Youth Championships.

In 2009 she was selected to join the British National Team as Assistant Team Manager and Interpreter at the Cyprus Camp, at the Holding Camp in Sardinia and the World Championships in Rome. In the same year, she joined the ASA Beacon Programme at Crystal Palace as Assistant Head Coach until June 2012, becoming Head Coach until the end of the Programme in 2013. In September 2013 she joined CWSC where she is working as Assistant Performance coach. She holds the ASA Club Coach Level 3 and UKCC Level 3 Certificates.