

### Individual Meet Results

**London Region Winter Championships 2019 02-Nov-19 to 03-Nov-19 [Ageup: 31/12/2019] SC Meters**  
**Sanction: 2LR192817 Location: London Aquatic Centre**

Time	F/P/S	Event		Place	Points	Improv
<b>Emma Bhugun (14) F</b>						
1:22.87S	P # 104A	Female 11-15 100 Breast	CWSL-LD	47	---	---
29.31S	P # 112A	Female 11-15 50 Free	CWSL-LD	52	---	---
1:03.89S	P # 118A	Female 11-15 100 Free	CWSL-LD	48	---	---
37.57S	P # 120A	Female 11-15 50 Breast	CWSL-LD	45	---	---
31.67S	P # 134A	Female 11-15 50 Fly	CWSL-LD	43	---	---
<b>Herbert Bingham (16) M</b>						
56.34S	P # 101B	Male 16 & Over 100 Free	CWSL-LD	39	---	-0.57
27.99S	P # 117B	Male 16 & Over 50 Fly	CWSL-LD	32	---	-0.51
NS	P # 119B	Male 16 & Over 200 Free	CWSL-LD	---	---	---
1:04.59S	P # 123B	Male 16 & Over 100 Fly	CWSL-LD	34	---	0.72
30.95S	P # 125B	Male 16 & Over 50 Back	CWSL-LD	35	---	0.95
25.96S	P # 129B	Male 16 & Over 50 Free	CWSL-LD	49	---	0.02
<b>Nastassja Cramereri (21) F</b>						
2:06.96S	P # 102B	Female 16 & Over 200 Free	CWSL-LD	11	---	-0.38
9:10.00S	F # 114B	Female 16 & Over 800 Free	CWSL-LD	6	3	---
5:01.59S DQ	F # 122B	Female 16 & Over 400 IM	CWSL-LD	---	---	---
4:27.03S	F # 128B	Female 16 & Over 400 Free	CWSL-LD	10	---	2.14
<b>Aryaan Din (16) M</b>						
53.08S	P # 101B	Male 16 & Over 100 Free	CWSL-LD	9	---	0.03
53.10S	F # 101B	Male 16 & Over 100 Free	CWSL-LD	8	1	0.05
32.22S	P # 103B	Male 16 & Over 50 Breast	CWSL-LD	19	---	0.30
1:01.48S	P # 115B	Male 16 & Over 100 IM	CWSL-LD	6	---	-1.92
1:01.64S	F # 115B	Male 16 & Over 100 IM	CWSL-LD	5	4	-1.76
26.72S	P # 117B	Male 16 & Over 50 Fly	CWSL-LD	12	---	-0.30
1:58.31S	P # 119B	Male 16 & Over 200 Free	CWSL-LD	16	---	-1.10
1:17.64S	P # 121B	Male 16 & Over 100 Breast	CWSL-LD	29	---	7.88
24.49S	P # 129B	Male 16 & Over 50 Free	CWSL-LD	12	---	-0.01
<b>Kamran Din (15) M</b>						
31.36S	F # 103A	Male 11-15 50 Breast	CWSL-LD	2	7	-0.34
31.61S	P # 103A	Male 11-15 50 Breast	CWSL-LD	2	---	-0.09
1:04.02S	P # 115A	Male 11-15 100 IM	CWSL-LD	2	---	-2.27
1:04.47S	F # 115A	Male 11-15 100 IM	CWSL-LD	3	6	-1.82
28.42S	P # 117A	Male 11-15 50 Fly	CWSL-LD	14	---	-0.28
1:09.63S	P # 121A	Male 11-15 100 Breast	CWSL-LD	5	---	0.54
1:09.21S DQ	F # 121A	Male 11-15 100 Breast	CWSL-LD	---	---	---
2:18.56S	P # 127A	Male 11-15 200 IM	CWSL-LD	4	---	-1.40
2:21.61S	F # 127A	Male 11-15 200 IM	CWSL-LD	8	1	1.65
25.91S	P # 129A	Male 11-15 50 Free	CWSL-LD	12	---	-0.12
<b>Adrien Durantel (14) M</b>						
59.04S DQ	P # 101A	Male 11-15 100 Free	CWSL-LD	---	---	---
1:06.96S	P # 107A	Male 11-15 100 Back	CWSL-LD	26	---	-0.20
31.09S	P # 125A	Male 11-15 50 Back	CWSL-LD	29	---	-0.04

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Time	F/P/S	Event	Place	Points	Improv	
<b>Henry Gray (13) M</b>						
59.06S	P # 101A	Male 11-15 100 Free	CWSL-LD	42	---	0.98
5:04.00S	F # 105A	Male 11-15 400 IM	CWSL-LD	10	---	-0.73
1:06.58S	DQ P # 107A	Male 11-15 100 Back	CWSL-LD	---	---	---
2:29.54S	DQ P # 109A	Male 11-15 200 Fly	CWSL-LD	---	---	---
4:33.35S	F # 111A	Male 11-15 400 Free	CWSL-LD	18	---	4.11
30.42S	P # 117A	Male 11-15 50 Fly	CWSL-LD	51	---	-0.24
2:07.31S	P # 119A	Male 11-15 200 Free	CWSL-LD	23	---	-1.15
1:06.65S	P # 123A	Male 11-15 100 Fly	CWSL-LD	28	---	-0.48
30.83S	P # 125A	Male 11-15 50 Back	CWSL-LD	25	---	0.19
2:28.08S	P # 127A	Male 11-15 200 IM	CWSL-LD	20	---	3.46
26.74S	P # 129A	Male 11-15 50 Free	CWSL-LD	28	---	0.10
17:52.26S	F # 131A	Male 11-15 1500 Free	CWSL-LD	13	---	-47.70
2:27.08S	P # 133A	Male 11-15 200 Back	CWSL-LD	23	---	3.39
<b>Betsy Griffiths (14) F</b>						
1:13.68S	P # 124A	Female 11-15 100 Back	CWSL-LD	58	---	-0.53
4:50.86S	F # 128A	Female 11-15 400 Free	CWSL-LD	21	---	1.32
<b>Suki Griffiths (16) F</b>						
2:18.93S	P # 102B	Female 16 & Over 200 Free	CWSL-LD	33	---	4.37
2:36.01S	P # 110B	Female 16 & Over 200 IM	CWSL-LD	17	---	2.28
29.05S	P # 112B	Female 16 & Over 50 Free	CWSL-LD	36	---	0.14
1:03.66S	P # 118B	Female 16 & Over 100 Free	CWSL-LD	38	---	1.65
31.52S	P # 134B	Female 16 & Over 50 Fly	CWSL-LD	24	---	0.34
<b>Thomasina Grove (13) F</b>						
1:08.17S	P # 106A	Female 11-15 100 Fly	CWSL-LD	12	---	0.70
31.72S	P # 108A	Female 11-15 50 Back	CWSL-LD	17	---	-1.32
2:35.96S	P # 110A	Female 11-15 200 IM	CWSL-LD	26	---	2.75
28.66S	P # 112A	Female 11-15 50 Free	CWSL-LD	25	---	-0.36
2:35.82S	P # 116A	Female 11-15 200 Back	CWSL-LD	31	---	0.46
5:36.20S	F # 122A	Female 11-15 400 IM	CWSL-LD	14	---	3.47
1:13.08S	P # 124A	Female 11-15 100 Back	CWSL-LD	53	---	2.09
2:44.94S	P # 126A	Female 11-15 200 Fly	CWSL-LD	24	---	4.67
1:09.75S	F # 132A	Female 11-15 100 IM	CWSL-LD	4	5	-3.24
1:09.89S	P # 132A	Female 11-15 100 IM	CWSL-LD	2	---	-3.10
29.24S	P # 134A	Female 11-15 50 Fly	CWSL-LD	3	---	-0.59
29.41S	F # 134A	Female 11-15 50 Fly	CWSL-LD	3	6	-0.42
<b>Megan Kemp (16) F</b>						
2:42.70S	P # 110B	Female 16 & Over 200 IM	CWSL-LD	22	---	5.85
29.87S	P # 112B	Female 16 & Over 50 Free	CWSL-LD	43	---	0.38
2:39.49S	DQ P # 116B	Female 16 & Over 200 Back	CWSL-LD	---	---	---
1:12.80S	P # 124B	Female 16 & Over 100 Back	CWSL-LD	24	---	2.27
31.51S	P # 134B	Female 16 & Over 50 Fly	CWSL-LD	23	---	0.44
<b>Damjan Kisic (13) M</b>						
2:32.16S	P # 133A	Male 11-15 200 Back	CWSL-LD	35	---	-0.27
<b>Matilda Littlemore (14) F</b>						
5:34.68S	F # 122A	Female 11-15 400 IM	CWSL-LD	13	---	-7.19
2:39.97S	P # 126A	Female 11-15 200 Fly	CWSL-LD	20	---	-2.98
3:00.96S	P # 130A	Female 11-15 200 Breast	CWSL-LD	41	---	-9.75

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<b>Pietro Lombardo (16) M</b>						
54.78S	P # 101B	Male 16 & Over 100 Free	CWSL-LD	22	---	---
30.38S	P # 103B	Male 16 & Over 50 Breast	CWSL-LD	6	---	---
1:02.15S	P # 115B	Male 16 & Over 100 IM	CWSL-LD	8	---	---
1:04.22S	P # 121B	Male 16 & Over 100 Breast	CWSL-LD	2	---	---
<b>Juan Miranda (15) M</b>						
59.01S	P # 101A	Male 11-15 100 Free	CWSL-LD	40	---	-1.27
33.74S	P # 103A	Male 11-15 50 Breast	CWSL-LD	15	---	-0.98
1:10.36S	P # 107A	Male 11-15 100 Back	CWSL-LD	44	---	2.19
2:50.44S	P # 113A	Male 11-15 200 Breast	CWSL-LD	28	---	-0.86
2:10.03S	P # 119A	Male 11-15 200 Free	CWSL-LD	31	---	-4.71
1:15.28S	P # 121A	Male 11-15 100 Breast	CWSL-LD	21	---	-3.51
31.91S	P # 125A	Male 11-15 50 Back	CWSL-LD	38	---	-0.19
27.04S	P # 129A	Male 11-15 50 Free	CWSL-LD	38	---	-0.92
2:27.38S	P # 133A	Male 11-15 200 Back	CWSL-LD	25	---	-1.06
<b>Selin Mucen (13) F</b>						
32.71S	P # 134A	Female 11-15 50 Fly	CWSL-LD	54	---	0.67
<b>Zoe Musial (15) F</b>						
1:14.84S	P # 104A	Female 11-15 100 Breast	CWSL-LD	3	---	-0.19
30.66S	P # 108A	Female 11-15 50 Back	CWSL-LD	3	---	-0.30
26.32S	F # 112A	Female 11-15 50 Free	CWSL-LD	2	7	-0.91
26.45S	P # 112A	Female 11-15 50 Free	CWSL-LD	2	---	-0.78
57.10S	P # 118A	Female 11-15 100 Free	CWSL-LD	2	---	0.09
57.37S	F # 118A	Female 11-15 100 Free	CWSL-LD	2	7	0.36
1:04.43S	P # 124A	Female 11-15 100 Back	CWSL-LD	2	---	-1.12
1:04.98S	F # 124A	Female 11-15 100 Back	CWSL-LD	2	7	-0.57
29.06S	F # 134A	Female 11-15 50 Fly	CWSL-LD	1	8	-0.52
29.13S	P # 134A	Female 11-15 50 Fly	CWSL-LD	2	---	-0.45
<b>Jarvis Parkinson (21) M</b>						
48.97S	F # 101B	Male 16 & Over 100 Free	CWSL-LD	1	8	0.30
50.25S	P # 101B	Male 16 & Over 100 Free	CWSL-LD	1	---	1.58
<b>Lanre Pratt (13) M</b>						
4:44.29S	F # 111A	Male 11-15 400 Free	CWSL-LD	33	---	3.67
2:14.06S	P # 119A	Male 11-15 200 Free	CWSL-LD	55	---	-0.66
18:16.77S	F # 131A	Male 11-15 1500 Free	CWSL-LD	17	---	-29.68
<b>Jonathan Rudd (14) M</b>						
NS	P # 133A	Male 11-15 200 Back	CWSL-LD	---	---	---
<b>William Rudd (16) M</b>						
52.79S	F # 101B	Male 16 & Over 100 Free	CWSL-LD	7	2	-1.08
52.98S	P # 101B	Male 16 & Over 100 Free	CWSL-LD	8	---	-0.89
1:03.61S	P # 107B	Male 16 & Over 100 Back	CWSL-LD	20	---	2.88
26.50S	P # 117B	Male 16 & Over 50 Fly	CWSL-LD	8	---	-0.57
26.93S	F # 117B	Male 16 & Over 50 Fly	CWSL-LD	8	1	-0.14
1:54.39S	P # 119B	Male 16 & Over 200 Free	CWSL-LD	6	---	-2.58
1:55.73S	F # 119B	Male 16 & Over 200 Free	CWSL-LD	5	4	-1.24
1:02.81S	P # 123B	Male 16 & Over 100 Fly	CWSL-LD	24	---	0.74
28.30S	P # 125B	Male 16 & Over 50 Back	CWSL-LD	14	---	0.29
25.11S	P # 129B	Male 16 & Over 50 Free	CWSL-LD	24	---	-0.07

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Time	F/P/S	Event	Place	Points	Improv
<b>Imogen Sargent (15) F</b>					
1:18.84S	P # 104A	Female 11-15 100 Breast	20	---	-0.72
1:07.20S	F # 106A	Female 11-15 100 Fly	5	4	-0.37
1:07.83S	P # 106A	Female 11-15 100 Fly	10	---	0.26
31.67S	P # 108A	Female 11-15 50 Back	16	---	-0.60
2:32.89S	P # 110A	Female 11-15 200 IM	15	---	-7.38
28.52S	P # 112A	Female 11-15 50 Free	21	---	-0.57
2:30.12S	P # 116A	Female 11-15 200 Back	10	---	-6.88
2:32.03S	F # 116A	Female 11-15 200 Back	8	1	-4.97
1:02.33S	P # 118A	Female 11-15 100 Free	28	---	-2.18
35.88S	P # 120A	Female 11-15 50 Breast	14	---	-0.53
1:09.64S	P # 124A	Female 11-15 100 Back	12	---	-2.25
1:08.47S	F # 132A	Female 11-15 100 IM	2	7	-6.67
1:10.37S	P # 132A	Female 11-15 100 IM	5	---	-4.77
30.60S	P # 134A	Female 11-15 50 Fly	13	---	-1.32
<b>Lauren Shaffer (16) F</b>					
2:44.75S	P # 126B	Female 16 & Over 200 Fly	20	---	6.65
<b>Josephine Surminski (14) F</b>					
1:17.83S	P # 104A	Female 11-15 100 Breast	12	---	1.30
2:32.25S	P # 110A	Female 11-15 200 IM	11	---	-4.88
36.40S	P # 120A	Female 11-15 50 Breast	24	---	-0.29
2:40.88S	P # 130A	Female 11-15 200 Breast	3	---	-0.97
2:41.77S	F # 130A	Female 11-15 200 Breast	3	6	-0.08
<b>Amy Tran (13) F</b>					
1:19.41S	P # 104A	Female 11-15 100 Breast	26	---	-0.09
2:37.76S	P # 116A	Female 11-15 200 Back	33	---	-1.62
36.26S	P # 120A	Female 11-15 50 Breast	21	---	-0.21
2:56.85S	P # 130A	Female 11-15 200 Breast	26	---	1.60
<b>Veronica Venuti (11) F</b>					
33.28S	P # 108A	Female 11-15 50 Back	42	---	-0.49
2:34.59S	P # 116A	Female 11-15 200 Back	25	---	0.75
5:36.48S	F # 122A	Female 11-15 400 IM	15	---	4.75
1:10.40S	P # 124A	Female 11-15 100 Back	21	---	-1.14

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>		<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Edward Whittles (13) M</b>						
NS	P # 101A	Male 11-15 100 Free	CWSL-LD	---	---	---
4:36.33S	F # 105A	Male 11-15 400 IM	CWSL-LD	1	8	-4.25
2:15.77S	P # 109A	Male 11-15 200 Fly	CWSL-LD	2	---	-5.71
2:29.11S	P # 113A	Male 11-15 200 Breast	CWSL-LD	2	---	-0.31
2:29.29S	F # 113A	Male 11-15 200 Breast	CWSL-LD	3	6	-0.13
1:02.61S	F # 115A	Male 11-15 100 IM	CWSL-LD	1	8	-1.07
1:03.64S	P # 115A	Male 11-15 100 IM	CWSL-LD	1	---	-0.04
1:59.86S	F # 119A	Male 11-15 200 Free	CWSL-LD	4	5	0.15
2:00.59S	P # 119A	Male 11-15 200 Free	CWSL-LD	3	---	0.88
1:11.38S	P # 121A	Male 11-15 100 Breast	CWSL-LD	9	---	2.55
1:02.65S	P # 123A	Male 11-15 100 Fly	CWSL-LD	9	---	0.57
2:12.14S	F # 127A	Male 11-15 200 IM	CWSL-LD	2	7	-2.52
2:13.67S	P # 127A	Male 11-15 200 IM	CWSL-LD	2	---	-0.99
2:17.10S	F # 133A	Male 11-15 200 Back	CWSL-LD	6	3	-2.62
2:18.47S	P # 133A	Male 11-15 200 Back	CWSL-LD	8	---	-1.25