



## **Mo Hammad**

### **Assistant Coach – Performance and Development**

Mo joined us recently from Ealing Swimming Club, where he swam competitively and coached children of various ages and abilities since 2014.

Mo started swimming relatively late but fell in love with the sport, improving quickly and swimming competitively since. Before swimming, Mo played football at a semi-professional level winning numerous team and individual accolades.

Mo is currently studying Chemical Engineering at UCL. Being an athlete himself and having participated in numerous team and individual sports, he understands what is required, both mentally and physically, for swimmers to achieve their potential. As a young coach, he hopes to communicate this passion and drive to young swimmers.