
Individual Meet Results
ASA 2016 Winter Nationals 15-Dec-16 to 18-Dec-16 SC Meters
Location: Ponds Forge
Chelsea&West [CWSL] Coach: Bram Montgomery

Time	F/P/S	Event	Place	Points	Improv
Lewis Clifford-Stephenson (23) M					
22.19S	F # 3	Male 50 Free	3	---	0.38
22.22S	P # 3	Male 50 Free	4	---	0.41
27.02S	F # 10	Male 50 Breast	1	---	0.32
27.04S	P # 10	Male 50 Breast	2	---	0.34
Thomas Khan (15) M					
31.11S	P # 10	Male 50 Breast	35	---	-0.20
Daniel Leznin (15) M					
1:08.44S	P # 4	Male 100 Breast	41	---	-0.32
4:39.74S	P # 6	Male 400 IM	33	---	-4.12
2:25.05S	P # 12	Male 200 Breast	35	---	-0.01
Charlotte O'Leary (14) F					
29.09S	P # 11	Female 50 Back	27	---	-0.64
Anna Podurgiel (14) F					
1:05.07S	P # 1	Female 100 Back	50	---	0.40
58.53S	P # 5	Female 100 Free	42	---	-0.03
Zoe Smith (15) F					
58.73S	P # 5	Female 100 Free	44	---	0.61
26.59S	P # 13	Female 50 Free	40	---	0.20
Emily Surminski (14) F					
2:39.16S	P # 7	Female 200 Breast	54	---	-2.86
Sophie Whelan (15) F					
2:22.96S	P # 2	Female 200 Fly	52	---	-0.66