**PORTSMOUTH END OF SEASON MEET 14th & 15th JULY 2018**

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| **SESSION 1 WARM UP TBC START TBC SATURDAY 14TH JULY** |
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**EVENT 1 GIRLS 200 FREESTYLE**

**EVENT 2 BOYS 50 BUTTERFLY**

**EVENT 3 GIRLS 50 BACKSTROKE**

**EVENT 4 BOYS 200 BACKSTROKE**

**EVENT 5 GIRLS 100 BREASTSTROKE**

**EVENT 6 BOYS 100 BUTTERFLY**

**EVENT 7 GIRLS 400 INDIVIDUAL MEDLEY**

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| **SESSION 2 WARM UP TBC START TBC SATURDAY 14TH JULY** |
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**EVENT 8 BOYS 400 FREESTYLE**

**EVENT 9 GIRLS 200 BUTTERFLY**

**EVENT 10 BOYS 50 BREASTSTROKE**

**EVENT 11 GIRLS 50 FREESTYLE**

**EVENT 12 BOYS 200 BREASTSTROKE**

**EVENT 13 GIRLS 100 BACKSTROKE**

**EVENT 14 BOYS 100 FREESTYLE**

**EVENT 15 GIRLS 200 INDIVIDUAL MEDLEY**

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| **SESSION 3 WARM UP TBC START TBC SUNDAY 15TH JULY** |
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**EVENT 16 BOYS 200 FREESTYLE**

**EVENT 17 GIRLS 50 BUTTERFLY**

**EVENT 18 BOYS 50 BACKSTROKE**

**EVENT19 GIRLS 200 BACKSTROKE**

**EVENT 20 BOYS 100 BREASTSTROKE**

**EVENT21 GIRLS 100 BUTTERFLY**

**EVENT 22 BOYS 400 INDIVIDUAL MEDLEY**

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| **SESSION 4 WARM UP TBC START TBC SUNDAY 15TH JULY** |
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**EVENT23 GIRLS 400 FREESTYLE**

**EVENT 24 BOYS 200 BUTTERFLY**

**EVENT 25 GIRLS 50 BREASTSTROKE**

**EVENT26 BOYS 50 FREESTYLE**

**EVENT 27 GIRLS 200 BREASTSTROKE**

**EVENT 28 BOYS 100 BACKSTROKE**

**EVENT 29 GIRLS 100 FREESTYLE**

**EVENT 30 BOYS 200 INDIVIDUAL MEDLEY**

**Portsmouth Northsea End of Season meet on 14th & 15th July 2018**

**Upper Qualifying Times – You must not be faster than this**

**BOYS GIRLS**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **9/10** | **11** | **12** | **13** | **14** | **15 & OVER** | **EVENT** | **9/10** | **11** | **12** | **13** | **14** | **15 & OVER** |
| **32.00** | **31.00** | **29.50** | **28.50** | **27.00** | **24.85** | **50 FREE** | **32.00** | **31.00** | **30.50** | **30.00** | **29.00** | **28.47** |
| **1.10.00** | **1.07.00** | **1.01.91** | **58.79** | **56.79** | **53.86** | **100 FREE** | **1.10.00** | **1.06.41** | **1.03.59** | **1.01.92** | **1.00.90** | **1.00.90** |
| **2.30.90** | **2.22.74** | **2.14.32** | **2.07.95** | **2.03.54** | **1.57.23** | **200 FREE** | **2.30.90** | **2.23.37** | **2.16.76** | **2.13.09** | **2.10.88** | **2.10.88** |
| **5.15.70** | **4.59.06** | **4.42.93** | **4.30.12** | **4.21.82** | **4.09.86** | **400 FREE** | **5.15.70** | **5.00.17** | **4.46.54** | **4.39.01** | **4.34.61** | **4.34.61** |
| **37.00** | **35.00** | **33.00** | **31.00** | **29.00** | **27.50** | **50 BACK** | **37.00** | **35.00** | **34.00** | **33.00** | **32.50** | **32.00** |
| **1.20.00** | **1.15.00** | **1.11.27** | **1.07.48** | **1.05.00** | **1.01.60** | **100 BACK** | **1.20.50** | **1.15.88** | **1.12.26** | **1.10.11** | **1.08.85** | **1.07.95** |
| **2.50.20** | **2.42.24** | **2.32.57** | **2.24.86** | **2.19.57** | **2.13.43** | **200 BACK** | **2.50.20** | **2.41.56** | **2.34.53** | **2.29.56** | **2.26.81** | **2.26.10** |
| **38.00** | **35.00** | **32.50** | **30.50** | **28.50** | **26.50** | **50 FLY** | **38.00** | **34.00** | **33.00** | **32.00** | **31.50** | **31.00** |
| **1.24.00** | **1.16.00** | **1.09.94** | **1.05.66** | **1.02.88** | **58.87** | **100 FLY** | **1.23.00** | **1.15.55** | **1.11.17** | **1.08.70** | **1.07.14** | **1.06.26** |
| **2.58.10** | **2.48.57** | **2.36.39** | **2.26.98** | **2.20.26** | **2.11.83** | **200 FLY** | **2.58.10** | **2.49.08** | **2.37.92** | **2.30.99** | **2.27.87** | **2.26.62** |
| **40.00** | **39.00** | **38.00** | **36.50** | **34.50** | **32.50** | **50 BRST** | **40.00** | **37.00** | **36.00** | **35.00** | **34.50** | **34.00** |
| **1.32.00** | **1.25.00** | **1.20.82** | **1.16.04** | **1.13.15** | **1.08.95** | **100 BREAST** | **1.33.00** | **1.26.03** | **1.21.70** | **1.19.37** | **1.17.80** | **1.17.14** |
| **3.20.10** | **3.07.11** | **2.54.92** | **2.44.87** | **2.39.53** | **2.30.95** | **200 BRST** | **3.20.10** | **3.04.96** | **2.55.24** | **2.50.62** | **2.47.82** | **2.46.47** |
| **2.50.50** | **2.42.97** | **2.32.92** | **2.25.62** | **2.20.52** | **2.13.32** | **200 IM** | **2.50.50** | **2.42.53** | **2.35.37** | **2.30.93** | **2.28.64** | **2.26.82** |
| **6.00.00** | **5.47.65** | **5.26.56** | **5.10.36** | **4.59.11** | **4.47.08** | **400 IM** | **6.00.00** | **5.46.93** | **5.28.18** | **5.18.73** | **5.13.54** | **5.11.30** |