



ATHLETIC DEVELOPMENT / STRENGTH AND CONDITIONING COACH

Organisation: City of Bristol Aquatics (Swimming Section)

Contract Type: Self Employed

Working Hours: Part Time

Location: South Bristol

Closing Date: Friday 25th February 2022

City of Bristol Aquatics Swimming Section (CoB) is recruiting for a highly motivated Athletic Development or S & C Coach to work primarily with Performance and Regional Competitive Squads. The ideal candidate will hold a relevant fitness qualification, e.g. Level 3 Personal Trainer, UKSCA Accreditation, or similar and will have experience of coaching youth athletes.

This is a part time role encompassing roughly 4-6 hours a week.

[The Club] CoB is the Lead Performance swimming club in Bristol. Our aquatics pathway develops swimmers from advanced club link swimming lessons through to international standard. We develop and support all athletes to improve their performances through structured coaching in a competitive yet friendly environment. The club has a track record for developing swimmers to a high level Regionally and Nationally.

[The Role] The candidate will have experience of Coaching youth athletes and have an understanding of youth individual levels of physical maturity and long-term athlete development. They will be highly motivated and enjoy working as part of a coaching team; they will be able to follow and implement our training development plan, capable to adapt as required, and keen to promote an excellent working and training environment. They will be always diplomatic and professional, and understand the importance of the relationship with colleagues, swimmers, parents, and the Club Committee. The club is constantly seeking to provide the opportunity for every athlete to reach their maximum potential and it will therefore be a requirement to work with athletes of differing standards in each squad, ensuring that each is inspired to work and achieve at their respective best.

[The Ideal Candidate] will be able to demonstrate an understanding of the different stage of young athletes' physical, emotional, and educational development within a sporting context. They will be able to demonstrate different communication styles and behaviours to support the athlete's progression in the gym and assist them in reaching their potential. They will also show an ability to listen and take on board this information to adjust to the circumstances. For the benefit of the future of CoB the candidate will be able to work within a team to provide the best outcomes for all swimmers and coaches and be able to act as a positive ambassador for the club.