



Gloucester County Amateur Swimming Association



GCASA CHAMPIONSHIP & AGE GROUP CONDITIONS 2019

General

- 1) All Competitions shall be staged annually under ASA Laws and Regulations and ASA Technical Rules of Racing.
- 2) Entry Fees, Dates, venues and closing dates shall be recommended by County Championship Management group and endorsed by the County Executive.
- 3) Any question as to the proper interpretation and application of these rules shall be decided by the Meet Manager, whose decision shall be final. All other matters relating to County Swimming Competitions not covered by these rules and not covered by ASA Law and thus falling to the decision of the GCASA Age Group and Championship Manager, shall be determined by the Gloucester County Emergency Committee.
- 4) Officials shall be appointed in accordance with ASA Laws and requirements for licensing and shall be selected by the GCASA Manager of Swimming Officials.
- 5) Should the situation arise where there are insufficient officials/helpers on the day, the competition may be cancelled.
- 6) Any failure to comply with these conditions will be assessed by the GCASA Age Group and Championship Manager and may result in entries being rejected or other sanctions.
- 7) All Swimming Club Poolside Staff must always wear and display their Poolside Pass. Any adult who is not a competitor and does not display their Poolside Pass will be asked to leave the Poolside area.

Eligibility

- 8) All competitions shall be open to competitors who are eligible under current ASA Laws and who are, on the closing date of entry, a fee-paying member, as described in ASA regulation 47.4.3 (Swim England Handbook 2018) in the name of the GCASA affiliated club they are to represent.
- 9) No competitor who shall have been a competitor in the County Age-group or Championship events of another English county in the current year of competition shall be eligible.
- 10) A competitor may represent only one club in the year of competition.
- 11) A competitor is so regarded as soon as his or her entry has been received by the Meet Manager and shall cease to be a competitor only if the entry is rejected or withdrawn by written notice received by the Meet Manager before the closing date for entry. In these circumstances, the entry fee will be refunded.
- 12) Competitors may withdraw from all sessions taking place in a two-day period on medical grounds. To be eligible for refund of the relevant entry fees, within two weeks of the relevant sessions, competitors must supply the Meet Manager with a letter from their Head Coach or General Practitioner documenting the reason they were unable to compete.

- 13) If sessions are oversubscribed and the Meet Manager is unable to accept all entries, then in the event the entry fees for those not accepted will be refunded in full.
- 14) Any exceptions to the eligibility criteria will require a formal application and will be considered by the GCASA Age Group and Championship Manager. Any appeals against a decision on eligibility made by the Age Group and Championship Manager will be considered by the GCASA Emergency Committee.

Year of Competition

- 15) The year of competition is 1st January to 31st December inclusive and age grouping shall be determined as age on 31st December in the year of the competition. (As an example, the competition year for 2019 runs from midnight on 1st January 2019 to midnight on 31st December 2019).

Entries

- 16) Competitors may only compete in events for their own age group.
- 17) Disability swimmer entries must be submitted in paper format. All other entries are required to be submitted electronically using the Hy-Tek Team Manager software, or TM Lite software.
- 18) Clubs must submit consolidated electronic entries (Entry Fees £6.00 per event) via e-mail to gcasachampionshipentries@gmail.com together with any poolside passes applications (Cost £30 each).
- 19) Electronic entries and postal entries will be acknowledged with receipt confirmation, for all entries, the submitted date will be the date of confirmation receipt from the Entry Secretary.
- 20) No payment is required with the initial entry submission. Once the final accepted entry list has been confirmed a payment invoice will be issued to clubs and individual entrants.
- 21) Postal entries should be sent to **Steve Jones, 24 Burleigh Way, Wickwar, South Gloucestershire, GL12 8LR** (Please mark envelopes "GCASA").
- 22) Entries will not be accepted if received after midnight on the closing date of **Wednesday 19th December 2018**.
- 23) Incorrectly submitted entries will not be accepted.
- 24) Posted entry summaries must have adequate postage and those with insufficient postage will not be collected from the Royal Mail depot and deemed incorrectly submitted.
- 25) Each event in this competition has an entry time. Times must have been achieved after 1st January 2018. These times must have been achieved at ASA licensed meets (Level 1 – 4) and be included in the ASA Ranking Database at the date of entering. If an event is oversubscribed, the GCASA Age Group and Championship Manager is empowered to reject entries.

Disability Swimmers

- 26) The GCASA Championship & Age Group conditions 2019 shall apply to disability competitors except where varied by any of the following conditions:

a) All MD Competitors must:

- i) Have an authorised British Swimming, UKSA, IPC, INAS-FID, or British Blind Sport classification, which is held on the British swimming or IPC Swimming classification database at the time of entry.
- ii) Provide the GCASA Age Group and Championship Manager with proof of disability competitors classification, from the ASA database, with their entry, so that the information can be passed on to the lead referee before the start of the event.

b) Coaches, Chaperones and Personal Care Attendants:

- i) Should a club enter 1-4 disability competitors they will be entitled to purchase one extra poolside pass for the sessions where the competitors are competing for use by personal care attendants and Chaperones.
- ii) Should a club enter 5 or more disability competitors they will be entitled to purchase two extra poolside passes for the sessions where the competitors are competing for use by personal care attendants and Chaperones.
- iii). All Coaches, Chaperones and personal care attendants must conform with the ASA child protection procedures.
- iv) All Coaches, Chaperones and personal care attendants must have accreditation.

c) Disability entries:

- i) Disability competitors must provide a paper entry.
- ii) Entries must be completed on the attached MD entry form.
- iii) Competitors are entitled to enter any event which has an entry time for their classification on the attached MD entry standards.
- iv) Competitors must have met the entry standard to enter that event
- v) All MD entries must be received by midnight on **Wednesday 19th December 2018**.
- vi) Disability competitors may submit entries for non-MD events on a time-trial basis provided they meet the relevant Qualifying Time for that event

d). Results and Rankings:

- i) A Separate results sheet will be produced for MD competitors ranking them on British Disability Points.
- ii) MD competitors will not be separated by age groups.
- iii) The top 3 Male and the top 3 Female points earners will earn medals.
- iv) The Male and Female competitors who acquire the most British Disability Points over the course of the championships shall be named as the County MD Champions.
- v) A database of county records will be kept and updated annually after the championships.

e) General:

- i) All MD competitors will swim inclusively within the events ranked on their entry times.
- ii) All MD competitors will be included in the 12 and over events.
- iii) The Competitor will be judged on the relevant IPC rules

Signing In

- 27) All competitors must sign in prior to the commencement of warm up for each session.
- 28) Failure of a competitor to sign in by the commencement of the warm up for each session shall be deemed to have withdrawn from event entered in that session.
- 29) If a competitor is competing all day they may sign in for the whole day at the start of the first session.
- 30) It is the competitor's responsibility to ensure they sign in.

- 31) Competitors wishing to withdraw from an event after signing in must submit a completed withdrawal notice to the Meet Management Office prior to the first heat of that event.
- 32) Any Competitor who signs in and does not then subsequently swim without notification to the Meet Management Office will incur a £6 fine.

Seeding

- 33) The stations of the competitors (seeded in time order slowest to fastest) shall be as follows:
 - a) in 200m Championship Events, spearheaded in all heats.
 - b) in 50m and 100m Events cyclically seeded in the last 3 heats, spearheaded in all other heats.
 - c) in 400m+ Events, spearheaded in all heats.

General Event Information

- 34) Ages for the majority of events shall be: Girls and Boys 10/11years, 12 years, 13 years, 14 years, 15 years, 16 years and 17/Over.
- 35) Ages for the 800m, 1500m and 400IM Events shall be: Girls and Boys 12 years, 13 years, 14 years, 15 years, 16 years and 17/Over.
- 36) All Events shall be swum collectively in age groups.
- 37) All competitors shall, if a hat is worn, wear a swimming hat affiliated to the GCASA club they are to represent or a neutral swimming hat.
- 38) Except for the 50m and 100m Events, Event Placing, Event and Category awards for each age group shall be declared on heat times, adjusted as necessary to accord with the heat placings and there shall be no separate age group final.

200m Championship Events

- 39) Championship Finals shall be held for 200m events. Times achieved will not be considered as Age-group Best Times and will not affect age-group placing or awards earlier determined.
- 40) The fastest 8 competitors from the Age Group heats will be selected as Championship finalists and in addition 4 reserves will also be selected.
- 41) Any selected competitor for a Championship final, which includes finalists and reserves, must indicate their intent to withdraw within 15 minutes of the selected competitor announcement.
- 42) Withdrawal from a Championship Final shall be by completion of a Request to Withdraw form submitted to the Meet Management Office.
- 43) Any selected competitor who fails to appropriately notify the Meet Management Office of their intent to withdraw, and who then does not compete in that event, will incur a penalty charge of £20 and will also be withdrawn from all subsequent age-group and championship events until the penalty charge is paid in full.

50m and 100m Events

- 44) Age Group Finals will be held for all 50m and 100m events. The fastest eight competitors from each individual age group and who have achieved the relevant consideration time will swim in their corresponding age group final.
- 45) 50m and 100m Event Placing, event and category awards shall be declared on finals times, adjusted as necessary to accord with the finals placing.

County, Senior and Junior Champions

- 46) Where there is a separate Championship Final, the winner will be the County Champion, the Senior and Junior Champion will be the highest placed Senior (aged 16/Over) and Junior (aged 15 and under).
- 47) Where there is no qualifying Senior/Junior in a Championship Final, the Senior/Junior Champion will be the eligible competitor returning the fastest time in the relevant Age-group Event.
- 48) Where there are separate Age Group Finals, the fastest competitor in the finals will be the County Champion, the Senior and Junior Champions will be the fastest Senior finals competitor (aged 16/Over) and fastest Junior finals competitor (aged 15 and under).
- 49) Where there is not a separate Championship or Age Group Final, i.e. 400/800/1500m Free and 400IM, the County, Senior and Junior Champion, will be the eligible competitor returning the fastest time in the relevant Age-group event. Championship places 4th-8th will be the competitors returning the 4th-8th fastest time in the relevant Age-group event.

Awards

- 50) Awards shall be made for Age-groups 10/11, 12, 13, 14, 15, 16 and 17&Over.
- 51) To gain an award a competitor must achieve the relevant consideration Time. Any competitor failing to meet the consideration time for an Age-group event will not be eligible for an award.
- 52) Awards will be made to:
- competitors who are placed in the first 3 places in all Age-group Individual finals.
 - competitors placed 4th to 8th, in the Age group individual finals for the 10/11yrs age group.
 - competitors placed 1st-8th in the Championship finals and all events with no age group final.
- 53) There will be formal presentation of event awards for:
- 200m Championship Final Events.
 - the Heat Declared Winner events (800m Free, 1500m Free, 400m Free and 400m IM).
 - competitors who are placed 1st to 8th in the Age group individual finals for the 10/11yrs age group.
- 54) A formal presentation of awards will be made for County, Senior and Junior Champions in all events.
- 55) Any competitor who does not present them self, or arrange for a substitute to receive an award during a formal presentation, will lose that award.
- 56) Competitors should wear a club top or t-shirt reflecting the club they represent for formal presentations of awards.
- 57) All awards not subject to formal presentation shall be collected from the Medal Table.

Trophies

- 58) There will be a formal presentation to winners of all GCASA Trophies.
- 59) The winner of any perpetual trophy that may be awarded for an event shall provide satisfactory security to the Trophy Controller. While the winner holds such trophy, its safekeeping shall be the sole responsibility of that winner.
- 60) Any such trophy shall be returned clean and in good condition immediately upon request from the Trophy Controller. It is the trophy holder's responsibility to have the trophy engraved before it is returned.



Gloucester County ASA

2019 County Championships

Event Schedule

Session 1	Saturday (am) 19 th January 2019 at Bristol Hengrove			
	<i>(Note: All events will be swum Long Course)</i>			
Event 1	200m Freestyle	Girls	10yrs & over	
Event 2	200m Freestyle	Boys	10yrs & over	
Event 3	200m Freestyle	Girls	10yrs & over	Championship Final
Event 4	200m Freestyle	Boys	10yrs & over	Championship Final
<i>Presentations Events 3 & 4 - Junior, Senior and County Champions</i>				

Session 2	Saturday (pm) 19 th January 2019 at Bristol Hengrove			
	<i>(Note: All events will be swum Long Course)</i>			
Event 5	800m Freestyle	Girls	12yrs & over	HDW
<i>Presentations Event 5 - Junior, Senior and County Champions</i>				
Event 6	1500m Freestyle	Boys	12yrs & over	HDW
<i>Presentations Event 6- Junior, Senior and County Champions</i>				



Gloucester County ASA

2019 County Championships

Event Schedule

Session 3		Sunday (am) 20 th January 2019 at Bristol Hengrove		
<i>(Note: All events will be swum Long Course)</i>				
Event 7	50m Butterfly	Boys	10yrs & over	
Event 8	50m Breaststroke	Girls	10yrs & over	
Event 9	50m Freestyle	Boys	10yrs & over	
Event 10	50m Backstroke	Girls	10yrs & over	
Age Group Finals (7off)	50m Butterfly	Boys	10yrs; 11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	50m Breaststroke	Girls	10/11yrs; 12yrs; 13yrs; ; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	50m Freestyle	Boys	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	50m Backstroke	Girls	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
<i>There are no presentations for 50m events - Medals will be collected from the medals table</i>				



Gloucester County ASA

2019 County Championships

Event Schedule

Session 4	Sunday (pm) 20 th January 2019 at Bristol Hengrove			
	<i>(Note: All events will be swum Long Course)</i>			
Event 11	50m Butterfly	Girls	10yrs & over	
Event 12	50m Breaststroke	Boys	10yrs & over	
Event 13	50m Freestyle	Girls	10yrs & over	
Event 14	50m Backstroke	Boys	10yrs & over	
Age Group Finals (7off)	50m Butterfly	Girls	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	50m Breaststroke	Boys	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	50m Freestyle	Girls	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	50m Backstroke	Boys	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
<i>There are no presentations for 50m events - Medals will be collected from the medals table</i>				



Gloucester County ASA

2019 County Championships

Event Schedule

Session 5		Saturday (am) 26 th January 2019 at GL1 Pool, Gloucester		
Event 15	100m Butterfly	Girls	10yrs & over	
Event 16	100m Breaststroke	Boys	10yrs & over	
Event 17	100m Backstroke	Girls	10yrs & over	
<i>Age Group Finals for the above events will be swum in Session 6</i>				

Session 6		Saturday (pm) 26 th January 2019 at GL1 Pool, Gloucester		
Event 18	400m Ind Medley	Girls	12yrs & over	HDW
Event 19	200m Ind Medley	Boys	10yrs & over	
Age Group Finals (7off)	100m Backstroke	Girls	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	100m Breaststroke	Boys	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	100m Butterfly	Girls	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Event 20	200m Ind Medley	Boys	10yrs & over	Championship Final
<i>Presentations Events 18 & 20 - Junior, Senior and County Champions</i>				
<i>There are no presentations for 100m events - Medals will be collected from the medals table</i>				



Gloucester County ASA

2019 County Championships

Event Schedule

Session 7	Sunday (am) 27 th January 2019 at GL1 Pool, Gloucester			
Event 21	100m Freestyle	Boys	10yrs & over	
Event 22	100m Ind Medley	Girls	10yrs & over	
Event 23	200m Backstroke	Boys	10yrs & over	
Event 24	200m Breaststroke	Girls	10yrs & over	
<i>Age Group & Championship Finals for the above events will be swum in Session 8</i>				
Session 8	Sunday (pm) 27 th January 2019 at GL1 Pool, Gloucester			
Event 25	200m Butterfly	Girls	10yrs & over	
Event 26	400m Freestyle	Boys	10yrs & over	HDW
Event 27	200m Breaststroke	Girls	10yrs & over	Championship Final
Age Group Finals (7off)	100m Freestyle	Boys	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	100m Ind Medley	Girls	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Event 28	200m Backstroke	Boys	10yrs & over	Championship Final
Event 29	200m Butterfly	Girls	10yrs & over	Championship Final
<i>Presentations Events 26, 27, 28 & 29 - Junior, Senior and County Champions</i>				
<i>There are no presentations for 100m events - Medals will be collected from the medals table</i>				



Gloucester County ASA

2019 County Championships

Event Schedule

Session 9		Saturday (am) 9 th February 2019 at GL1 Pool, Gloucester		
Event 30	100m Butterfly	Boys	10yrs & over	
Event 31	100m Breaststroke	Girls	10yrs & over	
Event 32	100m Backstroke	Boys	10yrs & over	
<i>Age Group Finals for the above events will be swum in Session 10</i>				

Session 10		Saturday (pm) 9 th February 2019 at GL1 Pool, Gloucester		
Event 33	400m Ind Medley	Boys	12 yrs & over	HDW
Event 34	200m Ind Medley	Girls	10yrs & over	
Age Group Finals (7off)	100m Backstroke	Boys	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	100m Breaststroke	Girls	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	100m Butterfly	Boys	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Event 35	200m Ind Medley	Girls	10yrs & over	Championship Final
<i>Presentations Events 33,& 35 - Junior, Senior and County Champions</i>				
<i>There are no presentations for 100m events - Medals will be collected from the medals table</i>				



Gloucester County ASA

2019 County Championships

Event Schedule

Session 11	Sunday (am) 10 th February 2019 at GL1 Pool, Gloucester			
Event 36	100m Freestyle	Girls	10yrs & over	
Event 37	100m Ind Medley	Boys	10yrs & over	
Event 38	200m Backstroke	Girls	10yrs & over	
Event 39	200m Breaststroke	Boys	10yrs & over	
<i>Age Group & Championship Finals for the above events will be swum in Session 12</i>				

Session 12	Sunday (pm) 10 th February 2019 at GL1 Pool, Gloucester			
Event 40	200m Butterfly	Boys	10yrs & over	
Event 41	400m Freestyle	Girls	10yrs & over	HDW
Event 42	200m Breaststroke	Boys	10yrs & over	Championship Final
Age Group Finals (7off)	100m Freestyle	Girls	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Age Group Finals (7off)	100m Ind Medley	Boys	10/11yrs; 12yrs; 13yrs; 14yrs; 15yrs; 16yrs; 17yrs & over	
Event 43	200m Backstroke	Girls	10yrs & over	Championship Final
Event 44	200m Butterfly	Boys	10yrs & over	Championship Final
<i>Presentations Events 42, 43 & 44 - Junior, Senior and County Champions</i>				
<i>There are no presentations for 100m events - Medals will be collected from the medals table</i>				



Gloucester County ASA

2019 County Championships

Event Schedule

Session 13	Saturday (am) 23 rd February 2019 at GL1 Pool, Gloucester <i>(Note: This event will be swum Short Course)</i>			
Event 45	1500m Freestyle	Girls	12yrs & over	HDW
<i>Presentations Event 45 - Junior, Senior and County Champions</i>				

Session 14	Saturday (pm) 23 rd February 2019 at GL1 Pool, Gloucester <i>(Note: This event will be swum Short Course)</i>			
Event 46	800m Freestyle	Boys	12yrs & over	HDW
<i>Presentations Event 46 - Junior, Senior and County Champions</i>				



GCASA

Short Course Entry Times 2019

Entry Times must have been achieved at a Swim England Licensed Meet (Levels 1- 4) on or after 1st January 2018 and be included in the Swim England (ASA) National Ranking Database at the date of entering.

Girls	Freestyle					Breaststroke			Butterfly			Backstroke			Individual Medley		
	50m	100m	200m	400m	800m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
10/11	40.03	1:33.00	3:13.52	6:17.04	***	54.44	1:59.00	4:07.60	45.34	2:01.00	4:00.00	46.92	1:41.94	3:35.98	1:41.91	3:24.27	***
12	37.87	1:26.00	3:01.15	5:54.42	12:59.12	49.78	1:49.00	3:49.10	42.66	1:46.00	3:32.05	44.09	1:33.88	3:18.91	1:37.22	3:11.97	7:10.54
13	35.34	1:20.00	2:50.03	5:39.04	12:12.80	46.69	1:40.00	3:34.95	40.20	1:34.00	3:22.50	41.65	1:27.90	3:07.20	1:31.69	3:03.69	6:44.00
14	33.74	1:15.00	2:42.37	5:28.76	11:35.87	44.39	1:36.00	3:23.48	38.30	1:29.00	3:06.13	39.73	1:23.64	2:59.07	1:27.14	2:57.42	6:24.88
15	33.03	1:10.00	2:37.37	5:21.22	11:14.22	42.81	1:33.00	3:16.11	36.95	1:26.00	2:55.17	38.34	1:20.95	2:53.22	1:24.65	2:53.52	6:12.07
16+	32.23	1:08.00	2:33.71	5:16.98	11:01.54	42.00	1:32.00	3:15.30	35.97	1:22.00	2:50.77	37.58	1:18.87	2:48.68	1:22.76	2:50.94	6:04.16

Boys	Freestyle					Breaststroke			Butterfly			Backstroke			Individual Medley		
	50m	100m	200m	400m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
10/11	40.38	1:32.00	3:12.92	6:19.04	***	53.12	1:56.00	4:07.61	48.00	1:41.84	3:44.73	46.72	1:39.92	3:34.09	1:43.14	3:24.48	***
12	38.32	1:24.00	3:01.06	5:57.72	25:00.00	49.57	1:50.00	3:49.69	45.00	1:32.95	3:29.12	43.94	1:33.35	3:20.01	1:36.00	3:12.71	7:14.17
13	36.12	1:18.00	2:50.26	5:36.94	23:35.62	46.53	1:44.00	3:40.50	40.00	1:27.34	3:19.34	41.57	1:27.93	3:08.40	1:31.64	3:01.24	6:47.45
14	34.00	1:12.00	2:39.76	5:18.81	22:14.51	43.17	1:35.00	3:31.80	37.00	1:21.40	3:00.50	38.70	1:22.03	2:56.32	1:25.57	2:49.74	6:23.31
15	31.88	1:07.00	2:30.61	5:04.54	21:04.55	40.68	1:32.00	3:15.30	35.00	1:16.30	2:49.00	36.69	1:17.01	2:45.76	1:20.15	2:41.97	5:59.78
16+	29.14	1:05.00	2:24.03	4:55.09	20:11.17	38.60	1:28.00	3:08.00	33.00	1:12.29	2:39.50	34.69	1:13.17	2:37.76	1:16.37	2:36.99	5:42.43

Note 1 – Swimmers Age Group will be based on Age at 31st December 2019

Note 2 Girls qualifying for the 800m Freestyle will automatically qualify for the 1500m Freestyle event; and Boys qualifying for the 1500m Freestyle event will automatically qualify for the 800m Freestyle

Note 3 – All 50m events and the 200m Freestyle events will be swum Long Course – however short course entry times must be submitted for these events.



2019 - Multi-Disability Entry Standards

(Based on Swim England Guidance Times for MD events)



GIRLS	Freestyle				Backstroke		Butterfly		Breaststroke			Ind Medley	
	50m	100m	200m	400m	50m	100m	50m	100m	Cat	50m	100m	Cat	200m
S1	02:22.99	07:04.37	11:15.63		03:51.05	07:37.83			SB1	03:50.89		SM1	
S2	02:01.41	05:48.69	11:49.48		02:33.34	06:04.80	03:57.64		SB2	02:50.54		SM2	
S3	01:21.01	03:19.80	06:04.55		02:04.73		02:35.87		SB3	01:46.59		SM3	
S4	01:10.09	02:30.45	05:51.07		01:43.94		01:29.66		SB4		03:30.95	SM4	
S5	01:06.28	02:23.29	05:34.35		01:21.28		01:24.37		SB5		03:13.49	SM5	06:39.21
S6	01:01.51	02:11.09		09:46.57		02:41.92	01:10.24		SB6		03:00.35	SM6	05:28.22
S7	00:57.70	02:07.84		09:37.88		02:31.84	01:03.09		SB7		02:43.59	SM7	05:17.83
S8	00:53.09	01:54.22		08:27.06		02:14.72		02:15.74	SB8		02:23.26	SM8	04:39.02
S9	00:50.12	01:48.32		08:14.80		02:00.63		01:58.32	SB9		02:13.62	SM9	04:32.46
S10	00:48.48	01:44.97		08:00.39		01:57.12		01:54.87	SB10			SM10	04:24.18
S11	00:53.16	02:01.24		09:42.51		02:23.75		02:47.59	SB11		02:43.78	SM11	05:19.04
S12	00:49.44	01:47.24		09:03.69		02:07.33		02:22.85	SB12		02:19.32	SM12	04:59.64
S13	00:48.01	01:45.03		08:05.04		01:57.27		01:51.37	SB13		02:14.42	SM13	04:09.25
S14	00:48.52	01:45.76	03:44.88			01:57.38		01:55.70	SB14		02:12.09	SM14	04:12.57
BOYS	Freestyle				Backstroke		Butterfly		Breaststroke			Ind Medley	
	50m	100m	200m	400m	50m	100m	50m	100m	Cat	50m	100m	Cat	200m
S1	02:28.24	05:39.81	23:59.43		02:30.94	05:16.73			SB1	03:02.63		SM1	
S2	01:50.55	04:26.71	08:49.06		01:45.66	03:49.60	11:14.04		SB2	01:45.03		SM2	
S3	01:23.88	03:23.44	06:14.09		01:26.29		02:08.88		SB3	01:22.31		SM3	
S4	01:10.67	02:32.83	05:29.32		01:20.99		01:32.05		SB4		03:07.02	SM4	
S5	00:59.86	02:15.41	04:54.17		01:09.26		01:06.64		SB5		02:45.51	SM5	07:00.27
S6	00:54.18	01:58.22		09:18.08		02:18.24	00:57.51		SB6		02:27.25	SM6	05:06.36
S7	00:49.39	01:50.64		08:18.95		02:06.56	00:53.81		SB7		02:20.59	SM7	04:41.50
S8	00:47.53	01:44.02		07:55.56		01:57.10		01:51.08	SB8		02:05.95	SM8	04:19.56
S9	00:44.22	01:37.33		07:26.73		01:52.54		01:45.91	SB9		02:00.70	SM9	03:59.70
S10	00:41.19	01:29.40		07:09.76		01:45.47		01:40.15	SB10			SM10	03:48.80
S11	00:46.38	01:44.33		08:30.29		02:13.35		01:56.60	SB11		02:24.52	SM11	04:26.44
S12	00:42.41	01:34.49		08:11.06		01:46.85		01:40.66	SB12		02:04.03	SM12	04:06.75
S13	00:42.06	01:31.32		07:17.31		01:47.34		01:39.76	SB13		01:58.54	SM13	03:57.66
S14	01:58.74	01:32.33	03:22.72			01:48.39		01:40.27	SB14		01:56.11	SM14	03:50.23