

EALING SWIMMING CLUB

XMAS County Qualifier 2019

Under Swim England Laws and Swim England Technical Rules
Licensed by Swim England London Region at Level 3 under 3LR192057

Saturday 30th November & Sunday 1st December 2019

The Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 4AB

Boys ULT & LLT

EVENT		9/10	11	12	13	14	15	16+
50m Freestyle	ULT	29.26	28.42	26.88	25.40	24.52	23.74	21.15
	LLT	48.93	44.96	41.93	38.73	35.67	33.41	32.00
100m Freestyle	ULT	1.05.48	1.01.71	58.76	55.29	53.50	52.06	50.76
	LLT	1.46.88	1.37.66	1.30.79	1.23.55	1.16.99	1.12.42	1.10.51
200m Freestyle	ULT	2.20.17	2.11.43	2.08.40	2.00.60	1.55.07	1.52.10	1.48.90
	LLT	3.52.36	3.32.70	3.17.95	3.02.39	2.47.87	2.38.02	2.34.89
400m Freestyle	ULT	4.57.17	4.37.89	4.35.23	4.15.12	4.01.46	3.58.31	3.56.31
	LLT	6.54.80	6.06.00	5.46.00	5.26.80	5.10.40	4.57.45	4.48.50
50m Breaststroke	ULT	38.79	36.90	33.54	32.46	31.62	29.64	27.11
	LLT	1.03.40	57.91	53.71	49.08	45.19	42.19	40.85
100m Breaststroke	ULT	1.26.45	1.21.09	1.13.66	1.08.62	1.06.89	1.04.70	1.00.00
	LLT	2.18.03	2.04.96	1.55.64	1.45.63	1.37.13	1.30.79	1.27.59
200m Breaststroke	ULT	3.08.41	2.56.30	2.42.03	2.31.59	2.26.55	2.18.59	2.08.59
	LLT	4.56.12	4.28.87	4.09.72	3.48.96	3.29.94	3.16.89	3.10.75
50m Butterfly	ULT	31.64	31.14	28.80	27.69	25.96	24.86	22.51
	LLT	54.17	49.40	46.19	42.46	39.02	36.35	32.55
100m Butterfly	ULT	1.11.71	1.08.54	1.04.49	1.00.09	58.85	55.54	50.31
	LLT	2.02.08	1.49.13	1.41.06	1.32.45	1.24.75	1.19.15	1.14.22
200m Butterfly	ULT	2.42.47	2.23.81	2.26.50	2.13.32	2.04.81	2.02.97	1.58.80
	LLT	4.28.31	3.59.33	3.42.76	3.24.45	3.07.80	2.45.18	2.35.66
50m Backstroke	ULT	33.15	32.57	29.46	28.58	27.73	26.78	24.35
	LLT	55.76	51.15	47.88	43.86	40.62	37.87	35.60
100m Backstroke	ULT	1.12.01	1.09.96	1.05.66	1.01.78	58.58	56.94	52.21
	LLT	2.01.02	1.49.07	1.41.61	1.33.25	1.25.53	1.20.08	1.15.25
200m Backstroke	ULT	2.37.44	2.30.57	2.17.77	2.15.59	2.04.10	2.03.07	1.53.95
	LLT	4.16.49	3.54.13	3.38.48	3.20.64	3.04.40	2.52.83	2.41.60
100m IM	ULT	1.14.33	1.10.79	1.06.97	1.03.24	1.01.65	58.22	55.37
	LLT	2.03.08	1.53.21	1.45.62	1.37.15	1.28.97	1.23.49	1.15.22
200m IM	ULT	2.38.74	2.28.11	2.25.61	2.16.65	2.07.92	2.05.64	1.57.32
	LLT	4.24.01	4.00.01	3.43.46	3.26.37	3.08.96	2.57.52	2.40.86

EALING SWIMMING CLUB

XMAS County Qualifier 2019

Under Swim England Laws and Swim England Technical Rules
Licensed by Swim England London Region at Level 3 under 3LR192057

Saturday 30th November & Sunday 1st December 2019

The Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 4AB

Girls ULT & LLT

EVENT		9/10	11	12	13	14	15	16+
50m Freestyle	ULT	30.25	28.29	27.80	27.20	26.19	25.39	24.67
	LLT	48.37	44.75	41.66	39.14	37.43	36.26	34.15
100m Freestyle	ULT	1.10.16	1.05.20	1.00.07	58.35	57.41	56.20	54.18
	LLT	1.46.25	1.36.70	1.29.64	1.24.25	1.20.44	1.18.22	1.16.25
200m Freestyle	ULT	2.28.44	2.14.97	2.09.98	2.03.02	2.02.58	2.00.72	1.56.09
	LLT	3.47.61	3.28.68	3.13.27	3.01.35	2.53.36	2.48.22	2.35.78
400m Freestyle	ULT	5.14.57	4.43.90	4.33.36	4.19.47	4.13.70	4.12.22	4.04.40
	LLT	6.59.01	6.20.30	6.01.01	5.48.40	5.35.50	5.30.00	5.26.10
50m Breaststroke	ULT	39.13	35.09	34.79	33.33	33.06	31.96	30.03
	LLT	1.02.42	57.12	52.83	49.43	47.02	45.53	41.62
100m Breaststroke	ULT	1.26.35	1.20.41	1.17.96	1.12.48	1.10.56	1.09.23	1.07.40
	LLT	2.15.80	2.02.68	1.53.44	1.45.65	1.40.03	1.37.42	1.32.88
200m Breaststroke	ULT	3.04.96	2.48.13	2.42.78	2.38.66	2.34.07	2.30.79	2.23.69
	LLT	4.49.60	4.23.14	4.03.42	3.46.76	3.35.79	3.29.90	3.12.68
50m Butterfly	ULT	33.67	32.13	30.70	28.92	27.95	27.54	26.82
	LLT	53.03	48.89	45.41	42.55	40.54	39.21	35.10
100m Butterfly	ULT	1.17.21	1.12.13	1.06.39	1.03.86	1.02.41	59.70	58.69
	LLT	1.59.22	1.47.55	1.38.97	1.32.84	1.28.04	1.25.74	1.22.78
200m Butterfly	ULT	2.52.55	2.41.79	2.32.71	2.18.54	2.16.88	2.12.51	2.10.46
	LLT	4.24.49	3.56.66	3.37.18	3.22.89	3.12.56	3.06.58	3.00.65
50m Backstroke	ULT	35.09	31.44	30.39	29.68	29.56	28.11	27.44
	LLT	55.00	50.58	47.12	44.19	42.11	41.00	39.12
100m Backstroke	ULT	1.16.83	1.10.98	1.06.41	1.03.00	1.02.27	1.00.56	58.83
	LLT	1.59.06	1.47.88	1.39.64	1.33.24	1.29.02	1.26.19	1.23.89
200m Backstroke	ULT	2.39.95	2.25.21	2.22.25	2.16.76	2.13.37	2.12.08	2.07.15
	LLT	4.12.90	3.48.79	3.32.50	3.19.79	3.10.64	3.04.46	2.59.56
100m IM	ULT	1.20.21	1.12.30	1.09.20	1.06.12	1.05.94	1.03.40	1.02.18
	LLT	1.59.76	1.51.71	1.43.96	1.37.11	1.33.06	1.30.39	1.25.41
200m IM	ULT	2.48.26	2.30.35	2.25.58	2.20.26	2.19.40	2.16.32	2.09.51
	LLT	4.18.65	3.55.69	3.38.35	3.25.15	3.15.40	3.09.74	2.59.99