

EALING SWIMMING CLUB

End of Season Summer Invitational 2020

Under Swim England Laws and Swim England Technical Rules
Licensed by Swim England London Region at Level 3 under 3LR200156

Saturday 11th July & Sunday 12th July 2020

The Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 4AB

Upper Limit Times

Swimmers should not have swum faster than times shown

BOYS						EVENT	GIRLS					
9/10	11	12	13	14	15+		9/10	11	12	13	14	15+
29.26	28.42	26.88	25.40	24.52	23.74	50m Freestyle	30.25	28.29	27.80	27.20	26.19	25.39
1.05.48	1.01.71	58.76	55.29	53.50	52.06	100m Freestyle	1.10.16	1.05.20	1.00.07	58.35	57.41	56.20
2.20.17	2.11.43	2.08.40	2.00.60	1.55.07	1.52.10	200m Freestyle	2.28.44	2.14.97	2.09.98	2.03.02	2.02.58	2.00.72
38.79	36.90	33.54	32.46	31.62	29.64	50m Breaststroke	39.13	35.09	34.79	33.33	33.06	31.96
1.26.45	1.21.09	1.13.66	1.08.62	1.06.89	1.04.70	100m Breaststroke	1.26.35	1.20.41	1.17.96	1.12.48	1.10.56	1.09.23
3.08.41	2.56.30	2.42.03	2.31.59	2.26.55	2.18.59	200m Breaststroke	3.04.96	2.48.13	2.42.78	2.38.66	2.34.07	2.30.79
31.64	31.14	28.80	27.69	25.96	24.86	50m Butterfly	33.67	32.13	30.70	28.92	27.95	27.54
1.11.71	1.08.54	1.04.49	1.00.09	58.85	55.54	100m Butterfly	1.17.21	1.12.13	1.06.39	1.03.86	1.02.41	59.70
2.42.47	2.23.81	2.26.50	2.13.32	2.04.81	2.02.97	200m Butterfly	2.52.55	2.41.79	2.32.71	2.18.54	2.16.88	2.12.51
33.15	32.57	29.46	28.58	27.73	26.78	50m Backstroke	35.09	31.44	30.39	29.68	29.56	28.11
1.12.01	1.09.96	1.05.66	1.01.78	58.58	56.94	100m Backstroke	1.16.83	1.10.98	1.06.41	1.03.00	1.02.27	1.00.56
2.37.44	2.30.57	2.17.77	2.15.59	2.04.10	2.03.07	200m Backstroke	2.39.95	2.25.21	2.22.25	2.16.76	2.13.37	2.12.08
1.14.33	1.10.79	1.06.97	1.03.24	1.01.65	58.22	100m IM	1.20.21	1.12.30	1.09.20	1.06.12	1.05.94	1.03.40
2.38.74	2.28.11	2.25.61	2.16.65	2.07.92	2.05.64	200m IM	2.48.26	2.30.35	2.25.58	2.20.26	2.19.40	2.16.32