
Individual Meet Results
Exeter Open Meet 2013 11-Jan-13 to 13-Jan-13 LC Meters
Location: Cardiff International Pool
Ealing Swimming Club [EALL] Coach: Dave Heathcock

Time	F/P/S	Event	Place	Points	Improv
E. Avramova (21) W					
30.02L	F # 6E	Women 16 & Over 50 Back	1	20	1.36
58.00L	F # 8D	Women 16 & Over 100 Free	1	20	1.62
	28.77	58.00			
	(28.77)	(29.23)			
29.69L	F # 12E	Women 16 & Over 50 Fly	3	16	---
27.41L	F # 20E	Women 16 & Over 50 Free	2	17	0.78
2:20.08L	F # 22E	Women 16 & Over 200 Back	1	20	9.65
	32.77	1:07.96	1:44.32	2:20.08	
	(32.77)	(35.19)	(36.36)	(35.76)	
2:07.71L	F # 24E	Women 16 & Over 200 Free	1	20	3.22
	30.15	1:03.17	1:36.64	2:07.71	
	(30.15)	(33.02)	(33.47)	(31.07)	
1:04.92L	F # 32D	Women 16 & Over 100 Back	1	20	3.81
	31.73	1:04.92			
	(31.73)	(33.19)			
G. BARNES (12) M					
40.38L	F # 13B	Men 11-12 50 Breast	2	17	0.09
3:12.50L	F # 15B	Men 11-12 200 Breast	4	15	0.05
	43.26	1:34.12	2:25.14	3:12.50	
	(43.26)	(50.86)	(51.02)	(47.36)	
1:29.80L	F # 31A	Men 12-12 100 Breast	5	14	-2.38
	41.98	1:29.80			
	(41.98)	(47.82)			
I. Barnes (13) W					
2:45.07L	F # 14C	Women 12-13 200 IM	18	---	-8.14
	38.07	1:20.27	2:09.00	2:45.07	
	(38.07)	(42.20)	(48.73)	(36.07)	
1:29.74L	F # 16B	Women 12-13 100 Breast	15	2	2.26
	42.36	1:29.74			
	(42.36)	(47.38)			
39.08L	F # 28C	Women 12-13 50 Breast	7	12	-0.31
3:09.46L	F # 30C	Women 12-13 200 Breast	9	9	2.40
	42.46	1:31.20	2:21.31	3:09.46	
	(42.46)	(48.74)	(50.11)	(48.15)	

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Time	F/P/S	Event	Place	Points	Improv
M. Clark (12) M					
5:59.85L	F # 3A	Men 11-12 400 IM	6	13	5.80
	3:49.15	4:41.83	5:23.00	2:55.13	5:59.85
	(3:49.15)	(52.68)	(41.17)	(147.87)	(3:04.72)
	5:59.85				(0.00)
2:48.77L	F # 7B	Men 11-12 200 Back	10	7	2.10
	39.99	1:24.10	2:08.01	2:48.77	
	(39.99)	(44.11)	(43.91)	(40.76)	
2:39.09L	F # 9B	Men 11-12 200 Free	24	---	9.64
	36.09	1:16.88	2:00.31	2:39.09	
	(36.09)	(40.79)	(43.43)	(38.78)	
NS	F # 11A	Men 12-12 100 Fly	---	---	---
NS	F # 15B	Men 11-12 200 Breast	---	---	---
NS	F # 17A	Men 12-12 100 Back	---	---	---
2:56.53L	F # 19B	Men 11-12 200 Fly	6	13	-7.74
	36.72	1:19.49	2:09.23	2:56.53	
	(36.72)	(42.77)	(49.74)	(47.30)	
1:08.22L	F # 23A	Men 12-12 100 Free	10	7	-0.70
	32.93	1:08.22			
	(32.93)	(35.29)			
NS	F # 25B	Men 11-12 400 Free	---	---	---
32.58L	F # 27B	Men 11-12 50 Fly	1	20	-1.01
2:44.38L	F # 29B	Men 11-12 200 IM	7	12	-5.10
	34.72	1:17.23	2:07.34	2:44.38	
	(34.72)	(42.51)	(50.11)	(37.04)	
A. Coker (16) M					
25.20L	F # 5D	Men 15-16 50 Free	2	17	-0.24
2:07.40L	F # 9D	Men 15-16 200 Free	11	6	-0.17
	29.92	1:00.54	1:33.00	2:07.40	
	(29.92)	(30.62)	(32.46)	(34.40)	
1:02.84L	F # 17C	Men 15-16 100 Back	3	16	-1.29
	30.32	1:02.84			
	(30.32)	(32.52)			
29.67L	F # 21D	Men 15-16 50 Back	2	17	-0.76
54.77L	F # 23C	Men 15-16 100 Free	2	17	-0.90
	26.32	54.77			
	(26.32)	(28.45)			
S. Cuaces Parejo (16) M					
26.16L	F # 5D	Men 15-16 50 Free	8	11	-0.40
29.38L	F # 21D	Men 15-16 50 Back	1	20	-0.80
57.62L	F # 23C	Men 15-16 100 Free	7	12	-1.49
	27.33	57.62			
	(27.33)	(30.29)			
NS	F # 27D	Men 15-16 50 Fly	---	---	---
A. Dimitrova (14) W					
1:20.22L	F # 16C	Women 14-15 100 Breast	5	14	-0.46
	38.22	1:20.22			
	(38.22)	(42.00)			
30.76L	F # 20D	Women 14-15 50 Free	25	---	0.38

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Time	F/P/S	Event	Place	Points	Improv
C. Franchi-Webste (15) M					
25.71L	F # 5D	Men 15-16 50 Free	4	15	---
2:02.46L	F # 9D	Men 15-16 200 Free	3	16	-0.18
	28.42	59.94 1:31.49 2:02.46			
	(28.42)	(31.52) (31.55) (30.97)			
1:04.61L	F # 11C	Men 15-16 100 Fly	3	16	-0.26
	29.99	1:04.61			
	(29.99)	(34.62)			
56.10L	F # 23C	Men 15-16 100 Free	3	16	-0.18
	26.93	56.10			
	(26.93)	(29.17)			
4:19.33L	F # 25D	Men 15-16 400 Free	4	15	-1.63
	28.95	1:00.61 1:33.43 2:06.08 2:39.36 3:13.20 3:47.24 4:19.33			
	(28.95)	(31.66) (32.82) (32.65) (33.28) (33.84) (34.04) (32.09)			
29.18L	F # 27D	Men 15-16 50 Fly	6	13	0.50
NS	F # 29D	Men 15-16 200 IM	---	---	---
B. Hall-Jones (16) W					
1:02.78L	F # 8D	Women 16 & Over 100 Free	13	4	0.31
	30.08	1:02.78			
	(30.08)	(32.70)			
4:49.61L	F # 10E	Women 16 & Over 400 Free	8	11	-1.16
	31.24	1:07.02 1:44.42 2:22.36 2:59.57 3:36.96 4:14.26 4:49.61			
	(31.24)	(35.78) (37.40) (37.94) (37.21) (37.39) (37.30) (35.35)			
31.39L	F # 12E	Women 16 & Over 50 Fly	6	13	0.34
2:43.09L	F # 14E	Women 16 & Over 200 IM	15	2	1.85
	34.10	1:14.89 2:06.71 2:43.09			
	(34.10)	(40.79) (51.82) (36.38)			
29.44L	F # 20E	Women 16 & Over 50 Free	9	9	0.42
2:19.97L	F # 24E	Women 16 & Over 200 Free	7	12	0.90
	31.30	1:05.88 1:42.95 2:19.97			
	(31.30)	(34.58) (37.07) (37.02)			
B. Hooper (12) M					
2:23.71L	F # 9B	Men 11-12 200 Free	5	14	-3.63
	33.38	1:11.16 1:48.48 2:23.71			
	(33.38)	(37.78) (37.32) (35.23)			
1:12.94L	F # 11A	Men 12-12 100 Fly	5	14	1.10
	33.91	1:12.94			
	(33.91)	(39.03)			
2:40.70L	F # 19B	Men 11-12 200 Fly	4	15	-2.85
	34.24	1:14.40 1:58.41 2:40.70			
	(34.24)	(40.16) (44.01) (42.29)			

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O. Jameson (12) M					
30.09L	F # 5B	Men 11-12 50 Free	1	20	-1.33
2:39.54L	F # 7B	Men 11-12 200 Back	3	16	-10.62
	37.36	1:18.49 1:59.26 2:39.54			
	(37.36)	(41.13) (40.77) (40.28)			
2:24.50L	F # 9B	Men 11-12 200 Free	6	13	-3.19
	32.73	1:10.47 1:48.03 2:24.50			
	(32.73)	(37.74) (37.56) (36.47)			
1:15.07L	F # 17A	Men 12-12 100 Back	3	16	-1.52
	36.42	1:15.07			
	(36.42)	(38.65)			
34.94L	F # 21B	Men 11-12 50 Back	2	17	-0.51
1:05.36L	F # 23A	Men 12-12 100 Free	3	16	-3.33
	31.32	1:05.36			
	(31.32)	(34.04)			
NS	F # 25B	Men 11-12 400 Free	---	---	---
NS	F # 27B	Men 11-12 50 Fly	---	---	---
M. Johnson (9) W					
40.87L	F # 12A	Women 9-9 50 Fly	1	20	---
36.26L	F # 20A	Women 9-9 50 Free	2	17	---
3:10.16L	F # 24A	Women 9-9 200 Free	2	17	---
	42.81	1:31.01 2:21.52 3:10.16			
	(42.81)	(48.20) (50.51) (48.64)			
NS	F # 28A	Women 9-9 50 Breast	---	---	---
J. Lee (10) M					
35.59L	F # 5A	Men 9-10 50 Free	3	16	-2.84
48.86L	F # 13A	Men 9-10 50 Breast	3	16	-2.85
3:44.36L	F # 15A	Men 9-10 200 Breast	3	16	-8.30
	51.77	1:48.45 2:46.69 3:44.36			
	(51.77)	(56.68) (58.24) (57.67)			
42.93L	F # 21A	Men 9-10 50 Back	3	16	-2.70
E. Love (14) W					
1:06.74L	F # 8C	Women 14-15 100 Free	33	---	-1.65
	32.11	1:06.74			
	(32.11)	(34.63)			
2:40.51L	F # 14D	Women 14-15 200 IM	15	2	-1.93
	35.39	1:16.01 2:03.40 2:40.51			
	(35.39)	(40.62) (47.39) (37.11)			
1:26.86L	F # 16C	Women 14-15 100 Breast	19	---	2.88
	41.40	1:26.86			
	(41.40)	(45.46)			
2:37.30L	F # 22D	Women 14-15 200 Back	12	5	-2.24
	36.58	1:15.91 1:57.17 2:37.30			
	(36.58)	(39.33) (41.26) (40.13)			
2:23.80L	F # 24D	Women 14-15 200 Free	25	---	-8.42
	33.31	1:09.89 1:47.39 2:23.80			
	(33.31)	(36.58) (37.50) (36.41)			
NS	F # 30D	Women 14-15 200 Breast	---	---	---
NS	F # 32C	Women 14-15 100 Back	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
S. McDonnell (14) W					
1:06.89L	F # 8C	Women 14-15 100 Free	34	---	0.61
	32.26	1:06.89			
	(32.26)	(34.63)			
31.97L	F # 12D	Women 14-15 50 Fly	10	7	-2.55
2:42.36L	F # 14D	Women 14-15 200 IM	18	---	3.70
	34.33	1:16.31 2:04.90 2:42.36			
	(34.33)	(41.98) (48.59) (37.46)			
1:28.82L	F # 16C	Women 14-15 100 Breast	24	---	3.85
	42.73	1:28.82			
	(42.73)	(46.09)			
31.15L	F # 20D	Women 14-15 50 Free	32	---	-3.10
1:12.37L	F # 26C	Women 14-15 100 Fly	12	5	---
	33.60	1:12.37			
	(33.60)	(38.77)			
J. Murphy (13) M					
2:30.13L	F # 7C	Men 13-14 200 Back	12	5	-3.45
	34.74	1:14.26 1:54.13 2:30.13			
	(34.74)	(39.52) (39.87) (36.00)			
2:18.79L	F # 9C	Men 13-14 200 Free	20	---	-7.01
	31.70	1:07.69 1:44.13 2:18.79			
	(31.70)	(35.99) (36.44) (34.66)			
1:08.90L	F # 17B	Men 13-14 100 Back	10	7	-2.55
	33.91	1:08.90			
	(33.91)	(34.99)			
31.99L	F # 21C	Men 13-14 50 Back	5	14	-0.41
1:03.65L	F # 23B	Men 13-14 100 Free	23	---	-1.33
	30.53	1:03.65			
	(30.53)	(33.12)			
B. Parfit (18) M					
25.05L	F # 5E	Men 17 & Over 50 Free	2	17	0.64
2:07.37L	F # 9E	Men 17 & Over 200 Free	14	3	2.56
	29.72	1:02.07 1:35.70 2:07.37			
	(29.72)	(32.35) (33.63) (31.67)			
32.77L	F # 13E	Men 17 & Over 50 Breast	1	20	0.06

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Time	F/P/S	Event	Place	Points	Improv
P. Powell (13) W					
1:04.28L	F # 8B	Women 12-13 100 Free	6	13	---
	30.82	1:04.28			
	(30.82)	(33.46)			
4:47.36L	F # 10C	Women 12-13 400 Free	3	16	---
	32.77	1:09.08 1:45.81 2:22.72			
	(32.77)	(36.31) (36.73) (36.91)			
		2:59.37 3:36.30 4:12.37			
		(36.65) (36.93) (36.07)			
		4:47.36 (34.99)			
X 30.94L	F # 12C	Women 12-13 50 Fly	---	---	---
2:35.42L	F # 14C	Women 12-13 200 IM	2	17	---
	32.79	1:13.87 2:01.41 2:35.42			
	(32.79)	(41.08) (47.54) (34.01)			
5:33.52L	F # 18B	Women 12-13 400 IM	3	16	---
	33.93	1:12.52 1:57.32 2:40.15			
	(33.93)	(38.59) (44.80) (42.83)			
		3:29.27 4:19.33 4:57.17			
		(49.12) (50.06) (37.84)			
		5:33.52 (36.35)			
2:16.36L	F # 24C	Women 12-13 200 Free	5	14	---
	31.53	1:06.41 1:41.77 2:16.36			
	(31.53)	(34.88) (35.36) (34.59)			
1:09.21L	F # 26B	Women 12-13 100 Fly	2	17	---
	32.36	1:09.21			
	(32.36)	(36.85)			
A. Pullen (15) M					
27.87L	F # 5D	Men 15-16 50 Free	19	---	-1.04
2:09.72L	F # 9D	Men 15-16 200 Free	16	1	-1.57
	30.35	1:03.45 1:37.06 2:09.72			
	(30.35)	(33.10) (33.61) (32.66)			
35.21L	F # 13D	Men 15-16 50 Breast	5	14	-0.84
2:40.24L	F # 15D	Men 15-16 200 Breast	5	14	-3.30
	36.55	1:17.25 1:58.60 2:40.24			
	(36.55)	(40.70) (41.35) (41.64)			
33.32L	F # 21D	Men 15-16 50 Back	8	11	-1.77
59.57L	F # 23C	Men 15-16 100 Free	16	1	-1.87
	28.75	59.57			
	(28.75)	(30.82)			
4:32.71L	F # 25D	Men 15-16 400 Free	9	9	-0.09
	30.09	1:03.44 1:38.39 2:13.97			
	(30.09)	(33.35) (34.95) (35.58)			
		2:48.71 3:24.18 3:59.17			
		(34.74) (35.47) (34.99)			
		4:32.71 (33.54)			
2:26.43L	F # 29D	Men 15-16 200 IM	7	12	-3.95
	31.76	1:11.49 1:51.83 2:26.43			
	(31.76)	(39.73) (40.34) (34.60)			
1:18.12L	F # 31C	Men 15-16 100 Breast	8	11	1.56
	36.42	1:18.12			
	(36.42)	(41.70)			

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E. Sweeney (14) W					
1:05.12L	F # 8C	Women 14-15 100 Free	22	---	-0.27
	31.56	1:05.12			
	(31.56)	(33.56)			
34.11L	F # 12D	Women 14-15 50 Fly	26	---	-1.34
2:52.75L	F # 14D	Women 14-15 200 IM	41	---	1.57
	36.57	1:22.66	2:14.70	2:52.75	
	(36.57)	(46.09)	(52.04)	(38.05)	
1:32.21L	F # 16C	Women 14-15 100 Breast	28	---	2.33
	43.86	1:32.21			
	(43.86)	(48.35)			
30.66L	F # 20D	Women 14-15 50 Free	23	---	0.19
2:28.39L	F # 24D	Women 14-15 200 Free	36	---	-0.33
	33.61	1:10.49	1:49.50	2:28.39	
	(33.61)	(36.88)	(39.01)	(38.89)	
1:21.92L	F # 26C	Women 14-15 100 Fly	28	---	3.20
	37.14	1:21.92			
	(37.14)	(44.78)			
42.54L	F # 28D	Women 14-15 50 Breast	13	4	0.36
S. Tedeschi-Atkins (14) W					
9:54.63L	F # 1C	Women 14-15 800 Free	3	16	9.28
	33.04	1:08.62	1:45.32	2:22.44	2:59.95
	(33.04)	(35.58)	(36.70)	(37.12)	(37.51)
					3:37.15
					(37.20)
					4:14.45
					(37.30)
					4:52.11
					(37.66)
	5:30.06	6:08.30	6:46.23	7:24.14	8:01.86
	(37.95)	(38.24)	(37.93)	(37.91)	(37.72)
					8:39.80
					(37.94)
					9:17.94
					(38.14)
					9:54.63
					(36.69)
34.91L	F # 6D	Women 14-15 50 Back	13	4	-0.94
1:04.30L	F # 8C	Women 14-15 100 Free	14	3	1.00
	30.72	1:04.30			
	(30.72)	(33.58)			
4:48.31L	F # 10D	Women 14-15 400 Free	9	9	2.34
	32.20	1:07.60	1:44.16	2:21.16	2:58.43
	(32.20)	(35.40)	(36.56)	(37.00)	(37.27)
					3:35.59
					(37.16)
					4:12.48
					(36.89)
					4:48.31
					(35.83)
33.43L	F # 12D	Women 14-15 50 Fly	22	---	---
1:28.28L	F # 16C	Women 14-15 100 Breast	22	---	0.62
	41.74	1:28.28			
	(41.74)	(46.54)			
29.62L	F # 20D	Women 14-15 50 Free	8	11	-0.18
2:16.18L	F # 24D	Women 14-15 200 Free	9	8	1.35
	31.34	1:05.54	1:41.20	2:16.18	
	(31.34)	(34.20)	(35.66)	(34.98)	
41.01L	F # 28D	Women 14-15 50 Breast	10	7	-2.05
E. Vincent (15) W					
2:34.58L	F # 22D	Women 14-15 200 Back	7	12	1.32
	36.85	1:16.07	1:56.38	2:34.58	
	(36.85)	(39.22)	(40.31)	(38.20)	
2:20.65L	F # 24D	Women 14-15 200 Free	16	1	-1.50
	32.55	1:07.82	1:44.77	2:20.65	
	(32.55)	(35.27)	(36.95)	(35.88)	
1:12.64L	F # 32C	Women 14-15 100 Back	10	7	1.83
	35.63	1:12.64			
	(35.63)	(37.01)			

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O. Wong (14) W					
1:04.67L	F # 8C	Women 14-15 100 Free	20	---	-1.07
	31.11	1:04.67			
	(31.11)	(33.56)			
33.23L	F # 12D	Women 14-15 50 Fly	21	---	-0.12
2:50.07L	F # 14D	Women 14-15 200 IM	38	---	-8.39
	35.16	--- 2:13.64 2:50.07			
	(35.16)	--- (2:13.64) (36.43)			
30.29L	F # 20D	Women 14-15 50 Free	16	1	0.11
2:22.84L	F # 24D	Women 14-15 200 Free	22	---	-2.66
	32.59	1:08.98 1:46.72 2:22.84			
	(32.59)	(36.39) (37.74) (36.12)			
1:16.84L	F # 26C	Women 14-15 100 Fly	24	---	2.21
	35.22	1:16.84			
	(35.22)	(41.62)			