# 2019 London Region Open Water Competition

**Personal Declaration Statement**

**To be completed by Swim England Members only**

***This declaration must be signed by each entrant and under the general conditions of the competition must be brought to the competition by the coach/team manager.***

1. I do not have a medical condition would affect me whilst taking part in this competition and are fit enough and have the stamina to complete the distance entered
2. I agree at all times to train and compete in a safe and proper manner and not to do anything which could result in either myself or fellow swimmers being exposed to unnecessary risk or injury.
3. I acknowledge that the ASA London Region cannot accept any responsibility for any loss or damage to personal belongings during their Open Water Swimming events.
4. I undertake to behave in a responsible manner in order to minimise risk of accident and injury to myself or others.
5. I agree to be governed and abide by all Swim England rules, Safety Laws and conditions of the Championships
6. I agree to advise the organisers of any pre-existing medical conditions/medication or sensitivity to particular drugs

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| Signature of Competitor *……………………………………………………………………….. Date …………………………………….* |
| Counter-signature of Parent (where competitor is under 18) …………………………………………………………………. |

# Medical Conditions requiring disclosure

Please list these below