



# **EALING SWIMMING CLUB**

**Policy for Swimmers who are taken ill during COVID-19**

Revision 3

## Before you leave home check you are fit to train

### Covid-19: Training venue assessment

Do not go to a training venue if you currently have any illness symptoms or have been in contact with a known Covid-19 case in the last 14 days.

1. Parent, guardian or Swimmer notifies the coach of illness prior to leaving home.
2. Parent or Guardian of the swimmer to arrange COVID -19 test if the swimmer is displaying COVID-19 symptoms. Swimmers must not attend any more until results are known..
3. LHC notifies COVID Lead and provides contact details of a parent, or guardian
4. Any Sibling swimmers to isolate and should not attend any sessions
5. Result proves negative, return to swimming
6. Result proves positive - swimmer to isolate for 10 days from date of positive test along with any sibling swimmers must isolate 14days.
7. Coach identifies other swimmers in the "bubble\*" and notifies them to self-isolate for 14 days. If they show symptoms to get a COVID-19 test
8. Coach / LHC to notify COVID Lead of the incident. Please call - 07802155949 and confirm details via email to [covidsupport@swimesc.co.uk](mailto:covidsupport@swimesc.co.uk)

Before you leave home check you are fit to train



Do not go to a training venue if you currently have any illness symptoms or have been in contact with a known Covid-19 case in the last 14 days.



Parent, guardian or Swimmer notifies the coach of illness prior to leaving home



**AT THE POOL**

LHC / Teachers reports any illness to COVID Lead

LHC / Teacher advises parent, guardian of the swimmer to arrange for a COVID Test and not to attend any more sessions until results are known  
Any Sibling swimmers should not attend any sessions



Result proves positive swimmer to isolate for 10 days along with any siblings for 14 days

Result proves negative, return to swimming



LHC identifies the bubble of swimmers and advises parents / guardians to isolate the swimmers for 14 days



LHC notifies COVID Lead on 07802 155949 email confirmation and provide contact details of a parent or guardian - [covidsupport@swimesc.co.uk](mailto:covidsupport@swimesc.co.uk)  
COVID Lead informs pool operator

## COVID-19 Guidelines for Staff – v4 1509

1. Swimmer is taken ill during a session:

**ACTION - Withdraw swimmer from session. Notify Parent or Guardian. Ensure you are wearing PPE**

**and keep a safe distance from the swimmer.**

2. COVID symptoms:

**ACTION - Parent, Guardian or Swimmer to arrange a test and notify the results by email to ESC COVID support [covidsupport@swimesc.co.uk](mailto:covidsupport@swimesc.co.uk)**

3. Result proves negative, swimmer may return to sessions:

**ACTION - Swimmer returns, welcome them back.**

4. Result proves positive - swimmer to isolate for 10 days from date of positive test along with any sibling swimmers who must isolate for 14 days:

**ACTION - Identify “bubble” the swimmer was training with. Advise the other swimmers, parents or guardians that there has been a positive case and the swimmers must isolate for 14 days along with sibling swimmers and follow government guidelines.**

5. What is a bubble?

**Swimmers who train in the same lane can be classed as a bubble. If they move lanes and train with different swimmers then that becomes their bubble. Staff are not part of a lane bubble as long as you maintain social distance + PPE.**

6. Staff with COVID symptoms:

**ACTION - If ill do not attend session. Notify Lead Coach.**

**If COVID Symptoms arrange test and notify [covidsupport@swimesc.co.uk](mailto:covidsupport@swimesc.co.uk)**

7. Result proves positive:

**Follow Test and Trace details on next page**

**ACTION - Isolate for 10 days from date of positive test.**

8. Result proves negative:

**ACTION - Return to work. V41509**

## Test and Trace

### Lead House Coach / Teachers to scan NHS COVID-19 Q Code on arrival at the venue

If member of Staff/ swimmers reports that they have symptoms of coronavirus:

- They must get a test as soon as possible. It is the responsibility of the parent or guardian to ensure that this happens and report the results to the COVID Lead at [covidsupport@swimesc.co.uk](mailto:covidsupport@swimesc.co.uk)
- If the test result is positive, the member of staff/swimmer must continue to self-isolate for 10 days from when your symptoms started, or when the test was taken.
- The Coach or teacher must contact the swimmers in the associated bubble and provide details to the COVID Lead.
- Those swimmers that have been in contact with the affected member of staff/swimmer within 48 hours prior to the onset of symptoms must self-isolate for 14 days.
- If the test is negative, then the member of staff/swimmers can return to swimming.
- Email to be sent to all parents and guardians of affected swimmers confirming the isolation from the club sessions until ( date )

## NHS Test and Trace

A positive test for coronavirus will involve the NHS Test and Trace service who will send a text or email alert or call the affected swimmers parent or guardian, with instructions of how to share details of whom the affected swimmer has had close, recent contact with and where.

- COVID Lead/LHC to advise parent or guardian to advise NHS Test and Trace of our contact details [covidsupport@swimesc.co.uk](mailto:covidsupport@swimesc.co.uk) – Mob 07802155949
- COVID Lead /LHC to provide details of associated swimmers to NHS Test and Trace service.