

Ealing Swimming Club [EALL] Coach: Dave Heathcock

Time	P/F/S	Event							
T. Aldridge (14) M									
1:02.50L	P -0.01	100 Free							01/06/2013 London Swimming Age Group Cham
	29.86 32.64								
1:19.84L	P 1.35	100 Breast							08/06/2013 London Swimming Age Group Cham
	37.23 42.61								
2:54.27L	P 1.21	200 Breast							02/06/2013 London Swimming Age Group Cham
	39.91 45.37	46.27 42.72							
2:58.01L	F 4.95	200 Breast							02/06/2013 London Swimming Age Group Cham
	40.03 45.49	46.22 46.27							
R. Alhejazi (13) M									
1:01.26L	P -0.82	100 Free							01/06/2013 London Swimming Age Group Cham
	30.01 31.25								
2:14.35L	P -0.23	200 Free							09/06/2013 London Swimming Age Group Cham
	31.21 34.37	34.87 33.90							
2:14.47L	F -0.11	200 Free							09/06/2013 London Swimming Age Group Cham
	30.77 34.20	35.03 34.47							
4:46.55L	F -1.06	400 Free							02/06/2013 London Swimming Age Group Cham
	32.09 36.01	36.90 37.03	36.68			37.22	36.07	34.55	
1:14.11L	P -2.10	100 Back							09/06/2013 London Swimming Age Group Cham
	35.32 38.79								
G. BARNES (12) M									
1:31.96L	P 2.16	100 Breast							08/06/2013 London Swimming Age Group Cham
	41.98 49.98								
3:13.88L	P 1.43	200 Breast							02/06/2013 London Swimming Age Group Cham
	42.01 50.08	50.93 50.86							
I. Barnes (14) W									
1:07.52L	P -8.14	100 Free							02/06/2013 London Swimming Age Group Cham
	32.86 34.66								
2:23.51L	P -0.98	200 Free							08/06/2013 London Swimming Age Group Cham
	33.21 36.63	38.01 35.66							
1:23.94L	F 1.62	100 Breast							09/06/2013 London Swimming Age Group Cham
	39.60 44.34								
1:24.08L	P 1.76	100 Breast							09/06/2013 London Swimming Age Group Cham
	39.36 44.72								
3:02.25L	P -0.17	200 Breast							01/06/2013 London Swimming Age Group Cham
	39.93 46.28	47.88 48.16							
3:05.13L	F 2.71	200 Breast							01/06/2013 London Swimming Age Group Cham
	41.38 47.75	48.25 47.75							
2:45.85L	P 0.78	200 IM							09/06/2013 London Swimming Age Group Cham
	36.51 45.12	46.72 37.50							
E. Berry (13) W									
5:12.76L	F 5.68	400 Free							01/06/2013 London Swimming Age Group Cham
	35.25 39.45	41.00 40.14	40.19			40.13	38.41	38.19	
2:44.48L	P	200 Back							02/06/2013 London Swimming Age Group Cham
	39.58 41.25	41.94 41.71							
D. Brennand (14) M									
1:00.35L	P -1.71	100 Free							01/06/2013 London Swimming Age Group Cham
	29.16 31.19								
2:13.67L	P -2.00	200 Free							09/06/2013 London Swimming Age Group Cham
	30.24 35.20	35.30 32.93							
1:04.64L	F -1.01	100 Back							09/06/2013 London Swimming Age Group Cham
	31.25 33.39								
1:04.90L	P -0.75	100 Back							09/06/2013 London Swimming Age Group Cham
	31.35 33.55								
2:28.32L	P 1.27	200 Back							01/06/2013 London Swimming Age Group Cham
	34.18 38.46	39.42 36.26							
1:06.57L	P -6.42	100 Fly							02/06/2013 London Swimming Age Group Cham
	30.79 35.78								
SCR	P	200 IM							08/06/2013 London Swimming Age Group Cham

Time	P/F/S	Event							
M. Clark (13) M									
1:15.64L	P	100 Back			09/06/2013	London Swimming Age Group Cham			
	36.82	38.82							
1:21.92L	P	100 Breast			08/06/2013	London Swimming Age Group Cham			
	38.76	43.16							
2:52.51L	F 1.71	200 Breast			02/06/2013	London Swimming Age Group Cham			
	38.67	43.86	44.73	45.25					
2:53.30L	P 2.50	200 Breast			02/06/2013	London Swimming Age Group Cham			
	38.56	44.53	45.06	45.15					
1:08.84L	F -13.25	100 Fly			02/06/2013	London Swimming Age Group Cham			
	31.95	36.89							
1:08.99L	P -13.10	100 Fly			02/06/2013	London Swimming Age Group Cham			
	32.42	36.57							
2:33.96L	P 0.19	200 Fly			01/06/2013	London Swimming Age Group Cham			
	33.01	38.63	41.21	41.11					
2:38.76L	F 4.99	200 Fly			01/06/2013	London Swimming Age Group Cham			
	34.12	40.99	42.03	41.62					
2:34.15L	P -2.51	200 IM			08/06/2013	London Swimming Age Group Cham			
	32.49	40.57	46.16	34.93					
2:39.25L	F 2.59	200 IM			08/06/2013	London Swimming Age Group Cham			
	33.92	41.57	47.23	36.53					
5:33.71L	F 7.96	400 IM			09/06/2013	London Swimming Age Group Cham			
	32.51	40.36	44.81	42.81	48.77	48.48	38.94	37.03	
A. Damjanovska (13) W									
1:03.61L	P -0.08	100 Free			02/06/2013	London Swimming Age Group Cham			
	30.82	32.79							
1:15.46L	P -2.03	100 Back			08/06/2013	London Swimming Age Group Cham			
	36.40	39.06							
H. Filby (11) M									
1:33.04L	F -2.11	100 Breast			08/06/2013	London Swimming Age Group Cham			
	44.41	48.63							
1:33.25L	P -1.90	100 Breast			08/06/2013	London Swimming Age Group Cham			
	44.55	48.70							
3:18.74L	P -6.96	200 Breast			02/06/2013	London Swimming Age Group Cham			
	43.79	51.08	51.82	52.05					
3:19.06L	F -6.64	200 Breast			02/06/2013	London Swimming Age Group Cham			
	44.14	51.71	51.28	51.93					
6:15.57L	F -8.95	400 IM			09/06/2013	London Swimming Age Group Cham			
	41.24	49.65	48.89	49.88	50.96	53.17	41.70	40.08	
R. Hadjazi (13) M									
1:15.15L	P -3.91	100 Back			09/06/2013	London Swimming Age Group Cham			
	35.52	39.63							
R. Hook (13) M									
1:01.51L	P -0.45	100 Free			01/06/2013	London Swimming Age Group Cham			
	29.59	31.92							
2:14.04L	P -4.25	200 Free			09/06/2013	London Swimming Age Group Cham			
	30.11	33.66	35.48	34.79					
2:14.16L	F -4.13	200 Free			09/06/2013	London Swimming Age Group Cham			
	30.21	33.91	36.05	33.99					
4:48.68L	F -10.55	400 Free			02/06/2013	London Swimming Age Group Cham			
	30.68	35.79	37.38	37.61	37.57	38.26	36.91	34.48	
18:59.89L	F	1500 Free			08/06/2013	London Swimming Age Group Cham			
	32.24	36.11	37.75	37.61	38.56	37.74	38.49	38.23	
	38.72	37.84	39.42	37.94	39.18	37.53	38.79	38.97	
	38.93	39.03	38.92	38.38	39.24	38.06	38.60	38.98	
	38.05	38.64	38.00	37.95	37.09	34.90			
1:12.24L	P -4.46	100 Back			09/06/2013	London Swimming Age Group Cham			
	34.64	37.60							

Time	P/F/S	Event		
J. Kelly (14) M				
58.76L	P -0.64	100 Free		01/06/2013 London Swimming Age Group Cham
	28.81 29.95			
2:10.52L	P -1.25	200 Free		09/06/2013 London Swimming Age Group Cham
	30.04 33.83	33.96 32.69		
1:03.80L	F -0.44	100 Fly		02/06/2013 London Swimming Age Group Cham
	30.48 33.32			
1:04.36L	P 0.12	100 Fly		02/06/2013 London Swimming Age Group Cham
	30.79 33.57			
E. Love (14) W				
1:05.95L	P -0.34	100 Free		02/06/2013 London Swimming Age Group Cham
	32.13 33.82			
2:38.76L	P 1.46	200 Back		02/06/2013 London Swimming Age Group Cham
	36.88 39.96	41.14 40.78		
3:04.59L	P 6.12	200 Breast		01/06/2013 London Swimming Age Group Cham
	42.20 46.63	48.06 47.70		
S. McDonnell (14) W				
1:05.49L	P -0.79	100 Free		02/06/2013 London Swimming Age Group Cham
	31.53 33.96			
2:24.42L	P -0.38	200 Free		08/06/2013 London Swimming Age Group Cham
	32.74 36.71	38.17 36.80		
1:12.65L	P -1.14	100 Back		08/06/2013 London Swimming Age Group Cham
	35.32 37.33			
1:23.50L	F -1.47	100 Breast		09/06/2013 London Swimming Age Group Cham
	39.92 43.58			
1:24.33L	P -0.64	100 Breast		09/06/2013 London Swimming Age Group Cham
	41.14 43.19			
1:09.47L	P -2.90	100 Fly		01/06/2013 London Swimming Age Group Cham
	32.30 37.17			
1:09.71L	F -2.66	100 Fly		01/06/2013 London Swimming Age Group Cham
	33.02 36.69			
2:36.13L	P -0.79	200 IM		09/06/2013 London Swimming Age Group Cham
	32.29 40.63	47.14 36.07		
K. Morlese (12) W				
1:16.71L	P -4.35	100 Back		08/06/2013 London Swimming Age Group Cham
	37.69 39.02			
2:46.88L	P -2.17	200 Back		02/06/2013 London Swimming Age Group Cham
	40.13 42.89	42.90 40.96		
K. Morrison (14) M				
1:03.30L	P 1.58	100 Free		01/06/2013 London Swimming Age Group Cham
	29.04 34.26			

Time	P/F/S	Event							
J. Murphy (13) M									
1:00.52L	F -0.09	100 Free							01/06/2013 London Swimming Age Group Cham
	29.23 31.29								
1:00.73L	P 0.12	100 Free							01/06/2013 London Swimming Age Group Cham
	29.69 31.04								
2:10.26L	P -1.77	200 Free							09/06/2013 London Swimming Age Group Cham
	30.10 33.43	34.54 32.19							
2:13.65L	F 1.62	200 Free							09/06/2013 London Swimming Age Group Cham
	29.82 33.66	35.46 34.71							
1:05.46L	F -1.94	100 Back							09/06/2013 London Swimming Age Group Cham
	32.14 33.32								
1:06.54L	P -0.86	100 Back							09/06/2013 London Swimming Age Group Cham
	32.74 33.80								
2:23.09L	F -3.35	200 Back							01/06/2013 London Swimming Age Group Cham
	34.60 35.96	36.81 35.72							
2:27.27L	P 0.83	200 Back							01/06/2013 London Swimming Age Group Cham
	34.68 38.02	38.33 36.24							
1:03.25L	F -0.98	100 Fly							02/06/2013 London Swimming Age Group Cham
	30.30 32.95								
1:04.04L	P -0.19	100 Fly							02/06/2013 London Swimming Age Group Cham
	30.41 33.63								
2:25.93L	F -5.75	200 IM							08/06/2013 London Swimming Age Group Cham
	30.41 36.25	45.82 33.45							
2:26.12L	P -5.56	200 IM							08/06/2013 London Swimming Age Group Cham
	29.71 36.38	45.79 34.24							
R. Naresh (12) W									
1:18.07L	P -0.26	100 Back							08/06/2013 London Swimming Age Group Cham
	37.42 40.65								
P. Powell (13) W									
1:01.36L	F -0.06	100 Free							02/06/2013 London Swimming Age Group Cham
	29.76 31.60								
1:01.53L	P 0.11	100 Free							02/06/2013 London Swimming Age Group Cham
	29.87 31.66								
2:11.42L	F -1.47	200 Free							08/06/2013 London Swimming Age Group Cham
	30.76 33.41	34.22 33.03							
2:12.85L	P -0.04	200 Free							08/06/2013 London Swimming Age Group Cham
	30.95 33.58	34.59 33.73							
4:46.83L	F 6.23	400 Free							01/06/2013 London Swimming Age Group Cham
	31.40 35.06	36.15 36.38 36.99							36.97 37.31 36.57
9:37.48L	F -8.30	800 Free							09/06/2013 London Swimming Age Group Cham
	32.41 35.65	36.39 36.12 36.19							36.38 36.20 36.45
	36.04 36.24	36.39 36.82 37.22							37.30 36.39 35.29
1:14.90L	P	100 Back							08/06/2013 London Swimming Age Group Cham
	35.95 38.95								
2:40.80L	P	200 Back							02/06/2013 London Swimming Age Group Cham
	37.02 39.94	42.48 41.36							
1:27.44L	P	100 Breast							09/06/2013 London Swimming Age Group Cham
	41.52 45.92								
1:06.19L	F -0.99	100 Fly							01/06/2013 London Swimming Age Group Cham
	31.04 35.15								
1:07.68L	P 0.50	100 Fly							01/06/2013 London Swimming Age Group Cham
	31.71 35.97								
2:35.49L	P 2.05	200 IM							09/06/2013 London Swimming Age Group Cham
	31.83 41.25	47.78 34.63							

Time	P/F/S	Event							
J. STEVENS (13) M									
4:41.76L	F -3.11	400 Free				02/06/2013	London Swimming Age Group Cham		
	31.77 35.26	36.45 35.91	36.66					35.75 36.40 33.56	
SCR	F	1500 Free				08/06/2013	London Swimming Age Group Cham		
2:30.92L	P -3.29	200 Back				01/06/2013	London Swimming Age Group Cham		
	36.06 38.56	39.10 37.20							
2:32.36L	F -1.85	200 Back				01/06/2013	London Swimming Age Group Cham		
	36.37 38.78	39.58 37.63							
1:11.67L	P	100 Fly				02/06/2013	London Swimming Age Group Cham		
	33.89 37.78								
2:37.31L	P	200 Fly				01/06/2013	London Swimming Age Group Cham		
	34.52 40.10	41.33 41.36							
SCR	P	200 IM				08/06/2013	London Swimming Age Group Cham		
SCR	F	400 IM				09/06/2013	London Swimming Age Group Cham		
L. Thornton (14) W									
1:02.71L	F 0.04	100 Free				02/06/2013	London Swimming Age Group Cham		
	30.33 32.38								
1:03.07L	P 0.40	100 Free				02/06/2013	London Swimming Age Group Cham		
	30.76 32.31								
2:15.04L	P -0.56	200 Free				08/06/2013	London Swimming Age Group Cham		
	31.55 33.40	35.62 34.47							
2:15.18L	F -0.42	200 Free				08/06/2013	London Swimming Age Group Cham		
	31.18 34.06	34.91 35.03							
1:13.33L	P -9.35	100 Back				08/06/2013	London Swimming Age Group Cham		
	35.35 37.98								
1:05.50L	F 0.62	100 Fly				01/06/2013	London Swimming Age Group Cham		
	31.38 34.12								
1:05.58L	P 0.70	100 Fly				01/06/2013	London Swimming Age Group Cham		
	30.79 34.79								
2:31.98L	F -2.49	200 IM				09/06/2013	London Swimming Age Group Cham		
	31.49 38.84	47.14 34.51							
2:32.48L	P -1.99	200 IM				09/06/2013	London Swimming Age Group Cham		
	31.21 38.96	47.54 34.77							
L. Walsh (12) W									
3:15.22L	P -0.08	200 Breast				01/06/2013	London Swimming Age Group Cham		
	44.05 49.40	51.45 50.32							
N. Wilson (12) W									
1:06.47L	P -2.08	100 Free				02/06/2013	London Swimming Age Group Cham		
	32.08 34.39								
1:06.49L	F -2.06	100 Free				02/06/2013	London Swimming Age Group Cham		
	31.60 34.89								
O. Wong (14) W									
1:04.73L	P 0.15	100 Free				02/06/2013	London Swimming Age Group Cham		
	31.23 33.50								
2:18.45L	P -4.39	200 Free				08/06/2013	London Swimming Age Group Cham		
	32.30 34.77	35.81 35.57							
SCR	P	100 Back				08/06/2013	London Swimming Age Group Cham		
1:12.60L	P -2.03	100 Fly				01/06/2013	London Swimming Age Group Cham		
	33.98 38.62								
2:49.43L	P -0.64	200 IM				09/06/2013	London Swimming Age Group Cham		
	34.76 42.96	56.06 35.65							