

Ealing Swimming Club [EALL] Coach: Dave Heathcock

Time	P/F/S	Event	
T. Aldridge (14) 17/04/1999 M			
NS	P	50 Free	07/12/2013 London Winter Championships
SCR	P	100 Breast	07/12/2013 London Winter Championships
R. Alhejazi (14) 23/10/1999 M			
28.96L	P 0.40	50 Free	07/12/2013 London Winter Championships
1:02.12L	P 1.10	100 Free	07/12/2013 London Winter Championships
2:15.10L	P 0.75	200 Free	07/12/2013 London Winter Championships
2:15.10			
E. Avramova (22) 12/11/1991 W			
27.47L	F 0.84	50 Free	08/12/2013 London Winter Championships
27.74L	P 1.11	50 Free	08/12/2013 London Winter Championships
59.50L	P 3.12	100 Free	08/12/2013 London Winter Championships
2:06.63L	F 2.14	200 Free	08/12/2013 London Winter Championships
2:06.63			
2:11.54L	P 7.05	200 Free	08/12/2013 London Winter Championships
2:11.54			
1:03.40L	F 2.29	100 Back	07/12/2013 London Winter Championships
1:04.27L	P 3.16	100 Back	07/12/2013 London Winter Championships
2:18.96L	P 8.53	200 Back	07/12/2013 London Winter Championships
2:18.96			
2:19.40L	F 8.97	200 Back	07/12/2013 London Winter Championships
2:19.40			
I. Barnes (14) 02/05/1999 W			
31.86L	P 0.59	50 Free	08/12/2013 London Winter Championships
4:57.24L	F	400 Free	08/12/2013 London Winter Championships
4:57.24			
1:23.91L	P 1.59	100 Breast	08/12/2013 London Winter Championships
3:00.56L	P -1.69	200 Breast	08/12/2013 London Winter Championships
3:00.56			
2:42.35L	P -2.72	200 IM	07/12/2013 London Winter Championships
2:42.35			
E. Berry (14) 05/10/1999 W			
2:42.82L	P -1.66	200 Back	07/12/2013 London Winter Championships
2:42.82			
D. Brennand (14) 10/02/1999 M			
27.81L	P -0.16	50 Free	07/12/2013 London Winter Championships
1:00.56L	P 0.21	100 Free	07/12/2013 London Winter Championships
2:10.41L	P -3.26	200 Free	07/12/2013 London Winter Championships
2:10.41			
1:05.09L	P 1.41	100 Back	08/12/2013 London Winter Championships
1:23.73L	P	100 Breast	07/12/2013 London Winter Championships
2:29.22L	P -1.60	200 IM	08/12/2013 London Winter Championships
2:29.22			
A. Chung (17) 18/11/1996 W			
31.39L	P	50 Free	08/12/2013 London Winter Championships
1:24.52L	P 1.65	100 Breast	08/12/2013 London Winter Championships
2:58.21L	P 0.22	200 Breast	08/12/2013 London Winter Championships
2:58.21			
2:36.20L	P -2.99	200 IM	07/12/2013 London Winter Championships
2:36.20			
M. Clark (13) 16/04/2000 M			
1:16.59L	P -3.30	100 Breast	07/12/2013 London Winter Championships
2:46.10L	P -4.70	200 Breast	07/12/2013 London Winter Championships
2:46.10			
1:06.93L	P -1.91	100 Fly	08/12/2013 London Winter Championships
2:27.86L	P -6.29	200 IM	08/12/2013 London Winter Championships
2:27.86			

Time	P/F/S	Event	
A. Coker (17) 06/06/1996 M			
25.62L	F 0.56	50 Free	07/12/2013 London Winter Championships
25.83L	P 0.77	50 Free	07/12/2013 London Winter Championships
55.50L	P 1.14	100 Free	07/12/2013 London Winter Championships
55.88L	F 1.52	100 Free	07/12/2013 London Winter Championships
2:05.04L	P 2.05	200 Free	07/12/2013 London Winter Championships
	2:05.04		
1:02.39L	P 0.58	100 Back	08/12/2013 London Winter Championships
1:02.46L	F 0.65	100 Back	08/12/2013 London Winter Championships
2:16.19L	F 1.28	200 Back	08/12/2013 London Winter Championships
	2:16.19		
2:19.82L	P 4.91	200 Back	08/12/2013 London Winter Championships
	2:19.82		
2:23.48L	P -5.83	200 IM	08/12/2013 London Winter Championships
	2:23.48		
M. Coker (20) 05/08/1993 M			
53.15L	F 2.21	100 Free	07/12/2013 London Winter Championships
53.39L	P 2.45	100 Free	07/12/2013 London Winter Championships
1:58.65L	P 5.10	200 Free	07/12/2013 London Winter Championships
	1:58.65		
DQ	F	200 Free	07/12/2013 London Winter Championships
S. Cuaces Parejo (17) 21/03/1996 M			
NS	P	50 Free	07/12/2013 London Winter Championships
NS	P	100 Free	07/12/2013 London Winter Championships
NS	P	100 Back	08/12/2013 London Winter Championships
A. Damjanovska (14) 20/08/1999 W			
30.09L	P 0.85	50 Free	08/12/2013 London Winter Championships
1:05.90L	P 2.29	100 Free	08/12/2013 London Winter Championships
A. Damjanovska (16) 05/09/1997 W			
31.12L	P 1.46	50 Free	08/12/2013 London Winter Championships
1:08.74L	P 2.85	100 Free	08/12/2013 London Winter Championships
A. Dimitrova (15) 18/02/1998 W			
1:22.41L	P 2.19	100 Breast	08/12/2013 London Winter Championships
2:57.67L	P 7.74	200 Breast	08/12/2013 London Winter Championships
	2:57.67		
C. Franchi-Webster (16) 06/11/1997 M			
25.37L	F 0.72	50 Free	07/12/2013 London Winter Championships
25.70L	P 1.05	50 Free	07/12/2013 London Winter Championships
54.91L	P -0.31	100 Free	07/12/2013 London Winter Championships
55.34L	F 0.12	100 Free	07/12/2013 London Winter Championships
2:02.96L	P 1.35	200 Free	07/12/2013 London Winter Championships
	2:02.96		
SCR	F	400 Free	07/12/2013 London Winter Championships
1:04.60L	P -2.52	100 Back	08/12/2013 London Winter Championships
SCR	P	100 Fly	08/12/2013 London Winter Championships
2:16.61L	P -2.51	200 IM	08/12/2013 London Winter Championships
	2:16.61		
2:18.44L	F -0.68	200 IM	08/12/2013 London Winter Championships
	2:18.44		
P. Gupta (16) 24/09/1997 W			
SCR	P	100 Back	07/12/2013 London Winter Championships
B. Hall-Jones (17) 15/10/1996 W			
29.74L	P 0.72	50 Free	08/12/2013 London Winter Championships
1:03.61L	P 2.00	100 Free	08/12/2013 London Winter Championships
SCR	P	200 Free	08/12/2013 London Winter Championships
1:10.76L	P 2.71	100 Fly	07/12/2013 London Winter Championships
2:42.02L	P 0.78	200 IM	07/12/2013 London Winter Championships
	2:42.02		

Time	P/F/S	Event	
R. Hook (13) 14/12/1999 M			
27.95L	P -1.05	50 Free	07/12/2013 London Winter Championships
59.14L	P 0.52	100 Free	07/12/2013 London Winter Championships
2:08.77L	P 0.44	200 Free	07/12/2013 London Winter Championships
	2:08.77		
18:20.90L	F -38.99	1500 Free	07/12/2013 London Winter Championships
	18:20.90		
1:09.35L	P -0.39	100 Back	08/12/2013 London Winter Championships
B. Hooper (13) 21/11/2000 M			
1:07.99L	P -1.12	100 Fly	08/12/2013 London Winter Championships
2:28.05L	P -0.25	200 Fly	08/12/2013 London Winter Championships
	2:28.05		
R. Hughes (18) 17/01/1995 W			
SCR	P	50 Free	08/12/2013 London Winter Championships
SCR	P	100 Free	08/12/2013 London Winter Championships
SCR	P	200 Free	08/12/2013 London Winter Championships
SCR	P	100 Back	07/12/2013 London Winter Championships
C. Humphreys (22) 24/11/1991 W			
1:05.95L	P	100 Fly	07/12/2013 London Winter Championships
1:07.17L	F	100 Fly	07/12/2013 London Winter Championships
SCR	P	200 Fly	07/12/2013 London Winter Championships
M. Jameson (15) 29/07/1998 W			
NS	P	50 Free	08/12/2013 London Winter Championships
SCR	P	100 Free	08/12/2013 London Winter Championships
NS	P	200 Free	08/12/2013 London Winter Championships
SCR	F	400 Free	08/12/2013 London Winter Championships
SCR	P	100 Back	07/12/2013 London Winter Championships
O. Jameson (13) 30/07/2000 M			
28.41L	P -0.72	50 Free	07/12/2013 London Winter Championships
1:02.48L	P 0.90	100 Free	07/12/2013 London Winter Championships
1:08.59L	P -0.30	100 Back	08/12/2013 London Winter Championships
2:27.04L	P 0.03	200 Back	08/12/2013 London Winter Championships
	2:27.04		
B. KELLY (16) 04/09/1997 M			
28.16L	P -1.39	50 Free	07/12/2013 London Winter Championships
1:00.20L	P 0.80	100 Free	07/12/2013 London Winter Championships
2:10.58L	P 1.05	200 Free	07/12/2013 London Winter Championships
	2:10.58		
4:33.37L	F -3.84	400 Free	07/12/2013 London Winter Championships
	4:33.37		
SCR	P	100 Back	08/12/2013 London Winter Championships
2:29.74L	P 0.35	200 Back	08/12/2013 London Winter Championships
	2:29.74		
J. Kelly (14) 18/01/1999 M			
27.65L	P -0.01	50 Free	07/12/2013 London Winter Championships
58.97L	P 0.21	100 Free	07/12/2013 London Winter Championships
2:10.39L	P -0.13	200 Free	07/12/2013 London Winter Championships
	2:10.39		
1:04.95L	P 1.15	100 Fly	08/12/2013 London Winter Championships

Time	P/F/S	Event	
B. LEVART (17) 06/12/1996 M			
54.93L	F 0.56	100 Free	07/12/2013 London Winter Championships
55.06L	P 0.69	100 Free	07/12/2013 London Winter Championships
1:57.71L	P 1.40	200 Free	07/12/2013 London Winter Championships
	1:57.71		
1:58.49L	F 2.18	200 Free	07/12/2013 London Winter Championships
	1:58.49		
4:06.77L	F 0.91	400 Free	07/12/2013 London Winter Championships
	4:06.77		
59.59L	F -1.03	100 Fly	08/12/2013 London Winter Championships
1:00.69L	P 0.07	100 Fly	08/12/2013 London Winter Championships
E. Love (15) 24/06/1998 W			
SCR	P	100 Free	08/12/2013 London Winter Championships
SCR	P	100 Back	07/12/2013 London Winter Championships
SCR	P	200 Back	07/12/2013 London Winter Championships
SCR	P	200 Breast	08/12/2013 London Winter Championships
SCR	P	200 IM	07/12/2013 London Winter Championships
S. McDonnell (15) 09/10/1998 W			
1:05.98L	P 0.49	100 Free	08/12/2013 London Winter Championships
1:14.52L	P 2.58	100 Back	07/12/2013 London Winter Championships
1:24.46L	P 0.96	100 Breast	08/12/2013 London Winter Championships
1:09.25L	P -0.22	100 Fly	07/12/2013 London Winter Championships
2:38.75L	P 4.54	200 IM	07/12/2013 London Winter Championships
	2:38.75		
J. Murphy (14) 07/08/1999 M			
28.61L	P 0.42	50 Free	07/12/2013 London Winter Championships
59.67L	P 0.20	100 Free	07/12/2013 London Winter Championships
2:11.59L	P 1.63	200 Free	07/12/2013 London Winter Championships
	2:11.59		
1:03.90L	P 0.62	100 Back	08/12/2013 London Winter Championships
1:06.15L	P 3.99	100 Fly	08/12/2013 London Winter Championships
2:27.10L	P 2.91	200 IM	08/12/2013 London Winter Championships
	2:27.10		
E. Nabney (16) 24/08/1997 W			
27.72L	P -0.20	50 Free	08/12/2013 London Winter Championships
SCR	P	100 Free	08/12/2013 London Winter Championships
2:08.71L	P 3.12	200 Free	08/12/2013 London Winter Championships
	2:08.71		
SCR	F	400 Free	08/12/2013 London Winter Championships
2:23.75L	F 5.39	200 IM	07/12/2013 London Winter Championships
	2:23.75		
2:24.20L	P 5.84	200 IM	07/12/2013 London Winter Championships
	2:24.20		
R. Naresh (13) 29/11/2000 W			
1:18.97L	P 2.59	100 Back	07/12/2013 London Winter Championships
A. Plavsic (16) 01/01/1997 M			
1:13.20L	P 2.87	100 Breast	07/12/2013 London Winter Championships
2:34.15L	F 4.00	200 Breast	07/12/2013 London Winter Championships
	2:34.15		
2:34.24L	P 4.09	200 Breast	07/12/2013 London Winter Championships
	2:34.24		

Time	P/F/S	Event	
P. Powell (14) 03/10/1999 W			
1:01.53L	P 0.66	100 Free	08/12/2013 London Winter Championships
2:16.23L	P 5.03	200 Free	08/12/2013 London Winter Championships
	2:16.23		
SCR	F	400 Free	08/12/2013 London Winter Championships
9:53.34L	F 15.86	800 Free	08/12/2013 London Winter Championships
	9:53.34		
1:06.86L	P 0.96	100 Fly	07/12/2013 London Winter Championships
2:36.44L	P 3.00	200 IM	07/12/2013 London Winter Championships
	2:36.44		
C. Rotundu (19) 27/10/1994 M			
54.91L	F -0.22	100 Free	07/12/2013 London Winter Championships
54.92L	P -0.21	100 Free	07/12/2013 London Winter Championships
1:00.26L	P -0.38	100 Back	08/12/2013 London Winter Championships
1:00.30L	F -0.34	100 Back	08/12/2013 London Winter Championships
SCR	P	200 Back	08/12/2013 London Winter Championships
57.64L	F 0.49	100 Fly	08/12/2013 London Winter Championships
58.57L	P 1.42	100 Fly	08/12/2013 London Winter Championships
DQ	P	200 IM	08/12/2013 London Winter Championships
J. Sheehan (16) 01/01/1997 M			
26.46L	P 0.28	50 Free	07/12/2013 London Winter Championships
55.36L	P 0.10	100 Free	07/12/2013 London Winter Championships
55.38L	F 0.12	100 Free	07/12/2013 London Winter Championships
2:01.39L	P -1.49	200 Free	07/12/2013 London Winter Championships
	2:01.39		
1:02.38L	P 1.59	100 Fly	08/12/2013 London Winter Championships
1:03.13L	F 2.34	100 Fly	08/12/2013 London Winter Championships
2:22.76L	P 0.28	200 IM	08/12/2013 London Winter Championships
	2:22.76		
J. STEVENS (13) 24/04/2000 M			
4:37.96L	F -1.87	400 Free	07/12/2013 London Winter Championships
	4:37.96		
5:19.69L	F 0.72	400 IM	08/12/2013 London Winter Championships
	5:19.69		
S. Tedeschi-Atkins (15) 10/03/1998 W			
1:03.17L	P 0.04	100 Free	08/12/2013 London Winter Championships
2:15.82L	P 1.87	200 Free	08/12/2013 London Winter Championships
	2:15.82		
SCR	F	400 Free	08/12/2013 London Winter Championships
9:53.70L	F 13.13	800 Free	08/12/2013 London Winter Championships
	9:53.70		
1:15.91L	P 1.39	100 Back	07/12/2013 London Winter Championships
L. Thornton (14) 04/01/1999 W			
29.92L	P 0.52	50 Free	08/12/2013 London Winter Championships
1:03.12L	P 0.48	100 Free	08/12/2013 London Winter Championships
2:17.59L	P 2.55	200 Free	08/12/2013 London Winter Championships
	2:17.59		
SCR	F	400 Free	08/12/2013 London Winter Championships
1:04.76L	F 1.31	100 Fly	07/12/2013 London Winter Championships
1:05.11L	P 1.66	100 Fly	07/12/2013 London Winter Championships
2:21.17L	P 1.32	200 Fly	07/12/2013 London Winter Championships
	2:21.17		
2:21.67L	F 1.82	200 Fly	07/12/2013 London Winter Championships
	2:21.67		

Time	P/F/S	Event	
D. Tremlett (15) 05/03/1998 W			
30.82L	P -0.09	50 Free	08/12/2013 London Winter Championships
1:05.53L	P -0.69	100 Free	08/12/2013 London Winter Championships
2:24.18L	P	200 Free	08/12/2013 London Winter Championships
	2:24.18		
5:06.36L	F 4.51	400 Free	08/12/2013 London Winter Championships
	5:06.36		
2:44.58L	P -4.74	200 IM	07/12/2013 London Winter Championships
	2:44.58		
E. Vincent (16) 08/10/1997 W			
SCR	P	100 Free	08/12/2013 London Winter Championships
SCR	P	200 Free	08/12/2013 London Winter Championships
SCR	P	100 Back	07/12/2013 London Winter Championships
SCR	P	200 Back	07/12/2013 London Winter Championships
SCR	P	200 IM	07/12/2013 London Winter Championships
N. Wilson (13) 09/11/2000 W			
30.57L	P -0.68	50 Free	08/12/2013 London Winter Championships
1:06.28L	P -0.19	100 Free	08/12/2013 London Winter Championships
O. Wong (15) 12/10/1998 W			
29.76L	P 0.08	50 Free	08/12/2013 London Winter Championships
1:02.43L	P -1.65	100 Free	08/12/2013 London Winter Championships
2:16.62L	P -0.52	200 Free	08/12/2013 London Winter Championships
	2:16.62		
1:11.34L	P -0.13	100 Fly	07/12/2013 London Winter Championships