
Individual Meet Results
Autumn Long Course Open Meet 2 17-Nov-13 LC Meters**Location: Inspire: Luton Sport****Ealing Swimming Club [EALL] Coach: Dave Heathcock**

Time	F/P/S	Event	Place	Points	Improv
T. Aldridge (14) M					
NS	F # 8	Men 10 & Over 100 Breast	---	---	---
R. Alhejazi (14) M					
1:01.02L	F # 2	Men 10 & Over 100 Free	---	---	-0.24
29.25	1:01.02				
E. Avramova (22) W					
2:19.01L	F # 15	Women 200 Back	---	---	8.58
31.86	1:06.24	1:43.20	2:19.01		
1:03.84L	F # 17	Women 10 & Over 100 Back	---	---	2.73
31.48	1:03.84				
58.69L	F # 18	Women 10 & Over 100 Free	---	---	2.31
29.00	58.69				
SCR	F # 19	Women 10 & Over 100 Fly	---	---	---
SCR	F # 21	Women 200 Free	---	---	---
SCR	F # 22	Women 15 & Over 50 Free	---	---	---
29.69L	F # 23	Women 15 & Over 50 Fly	---	---	---
29.60L	F # 24	Women 15 & Over 50 Back	---	---	0.94
A. Coker (17) M					
55.27L	F # 2	Men 10 & Over 100 Free	---	---	0.91
26.30	55.27				
1:02.96L	F # 7	Men 10 & Over 100 Back	---	---	1.15
30.78	1:02.96				
2:18.61L	F # 12	Men 200 Back	---	---	3.70
31.45	1:06.35	1:42.02	2:18.61		
M. Coker (20) M					
52.26L	F # 2	Men 10 & Over 100 Free	---	---	1.32
25.49	52.26				
H. Filby (11) M					
6:05.44L	F # 1	Men 10 & Over 400 IM	---	---	-10.13
39.36	1:25.13	2:12.81	3:00.04	3:51.37	4:44.15
5:20.43L	F # 4	Men 400 Free	---	---	-6.36
35.10	1:15.02	1:56.08	2:37.09	3:18.39	3:59.00
1:32.40L	F # 8	Men 10 & Over 100 Breast	---	---	-0.64
43.02	1:32.40				
DQ	F # 9	Men 200 Breast	---	---	---
C. Franchi-Webster (16) M					
55.22L	F # 2	Men 10 & Over 100 Free	---	---	-0.13
26.03	55.22				
24.65L	F # 3	Men 15 & Over 50 Free	---	---	-0.33
4:27.62L	F # 4	Men 400 Free	---	---	9.07
1:00.69	2:08.85	3:18.38	4:27.62		
NS	F # 5	Men 200 IM	---	---	---
2:04.58L	F # 6	Men 200 Free	---	---	2.97
27.41	58.60	1:30.98	2:04.58		
27.13L	F # 10	Men 15 & Over 50 Fly	---	---	-0.60

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S. Griffiths (10) W					
3:07.40L	F # 15	Women 200 Back	---	---	-0.70
	44.66	1:33.55 2:22.06 3:07.40			
1:17.52L	F # 18	Women 10 & Over 100 Free	---	---	---
	36.86	1:17.52			
2:47.79L	F # 21	Women 200 Free	---	---	-4.54
	36.73	1:19.98 2:05.68 2:47.79			
P. Gupta (16) W					
1:09.55L	F # 17	Women 10 & Over 100 Back	---	---	1.67
	34.01	1:09.55			
B. Hall-Jones (17) W					
2:21.71L	F # 21	Women 200 Free	---	---	3.13
	31.23	1:06.76 1:44.33 2:21.71			
R. Hook (13) M					
58.62L	F # 2	Men 10 & Over 100 Free	---	---	-2.12
	28.33	58.62			
4:37.00L	F # 4	Men 400 Free	---	---	-11.68
	30.68	1:04.54 1:39.69 2:14.99 2:51.48 3:27.39 4:02.97 4:37.00			
SCR	F # 5	Men 200 IM	---	---	---
2:08.33L	F # 6	Men 200 Free	---	---	-5.71
	28.95	1:01.32 1:35.42 2:08.33			
1:09.74L	F # 7	Men 10 & Over 100 Back	---	---	-2.45
	33.22	1:09.74			
B. Hooper (12) M					
1:04.05L	F # 2	Men 10 & Over 100 Free	---	---	-0.77
	30.72	1:04.05			
4:50.06L	F # 4	Men 400 Free	---	---	-2.93
	31.99	1:07.64 1:44.64 2:21.30 2:59.09 3:36.66 4:14.00 4:50.06			
2:28.30L	F # 11	Men 200 Fly	---	---	-2.74
	1:10.07	2:28.30			
S. HOWES (19) M					
SCR	F # 2	Men 10 & Over 100 Free	---	---	---
SCR	F # 6	Men 200 Free	---	---	---
SCR	F # 11	Men 200 Fly	---	---	---
SCR	F # 13	Men 10 & Over 100 Fly	---	---	---
R. Hughes (18) W					
SCR	F # 17	Women 10 & Over 100 Back	---	---	---
1:02.21L	F # 18	Women 10 & Over 100 Free	---	---	---
	29.58	1:02.21			
SCR	F # 21	Women 200 Free	---	---	---
SCR	F # 22	Women 15 & Over 50 Free	---	---	---
SCR	F # 24	Women 15 & Over 50 Back	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
M. Jameson (15) W					
59.58L	F # 18	Women 10 & Over 100 Free	---	---	0.94
	28.55	59.58			
4:34.83L	F # 20	Women 400 Free	---	---	4.88
	31.36	1:06.34 1:41.99 2:17.26 2:51.56 3:26.37 4:01.23 4:34.83			
2:08.97L	F # 21	Women 200 Free	---	---	-0.86
	29.73	1:03.03 1:36.53 2:08.97			
27.54L	F # 22	Women 15 & Over 50 Free	---	---	-0.35
O. Jameson (13) M					
1:02.19L	F # 2	Men 10 & Over 100 Free	---	---	0.61
	29.62	1:02.19			
2:15.28L	F # 6	Men 200 Free	---	---	-2.10
	29.95	1:04.38 1:39.85 2:15.28			
1:08.89L	F # 7	Men 10 & Over 100 Back	---	---	-0.66
	33.54	1:08.89			
2:27.01L	F # 12	Men 200 Back	---	---	-0.40
	34.06	1:12.07 1:50.39 2:27.01			
B. LEVART (16) M					
54.37L	F # 2	Men 10 & Over 100 Free	---	---	-0.36
	25.91	54.37			
25.31L	F # 3	Men 15 & Over 50 Free	---	---	-0.87
4:05.86L	F # 4	Men 400 Free	---	---	-3.47
	28.61	59.42 1:31.05 2:02.39 2:33.06 3:04.35 3:35.30 4:05.86			
1:56.81L	F # 6	Men 200 Free	---	---	0.50
	27.12	57.28 1:27.23 1:56.81			
J. Murphy (14) M					
59.47L	F # 2	Men 10 & Over 100 Free	---	---	-0.79
	29.01	59.47			
4:35.65L	F # 4	Men 400 Free	---	---	-40.56
	29.96	1:03.98 1:40.18 2:16.14 2:52.46 3:28.17 4:03.00 4:35.65			
DQ	F # 5	Men 200 IM	---	---	---
2:09.96L	F # 6	Men 200 Free	---	---	-0.30
	29.77	1:03.30 1:37.43 2:09.96			
1:05.35L	F # 7	Men 10 & Over 100 Back	---	---	2.07
	31.58	1:05.35			
SCR	F # 12	Men 200 Back	---	---	---
1:03.35L	F # 13	Men 10 & Over 100 Fly	---	---	1.19
	29.59	1:03.35			
E. Nabney (16) W					
58.04L	F # 18	Women 10 & Over 100 Free	---	---	-1.35
	28.29	58.04			
2:05.59L	F # 21	Women 200 Free	---	---	-0.42
	29.64	1:01.91 1:34.05 2:05.59			
9:13.70L	F # 26	Women 11 & Over 800 Free	---	---	6.55
	30.87	1:04.96 1:39.34 2:13.54 2:47.84 3:22.44 3:57.59 4:33.32			
	5:09.28	5:45.46 6:20.85 6:56.47 7:31.64 8:06.56 8:40.17 9:13.70			

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R. Naresh (12) W					
1:16.51L	F # 17	Women 10 & Over 100 Back	---	---	0.13
	36.64	1:16.51			
1:09.07L	F # 18	Women 10 & Over 100 Free	---	---	---
	1:09.07				
A. Plavsic (16) M					
56.11L	F # 2	Men 10 & Over 100 Free	---	---	-0.36
	26.95	56.11			
25.98L	F # 3	Men 15 & Over 50 Free	---	---	0.40
1:11.63L	F # 8	Men 10 & Over 100 Breast	---	---	1.30
	1:11.63				
2:33.09L	F # 9	Men 200 Breast	---	---	2.94
	34.82	1:14.20 1:54.00 2:33.09			
P. Powell (14) W					
1:00.87L	F # 18	Women 10 & Over 100 Free	---	---	-0.49
	29.54	1:00.87			
1:07.06L	F # 19	Women 10 & Over 100 Fly	---	---	1.16
	31.38	1:07.06			
4:45.58L	F # 20	Women 400 Free	---	---	4.98
	32.27	1:07.38 1:43.91 2:20.33 2:56.87 3:33.14 4:09.76 4:45.58			
2:12.11L	F # 21	Women 200 Free	---	---	0.91
	30.90	1:04.12 1:38.31 2:12.11			
SCR	F # 26	Women 11 & Over 800 Free	---	---	---
A. Pullen (15) M					
34.37L	F # 0	Men 15 & Over 50 Breast	---	---	0.78
5:02.66L	F # 1	Men 10 & Over 400 IM	---	---	3.34
	30.73	1:48.74 2:29.00 3:09.85 3:52.75 4:28.32 5:02.66			
59.01L	F # 2	Men 10 & Over 100 Free	---	---	1.49
	28.19	59.01			
26.98L	F # 3	Men 15 & Over 50 Free	---	---	0.43
C. Rotundu (19) M					
55.13L	F # 2	Men 10 & Over 100 Free	---	---	-0.99
	26.17	55.13			
2:13.70L	F # 5	Men 200 IM	---	---	-6.73
	27.83	1:01.57 1:41.84 2:13.70			
1:00.64L	F # 7	Men 10 & Over 100 Back	---	---	-0.62
	29.05	1:00.64			
25.81L	F # 10	Men 15 & Over 50 Fly	---	---	-6.02
57.15L	F # 13	Men 10 & Over 100 Fly	---	---	-0.40
	26.45	57.15			
28.74L	F # 14	Men 15 & Over 50 Back	---	---	0.49
I. Stevens (10) W					
3:11.02L	F # 15	Women 200 Back	---	---	2.92
	45.56	1:34.90 2:24.06 3:11.02			
3:26.77L	F # 16	Women 200 IM	---	---	12.94
	47.91	1:39.29 2:42.10 3:26.77			

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J. STEVENS (13) M					
5:18.97L	F # 1	Men 10 & Over 400 IM	---	---	---
	32.55	1:10.80 1:51.31 2:31.46 3:18.65 4:06.99 4:43.74 5:18.97			
1:02.01L	F # 2	Men 10 & Over 100 Free	---	---	-2.33
	29.81	1:02.01			
4:39.83L	F # 4	Men 400 Free	---	---	-1.93
	30.70	1:05.65 1:41.36 2:17.58 2:53.38 3:29.48 4:05.03 4:39.83			
2:28.77L	F # 5	Men 200 IM	---	---	---
	32.33	1:10.50 1:55.43 2:28.77			
S. Tedeschi-Atkins (15) W					
2:17.10L	F # 21	Women 200 Free	---	---	3.15
	30.66	1:04.36 1:40.39 2:17.10			
L. Thornton (14) W					
2:33.17L	F # 16	Women 200 IM	---	---	1.19
	30.94	1:10.19 1:57.97 2:33.17			
1:02.64L	F # 18	Women 10 & Over 100 Free	---	---	-0.03
	30.37	1:02.64			
1:05.11L	F # 19	Women 10 & Over 100 Fly	---	---	1.66
	31.07	1:05.11			
SCR	F # 21	Women 200 Free	---	---	---
2:22.09L	F # 25	Women 200 Fly	---	---	2.24
	31.65	1:07.30 1:44.30 2:22.09			
N. Wilson (13) W					
1:07.00L	F # 18	Women 10 & Over 100 Free	---	---	0.53
	32.44	1:07.00			
SCR	F # 21	Women 200 Free	---	---	---